

Drug-Free Schools and Communities Act 2023 Biennial Review

(Academic Years 2021–2022 and 2022–2023)

Appendices

Appendix A Disclosure Notifications: Employees

The following disclosures were distributed to employees in accordance with the Drug-Free Schools and Communities Act in order to annually notify employees about the College's Drug and Alcohol Abuse Prevention program. The websites provided in each disclosure were viable at the time of distribution.

Montgomery College disclosures are available to review on this website https://www.montgomerycollege.edu/offices/compliance-risk-ethics/disclosures.html



To:

Montgomery College Employees

From:

Krista Leitch Walker

Vice President of Human Resources and Strategic Talent Management

Vicki Duggan

Chief Compliance, Risk, and Ethics Officer

Subject:

Montgomery College Drug and Alcohol Abuse Prevention Program

Drug-Free Schools and Communities Act Disclosure

Date:

November 2, 2021

Montgomery College is required under the Drug-Free Schools and Communities Act to annually notify employees about our Drug and Alcohol Abuse Prevention program.

Montgomery College's commitment to drug and alcohol abuse prevention is underscored by the following policy #31005 adopted on May 15, 1989 by the College Board of Trustees.

- I. The Board of Trustees is committed to the education of students, employees, and community members regarding substance abuse prevention, detection, and treatment services; to the continuation of a collegewide substance abuse prevention program and other ongoing efforts which foster such education; and to the maintenance of a drug-free environment throughout the College.
- II. The unlawful manufacture, distribution, dispensing, possession, or use of a controlled substance is prohibited at Montgomery College.
- III. College employees and students are subject to appropriate disciplinary action for violation of this policy, in accordance with College policies and procedures regarding employee discipline and discharge and in accordance with the student code of conduct.
- IV. The President is authorized to establish procedures to implement this policy.

Per 31005CP, II, the following standards of conduct are applicable to employees:

- A. Employees should report for work fit for duty and free of any adverse effects of illegal drugs or alcohol. This does not prohibit employees from the lawful use and possession of prescribed medications. Employees must, however, consult with their physicians about the medication's effect on their fitness for duty and the ability to work safely and promptly disclose restrictions to their supervisor. Employees should not, however, disclose underlying medical conditions to supervisors, but should do so to the HIPAA Privacy Official in the Office of Human Resources and Strategic Talent Management.
- B. Employees may be required to undergo a medical examination pursuant to College Policy 31105— Medical Examinations when the employee's observable behavior creates a reasonable belief that the employee cannot perform the essential job functions or that the employee poses a threat to the

health and safety of the employee or others, or to College property, as a result of the effects of drugs or alcohol.

C. The unlawful manufacture, sale, distribution, dispensing, possession or use of controlled substances, and the unlawful use or abuse (e.g., being intoxicated) of alcohol by anyone on College property (including any facilities leased or used by the College) or in College vehicles is prohibited. The use of alcohol by anyone under 21 years of age or the abuse of alcohol by anyone at any College sponsored or supervised activity off campus is also prohibited.

D. Notification of Criminal Conviction

- 1. As required by the Drug-Free Workplace Act of 1988, the Drug-Free Schools and Communities Act Amendments, the Maryland Higher Education Commission's Policies Concerning Drug and Alcohol Abuse Control, and as a condition of employment, employees must abide by the terms of this procedure and notify the Office of Human Resources and Strategic Talent Management in writing, of any criminal drug statute conviction for a violation occurring on or off Montgomery College property, no later than five calendar days after such conviction. Lack of compliance with these requirements may subject the employee to immediate disciplinary action, up to and including discharge.
- 2. Upon receipt of notification of a conviction, the College will take the following actions as required by law:
 - a. Notify the appropriate federal agencies of such convictions, and
 - Take appropriate personnel action against the employee, up to and including discharge; and/or
 - c. Require the employee to participate satisfactorily in a drug abuse assistance or rehabilitation program approved for such purposes by a federal, state or local health, law enforcement, or other appropriate agency.

E. Consequences of Alcohol and Drug Abuse

- The unlawful manufacture, distribution, use, sale, or possession (e.g., on the person or in a desk, or vehicle) of illegal drugs or of opened alcohol while on the job or on College leased or owned property is an offense punishable by discharge and may result in criminal prosecution. Any illegal drugs found will be turned over to the appropriate law enforcement agency.
- 2. The illegal use or abuse of alcohol on campus or as a part of any College activity whether on College leased or owned property is prohibited in accordance with all applicable Federal, State and local laws and the Drug and Alcohol Abuse Prevention Policy. In addition to possible prosecution under the aforementioned laws, employees who violate the prohibitions of this policy are subject to College imposed disciplinary sanctions consistent with applicable procedures and regulations. Sanctions may include, but need not be limited to, suspension, discharge, or referral to appropriate authorities for prosecution. Any disciplinary sanction imposed may also include the completion of an appropriate rehabilitation program as a condition of reinstatement or continued employment.

Health Risks of Alcohol Abuse

For information about the health risks of alcohol abuse, click here.

Health Risks Associated with the Use of Illicit Drugs

For a description of health risks associated with the use of illicit drugs and abuse of alcohol see attachment. For additional information click here.

Drug and Alcohol Abuse Treatment Resources and Clinical Services

You may also access free, confidential assistance through the <u>Faculty Staff Assistance Program</u> or call 844-236-2668 (TDD: 800-697-0353). To register use Organization Web ID: MCC.

For additional information about national and local resources available for drug and alcohol abuse treatment, please see attachment or click <u>here</u>.

For more information on the Drug and Alcohol Abuse Prevention Program for Employees, please see the <u>Drug and Alcohol Abuse Prevention Biennial Review report</u> or contact <u>Ms. Rowena D'Souza</u>, Risk Management Coordinator / HIPAA Privacy Official.



DESCRIPTION OF HEALTH RISKS ASSOCIATED WITH THE USE OF ILLICIT DRUGS AND ABUSE OF ALCOHOL

| Classification | Drug Name | Common or Brand | Dependence | Potential Psycho- logical | Acute Effects | Health Risks and Effects of Long-term Use* | Overdose Effects |
|-----------------------|---|--|---|---|--|---|---|
| | | | Physical | | | | |
| ALCOHOL | Ethanol | Beer Wine Distilled Liquor | High High High | High High High | Lowered Inhibitions Impaired Judgement, Vision Loss of Motor Skills, Coordination Slurred Speech | Hypertension Liver Damage Cardiovascular Disease ToxicPsychosis Neurologic Damage Addiction with Severe Withdrawal | Coma Possible Death |
| NARCOTICS | ¹ Opium Morphine Codeine ¹ Heroin Meperidine Other | ² Paregoric, Dover S Power ² Morphine ² Tylenol W/Codeine, Robitussin Heroin ³ Demerol, Pethadol ³ Dilaudid, Lentine, Percodan | High High High High High High | High High High High High High | Euphoria, Drowsiness Respiratory Depression Constricted Pupils Nausea, Vomit Analgesia (Pain Relief) | Loss of Appetite Constipation Risk of AIDS & Hepatitis from I.V. Drug Use | Shallow Perspiration Clammy Skin Convulsions, Coma Possible Death May be Toxic if Mixed with Alcohol |
| DEPRESSANTS | Chloral Hydrate Barbiturates Gamma Hydroxybutric Acid | *Noctec, Somnos *Nembutal, Phonobarbitol, Seconal, Tulnol Date Rape Drug, Liquid Ecstacy, Cherrymeth, | Moderate High Moderate-High | Moderate High High | Slurred Speech Disorientation Drunken Behavior Without the Odor of Alcohol Euphoria Lowered Inhibitions Loss of Motor Skills Blackouts Relaxation, Depression Hallucinations | Addiction with Withdrawal Toxic Psychosis Weak, Rapid Pulse Hallucinations Nausea Seizures Insomnia Anxiety Tremors Dizziness Loss of Peripheral Vision | Shallow Respiration Cold, Clammy Skin Blackout Coma Possible Death May be Toxic if mixed with Alcohol |
| | Gamma Butyrolactone Glutethimide Ketamine Methaqualone Tranquilizers | GBL *Doriden Special K, K *Optimil, Parest, Quaalude, Sopor * Equanil, Valilum, Tranxene Serax, Xanax, Rohyphal, Dalmane, Dormate, Placidyl, Valmid | Unknown High Unknown High Moderate | Unknown High Unknown High High | | High | High |
| STIMULANTS | 'Cocaine 'Amphetamine Phenmetrazine Methylphenidate Other Methylenedioxy- methamphetamine | Cocaine Hydrochloride Benzedrine, Biphetamine, Desoxyn, Dexedrine Preludin Ritalin Cylert, Didrex, Pre-Sate, Sanorex, Voranil Ecstacy, MDMA | Possible Possible Possible Possible Possible Low | High High High High High | Feeling of Well-Being Excitation, Euphoria Increased Alertness Increased Blood Pressure, Pulse Insomnia, Appetite Loss | Delusions, Hallucinations (Toxic Psychosis) Possible Organ/Tissue Damage | Agitation Temperature Increase Hallucinations Convulsions Heart Attack, Stroke High Blood Pressure Loss of Consciousness Seizures |
| HALLUNCINO- GENICS | ¹ LSD ¹ Mescaline ¹ Psilocybin ¹ MDA ¹ PCP | Acid, Lysergic Acid Peyote, Peyote Buttons, Mescalitor Magic Mushrooms, Shrooms Angel Dust, Crystal, Cernylan (Veterinary) | Low Low Low Unknown Unknown | Unknown Unknown Unknown Unknown Unknown | Dilated Pupils Increased Blood Pressure, Pulse Delusions/Hallucinations Distorted Perception of Time, Space, and Reality | Hallucinogens, Especially LSD, may Intensify Existing Psychosis Possible Violent Behavior | Intense BadTrips Psychosis Possible Sudden Death |
| INHALANTS | Airplane Glue Lighter Fluid Aerosols Spray Paints Paint Thinner Gasoline Poppers | Active Ingredient: Toluene Active Ingredient: Naphalene Active Ingred.: Chloroplourocarbon Active Ingred.: Petroleum Distillate Active Ingred.: Petroleum Distillate Active Ingred.: Petroleum Distillate Active Ingred.: Amyl/butyl Nitrite | Unknown Unknown Unknown Unknown Unknown Unknown Unknown | Unknown Unknown Unknown Unknown Unknown Unknown Unknown | Slurred Speech Drunken Behavior Impaired Judgement Poor Coordination | Hallucinations Possible Damage to Bone Marrow, Lungs, Kidneys, Liver, Heart, Brain, Eyes | Unconsciousness Coma Possible Toxic Reaction Possible Sudden Death |
| CANNABIS | ¹ Marijuana ¹ Hashish ¹ Hash Oil | Grass, Pot, Weed, Dope Hash | Low Low Low | Moderate Moderate Moderate | Tachycardia, Reddened Eyes Euphoria, Profound Humor Altered Time/Space Perception Short-Term Memory Loss Increased Appetite | Cardiovascular Damage as with Smoking Tobacco | Insomnia, Hyperactivity Panic Attacks, Paranoia Possible Toxic Reactior if Treated w/other Chemicals |
| товассо | Nicotine | Ogarettes Cigars | Moderate Moderate | High High | Relaxation Stimulation | Cardiovascular Disease Respiratory Illness | Possible Death at very High Dosage Levels |

^{*} Alcohol and other drug use during pregnancy increases risk of physical harm to fetus

² Psychoactive drug effects refer to use at a greater than prescribed therapeutic dosage level

¹Additional risk of harm from toxic impurities in street drugs



Drug and Alcohol Abuse Treatment Resources and Clinical Services for MC Employees

Montgomery College Faculty/Staff Assistance Program (FSAP) guidanceresources.com 1-844-236-2668

TDD: 800-697-0353

Montgomery College Web ID: MCC

Available 24 hours a day, 7 days per week (Free to college employees with benefits)

Montgomery County Department of Health and Human Services Behavioral Health – Addiction Services 255 Rockville Pike #145 Rockville, MD 20850 240-777-1770 or 240-777-4710 http://www.montgomerycountymd.gov/

NATIONAL HOTLINES and RESOURCES

American Addiction Centers 888-986-7502 https://americanaddictioncenters.org/rehab-guide/free/

Alcohol Hotline Information and referral 24 hour 1-800-ALCOHOL (252-6465) Adcare.com

National Suicide Prevention Lifeline 1-800-273-TALK (8255) Suicidepreventionlifeline.org

National Treatment Referral 1-800-662-HELP (4357)

National Institute on Drug Abuse (NIDA) 301-443-1124 https://www.drugabuse.gov/

National Institute on Alcohol Abuse and Alcoholism (NIAAA) 301-443-3860 www.niaaa.nih.gov

Substance Abuse and Mental Health Services Administration (SAMHSA) Treatment Facility Locator https://dasis3.samhsa.gov

LOCAL RESOURCES

Adventist Behavioral Health 14901 Broschart Rd. Rockville, MD 20850 301-251-4500

Al-Anon / Alateen Support group for families of alcoholics 202-635-2023, MD and DC 703-534-4357 Northern VA. www.al-anon.alateen.org

