Name: Date: ID \#: M

| GENERAL EDUCATION: FOUNDATION COURSES | Course | Hours | Grade |
| :---: | :---: | :---: | :---: |
| English Foundation (grade of C or better required to graduate) | ENGL 102 | 3 |  |
| Math Foundation (MATH 110, 115, 117, 120, 130, 150, 165, 170, or 181) CONSULT COUNSELING FACULTY / PROGRAM ADVISOR ABOUT CHOICE |  | 3 or 4 |  |
| GENERAL EDUCATION: DISTRIBUTION COURSES | Course | Hours | Grade |
| Arts Distribution (ARTD) $\dagger \dagger$ |  | 3 |  |
| Humanities Distribution (HUMD) $\dagger \dagger$ |  | 3 |  |
| Behavioral \& Social Sciences Distribution (BSSD) ** $\dagger \dagger$ |  | 3 |  |
| Behavioral \& Social Sciences Distribution (BSSD) ** $\dagger \dagger$ |  | 3 |  |
| Natural Sciences Distribution with Lab (NSLD) | BIOL 150 | 4 |  |
| Natural Sciences Distribution with Lab (NSLD) | BIOL 212 | 4 |  |
| General Education Institutional Requirement (GEIR) | COMM 108 or COMM 112 | 3 |  |
| General Education Institutional Requirement (GEIR) | HLTH 105 | 3 |  |
| PROGRAM REQUIREMENTS | Course | Hours | Grade |
| ENGL 101 or ENGL 101A (fi needed for ENGL102 or Elective)* | ENGL 101 or ENGL 101A | 3 |  |
|  | EDUC 101 | 3 |  |
|  | BIOL 213 | 4 |  |
|  | HLTH 125 | 3 |  |
|  | PHED 201 | 3 |  |
|  | PHED 204 | 3 |  |
|  | PHED 225 | 3 |  |
|  | PHED 228 | 3 |  |
| PROGRAM ELECTIVE *** |  | 3 |  |
|  |  |  |  |
|  |  |  |  |

Has student completed the $\quad \square$ Yes $\square$ No $\quad$ Overall GPA of 2.0 is required to graduate

## Global Perspectives requirement? $\square$ Yes $\square$ No

Global Perspectives Course: $\square$

* ENGL 101/ENGL 101A, if needed for ENGL 102 or Elective.
** BSSD courses must come from two different disciplines. Students are recommended to take PSYC 102.
*** Program Electives can be selected from the following list: EDUC 102, PHED 101, PHED 116, PHED
117, PHED 120, PHED 121, PHED 143, PHED 152, PHED 163, PHED 170, PHED 186, or PSYC 227.
$\dagger, \dagger \dagger$ Meet with Program Adviser (https://www.montgomerycollege.edu/academics/program-advising/index.html\#h) to select MATH and other General Education courses based on transfer school AND choose one course listed on the General Education list with an asterisk * from either Arts, Humanities, or Behavioral/Social Science choices to fulfill the Global \& Cultural Perspectives Requirement.

See an advisor to submit an Application for Graduation the semester BEFORE you intend to graduate.
This UNOFFICIAL document is for planning purposes ONLY and completion does not guarantee graduation.

Last Modified: July 2020

## Health Enhancement,

Exercise Science, \& Physical Education Website

Advising Worksheet
Contact: Anthony Solano

