PHYSICAL EDUCATION TEACHER EDUCATION AREA OF CONCENTRATION, ARTS AND SCIENCES AA: 159A
Total Credits: 60
Catalog Edition: 2021-2022

Program Description
(R): 159A

This AA area of concentration provides the first two years of a teacher preparation program for the elementary and secondary grade levels.

This curriculum prepares students to transfer to four year institutions with a broad-based background in the study of human movement and education theory and psychology. This curriculum is based upon introducing students to the National Standards for Physical Education (NASPE) for entry level physical education teachers. The program allows the students to fulfill their general education requirements, participate in field work experience, as well as complete a core of professional preparation work that is appropriate for students in their first two years of the physical education major. Courses will address pedagogy, psychology, motor skill and movement abilities as well as health and fitness promotion.

Program Outcomes
Upon completion of this program a student will be able to:

- Identify historical, philosophical, and social perspectives of physical education issues and legislation.
- Analyze and correct elements of motor skills and performance concepts.
- Develop and implement appropriate (e.g. measureable, developmentally appropriate, performance-based) goals and objectives aligned with local, state, and/or national objectives.
- Design and implement content and assessments that are aligned with lesson objectives.
- Demonstrate knowledge of current technology by planning and implementing learning experiences that require students to appropriately use technology to meet lesson objectives.
- Implement effective demonstrations, explanations, and instructional cues and prompts to link physical activity concepts to appropriate learning experiences.

Program Advisors
- Prof. Lesley Wasilko, 240-567- 7585, lesley.wasilko@montgomerycollege.edu

For more information, please visit https://www.montgomerycollege.edu/academics/programs/health-enhancement-exercise-science-and-physical-education/physical-education-teacher-aa-degree.html

To view the Advising Worksheet, please visit https://www.montgomerycollege.edu/_documents/counseling-and-advising/advising-worksheets/current-catalog/159a.pdf

2021-2022

Program Advising Guide
An Academic Reference Tool for Students

159A

PHYSICAL EDUCATION TEACHER EDUCATION AREA OF CONCENTRATION, ARTS AND SCIENCES
ASSOCIATE OF ARTS: 159A

PHYSICAL EDUCATION TEACHER EDUCATION AREA OF CONCENTRATION, ARTS AND SCIENCES AA: 159A

Suggested Course Sequence

A suggested course sequence for full-time students follows. All students should review this advising guide and consult an advisor.

First Semester

ENGL 101 - Introduction to College Writing *3 semester hours* *

Mathematics Foundation *3 semester hours (MATF)* ††

BIOL 150 - Principles of Biology I *4 semester hours* (NSLD)

PHED 201 - Overview of Physical Education *3 semester hours*

Behavioral and Social Sciences Distribution *3 semester hours (BSSD)* ** ††

Third Semester

BIOL 213 - Human Anatomy and Physiology II *4 semester hours* (NSLD)

COMM 108 - Foundations of Human Communication *3 semester hours* (GEIR)

OR

COMM 112 - Business and Professional Speech Communication *3 semester hours* (GEIR)

PHED 225 - Invasion Games: a Tactical Games Approach *3 semester hours*

Arts Distribution *3 semester hours (ARTD)* ††

Program Elective *3 semester hours* ††

Second Semester

ENGL 102 - Critical Reading, Writing, and Research *3 semester hours* (ENGF)

EDUC 101 - Foundations of Education *3 semester hours*

BIOL 212 - Human Anatomy and Physiology I *4 semester hours* (NSLD)

HLTH 105 - Personal and Community Health *3 semester hours* (GEIR)

Humanities Distribution *3 semester hours (HUMD)* ††

Fourth Semester

HLTH 125 - Personalized Health Fitness *3 semester hours*

PHED 204 - Foundations of Elementary School Physical Education *3 semester hours*

PHED 226 - Net-Wall Games: a Tactical Games Approach *3 semester hours*

Behavioral and Social Sciences Distribution *3 semester hours (BSSD)* ** ††

Total Credit Hours: 60

* ENGL 101/ENGL 101A, if needed for ENGL 102, or elective.

** BSSD courses must come from two different disciplines. Students are recommended to take PSYC 102.

*** Program Electives can be selected from the following list: EDUC 102, PHED 101, PHED 116, PHED 117, PHED 120, PHED 121, PHED 143, PHED 152, PHED 163, PHED 170, PHED 186, or PSYC 227.

† Meet with Program Advisor to select MATH and other General Education courses based on the transfer school(s) of interest.

†† Meet with Program Advisor to select General Education courses based on transfer school AND choose one course listed on the General Education Course List with an asterisk * from either Arts, Humanities, or Behavioral/Social Science choices to fulfill the Global & Cultural Perspectives Requirement.

Transfer Opportunities

Montgomery College has partnerships with multiple four-year institutions and the tools to help you transfer. To learn more, please visit https://www.montgomerycollege.edu/transfer or http://artsys.usmd.edu .

Get Involved at MC!

Employers and Transfer Institutions are looking for experience outside the classroom.

MC Student Clubs and Organizations: https://www.montgomerycollege.edu/life-at-mc/student-life/

Related Careers

Some require a Bachelor's degree.
Physical Education Teacher, Parks and Recreation, Sport Industries.

Career Services

Montgomery College offers a range of services to students and alumni to support the career planning process. To learn more, please visit https://www.montgomerycollege.edu/career

Career Coach

A valuable online search tool that will give you the opportunity to explore hundreds of potential careers or job possibilities in Maryland and the Washington D.C. metropolitan area. Get started today on your road to a new future and give it a try. For more information, please visit https://montgomerycollege.emsicc.com

Notes:

Students who plan to attend Towson University should take MATH150 as their math requirement.