Another Way Inc. 1363 Holton Lane, Takoma Park, MD 20912 (301) 434-2622 Addictiontreatmentsystems.com/another-way

Avery House (Group) 14705 Avery Rd. Rockville, MD 20853 301-762-4651 (Women/children) 301-762-5613 (Intermediate care) 301-279-8828 (Combined care)

Bilingual Counseling Center 11236 Triangle Lane Wheaton, MD 20902 http://bilingualcounselingcenter.com/ 301-942-7821

Crisis Center
1301 Piccard Dr.
Rockville, MD 20850
240-777-4000
Available 24 hours a day, 7 days per week
Montgomerycountymd.gov/home.aspx (search: Crisis)

Counseling Plus Inc. 8561 Fenton St. Silver Spring, MD 20910 301-565-9001

Drug and Alcohol Abuse Treatment Resources and Clinical Services

Family Health Center Psychological Services 6 Montgomery Village Ave. Suite 400 Gaithersburg, MD 20879 http://www.fhcenter.com/ 301-963-7222

Hannah's Aftercare and Rehab
1201 Millgrove Rd.
Silver Spring, MD 20910
https://www.addicted.org/directory/item/hannahs-aftercare-and-rehab-center.html
1-800-304-2219

Journeys Adult Program 402 Hungerford Dr. Rockville, MD 20850 301-294-4015

Kolmac Clinic 8561 Fenton Street Suite 250 Silver Spring, MD 20910 301-589-0255 https://www.kolmac.com/

EveryMind 1000 Twinbrook Parkway Rockville, MD 20851 301-424-0656 Every-mind.org

Metro Counseling Inc. 15719 Crabbs Branch Way, Rockville, MD 20855 301-670-6161

Montgomery General Hospital Addiction and Mental Health Center 18101 Prince Philip Dr. Olney, MD 20832 www.medstarmontgomery.org 301-774-8800

Montgomery Recovery Services 14636 Rothgeb Dr. Rockville, MD 20850 www.montgomeryrecovery.com 301-762-5300

Narcotics Anonymous Group for narcotics abusers 800-317-3222 DC and MD www.na.org New Beginnings at Potomac Valley Nursing and Wellness Center 1235 Potomac Valley Rd. Rockville, MD 20850 www.potomacvalley.com 301-762-0700

OACES Corp. 416 Hungerford Dr. Suite 209 Rockville, MD 20850 301-762-1383

Prince George's County Cheverly Health Center 3003 Hospital Dr. Cheverly, MD 20785 301-583-5920

SELF-HELP GROUPS

Alcoholics Anonymous Self-help group for alcoholic and alcohol abusers 202-966-9115 (DC, MD, VA) www.aa-dc.org

Suburban Hospital Behavioral Health 6001 Montrose Rd. Rockville, MD 20852 301-896-3100

Adventist Healthcare 11890 Healing Way Silver Spring, MD 20904 www.adventisthealthcare.com 240-637-4000





To:

Montgomery College Employees

From:

Krista Leitch Walker

Vice President of Human Resources and Strategic Talent Management

Vicki Duggan

Chief Compliance, Risk, and Ethics Officer

Subject:

2021 Drug and Alcohol Abuse Prevention Biennial Review Now Available

Date:

January 3, 2022

Please be aware that in accordance with the Drug-Free Schools and Communities Act, the Montgomery College 2021 Drug and Alcohol Abuse Prevention Biennial Review is now available. The report covers information for both students and employees for academic years 2019-2020 and 2020-2021 and is accessible on the College website: www.montgomerycollege.edu/ documents/about-mc/heoa/drug-free-biennial-report-2021.pdf

The report contains the following information about Montgomery College's Drug and Alcohol Abuse Prevention programs:

- Educational events concerning the effects of drug and alcohol abuse
- · Policy statement, notification process, and sanctions
- Health risks associated with drug/alcohol abuse

The report includes a review of the effectiveness of Montgomery College's programs for drug and alcohol abuse prevention. For more information on the Drug and Alcohol Abuse Prevention Program for Employees, please see the <u>Drug and Alcohol Abuse Prevention Biennial Review report</u> or contact Ms. Rowena D'Souza, Risk Management Coordinator/HIPAA Privacy Official at rowena.dsouza@montgomerycollege.edu.



To:

Montgomery College Employees

From:

Vicki Duggan

Chief Compliance, Risk, and Ethics Officer

Krista Leitch Walker

Vice President of Human Resources and Strategic Talent Management

Subject:

Montgomery College Drug and Alcohol Abuse Prevention Program

Drug-Free Schools and Communities Act Disclosure

Date:

March 31, 2022

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- B. Employees may be required to undergo a medical examination pursuant to College Policy 31105— Medical Examinations when the employee's observable behavior creates a reasonable belief that the employee cannot perform the essential job functions or that the employee poses a threat to the

health and safety of the employee or others, or to College property, as a result of the effects of drugs or alcohol.

C. The unlawful manufacture, sale, distribution, dispensing, possession or use of controlled substances, and the unlawful use or abuse (e.g., being intoxicated) of alcohol by anyone on College property (including any facilities leased or used by the College) or in College vehicles is prohibited. The use of alcohol by anyone under 21 years of age or the abuse of alcohol by anyone at any College sponsored or supervised activity off campus is also prohibited.

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- 2. Upon receipt of notification of a conviction, the College will take the following actions as required by law:
 - a. Notify the appropriate federal agencies of such convictions, and
 - Take appropriate personnel action against the employee, up to and including discharge; and/or
 - c. Require the employee to participate satisfactorily in a drug abuse assistance or rehabilitation program approved for such purposes by a federal, state or local health, law enforcement, or other appropriate agency.

E. Consequences of Alcohol and Drug Abuse

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- 2. The illegal use or abuse of alcohol on campus or as a part of any College activity whether on College leased or owned property is prohibited in accordance with all applicable Federal, State and local laws and the Drug and Alcohol Abuse Prevention Policy. In addition to possible prosecution under the aforementioned laws, employees who violate the prohibitions of this policy are subject to College imposed disciplinary sanctions consistent with applicable procedures and regulations. Sanctions may include, but need not be limited to, suspension, discharge, or referral to appropriate authorities for prosecution. Any disciplinary sanction imposed may also include the completion of an appropriate rehabilitation program as a condition of reinstatement or continued employment.



Health Risks of Alcohol Abuse

For information about the health risks of alcohol abuse, click here.

Health Risks Associated with the Use of Illicit Drugs

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Drug and Alcohol Abuse Treatment Resources and Clinical Services

You may also access free, confidential assistance through the <u>Faculty Staff Assistance Program</u> or call 844-236-2668 (TDD: 800-697-0353). To register use Organization Web ID: MCC.

For additional information about national and local resources available for drug and alcohol abuse treatment, please see attachment or click <u>here</u>.

For more information on the Drug and Alcohol Abuse Prevention Program for Employees, please see the <u>Drug and Alcohol Abuse Prevention Biennial Review report</u> or contact <u>Ms. Rowena D'Souza</u>, Risk Management Coordinator / HIPAA Privacy Official.



DESCRIPTION OF HEALTH RISKS ASSOCIATED WITH THE USE OF ILLICIT DRUGS AND ABUSE OF ALCOHOL

Controlled Substances - Uses & Effects Dependence Potential **Health Risks** Overdose Common or Brand and Effects of **Acute Effects** Classification Psycho-Effects Name **Physical** logical Long-term Use* Hypertension • Coma High High High High Lowered Inhibitions Ethanol Beer Liver Damage Cardiovascular Disease · Possible Death Wine · Impaired Judgement, Vision • Loss of Motor Skills, Distilled Liquor High High Toxic Psychosis ALCOHOL Neurologic Damage Addiction with Severe Coordination · Slurred Speech Withdrawal Loss of Appetite · Shallow Perspiration ²Paregoric, Dover S Power ²Morphine High High High · Euphoria, Drowsiness Clammy Skin Convulsions, Coma High High Respiratory Depression Constipation Morphine Codeine Risk of AIDS & Hepatitis Tylenol W/Codeine, Robitussin High · Constricted Pupils NARCOTICS Possible Death from I.V. Drug Use ¹Heroin Heroin High High High · Nausea, Vomit May be Toxic if Mixed ²Demerol, Pethadol · Analgesia (Pain Relief) Meperidine with Alcohol Other Dilaudid, Lentine, Percodan High High · Shallow Respiration · Addiction with Withdrawal Noctec, Somnos Moderate · Slurred Speech Chloral Hydrate Moderate · Cold, Clammy Skin Toxic PsychosisWeak, Rapid PulseHallucinations ²Nembutal, Phonobarbitol, Seconal, Tuinol Barbiturates High High Disorientation Drunken Behavior Without Blackout • Coma the Odor of Alcohol • Euphoria Possible Death Date Rape Drug, Moderate-High High Nausea Gamma Lowered Inhibitions Loss of Motor Skills May be Toxic if mixed Hydroxybutric Liquid Ecstacy, Seizures • Insomnia with Alcohol Acid Cherrymeth. AnxietyTremors Blackouts Relaxation, Depression **DEPRESSANTS** Dizziness Loss of Peripheral Vision Hallucinations Gamma Butyrolactone GBL Unknown Unknown High Unknown Glutethimide ²Doriden High Special K, K Unknown Ketamine Methaqualone ²Optimil, Parest, Quaalude, Sopor ²Equanil, Valium, Tranxene High High Tranquilizers Moderate Serax, Xanax, Rohyphal, Dalmane, Dormate, Placidyl, Valmid High High Cocaine Hydrochloride • Feeling of Well-Being Delusions, Hallucinations Agitation ¹Cocaine Possible High • Temperature Increase Benzedrine, Biphetamine, Desoxyn, Dexedrine Excitation, Euphoria Increased Alertness (Toxic Psychosis) • Possible Organ/Tissue ¹Amphetamine Possible Hallucinations Phenmetrazine ²Preludin Possible High · Increased Blood Pressure, Damage Convulsions Heart Attack, Stroke STIMULANTS High 2Ritalin Methylphenidate Possible Pulse ²Cylert, Didrex, Pre-Sate, Sanorex, Voranil Insomnia, Appetite Loss Possible High Blood Pressure Loss of Consciousness Methylenedioxy-Ecstacy, MDMA High Seizures methamphetamine • Intense BadTrips Acid, Lysergic Acid Peyote, Peyote Buttons, Mescalitor Magic Mushrooms, Shrooms Dilated Pupils Increased Blood Pressure, Hallucinogens, Especially LSD, may Intensify LSD Unknown Low Psychosis Mescaline Psilocybin low Unknown • Possible Sudden Death HALLINCINO-Unknown Existing Psychosis Possible Violent Behavior Low Delusions/Hallucinations 1MDA 1PCP GENICS Unknown Unknown · Distorted Perception of Angel Dust, Crystal, Cernylan Unknown (Veterinary) Time, Space, and Reality Hallucinations Unconsciousness Airplane Glue Active Ingredient: Toluene Unknown Unknown · Slurred Speech Drunken Behavior Possible Damage to Bone • Coma Lighter Fluid Active Ingredient: Naphalene Unknown Unknown Impaired Judgement Poor Coordination Marrow, Lungs, Kidneys, Liver, Heart, Brain, Eyes Possible Toxic Reaction Active Ingred.: Chloroplourocarbon Unknown Unknown Aerosols INHALANTS Possible Sudden Death Spray Paints Paint Thinner Unknown Active Ingred.: Petroleum Distillate Unknown Active Ingred.: Petroleum Distillate Unknown Unknown Gasoline Active Ingred.: Petroleum Distillate Active Ingred.: Amyl/butyl Nitrite Unknown Unknown Poppers Unknown Grass, Pot, Weed, Dope Hash Tachycardia, Reddened Eyes Cardiovascular Damage as Insomnia, Hyperactivity ¹Marijuana ¹Hashish Moderate Low Panic Attacks, Paranoia Possible Toxic Reaction Euphoria, Profound Humor with Smoking Tobacco Low Moderate Hash Oil Low Moderate Altered Time/Space **CANNABIS** if Treated w/other Perception

TOBACCO

Nicotine

Moderate

High

Correttes

Cigars

Short-Term Memory Loss
 Increased Appetite

Relaxation

Chemicals

• Possible Death at very

High Dosage Levels

Cardiovascular Disease

· Respiratory Illness

^{*} Alcohol and other drug use during pregnancy increases risk of physical harm to fetus

² Psychoactive drug effects refer to use at a greater than prescribed therapeutic dosage level

¹Additional risk of harm from toxic impurities in street drugs



Drug and Alcohol Abuse Treatment Resources and Clinical Services for MC Employees

Montgomery College Faculty/Staff Assistance Program (FSAP) guidanceresources.com 1-844-236-2668

TDD: 800-697-0353

Montgomery College Web ID: MCC

Available 24 hours a day, 7 days per week (Free to college employees with benefits)

Montgomery County Department of Health and Human Services
Behavioral Health – Addiction Services
255 Rockville Pike #145
Rockville, MD 20850
240-777-1770 or 240-777-4710
https://www3.montgomerycountymd.gov/311/SolutionView.aspx?

