

# NURS 121- Basic Health Assessment

## Course Description

**NURS 121: Basic Health Assessment** Provides instruction and guided practice in the assessment techniques used to gather subjective and objective data from patients in a health care setting and the documentation of that data. Assessment of all body systems covered.

**PREREQUISITE(S):** *Admission to the nursing program or consent of the program coordinator.*

**PRE-or COREQUISITE(S):** *A grade of C or better in BIOL 150. Three hours laboratory each week.*

1 semester hour

## Course Outcomes

Upon completion of this course, a student will be able to:

1. Recognize the importance of health assessment through the application of the Five dimensions of man, Maslow's theory and/or Erikson growth and developmental stages in patient care.
2. Utilize professional, collaborative, and therapeutic communication skills during the health assessment process.
3. Apply the nursing process to each health assessment.
4. Discuss the legal and ethical considerations of a health assessment.
5. Identify normal versus abnormal assessment findings.
6. Demonstrate mastery of documentation and documentation tools.
7. Complete a Health History.
8. Demonstrate mastery of health assessment techniques.

## Program Outcomes

1. Maintain legal, ethical, evidence-based, and professional standards of nursing
2. Utilize clinical reasoning in practice
3. Practice patient-centered care
4. Demonstrate teamwork and collaboration
5. Effectively use current technology and informatics
6. Ensure a safe environment for patient, self, and others

## Process for Determining Grade

### **Assignments: 30 points**

- a. Pre-class Reading Assignment (8 points).** Students are required to complete Pre-class Reading Assignments for assessment topic/s of the week before each class.
- b. Weekly Focused Health Assessment (12 points).** Students will be evaluated weekly on assessment skills learned each week using the Weekly Focused Assessment Checklist.

**c. ATI Skills Module (3 points).** Students will complete 3 learning modules on physical assessment in ATI. Students will submit proof of completion of 100% on post-test on designated due dates.

**d. Health Assessment Projects (7 points).** Students will complete 3 projects.

**2. Physical Assessment Exams: 70 points**

**a. OSCE 1 – Comprehensive Health Assessment (40 points).** Students will complete a comprehensive health assessment on a classmate and document findings in DocuCare.

**b. OSCE 2 - Bedside Assessment (30 points).** Students will perform a Bedside Shift Assessment and report findings/data using ISBARR.

**Grading Scale:**

The following grading scale is used to calculate the final course grade:

90-100	points = A	
80-89.9	points = B	
75-79.9	points = C	<b>Minimum grade required for passing.</b>
< 74.9	points = F	