SolutionId=1-5WY9AU

NATIONAL HOTLINES and RESOURCES

American Addiction Centers 866-365-2909 https://americanaddictioncenters.org/rehab-guide/free/

Hotlines for Substance Use and Addiction Information and referral 24 hour https://vantagepointrecovery.com/national-resources-on-addiction-to-drugs-and-alcohol

NA 24 Hour Helpline 1-800-317-3222 (DC and MD)

National Suicide Prevention Lifeline 1-800-273-TALK (8255) Suicidepreventionlifeline.org

National Treatment Referral 1-800-662-HELP (4357)

National Institute on Drug Abuse (NIDA) 301-443-6441 https://www.drugabuse.gov/

National Institute on Alcohol Abuse and Alcoholism (NIAAA) 301-443-3860 www.niaaa.nih.gov

Substance Abuse and Mental Health Services Administration (SAMHSA) Treatment Facility Locator https://www.samhsa.gov/find-treatment

LOCAL RESOURCES

Adventist Behavioral Health 14901 Broschart Rd. Rockville, MD 20850 301-251-4500 https://www.adventisthealthcare.com/ services/mental-health/

Adventist Healthcare White Oak Medical Center 11890 Healing Way
Silver Spring, MD 20904
240-637-4000
*Offers 24/7 crisis intervention services
https://www.adventisthealthcare.com/locations/profile/white-oak-medical-center/

Another Way Inc.
1363 Holton Lane,
Takoma Park, MD 20912
(301) 434-2622
Addictiontreatmentsystems.com/anotherway

Avery House (Group) 14705 Avery Rd. Rockville, MD 20853 301-762-4651 (Women/children) 301-762-5613 (Intermediate care) 301-279-8828 (Combined care)

Bilingual Counseling Center 11236 Triangle Lane Wheaton, MD 20902 http://bilingualcounselingcenter.com/ 301-942-7821

Crisis Center
1301 Piccard Dr.
Rockville, MD 20850
240-777-4000
Available 24 hours a day, 7 days per week
https://www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=BHCS/BHCS24hrcrisiscenter-p204.html

Counseling Plus Inc. 8561 Fenton St. Silver Spring, MD 20910 301-565-9001

Drug and Alcohol Abuse Treatment Resources and Clinical Services

Family Health Center Psychological Services 6 Montgomery Village Ave. Suite 400 Gaithersburg, MD 20879 http://www.fhcenter.com/ 301-963-7222

Hannah's Aftercare and Rehab 1201 Millgrove Rd. Silver Spring, MD 20910 http://www.hannahs.aftercare.faithweb.com/index.html (301) 384-1615

Journeys Adult Program 402 Hungerford Dr. Rockville, MD 20850 301-294-4015

Kolmac Clinic 8561 Fenton Street Suite 250 Silver Spring, MD 20910 (888) 331 - 5251 https://www.kolmac.com/

EveryMind 1000 Twinbrook Parkway Rockville, MD 20851 301-424-0656 https://www.every-mind.org/

Metro Counseling Inc. 15719 Crabbs Branch Way, Rockville, MD 20855 301-670-6161 https://directory.addicted.org/metro-counselingservices-inc

Montgomery General Hospital Addiction and Mental Health Center 18101 Prince Philip Dr. Olney, MD 20832 www.medstarmontgomery.org 301-774-8800

Montgomery Recovery Services 14636 Rothgeb Dr. Rockville, MD 20850 www.montgomeryrecovery.com 301-762-5300

Narcotics Anonymous Group for narcotics abusers 800-317-3222 DC and MD www.na.org New Beginnings at Potomac Valley Nursing and Wellness Center 1235 Potomac Valley Rd. Rockville, MD 20850 www.potomacvalley.com 301-762-0700

OACES Corp. Rehab Facility 416 Hungerford Dr. Suite 209 Rockville, MD 20850 301-762-1383

Outpatient Behavioral Health Services 6001 Montrose Rd. Rockville MD 20852 301-896-2036

Prince George's County Cheverly Health Center 3003 Hospital Dr. Cheverly, MD 20785 301-583-5920

SELF-HELP GROUPS

Alcoholics Anonymous AA 202-966-9115 (DC, MD, VA) https://www.aa.org/ In-person, on-line, and phone meetings available

Al-Anon / AlaTeen (Support group for families of alcoholics)
202-635-2023, MD and DC
703-534-4357 Northern VA.
www.al-anon.org

SMART Recovery https://www.smartrecovery.org/

Free State Regional Service Center of NA 217 N. Warwick Avenue Baltimore, Maryland 21223 Tel: (410) 566-4022 Fax: (410) 362-8505 www.freestatena.org



To: Montgomery College Employees

From: Krista Leitch Walker

Vice President/ Chief Human Resources Officer

Emmilee Racek

Interim Chief Compliance, Risk, and Ethics Officer

Subject: Montgomery College Drug and Alcohol Abuse Prevention Program

Drug-Free Schools and Communities Act Disclosure

Date: September 23, 2022

Montgomery College is required under the Drug-Free Schools and Communities Act to annually notify employees about our Drug and Alcohol Abuse Prevention program.

Montgomery College's commitment to drug and alcohol abuse prevention is underscored by College policy 31005 adopted on May 15, 1989 by the College Board of Trustees.

- I. The Board of Trustees is committed to the education of students, employees, and community members regarding substance abuse prevention, detection, and treatment services; to the continuation of a collegewide substance abuse prevention program and other ongoing efforts which foster such education; and to the maintenance of a drug-free environment throughout the College.
- II. The unlawful manufacture, distribution, dispensing, possession, or use of a controlled substance is prohibited at Montgomery College.
- III. College employees and students are subject to appropriate disciplinary action for violation of this policy, in accordance with College policies and procedures regarding employee discipline and discharge and in accordance with the student code of conduct.
- IV. The President is authorized to establish procedures to implement this policy.

Per 31005CP § II, the following standards of conduct are applicable to employees:

- A. Employees should report for work fit for duty and free of any adverse effects of illegal drugs or alcohol. This does not prohibit employees from the lawful use and possession of prescribed medications. Employees must, however, consult with their physicians about the medication's effect on their fitness for duty and the ability to work safely and promptly disclose restrictions to their supervisor. Employees should not, however, disclose underlying medical conditions to supervisors, but should do so to the HIPAA Privacy Official in the Office of Human Resources and Strategic Talent Management.
- B. Employees may be required to undergo a medical examination pursuant to College Policy 31105— Medical Examinations when the employee's observable behavior creates a reasonable belief that the employee cannot perform the essential job functions or that the employee poses a threat to the

health and safety of the employee or others, or to College property, as a result of the effects of drugs or alcohol.

C. The unlawful manufacture, sale, distribution, dispensing, possession or use of controlled substances, and the unlawful use or abuse (e.g., being intoxicated) of alcohol by anyone on College property (including any facilities leased or used by the College) or in College vehicles is prohibited. The use of alcohol by anyone under 21 years of age or the abuse of alcohol by anyone at any College sponsored or supervised activity off campus is also prohibited.

D. Notification of Criminal Conviction

- 1. As required by the Drug-Free Workplace Act of 1988, the Drug-Free Schools and Communities Act Amendments, the Maryland Higher Education Commission's Policies Concerning Drug and Alcohol Abuse Control, and as a condition of employment, employees must abide by the terms of this procedure and notify the Office of Human Resources and Strategic Talent Management in writing, of any criminal drug statute conviction for a violation occurring on or off Montgomery College property, no later than five calendar days after such conviction. Lack of compliance with these requirements may subject the employee to immediate disciplinary action, up to and including discharge.
- 2. Upon receipt of notification of a conviction, the College will take the following actions as required by law:
 - a. Notify the appropriate federal agencies of such convictions, and
 - b. Take appropriate personnel action against the employee, up to and including discharge; and/or
 - c. Require the employee to participate satisfactorily in a drug abuse assistance or rehabilitation program approved for such purposes by a federal, state or local health, law enforcement, or other appropriate agency.

E. Consequences of Alcohol and Drug Abuse

- The unlawful manufacture, distribution, use, sale, or possession (e.g., on the person or in a desk, or vehicle) of illegal drugs or of opened alcohol while on the job or on College leased or owned property is an offense punishable by discharge and may result in criminal prosecution. Any illegal drugs found will be turned over to the appropriate law enforcement agency.
- 2. The illegal use or abuse of alcohol on campus or as a part of any College activity whether on College leased or owned property is prohibited in accordance with all applicable Federal, State and local laws and the Drug and Alcohol Abuse Prevention Policy. In addition to possible prosecution under the aforementioned laws, employees who violate the prohibitions of this policy are subject to College imposed disciplinary sanctions consistent with applicable procedures and regulations. Sanctions may include, but need not be limited to, suspension, discharge, or referral to appropriate authorities for prosecution. Any disciplinary sanction imposed may also include the completion of an appropriate rehabilitation program as a condition of reinstatement or continued employment.



Health Risks of Alcohol Abuse

For information about the health risks of alcohol abuse, click here.

Health Risks Associated with the Use of Illicit Drugs

For a description of health risks associated with the use of illicit drugs and abuse of alcohol see attachment. For additional information click here.

Drug and Alcohol Abuse Treatment Resources and Clinical Services

You may also access free, confidential assistance through MC Cares, the Employee Assistance Program or call 844-236-2668 (TDD: 800-697-0353). To register use Organization Web ID: MCC.

For additional information about national and local resources available for drug and alcohol abuse treatment, please see attachment or click <u>here</u>.

For more information on the Drug and Alcohol Abuse Prevention Program for Employees, please see the <u>Drug and Alcohol Abuse Prevention Biennial Review</u> report or contact <u>Ms. Rowena D'Souza</u>, Risk Management Coordinator / HIPAA Privacy Official.



DESCRIPTION OF HEALTH RISKS ASSOCIATED WITH THE USE OF ILLICIT DRUGS AND ABUSE OF ALCOHOL

Controlled Substances - Uses & Effects

| Classification | Drug Name | Common or Brand | Dependence Potential | | | Health Risks | Overdose |
|-----------------------|--|--|---|---|--|---|---|
| | | | Physical | Psycho- logical | Acute Effects | and Effects of Long-term Use* | Effects |
| ALCOHOL | Ethanol | Beer Wine Distilled Liquor | High High High | High High High | Lowered Inhibitions Impaired Judgement, Vision Loss of Motor Skills, Coordination Slurred Speech | Hypertension Liver Damage Cardiovascular Disease Toxic Psychosis Neurologic Damage Addiction with Severe Withdrawal | Coma Possible Death |
| NARCOTICS | ¹ Opium Morphine Codeine ¹ Heroin Meperidine Other | ¹ Paregoric, Dover S Power ² Morphine ² Tylenol W/Codeline, Robitussin Heroin ³ Demerol, Pethadol ³ Dilaudid, Lentine, Percodan | High High High High High High | High High High High High High | Euphoria, Drowsiness Respiratory Depression Constricted Pupils Nausea, Vomit Analgesia (Pain Relief) | Loss of Appetite Constipation Risk of AIDS & Hepatitis from I.V. Drug Use | Shallow Perspiration Clammy Skin Convulsions, Coma Possible Death May be Toxic if Mixed with Alcohol |
| PEPRESSANTS | Chloral Hydrate Barbiturates Gamma Hydroxybutric Acid Gamma Butyrolactone Glutethimide Ketamine Methaqualone Tranquilizers | *Noctec, Somnos *Nembutal, Phonobarbitol, Seconal, Tuinol Date Rape Drug, Liquid Ecstacy, Cherrymeth, GBL *Doriden Special K, K *Optimil, Parest, Quaalude, Sopor * Equanil, Valium, Tranxene Serax, Xanax, Rohyphal, Dalmane, | Moderate High Moderate-High Unknown High Unknown High Moderate | Moderate High High Unknown High Unknown High High | Slurred Speech Disorientation Prunken Behavior Without the Odor of Alcohol Euphoria Lowered Inhibitions Loss of Motor Skills Blackouts Relaxation, Depression Hallucinations | Addiction with Withdrawal Toxic Psychosis Weak, Rapid Pulse Hallucinations Nausea Seizures Insomnia Anxiety Tremors Dizziness Loss of Peripheral Vision High | Shallow Respiration Cold, Clammy Skin Blackout Coma Possible Death May be Toxic if mixed with Alcohol High |
| STIMULANTS | 'Cocaine 'Amphetamine Phenmetrazine Methylphenidate Other Methylenedioxy- methamphetamine | Dormate, Placidyl, Valmid Cocaine Hydrochloride *Benzedrine, Biphetamine, Desoxyn, Dexedrine *Preludin *Ritalin *Cylert, Didrex, Pre-Sate, Sanorex, Voranil Ecstacy, MDMA | Possible Possible Possible Possible Possible Low | High High High High High | Feeling of Well-Being Excitation, Euphoria Increased Alertness Increased Blood Pressure, Pulse Insomnia, Appetite Loss | Delusions, Hallucinations (Toxic Psychosis) Possible Organ/Tissue Damage | Agitation Temperature Increase Hallucinations Convulsions Heart Attack, Stroke High Blood Pressure Loss of Consciousness Seizures |
| HALLUNCINO- GENICS | ¹ LSD ¹ Mescaline ¹ Psilocybin ¹ MDA ¹ PCP | Acid, Lysergic Acid Peyote, Peyote Buttons, Mescalitor Magic Mushrooms, Shrooms Angel Dust, Crystal, Cemylan (Veterinary) | Low Low Low Unknown Unknown | Unknown Unknown Unknown Unknown Unknown | Dilated Pupils Increased Blood Pressure, Pulse Delusions/Hallucinations Distorted Perception of Time, Space, and Reality | Hallucinogens, Especially LSD, may Intensify Existing Psychosis Possible Violent Behavior | Intense Bad Trips Psychosis Possible Sudden Death |
| INHALANTS | Airplane Glue Lighter Fluid Aerosols Spray Paints Paint Thinner Gasoline Poppers | Active Ingredient: Nouene Active Ingredient: Naphalene Active Ingred.: Chloroplourcarbon Active Ingred.: Petroleum Distillate Active Ingred.: Petroleum Distillate Active Ingred.: Petroleum Distillate Active Ingred.: Amyl/butyl Nitrite | Unknown Unknown Unknown Unknown Unknown Unknown Unknown | Unknown Unknown Unknown Unknown Unknown Unknown Unknown | Slurred Speech Drunken Behavior Impaired Judgement Poor Coordination | Hallucinations Possible Damage to Bone Marrow, Lungs, Kidneys, Liver, Heart, Brain, Eyes | Unconsciousness Coma Possible Toxic Reaction Possible Sudden Death |
| CANNABIS | ¹ Marijuana ¹ Hashish ¹ Hash Oil | Grass, Pot, Weed, Dope Hash | Low Low Low | Moderate Moderate Moderate | Tachycardia, Reddened Eyes Fuphoria, Profound Humor Altered Time/Space Perception Short-Term Memory Loss Increased Appetite | Cardiovascular Damage as with Smoking Tobacco | Insomnia, Hyperactivity Panic Attacks, Paranoia Possible Toxic Reaction if Treated w/other Chemicals |
| товассо | Nicotine | Ogarettes Cigars | Moderate Moderate | High High | Relaxation Stimulation | Cardiovascular Disease Respiratory Illness | Possible Death at very High Dosage Levels |

^{*} Alcohol and other drug use during pregnancy increases risk of physical harm to fetus

² Psychoactive drug effects refer to use at a greater than prescribed therapeutic dosage level

¹ Additional risk of harm from toxic impurities in street drugs



Drug and Alcohol Abuse Treatment Resources and Clinical Services for MC Employees

MC Cares Employee Assistance Program guidanceresources.com
1-844-236-2668

TDD: 800-697-0353

Montgomery College Web ID: MCC

Available 24 hours a day, 7 days per week (Free to college employees with benefits)

Montgomery County Department of Health and Human Services
Behavioral Health – Addiction Services
255 Rockville Pike #145
Rockville, MD 20850
240-777-1770 or 240-777-4710
https://www3.montgomerycountymd.gov/311/SolutionView.aspx?
SolutionId=1-5WY9AU

NATIONAL HOTLINES and RESOURCES

American Addiction Centers 866-365-2909 https://americanaddictioncenters.org/rehab-guide/free/

Hotlines for Substance Use and Addiction Information and referral 24 hour https://vantagepointrecovery.com/national-resources-on-addiction-to-drugs-and-alcohol

NA 24 Hour Helpline 1-800-317-3222 (DC and MD)

National Suicide Prevention Lifeline 1-800-273-TALK (8255) Suicidepreventionlifeline.org

National Treatment Referral 1-800-662-HELP (4357)

National Institute on Drug Abuse (NIDA) 301-443-6441 https://www.drugabuse.gov/

National Institute on Alcohol Abuse and Alcoholism (NIAAA) 301-443-3860

www.niaaa.nih.gov

Substance Abuse and Mental Health Services Administration (SAMHSA) Treatment Facility Locator https://www.samhsa.gov/find-treatment

LOCAL RESOURCES

Adventist Behavioral Health 14901 Broschart Rd. Rockville, MD 20850 301-251-4500 https://www.adventisthealthcare.com/ services/mental-health/

Adventist Healthcare White Oak Medical Center 11890 Healing Way
Silver Spring, MD 20904
240-637-4000
*Offers 24/7 crisis intervention services
https://www.adventisthealthcare.com/locations/profile/white-oak-medical-center/

Another Way Inc. 1363 Holton Lane, Takoma Park, MD 20912 (301) 434-2622 Addictiontreatmentsystems.com/anotherway

Avery House (Group) 14705 Avery Rd. Rockville, MD 20853 301-762-4651 (Women/children) 301-762-5613 (Intermediate care) 301-279-8828 (Combined care)

Bilingual Counseling Center 11236 Triangle Lane Wheaton, MD 20902 http://bilingualcounselingcenter.com/ 301-942-7821

Crisis Center
1301 Piccard Dr.
Rockville, MD 20850
240-777-4000
Available 24 hours a day, 7 days per week
https://www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=BHCS/BHCS24hrcrisiscenter-p204.html

Counseling Plus Inc. 8561 Fenton St. Silver Spring, MD 20910 301-565-9001

Drug and Alcohol Abuse Treatment Resources and Clinical Services

Family Health Center Psychological Services 6 Montgomery Village Ave. Suite 400 Gaithersburg, MD 20879 http://www.fhcenter.com/ 301-963-7222

Hannah's Aftercare and Rehab 1201 Millgrove Rd. Silver Spring, MD 20910 http://www.hannahs.aftercare.faithweb.com/index.html (301) 384-1615

Journeys Adult Program 402 Hungerford Dr. Rockville, MD 20850 301-294-4015

Kolmac Clinic 8561 Fenton Street Suite 250 Silver Spring, MD 20910 (888) 331 - 5251 https://www.kolmac.com/

EveryMind 1000 Twinbrook Parkway Rockville, MD 20851 301-424-0656 https://www.every-mind.org/

Metro Counseling Inc. 15719 Crabbs Branch Way, Rockville, MD 20855 301-670-6161 https://directory.addicted.org/metro-counselingservices-inc

Montgomery General Hospital Addiction and Mental Health Center 18101 Prince Philip Dr. Olney, MD 20832 www.medstarmontgomery.org 301-774-8800

Montgomery Recovery Services 14636 Rothgeb Dr. Rockville, MD 20850 www.montgomeryrecovery.com 301-762-5300

Narcotics Anonymous Group for narcotics abusers 800-317-3222 DC and MD www.na.org New Beginnings at Potomac Valley Nursing and Wellness Center 1235 Potomac Valley Rd. Rockville, MD 20850 www.potomacvalley.com 301-762-0700

OACES Corp. Rehab Facility 416 Hungerford Dr. Suite 209 Rockville, MD 20850 301-762-1383

Outpatient Behavioral Health Services 6001 Montrose Rd. Rockville MD 20852 301-896-2036

Prince George's County Cheverly Health Center 3003 Hospital Dr. Cheverly, MD 20785 301-583-5920

SELF-HELP GROUPS

Alcoholics Anonymous AA 202-966-9115 (DC, MD, VA) https://www.aa.org/ In-person, on-line, and phone meetings available

Al-Anon / AlaTeen (Support group for families of alcoholics)
202-635-2023, MD and DC
703-534-4357 Northern VA.
www.al-anon.org

SMART Recovery https://www.smartrecovery.org/

Free State Regional Service Center of NA 217 N. Warwick Avenue Baltimore, Maryland 21223 Tel: (410) 566-4022 Fax: (410) 362-8505 www.freestatena.org



To: Montgomery College Employees

From: Krista Leitch Walker

Vice President/ Chief Human Resources Officer

Emmilee Racek

Interim Chief Compliance, Risk, and Ethics Officer

Subject: Montgomery College Drug and Alcohol Abuse Prevention Program

Drug-Free Schools and Communities Act Disclosure

Date: March 29, 2023

Montgomery College is required under the Drug-Free Schools and Communities Act to annually notify employees about our Drug and Alcohol Abuse Prevention program.

Montgomery College's commitment to drug and alcohol abuse prevention is underscored by College policy 31005 adopted on May 15, 1989 by the College Board of Trustees.

- I. The Board of Trustees is committed to the education of students, employees, and community members regarding substance abuse prevention, detection, and treatment services; to the continuation of a collegewide substance abuse prevention program and other ongoing efforts which foster such education; and to the maintenance of a drug-free environment throughout the College.
- II. The unlawful manufacture, distribution, dispensing, possession, or use of a controlled substance is prohibited at Montgomery College.
- III. College employees and students are subject to appropriate disciplinary action for violation of this policy, in accordance with College policies and procedures regarding employee discipline and discharge and in accordance with the student code of conduct.
- IV. The President is authorized to establish procedures to implement this policy.

Per 31005CP § II, the following standards of conduct are applicable to employees:

A. Employees should report for work fit for duty and free of any adverse effects of illegal drugs or alcohol. This does not prohibit employees from the lawful use and possession of prescribed medications. Employees must, however, consult with their physicians about the medication's effect on their fitness for duty and the ability to work safely and promptly disclose restrictions to their supervisor. Employees should not, however, disclose underlying medical conditions to supervisors, but should do so to the HIPAA Privacy Official in the Office of Human Resources and Strategic Talent Management.

- B. Employees may be required to undergo a medical examination pursuant to College Policy 31105— Medical Examinations when the employee's observable behavior creates a reasonable belief that the employee cannot perform the essential job functions or that the employee poses a threat to the health and safety of the employee or others, or to College property, as a result of the effects of drugs or alcohol.
- C. The unlawful manufacture, sale, distribution, dispensing, possession or use of controlled substances, and the unlawful use or abuse (e.g., being intoxicated) of alcohol by anyone on College property (including any facilities leased or used by the College) or in College vehicles is prohibited. The use of alcohol by anyone under 21 years of age or the abuse of alcohol by anyone at any College sponsored or supervised activity off campus is also prohibited.

D. Notification of Criminal Conviction

- 1. As required by the Drug-Free Workplace Act of 1988, the Drug-Free Schools and Communities Act Amendments, the Maryland Higher Education Commission's Policies Concerning Drug and Alcohol Abuse Control, and as a condition of employment, employees must abide by the terms of this procedure and notify the Office of Human Resources and Strategic Talent Management in writing, of any criminal drug statute conviction for a violation occurring on or off Montgomery College property, no later than five calendar days after such conviction. Lack of compliance with these requirements may subject the employee to immediate disciplinary action, up to and including discharge.
- 2. Upon receipt of notification of a conviction, the College will take the following actions as required by law:
 - a. Notify the appropriate federal agencies of such convictions, and
 - b. Take appropriate personnel action against the employee, up to and including discharge; and/or
 - c. Require the employee to participate satisfactorily in a drug abuse assistance or rehabilitation program approved for such purposes by a federal, state or local health, law enforcement, or other appropriate agency.

E. Consequences of Alcohol and Drug Abuse

- The unlawful manufacture, distribution, use, sale, or possession (e.g., on the person or in a
 desk, or vehicle) of illegal drugs or of opened alcohol while on the job or on College leased or
 owned property is an offense punishable by discharge and may result in criminal prosecution.
 Any illegal drugs found will be turned over to the appropriate law enforcement agency.
- 2. The illegal use or abuse of alcohol on campus or as a part of any College activity whether on College leased or owned property is prohibited in accordance with all applicable Federal, State and local laws and the Drug and Alcohol Abuse Prevention Policy. In addition to possible prosecution under the aforementioned laws, employees who violate the prohibitions of this policy are subject to College imposed disciplinary sanctions consistent with applicable procedures and regulations. Sanctions may include, but need not be limited to, suspension, discharge, or referral to appropriate authorities for prosecution. Any disciplinary sanction imposed may also include the completion of an appropriate rehabilitation program as a condition of reinstatement or continued employment.



Health Risks of Alcohol Abuse

For information about the health risks of alcohol abuse, click here.

Health Risks Associated with the Use of Illicit Drugs

For a description of health risks associated with the use of illicit drugs and abuse of alcohol see attachment. For additional information click here.

Drug and Alcohol Abuse Treatment Resources and Clinical Services

You may also access free, confidential assistance through MC CARES, the Employee Assistance Program or call 844-236-2668 (TDD: 800-697-0353). To register use Organization Web ID: MCC.

For additional information about national and local resources available for drug and alcohol abuse treatment, please see attachment or click here.

For more information on the Drug and Alcohol Abuse Prevention Program for Employees, please see the <u>Drug and Alcohol Abuse Prevention Biennial Review</u> report or contact <u>Ms. Rowena D'Souza</u>, Risk Management Coordinator / HIPAA Privacy Official, at <u>Rowena.dsouza@montgomerycollege.edu</u>.



DESCRIPTION OF HEALTH RISKS ASSOCIATED WITH THE USE OF ILLICIT DRUGS AND ABUSE OF ALCOHOL

Controlled Substances - Uses & Effects **Health Risks** Dependence **Potential** Overdose Drug Common or Brand Acute Effects Classification and Effects of Psycho-**Effects** Name Physical logical Long-term Use* Hypertension • Coma Lowered InhibitionsImpaired Judgement, Ethanol Beer Wine High High High High Liver Damage Cardiovascular Disease · Possible Death Vision • Loss of Motor Skills, Distilled Liquor High High ToxicPsychosis ALCOHOL: Coordination • Slurred Speech Neurologic Damage Addiction with Severe Withdrawal · Shallow Perspiration High High Loss of Appetite ²Paregoric, Dover S Power High · Euphoria, Drowsiness ¹Opium Respiratory Depression Constricted Pupils Constipation Risk of AIDS & Hepatitis Clammy Skin Convulsions, Coma Morphine Codeine ²Morphine High *Tylenol W/Codeine, Robitussin High High NARCOTICS Possible Death May be Toxic if Mixed from I.V. Drug Use High High · Nausea, Vomit ¹Heroin Heroin ²Demerol, Pethadol High · Analgesia (Pain Relief) Meperidine with Alcohol Other ²Dilaudid, Lentine, Percodan High High Addiction with Withdrawal Shallow Respiration Chloral Hydrate Noctec, Somnos Moderate Moderate · Slurred Speech Cold, Clammy Skin ToxicPsychosis Weak, Rapid Pulse Hallucinations Nembutal, Phonobarbitol, Seconal, Tuinol Barbiturates High High Disorientation Blackout Coma • Drunken Behavior Without the Odor of Alcohol Euphoria Lowered Inhibitions Loss of Motor Skills • Nausea Date Rape Drug, High Possible Death May be Toxic if mixed Moderate-High Gamma Hydroxybutric Liquid Ecstacy, Seizures • Insomnia with Alcohol Acid Cherrymeth. Blackouts Relaxation, Depression Anxiety • Tremors **DEPRESSANTS** Hallucinations Dizziness Loss of Peripheral Vision Gamma Butyrolactone GBL Unknown Glutethimide ²Doriden Special K, K High High Unknown Unknown Ketamine Optimil, Parest, Quaalude, Sopor Equanil, Valium, Tranxene Serax, Xanax, Rohyphal, Dalmane, Dormate, Placidyl, Valmid High High Methaqualone Moderate Tranquilizers High High Cocaine Hydrochloride • Feeling of Well-Being Delusions, Hallucinations Agitation ¹Cocaine Possible High • Temperature Increase Benzedrine, Biphetamine, Desoxyn, Dexedrine Possible High Excitation, Euphoria Increased Alertness (Toxic Psychosis) Possible Organ/Tissue Hallucinations Phenmetrazine ²Preludin Possible · Increased Blood Pressure, Damage Convulsions · Heart Attack, Stroke STIMULANTS Methylphenidate ²Ritalin Possible High High Pulse ²Cylert, Didrex, Pre-Sate, Possible · Insomnia, Appetite Loss High Blood Pressure Loss of Consciousness Sanorex, Voranil Ecstacy, MDMA High Seizures Methylenedioxy-Low methamphetamine • Intense RadTrins Acid, Lysergic Acid Peyote, Peyote Buttons, Mescalitor Magic Mushrooms, Shrooms Dilated Pupils Increased Blood Pressure, Hallucinogens, Especially LSD, may Intensify 1SD Unknown Psychosis Possible Sudden Death ¹Mescaline Low Unknown HALLUNCINO-1Psilocybin Existing Psychosis Possible Violent Behavior Low Unknown 1MDA 1PCP Unknown Delusions/Hallucinations GENICS Unknown Angel Dust, Crystal, Cernylan Unknown Distorted Perception of (Veterinary) Time, Space, and Reality Slurred Speech Drunken Behavior Unconsciousness Airplane Glue Active Ingredient: Toluene Unknown Unknown Hallucinations Unknown Possible Damage to Bone • Coma Lighter Fluid Active Ingredient: Naphalene Unknown Impaired Judgement Poor Coordination Marrow, Lungs, Kidneys, Liver, Heart, Brain, Eyes Active Ingred.: Chloroplourocarbon Unknown Possible Toxic Reaction Unknown Aerosols · Possible Sudden Death Spray Paints Paint Thinner Active Ingred.: Petroleum Distillate Active Ingred.: Petroleum Distillate INHALANTS Unknown Unknown Unknown Unknown Active Ingred.: Petroleum Distillate Active Ingred.: Amyl/butyl Nitrite Gasoline Unknown Unknown Unknown **Poppers** Tachycardia, Reddened EyesEuphoria, Profound Humor Cardiovascular Damage as · Insomnia, Hyperactivity Grass, Pot, Weed, Dope Hash ¹Marijuana Low Moderate Moderate with Smoking Tobacco • Panic Attacks, Paranoia Hashish Low 'Hash Oil Low Moderate Altered Time/Space Possible Toxic Reaction **CANNABIS** if Treated w/other Perception Short-Term Memory Loss Increased Appetite Chemicals • Possible Death at very Cardiovascular Disease Relaxation Nicotine **Ogarettes** Moderate **TOBACCO** • Respiratory Illness High Dosage Levels

^{*} Alcohol and other drug use during pregnancy increases risk of physical harm to fetus

² Psychoactive drug effects refer to use at a greater than prescribed therapeutic dosage level

Additional risk of harm from toxic impurities in street drugs



Drug and Alcohol Abuse Treatment Resources and Clinical Services for MC Employees

MC CARES Employee Assistance Program guidanceresources.com 1-844-236-2668

TDD: 1-800-697-0353

Montgomery College Web ID: MCC

Available 24 hours a day, 7 days per week (Free to college employees with benefits)

Montgomery County Department of Health and Human Services Behavioral Health – Addiction Services 255 Rockville Pike Suite 145 Rockville, MD 20850 240-777-1770

https://www3.montgomerycountymd.gov/311/SolutionView.aspx?

NATIONAL HOTLINES and RESOURCES

American Addiction Centers 1-866-477-8626 https://americanaddictioncenters.org/rehab-guide/free/

Hotlines for Substance Use and Addiction Information and Referral 24 Hours 1-866-934-4173

https://vantagepointrecovery.com/national-resources-on-addiction-to-drugs-and-alcohol

NA 24 Hour Helpline 1-800-317-3222 (DC and MD) National Suicide Prevention Lifeline 1-800-273-TALK (8255) Suicidepreventionlifeline.org

National Treatment Referral 1-800-662-HELP (4357)

National Institute on Drug Abuse (NIDA) 301-443-6441 https://www.drugabuse.gov/

National Institute on Alcohol Abuse and Alcoholism (NIAAA) 301-443-3860 www.niaaa.nih.gov

Substance Abuse and Mental Health Services Administration (SAMHSA) Treatment Facility Locator https://www.samhsa.gov/find-treatment

LOCAL RESOURCES

Adventist Behavioral Health 14901 Broschart Rd. Rockville, MD 20850 301-251-4500

https://www.adventisthealthcare.com/locations/profile/shady-grove-medical-center-mental-health-inpatient/

Adventist Healthcare White Oak Medical Center
11890 Healing Way
Silver Spring, MD 20904
240-637-4000
*Offers 24/7 crisis intervention services
https://www.adventisthealthcare.com/locations/profile/white-oak-medical-center/

Another Way Inc. 1363 Holton Lane Takoma Park, MD 20912 301-434-2622 Addictiontreatmentsystems.com/another-way

Avery House (Group) 14705 Avery Rd. Rockville, MD 20853 301-762-4651 (Women/children) 301-762-5613 (Intermediate care) 301-279-8828 (Combined care)

Bilingual Counseling Center 11236 Triangle Lane Wheaton, MD 20902 http://bilingualcounselingcenter.com/ 301-942-7821

Crisis Center
1301 Piccard Dr.
Rockville, MD 20850
240-777-4000
Available 24 hours a day, 7 days per week
https://www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=BHCS/BHCS24hrcrisiscenter-p204.html

Counseling Plus, Inc. 8561 Fenton St. Silver Spring, MD 20910 301-565-9001 Family Health Center Psychological Services 6 Montgomery Village Ave. Suite 400 Gaithersburg, MD 20879 http://www.fhcenter.com/ 301-963-7222

Hannah's Aftercare and Rehab 1201 Millgrove Rd. Silver Spring, MD 20910 http://www.hannahs.aftercare.faithweb.com/index.html 301-384-1615 and 301-476-9474

Journeys Adult Program 402 Hungerford Dr. Rockville, MD 20850 301-294-4015

Kolmac Clinic 8561 Fenton St. Suite 250 Silver Spring, MD 20910 888-331-5251 https://www.kolmac.com/

EveryMind 1000 Twinbrook Parkway Rockville, MD 20851 301-424-0656 https://www.every-mind.org/

Metro Counseling Inc. 15719 Crabbs Branch Way Rockville, MD 20855 301-670-6161 https://directory.addicted.org/metro-counseling-services-inc

Montgomery General Hospital Addiction and Mental Health Center 18101 Prince Philip Dr. Olney, MD 20832 www.medstarmontgomery.org 301-774-8882

Montgomery Recovery Services 14636 Rothgeb Dr. Rockville, MD 20850 www.montgomeryrecovery.com 301-762-5300

Narcotics Anonymous Group for Narcotics Abusers 800-317-3222 DC and MD www.na.org New Beginnings at Potomac Valley Nursing and Wellness Center 1235 Potomac Valley Rd. Rockville, MD 20850 www.potomacvalley.com 301-762-0700

OACES Corp. Rehab Facility 416 Hungerford Dr. Suite 209 Rockville, MD 20850 301-762-1383

Outpatient Behavioral Health Services 6001 Montrose Rd. Rockville MD 20852 301-896-2036

Prince George's County Cheverly Health Center 3003 Hospital Dr. Cheverly, MD 20785 301-583-5920

SELF-HELP GROUPS

Alcoholics Anonymous AA 202-966-9115 (DC, MD, VA) https://www.aa.org/ In-person, on-line, and phone meetings available

Al-Anon / AlaTeen (Support group for families of alcoholics) 202-635-2023, MD and DC 703-534-4357 Northern VA www.al-anon.org

SMART Recovery https://www.smartrecovery.org/

Free State Regional Service Center of NA 217 N. Warwick Avenue Baltimore, MD 21223 Tel: 410-566-4022 www.freestatena.org

Appendix B Disclosure Notifications: Students

The following disclosures were distributed to students in accordance with the Drug-Free Schools and Communities Act in order to annually notify students about the College's Drug and Alcohol Abuse Prevention program. The websites provided in each disclosure were viable at the time of distribution.

Montgomery College disclosures are available to review on this website https://www.montgomerycollege.edu/offices/compliance-risk-ethics/disclosures.html



Office of the Senior Vice President for Student Affairs

To:

Montgomery College Students

From:

Dr. Monica Brown, Senior Vice President for Student Affairs

Subject:

Drug-Free Schools and Communities Act Disclosure

Date:

September 30, 2021

Montgomery College is required under the Drug-Free Schools and Communities Act to annually notify students about our Drug and Alcohol Abuse Prevention program.

Policy and Sanctions

Montgomery College's commitment to drug and alcohol abuse prevention is underscored by the following policy adopted on May 15, 1989 by the College Board of Trustees:

- I. The Board of Trustees is committed to the education of students, employees, and community members regarding substance abuse prevention, detection, and treatment services; to the continuation of a collegewide substance abuse prevention program and other ongoing efforts which foster such education; and to the maintenance of a drug-free environment throughout the College.
- II. The unlawful manufacture, distribution, dispensing, possession, or use of a controlled substance is prohibited at Montgomery College.
- III. College employees and students are subject to appropriate disciplinary action for violation of this policy, in accordance with College policies and procedures regarding employee discipline and discharge and in accordance with the student code of conduct.
- IV. The President is authorized to establish procedures to implement this policy.

Students are responsible, as citizens, for knowing about and complying with the provisions of federal, state, and local law regarding illegal substances. Any student who possesses, uses, or sells alcoholic beverages or illegal drugs is subject to College disciplinary action. Additionally, prosecution and punishment by civil authorities may occur, through enforcement of Maryland and Federal laws. This includes enforcement of Maryland's underage drinking law.

The College will initiate its own disciplinary proceedings against a student when the alleged conduct is deemed a violation of College policies and procedures. Penalties will be imposed by the College in accordance with procedural safeguards applicable to disciplinary actions against students. Penalties range from written warning to expulsion from Montgomery College. In accordance with Board policy, students are subject to disciplinary action as set forth in the <u>student code of conduct</u>.

Heroin and Opioid Education and Community Action Act of 2017

The Maryland legislature passed the Heroin and Opioid Education and Community Action Act of 2017 (HB 1082) which was signed into law by Governor Larry Hogan in June 2017. The law will combat the opioid epidemic by increasing treatment access, prevention efforts, and public awareness and education. The new law requires public schools, including higher education institutions, to provide addiction and prevention education programs on substance use disorders and train personnel to respond to an opioid overdose. Please review the Act in detail at the following link:

https://mgaleg.maryland.gov/2017RS/fnotes/bil 0002/hb1082.pdf

See also, Heroin and Opioid Awareness & Prevention Toolkit and substance abuse resources.

Health Risks of Alcohol Abuse

For information concerning the health risks of alcohol abuse, click here.

*Health Risks Associated with the Use of Illicit Drugs

For the health risks associated with the use of illicit and controlled drugs, please see the attached document.

*Drug and Alcohol Abuse Treatment Resources and Clinical Services

For information about national and local resources available for drug and alcohol abuse treatment, please see the attached document.

For more information on the Drug and Alcohol Abuse Prevention Program for Students, see the <u>2019 Drug and Alcohol Abuse Prevention Program Biennial Review report</u> or contact <u>Janee McFadden</u>, collegewide dean of student engagement and Takoma Park/Silver Spring student affairs.

*Attachments

DRUG AND ALCOHOL RESOURCES AND CLINICAL SERVICES

Mental Health Association of Montgomery County

1000 Twinbrook Parkway Rockville, MD 20851 301-738-9697 – Youth Hotline 301-738-2255 – General Hotline https://www.every-mind.org/ Montgomery County Department of Health and

Human Services

Behavioral Health - Addiction Services

255 Rockville Pike #145 Rockville, MD 20850 240-777-1770

Behavioral Health - Outpatient Addiction Services

240-777-1680

https://www.montgomerycountymd.gov/hhs/aboutHHS/

Crisis Center

1301 Piccard Drive Rockville, MD 20850 240-777-4000

Available 24 hours a day, 7 days per week

NATIONAL HOTLINES

Alcohol Hotline

Information and referral 24 hour 1-800-ALCOHOL (252-6465)

National Suicide Prevention Lifeline

1-800-273-TALK (8255)

https://suicidepreventionlifeline.org/

National Treatment Referral

1-800-662-HELP (4357)

Substance Abuse and Mental Health Services

Administration (SAMHSA)
Treatment Facility Locator

https://findtreatment.samhsa.gov/

SELF-HELP GROUPS

Alcoholics Anonymous

Self-help group for alcoholic and alcohol abusers 202-966-9115 (DC, MD, VA)

www.aa-dc.org

Avery House (Group)

14705 Avery Road Rockville, MD 20853 **Phone: 301-762-4651**

Women/Children – Phone: 301-762-5613 Intermediate Care – Phone: 301-279-8828

Combined Care - 301-279-8828

Behavioral Health Services

3003 Hospital Drive Cheverly, MD 20785 Phone: 301-583-5920 (Clinton) 301-856-9400 **Bilingual Counseling Center**

11236 Triangle Lane Wheaton, MD 20902 Phone: 301-942-7821

Counseling Plus Inc.

8561 Fenton Street Silvers Spring, MD 20910 Phone: 301-565-9001 Cocaine Anonymous National Referral Line

Group for cocaine abusers 800-347-8998 24 hour

Family Health Center Psychological Services

6 Montgomery Village Ave Gaithersburg, MD 20879 http://www.fhcenter.com/ Phone: 301-963-7222 Kolmac Clinic

8561Fenton Street Silver Spring, MD 20910

www.kolmac.com

Phone: 301-589-0255

Metro Counseling Service Inc.

15719 Crabbs Branch Way Derwood, MD 20855

www.metrocounselingservices.com/

Phone: 301-670-6161

Montgomery General Hospital Addiction and Mental

Health Center

18101 Prince Philip Drive Olney, MD 20832

www.medstarmontgomery.org

Phone: 301-774-8800

Narcotics Anonymous

Group for narcotics abusers 202-399-5316 DC and MD

www.na.org

Potomac Ridge Behavioral Health

14901 Broschart Rockville, MD 20850 Phone: 301-251-4500

Suburban Hospital Addiction Treatment Center

Outpatient Services

6001 Montrose Road Rockville, MD 20852 www.suburbanhospital.org

Phone: 301-896-2036

Washington Adventist Hospital

7600 Carroll Avenue Takoma Park, MD 20912 www.adventisthealthcare.com

Phone: 301-891-7600 (or) 301-891-5600

Heroin and Opioid Awareness & Prevention Toolkit

Maryland State Department of Education

http://www.marylandpublicschools.org/Pages/heroinprevention/index.aspx

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Wellness Center

1235 Potomac Valley Road Rockville, MD 20850 www.potomacvalley.com

Phone: 301-762-0700

Step Ahead Program of KHI Services

20528 Boland Farm Road Germantown, MD 20876

www.drug-rehab-headquarters.com/maryland/facility/step-

ahead-program-of-khi-services-germantown/

Phone: 240-686-0707

Suburban Hospital Behavioral Health

8600 Old Georgetown Road

Bethesda, MD 20814

Phone: 301-896-2564 (or) 301-896-3100

DESCRIPTION OF HEALTH RISKS ASSOCIATED WITH THE USE OF ILLICIT DRUGS AND ABUSE OF ALCOHOL

Controlled Substances - Uses & Effects Dependence Potential **Health Risks** Drug Overdose Common or Brand Classification **Acute Effects** and Effects of Psycho-Name **Effects Physical** Long-term Use* logical Ethanol · Lowered Inhibitions Hypertension • Coma High High High Beer High Possible Death High High · Impaired Judgement, Liver Damage Cardiovascular Disease Distilled Liquor Vision Toxic Psychosis Neurologic Damage Addiction with Severe ALCOHOL · Loss of Motor Skills, Coordination Slurred Speech Withdrawal ²Paregoric, Dover S Power · Euphoria, Drowsiness Loss of Appetite · Shallow Perspiration 1Opium High High High High High High High High Respiratory Depression Constricted Pupils Constipation Risk of AIDS & Hepatitis Clammy Skin Convulsions, Coma Morphine ²Morphine Tylenol W/Codeine, Robitussin Codeine NARCOTICS from I.V. Drug Use Possible Death May be Toxic if Mixed ¹Heroin Heroin ²Demerol, Pethadol ²Dilaudid, Lentine, Percodan · Analgesia (Pain Relief) Meperidine Other High High with Alcohol Noctec, Somnos Nembutal, Phonobarbitol, Addiction with Withdrawal Shallow Respiration · Slurred Speech Chloral Hydrate Moderate Moderate Toxic Psychosis Weak, Rapid Pulse Hallucinations · Cold, Clammy Skin Disorientation Barbiturates High High Seconal, Tuinol • Drunken Behavior Without · Blackout the Odor of Alcohol Coma Date Rape Drug, Liquid Ecstacy, Possible Death May be Toxic if mixed Euphoria Lowered Inhibitions Nausea Gamma Moderate-High High Seizures Hydroxybutric Acid Cherrymeth, · Loss of Motor Skills • Insomnia with Alcohol · Blackouts Anxiety Relaxation, Depression • Tremors DEPRESSANTS Hallucinations Dizziness · Loss of Peripheral Vision Gamma Butyrolactone GBL Unknown Unknown ²Doriden High High Glutethimide Special K, K Optimil, Parest, Quaalude, Sopor Equanil, Valium, Tranxene Unknown Ketamine Unknown Methaqualone High High Tranquilizers Serax, Xanax, Rohyphal, Dalmane, Dormate, Placidyl, Valmid High High • Feeling of Well-Being • Excitation, Euphoria Delusions, Hallucinations (Toxic Psychosis) Cocaine Hydrochloride High High Agitation ¹Cocaine Possible Benzedrine, Biphetamine, • Temperature Increase ¹Amphetamine Possible Hallucinations Desoxyn, Dexedrine · Increased Alertness Possible Organ/Tissue Convulsions Phenmetrazine Possible High · Increased Blood Pressure, Damage ²Preludin **STIMULANTS** Methylphenidate Other Ritalin High High Pulse • Insomnia, Appetite Loss · Heart Attack, Stroke High Blood Pressure Cylert, Didrex, Pre-Sate. Possible Sanorex, Voranil Ecstacy, MDMA Loss of Consciousness Methylenedioxy-High Seizures Low methamphetamine 1LSD Acid, Lysergic Acid Peyote, Peyote Buttons, Mescalitor Magic Mushrooms, Shrooms · Dilated Pupils Hallucinogens, Especially Intense Bad Trips Low Unknown Unknown · Increased Blood Pressure, LSD, may Intensify Psychosis Possible Sudden Death Mescaline Low HALLUNCINO-Psilocybin MDA Low Unknown Pulse Existing Psychosis Possible Violent Behavior Unknown Delusions/Hallucinations Unknown GENICS Angel Dust, Crystal, Cernylan (Veterinary) Distorted Perception of Time, Space, and Reality PCP Unknown Unknown Unknown · Slurred Speech Hallucinations Unconsciousness Active Ingredient: Toluene Unknown Airplane Glue Coma Possible Toxic Reaction Lighter Fluid Active Ingredient: Naphalene Unknown Unknown · Drunken Behavior Possible Damage to Bone Marrow, Lungs, Kidneys, Liver, Heart, Brain, Eyes Active Ingred.: Chloroplourocarbon Active Ingred.: Petroleum Distillate · Impaired Judgement Aerosols Unknown Unknown Spray Paints **INHALANTS** Unknown Unknown · Poor Coordination · Possible Sudden Death Active Ingred.: Petroleum Distillate Active Ingred.: Petroleum Distillate Paint Thinner Unknown Unknown Gasoline Unknown Unknown **Poppers** Active Ingred.: Amyl/butyl Nitrite Unknown Unknown Grass, Pot, Weed, Dope Moderate Tachycardia, Reddened Eyes Cardiovascular Damage as Insomnia, Hyperactivity Marijuana Low Panic Attacks, Paranoia Possible Toxic Reaction Hashish Hash Oil Low Moderate Moderate Euphoria, Profound Humor Altered Time/Space Hash with Smoking Tobacco CANNABIS Perception Short-Term Memory Loss if Treated w/other Chemicals Increased Appetite Nicotine Cigarettes Moderate Relaxation · Cardiovascular Disease · Possible Death at very TOBACCO Stimulation Cigars Moderate · Respiratory Illness High Dosage Levels

^{*} Alcohol and other drug use during pregnancy increases risk of physical harm to fetus

² Psychoactive drug effects refer to use at a greater than prescribed therapeutic dosage level

¹Additional risk of harm from toxic impurities in street drugs





To:

Montgomery College Students

From:

Dr. Monica Brown, Senior Vice President for Student Affairs

Subject:

2021 Drug and Alcohol Abuse Prevention Biennial Review Now Available

Date:

January 3, 2022

Please be aware that in accordance with the Drug-Free Schools and Communities Act, the Montgomery College 2021 Drug and Alcohol Abuse Prevention Biennial Review is now available. The report covers information for both students and employees for academic years 2019-2020 and 2020-2021 and is accessible on the College website: www.montgomerycollege.edu/ documents/about-mc/heoa/drug-free-biennial-report-2021.pdf

The report contains the following information about Montgomery College's Drug and Alcohol Abuse Prevention programs:

- · Educational events concerning the effects of drug/alcohol abuse
- Policy statement, notification process, and sanctions
- · Health risks associated with drug and alcohol abuse

The report includes a review of the effectiveness of Montgomery College's programs for drug and alcohol abuse prevention. For more information on the Drug and Alcohol Abuse Prevention Program for Students, please see the <u>Drug and Alcohol Abuse Prevention Biennial Review report</u> or contact Janee McFadden, collegewide dean of student engagement and Takoma Park/Silver Spring student affairs, at janee.mcfadden@montgomerycollege.edu.



Office of the Senior Vice President for Student Affairs

To: Montgomery College Students

From: Dr. Monica Brown, Senior Vice President for Student Affairs

Subject: Drug-Free Schools and Communities Act Disclosure

Date: April 13, 2022

Montgomery College is required under the Drug-Free Schools and Communities Act to annually notify students about our Drug and Alcohol Abuse Prevention program.

Policy and Sanctions

Montgomery College's commitment to drug and alcohol abuse prevention is underscored by the following policy adopted on May 15, 1989 by the College Board of Trustees:

- I. The Board of Trustees is committed to the education of students, employees, and community members regarding substance abuse prevention, detection, and treatment services; to the continuation of a collegewide substance abuse prevention program and other ongoing efforts which foster such education; and to the maintenance of a drug-free environment throughout the College.
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See also, Heroin and Opioid Awareness & Prevention Toolkit and substance abuse resources.

Health Risks of Alcohol Abuse

For information concerning the health risks of alcohol abuse, click here.

*Health Risks Associated with the Use of Illicit Drugs

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For more information on the Drug and Alcohol Abuse Prevention Program for Students, see the <u>2021 Drug and Alcohol Abuse Prevention Program Biennial Review report</u> or contact <u>Janee McFadden</u>, collegewide dean of student engagement and Takoma Park/Silver Spring student affairs.

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aboutHHSmain.html

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Controlled Substances - Uses & Effects Dependence **Potential Health Risks** Drug Overdose Classification Common or Brand **Acute Effects** and Effects of Psycho-Name **Effects Physical** Long-term Use* logical · Lowered Inhibitions Hypertension Ethanol Beer High High High • Coma · Possible Death High · Impaired Judgement, • Liver Damage Wine • Cardiovascular Disease Distilled Liquor High High ALCOHOL · Loss of Motor Skills. Toxic Psychosis Neurologic Damage Coordination · Slurred Speech Addiction with Severe Withdrawal ²Paregoric, Dover S Power Euphoria, Drowsiness Loss of Appetite · Shallow Perspiration 1Opium High High Morphine Morphine High High Respiratory Depression Constipation Clammy Skin Risk of AIDS & Hepatitis · Convulsions, Coma Codeine ¹Heroin ²Tylenol W/Codeine, Robitussin High High · Constricted Pupils **NARCOTICS** Possible Death Heroin High High Nausea, Vomit from I.V. Drug Use Demerol, Pethadol High Analgesia (Pain Relief) May be Toxic if Mixed Meperidine High Other Dilaudid, Lentine, Percodan High with Alcohol Chloral Hydrate ²Noctec, Somnos Moderate Moderate · Slurred Speech · Addiction with Withdrawal Shallow Respiration Barbiturates Nembutal, Phonobarbitol, High High Disorientation Toxic Psychosis · Cold, Clammy Skin Drunken Behavior Without the Odor of Alcohol Weak, Rapid Pulse Hallucinations Seconal, Tuinol Blackout • Coma Gamma Date Rape Drug, Moderate-High High • Euphoria Nausea • Possible Death Lowered Inhibitions Loss of Motor Skills May be Toxic if mixed with Alcohol Hydroxybutric Acid Liquid Ecstacy, Seizures • Insomnia Cherrymeth.

Unknown

High

Unknown

High High

High

High

High

High

High

High

Unknown

Moderate

Moderate

Moderate

High

Unknown

High

High Moderate

Possible

Possible

Possible

Possible

Possible

Low

Low

Low

Low

Unknown

Unknown

Unknown

Unknown

Unknown

Unknown

Unknown

Unknown

Unknown

Low

Low

Low

Moderate

Moderate

Blackouts

Relaxation, DepressionHallucinations

· Feeling of Well-Being

• Excitation, Euphoria

Increased Alertness

• Dilated Pupils

· Slurred Speech

Drunken Behavior

Poor Coordination

· Altered Time/Space

Increased Appetite

Relaxation

Stimulation

· Impaired Judgement

Pulse

· Increased Blood Pressure.

• Insomnia, Appetite Loss

· Increased Blood Pressure,

Delusions/Hallucinations

• Distorted Perception of

Time, Space, and Reality

· Tachycardia, Reddened Eyes

· Euphoria, Profound Humor

Perception
• Short-Term Memory Loss

Anxiety

Tremors

Dizziness
 Loss of Peripheral Vision

High

· Delusions, Hallucinations

 Hallucinogens, Especially LSD, may Intensify

Existing Psychosis

Possible Violent Behavior

Possible Damage to Bone

Marrow, Lungs, Kidneys, Liver, Heart, Brain, Eyes

· Cardiovascular Damage as

with Smoking Tobacco

Cardiovascular Disease

Respiratory Illness

Hallucinations

(Toxic Psychosis)

Damage

Possible Organ/Tissue

High

Agitation

• Temperature Increase

· Heart Attack, Stroke

High Blood Pressure
 Loss of Consciousness

Intense Bad Trips
 Psychosis
 Possible Sudden Death

Unconsciousness

Possible Toxic Reaction

· Possible Sudden Death

• Insomnia, Hyperactivity • Panic Attacks, Paranoia

Possible Toxic Reaction

if Treated w/other Chemicals

· Possible Death at very

HighDosageLevels

• Coma

Hallucinations

Convulsions

Seizures

DEPRESSANTS

STIMULANTS

HALLUNCINO-

GENICS

INHALANTS

CANNABIS

TOBACCO

Gamma Butyrolactone Glutethimide

Methagualone

Tranquilizers

¹Cocaine

¹Amphetamine

Phenmetrazine

Methylphenidate

Other

Methylenedioxy-

methamphetamine

LSD

¹Mescaline

Psilocybin MDA

PCP

Airplane Glue

Lighter Fluid

Aerosols

Spray Paints

Paint Thinner

Gasoline

Poppers

Marijuana

Hashish

Hash Oil

Nicotine

GBI

²Doriden

Special K, K

Optimil, Parest, Quaalude, Sopor Equanil, Valium, Tranxene

Serax, Xanax, Rohyphal, Dalmane, Dormate, Placidyl, Valmid

Cocaine Hydrochloride

²Benzedrine, Biphetamine,

Desoxyn, Dexedrine

²Preludin

Ritalin

²Cylert, Didrex, Pre-Sate, Sanorex, Voranil Ecstacy, MDMA

Acid, Lysergic Acid Peyote, Peyote Buttons, Mescalitor

Magic Mushrooms, Shrooms

Angel Dust, Crystal, Cernylan

(Veterinary)

Active Ingredient: Toluene

Active Ingredient: Naphalene

Active Ingred.: Chloroplourocarbon

Active Ingred.: Petroleum Distillate Active Ingred.: Petroleum Distillate

Active Ingred.: Petroleum Distillate

Grass, Pot, Weed, Dope

Cigarettes

Cigars

Active Ingred.: Amyl/butyl Nitrite

^{*} Alcohol and other drug use during pregnancy increases risk of physical harm to fetus

² Psychoactive drug effects refer to use at a greater than prescribed therapeutic dosage level

¹Additional risk of harm from toxic impurities in street drugs



Office of the Senior Vice President for Student Affairs

To:

Montgomery College Students

From:

Dr. Monica Brown, Senior Vice President for Student Affairs

Subject:

Drug-Free Schools and Communities Act Disclosure

Date:

September 22, 2022

Montgomery College is required under the Drug-Free Schools and Communities Act to annually notify students about our Drug and Alcohol Abuse Prevention program.

Policy and Sanctions

Montgomery College's commitment to drug and alcohol abuse prevention is underscored by the following policy adopted on May 15, 1989 by the College Board of Trustees:

- I. The Board of Trustees is committed to the education of students, employees, and community members regarding substance abuse prevention, detection, and treatment services; to the continuation of a collegewide substance abuse prevention program and other ongoing efforts which foster such education; and to the maintenance of a drug-free environment throughout the College.
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The College will initiate its own disciplinary proceedings against a student when the alleged conduct is deemed a violation of College policies and procedures. Sanctions will be imposed by the College in accordance with procedural safeguards applicable to disciplinary actions against students. Sanctions range from a written warning to expulsion from Montgomery College. In accordance with Board policy, students are subject to disciplinary action as set forth in the <u>student code of conduct</u>.

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For more information on the Drug and Alcohol Abuse Prevention Program for Students, see the <u>2021 Drug and Alcohol Abuse Prevention Program Biennial Review report</u> or contact <u>Janee McFadden</u>, collegewide dean of student engagement and Takoma Park/Silver Spring student affairs.

*Attachments

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Montgomery County Department of Health and Human Services

Behavioral Health – Addiction Services 255 Rockville Pike #145 Rockville, MD 20850 240-777-1770 Behavioral Health – Outpatient Addiction Services 240-777-1680

https://www.montgomerycountymd.gov/hhs/aboutHHS/aboutHHSmain.html

Crisis Center

1301 Piccard Drive Rockville, MD 20850 240-777-4000 Available 24 hours a day, 7 days per week

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Information and referral 24 hour 1-800-ALCOHOL (252-6465)

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11236 Triangle Lane Wheaton, MD 20902 **Phone: 301-942-7821**

Counseling Plus Inc.

8561 Fenton Street Silver Spring, MD 20910 Phone: 301-565-9001

Cocaine Anonymous National Referral Line

Group for cocaine abusers 800-347-8998 24 hour

Family Health Center Psychological Services

6 Montgomery Village Ave Gaithersburg, MD 20879 http://www.fhcenter.com/ Phone: 301-963-7222 Kolmac Clinic

8561 Fenton Street Silver Spring, MD 20910

www.kolmac.com

Phone: 301-589-0255

Metro Counseling Service Inc.

15719 Crabbs Branch Way Derwood, MD 20855

www.metrocounselingservices.com/

Phone: 301-670-6161

Montgomery General Hospital Addiction and Mental

Health Center

18101 Prince Philip Drive

Olney, MD 20832

www.medstarmontgomery.org

Phone: 301-774-8800

Narcotics Anonymous

Group for narcotics abusers 202-399-5316 DC and MD

www.na.org

Potomac Ridge Behavioral Health

14901 Broschart Rockville, MD 20850 **Phone: 301-251-4500**

Suburban Hospital Addiction Treatment Center

Outpatient Services

6001 Montrose Road Rockville, MD 20852 www.suburbanhospital.org

Phone: 301-896-2036

Washington Adventist Hospital

7600 Carroll Avenue Takoma Park, MD 20912 www.adventisthealthcare.com

Phone: 301-891-7600 (or) 301-891-5600

Heroin and Opioid Awareness & Prevention Toolkit

Maryland State Department of Education

http://www.marylandpublicschools.org/Pages/heroinprevention/index.aspx

Journeys Adult Program

402 Hungerford Drive Rockville, MD 20850 **Phone: 301-294-4015** Montgomery County Dept. Health/Human Services/ Outpatient Addiction Services

751 Twinbrook Parkway Rockville, MD 20851

www.montgomerycountymd.gov/hhs/

Phone: 240-777-1680

Montgomery Recovery Services Inc.

14636 Rothgeb Drive Rockville, MD 20850 **Phone: 301-762-5300**

New Beginnings at Potomac Valley Nursing and

Wellness Center

1235 Potomac Valley Road Rockville, MD 20850 www.potomacvalley.com

Phone: 301-762-0700

Suburban Hospital Behavioral Health

8600 Old Georgetown Road Bethesda, MD 20814

Phone: 301-896-2564 (or) 301-896-3100

DESCRIPTION OF HEALTH RISKS ASSOCIATED WITH THE USE OF ILLICIT DRUGS AND ABUSE OF ALCOHOL

Controlled Substances - Uses & Effects

| Classification | Drug Name | Common or Brand | Dependence Physical | Potential Psycho- logical | Acute Effects | Health Risks and Effects of Long-term Use* | Overdose Effects |
|-----------------------|---|--|---|---|--|---|---|
| | | | | | | | |
| NARCOTICS | ¹ Opium Morphine Codeine ¹ Heroin Meperidine Other | ² Paregoric, Dover S Power ² Morphine ² Tylenol W/Codeine, Robitussin Heroin ³ Demerol, Pethadol ³ Dilaudid, Lentine, Percodan | High High High High High High | High High High High High High | Euphoria, Drowsiness Respiratory Depression Constricted Pupils Nausea, Vomit Analgesia (Pain Relief) | Loss of Appetite Constipation Risk of AIDS & Hepatitis from I.V. Drug Use | Shallow Perspiration Clammy Skin Convulsions, Coma Possible Death May be Toxic if Mixed with Alcohol |
| DEPRESSANTS | Chloral Hydrate Barbiturates Gamma Hydroxybutric Acid Gamma Butyrolactone | *Noctec, Somnos *Nembutal, Phonobarbitol, Seconal, Tulnol Date Rape Drug, Liquid Ecstacy, Cherrymeth, GBL | Moderate High Moderate-High Unknown | Moderate High High Unknown | Slurred Speech Disorientation Drunken Behavior Without the Odor of Alcohol Euphoria Lowered Inhibitions Loss of Motor Skills Blackouts Relaxation, Depression Hallucinations | Addiction with Withdrawal Toxic Psychosis Weak, Rapid Pulse Hallucinations Nausea Seizures Insomnia Anxiety Tremors Dizziness Loss of Peripheral Vision | Shallow Respiration Cold, Clammy Skin Blackout Coma Possible Death May be Toxic if mixed with Alcohol |
| | Glutethimide Ketamine Methaqualone Tranquilizers | Doriden Special K, K Optimil, Parest, Quaalude, Sopor Equanil, Valium, Tranxene Serax, Xanax, Rohyphal, Dalmane, Dormate, Placidyl, Valmid | High Unknown High Moderate | High Unknown High High | | High | High |
| STIMULANTS | ¹Cocaine ¹Amphetamine Phenmetrazine Methylphenidate Other Methylenedioxy- methamphetamine | Cocaine Hydrochloride Benzedrine, Biphetamine, Desoxyn, Dexedrine Preludin Ritalin Cylert, Didrex, Pre-Sate, Sanorex, Voranil Ecstacy, MDMA | Possible Possible Possible Possible Possible Low | High High High High High | Feeling of Well-Being Excitation, Euphoria Increased Alertness Increased Blood Pressure, Pulse Insomnia, Appetite Loss | Delusions, Hallucinations (Toxic Psychosis) Possible Organ/Tissue Damage | Agitation Temperature Increase Hallucinations Convulsions Heart Attack, Stroke High Blood Pressure Loss of Consciousness Seizures |
| HALLUNCINO- GENICS | ¹ LSD ¹ Mescaline ¹ Psilocybin ¹ MDA ¹ PCP | Acid, Lysergic Acid Peyote, Peyote Buttons, Mescalitor Magic Mushrooms, Shrooms Angel Dust, Crystal, Cernylan (Veterinary) | Low Low Low Unknown Unknown | Unknown Unknown Unknown Unknown Unknown | Dilated Pupils Increased Blood Pressure, Pulse Delusions/Hallucinations Distorted Perception of Time, Space, and Reality | Hallucinogens, Especially LSD, may Intensify Existing Psychosis Possible Violent Behavior | Intense BadTrips Psychosis Possible Sudden Death |
| INHALANTS | Airplane Glue Lighter Fluid Aerosols Spray Paints Paint Thinner Gasoline Poppers | Active Ingredient: Toluene Active Ingredient: Naphalene Active Ingred.: Chloroplourocarbon Active Ingred.: Petroleum Distillate Active Ingred.: Petroleum Distillate Active Ingred.: Petroleum Distillate Active Ingred.: Amyl/butyl Nitrite | Unknown Unknown Unknown Unknown Unknown Unknown Unknown | Unknown Unknown Unknown Unknown Unknown Unknown Unknown | Slurred Speech Drunken Behavior Impaired Judgement Poor Coordination | Hallucinations Possible Damage to Bone Marrow, Lungs, Kidneys, Liver, Heart, Brain, Eyes | Unconsciousness Coma Possible Toxic Reaction Possible Sudden Death |
| CANNABIS | ¹ Marijuana ¹ Hashish ¹ Hash Oil | Grass, Pot, Weed, Dope Hash | Low Low Low | Moderate Moderate Moderate | Tachycardia, Reddened Eyes Euphoria, Profound Humor Altered Time/Space Perception Short-Term Memory Loss Increased Appetite | Cardiovascular Damage as with Smoking Tobacco | Insomnia, Hyperactivity Panic Attacks, Paranola Possible Toxic Reaction if Treated w/other Chemicals |
| товассо | Nicotine | Cigarettes Cigars | Moderate Moderate | High High | Relaxation Stimulation | Cardiovascular Disease Respiratory Illness | Possible Death at very High Dosage Levels |

^{*} Alcohol and other drug use during pregnancy increases risk of physical harm to fetus

² Psychoactive drug effects refer to use at a greater than prescribed therapeutic dosage level

¹Additional risk of harm from toxic impurities in street drugs



Office of the Senior Vice President for Student Affairs

To: Montgomery College Students

From: Dr. Monica Brown, Senior Vice President for Student Affairs

Subject: Drug-Free Schools and Communities Act Disclosure

Date: April 21, 2023

Montgomery College is required under the Drug-Free Schools and Communities Act to annually notify students about our Drug and Alcohol Abuse Prevention program.

Policy and Sanctions

Montgomery College's commitment to drug and alcohol abuse prevention is underscored by the following policy adopted on May 15, 1989 by the College Board of Trustees:

- I. The Board of Trustees is committed to the education of students, employees, and community members regarding substance abuse prevention, detection, and treatment services; to the continuation of a collegewide substance abuse prevention program and other ongoing efforts which foster such education; and to the maintenance of a drug-free environment throughout the College.
- II. The unlawful manufacture, distribution, dispensing, possession, or use of a controlled substance is prohibited at Montgomery College.
- III. College employees and students are subject to appropriate disciplinary action for violation of this policy, in accordance with College policies and procedures regarding employee discipline and discharge and in accordance with the student code of conduct.
- IV. The President is authorized to establish procedures to implement this policy.

Students are responsible, as citizens, for knowing about and complying with the provisions of federal, state, and local law regarding illegal substances. Any student who possesses, uses, or sells alcoholic beverages or illegal drugs is subject to College disciplinary action. Additionally, prosecution and punishment by civil authorities may occur, through enforcement of Maryland and Federal laws. This includes enforcement of Maryland's underage drinking law.

The College will initiate its own disciplinary proceedings against a student when the alleged conduct is deemed a violation of College policies and procedures. Sanctions will be imposed by the College in accordance with procedural safeguards applicable to disciplinary actions against students. Sanctions range from a written warning to expulsion from Montgomery College. In accordance with Board policy, students are subject to disciplinary action as set forth in the <u>student code of conduct</u>.

Heroin and Opioid Education and Community Action Act of 2017

The Maryland legislature passed the Heroin and Opioid Education and Community Action Act of 2017 (HB 1082) which was signed into law by Governor Larry Hogan in June 2017. The law will combat the opioid epidemic by increasing treatment access, prevention efforts, and public awareness and education. The new law requires public schools, including higher education institutions, to provide addiction and prevention education programs on substance use disorders and train personnel to respond to an opioid overdose. Please review the Act in detail at the following link:

https://mgaleg.maryland.gov/2017RS/fnotes/bil 0002/hb1082.pdf

See also, Heroin and Opioid Awareness & Prevention Toolkit and substance abuse resources.*

Health Risks of Alcohol Abuse

For information concerning the health risks of alcohol abuse, click here.

*Health Risks Associated with the Use of Illicit Drugs

For the health risks associated with the use of illicit and controlled drugs, please see the attached document.

*Drug and Alcohol Abuse Treatment Resources and Clinical Services

For information about national and local resources available for drug and alcohol abuse treatment, please see the attached document.

For more information on the Drug and Alcohol Abuse Prevention Program for Students, see the 2021 Drug and Alcohol Abuse Prevention Program Biennial Review report or contact Janee McFadden, collegewide dean of student engagement and Takoma Park/Silver Spring student affairs.

*Attachments



DRUG AND ALCOHOL RESOURCES AND CLINICAL SERVICES

Mental Health Association of Montgomery County

1000 Twinbrook Parkway Rockville, MD 20851 301-738-9697 – Youth Hotline 301-738-2255 – General Hotline https://www.every-mind.org/ Montgomery County Department of Health and

Human Services

Behavioral Health - Addiction Services

255 Rockville Pike #145 Rockville, MD 20850 240-777-1770

Behavioral Health - Outpatient Addiction Services

240-777-1680

https://www.montgomerycountymd.gov/hhs/aboutHHS/

aboutHHSmain.html

Crisis Center 1301 Piccard Drive Rockville, MD 20850 240-777-4000

Available 24 hours a day, 7 days per week

NATIONAL HOTLINES

Alcohol Hotline

Information and referral 24 hour 1-800-ALCOHOL (252-6465)

National Suicide Prevention Lifeline

1-800-273-TALK (8255)

https://suicidepreventionlifeline.org/

National Treatment Referral 1-800-662-HELP (4357)

Substance Abuse and Mental Health Services

Administration (SAMHSA)
Treatment Facility Locator
https://findtreatment.samhsa.gov/

SELF-HELP GROUPS

Alcoholics Anonymous

Self-help group for alcoholic and alcohol abusers

202-966-9115 (DC, MD, VA)

www.aa-dc.org

Avery House (Group) 14705 Avery Road Rockville, MD 20853

Phone: 301-762-4651

Women/Children – Phone: 301-762-5613

Intermediate Care - Phone: 301-279-8828

Combined Care - 301-279-8828

Behavioral Health Services

3003 Hospital Drive Cheverly, MD 20785 Phone: 301-583-5920 (Clinton) 301-856-9400 Bilingual Counseling Center

11236 Triangle Lane Wheaton, MD 20902 Phone: 301-942-7821

Counseling Plus Inc.

8561 Fenton Street Silver Spring, MD 20910 Phone: 301-565-9001 Cocaine Anonymous National Referral Line

Group for cocaine abusers 800-347-8998 24 hour

Family Health Center Psychological Services

6 Montgomery Village Ave Gaithersburg, MD 20879 http://www.fhcenter.com/ Phone: 301-963-7222 Kolmac Clinic 8561 Fenton Street Silver Spring, MD 20910 www.kolmac.com

Phone: 301-589-0255

Metro Counseling Service Inc. 15719 Crabbs Branch Way Derwood, MD 20855

www.metrocounselingservices.com/

Phone: 301-670-6161

Montgomery General Hospital Addiction and Mental Health Center

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www.medstarmontgomery.org

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Suburban Hospital Addiction Treatment Center

Outpatient Services 6001 Montrose Road Rockville, MD 20852 www.suburbanhospital.org Phone: 301-896-2036

Washington Adventist Hospital

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Maryland State Department of Education

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www.montgomerycountymd.gov/hhs/

Phone: 240-777-1680

Montgomery Recovery Services Inc.

14636 Rothgeb Drive Rockville, MD 20850 Phone: 301-762-5300

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Phone: 301-896-2564 (or) 301-896-3100

DESCRIPTION OF HEALTH RISKS ASSOCIATED WITH THE USE OF ILLICIT DRUGS AND ABUSE OF ALCOHOL

Controlled Substances - Uses & Effects Dependence Potential Health Risks Overdose Effects Drug Common or Brand Classification **Acute Effects** Physical Psycho-logical and Effects of Long-term Use* Name Hypertension Liver Damage Cardiovascular Disease Toxic Psychosis Neurologic Damage Addiction with Severe Withdrawal Ethanol Lowered Inhibitions Impaired Judgement, Coma Possible Death Wine Distilled Liquor Vision Loss of Motor Skills, Coordination Slurred Speech ALCOHOL Euphorfa, Drowsiness Respiratory Depression Constricted Pupils Nausea, Vomit Analgesia (Pain Relief) Shallow Perspiration Clammy Skin Convulsions, Coma Possible Death May be Toxic if Mixed Oplum Morphine Codeine ³Paregoric, Dover S Power ³Morphine ²Tylenol W/Codeine, Robitussin High High High High Loss of Appetite Constipation Risk of AIDS & Hepatitis from LV. Drug Use High High High High NARCOTICS Heroin *Demerol, Pethadol *Dilaudid, Lentine, Percodan Meperidine Other High High High with Alcohol Addiction with Withdrawal Toxic Psychosis Weak, Rapid Pulse Hall Luchations Naussa Selzures Insomnia Andety Tremos Dizziness Loss of Peripheral Vision Sturred Speech Disorientation Drunken Behavlor Without the Color of Alcohol Euphoria Lowered Inhibitions Loss of Motor Skills Blackouts Relaxation, Depression Mathematical *Noctec, Somnos *Nembutal, Phonobarbitol, Seconal, Tuinol Chloral Hydrate Barbiturates Shallow Respiration Cold, Clammy Skin Moderate High Moderate High Coid, Clammy-skin Blackout Coma Possible Death May be Toxic if mixed with Alcohol Date Rape Drug, Liquid Ecstacy, High Gamma Hydroxybutric Acid Cherrymeth, DEPRESSANTS Gamma Butyrolactone Glutethimide Ketamine Methaqualone Tranquilizers Unknown High Unknown High Moderate Unknown High Unknown High High GBL GBL *Doriden Special K, K *Optimil, Parest, Quasiude, Sopor *Equanil, Valium, Tranxene Serax, Xarax, Rohyphal, Dalmane, Dormate, Pladdyl, Valmid High High Feeling of Well-Being Excitation, Euphoria Increased Alertness Increased Blood Pressure, Pulse Insomnia, Appetite Loss Delusions, Hallucinations (Toolc Psychosis) Possible Organ/Tissue Damage Cocaine Hydrochloride Cocaine Possible Possible High High Agitation Temperature Increase Hallucinations Convulsions Heart Attack, Stroke ³Bertzedrine, Biphetamine, Desoxyn, Dexedrine ³Preludin Phenmetrazine Methylphenidate Other Possible Possible Possible High High High STIMULANTS ²Cylert, Didrex, Pre-Sate, High Blood Pressure Loss of Consciousness Sanorex, Voranii Ecstacy, MDMA Low High Low Low Low Unknown Unknown Dilated Pupils Increased Blood Pressure, Pulse Delusions/Hallucinations Distorted Perception of Time, Space, and Reality Acid, Lysergic Acid Peyote, Peyote Buttons, Mescalitor Magic Mushrooms, Shrooms Unknown Unknown Unknown Unknown Hallucinogens, Especially LSD, may Intensify Existing Psychosis Possible Violent Behavior Intense Bad Trips Psychosis Possible Sudden Death ³LSD Mescaline Psilocybin MDA PCP HALLUNCINO-GENICS Angel Dust, Crystal, Cernylan (Veterinary) Active Ingredient: Toluene Active Ingredient: Toluene Active Ingredient: Naphalene Active Ingred: Petroleum Distillate Active Ingred: Army/butyl Nitrite Airplane Glue Unknown Unknown Slurred Speech Drunken Behavior Impaired Judgement Poor Coordination Hallucinations Possible Damage to Bone Marrow, Lungs, Kidneys, Liver, Heart, Brain, Eyes Unconsciousness Unknown Coma Possible Toxic Reaction Possible Sudden Death Lighter Fluid Aerosols Spray Paints Paint Thinner INHALANTS Gasoline Poppers Unknown Unknown Tachycardia, Reddened Eyes Euphoria, Profound Humor Altred Time/Space Perception Short-Term Memory Loss Increased Appetite Insomnia, Hyperactivity Panic Attacks, Paranola Possible Toxic Reaction If Treated w/other Chemicals Grass, Pot, Weed, Dope Hash Low Cardiovascular Damage as with Smoking Tobacco ¹Hash Oil Low Moderate CANNABIS Nicotine Moderate Moderate High High Relaxation Cardiovascular Disease Possible Death at very High Dosage Levels TOBACCO Stimulation • Respiratory Illness

^{*} Alcohol and other drug use during pregnancy increases risk of physical harm to fetus

³ Psychoactive drug effects refer to use at a greater than prescribed therapeutic dosage level

Additional risk of harm from toxic impurities in street drugs