

Washington, DC Area GLBTQ Resources

Local Resources

AQUA (API Queers United For Action)

<https://apiguadc.wordpress.com/>

AQUADC@gmail.com

Founded in 1997, AQUA is an all-volunteer organization empowering the gay, bisexual, transgender, and questioning members of the Asian and Pacific Islander community in the metro Washington, DC area. AQUA is an organization for queer APIs, by queer APIs, focusing on queer API issues and interests. We strive to project a positive image of queer API men in the community through advocacy, education, outreach, and social events.

Brother Help Thyself

202.347.2246

PO Box 77841

Washington, DC 20013-8841

<https://www.bhtfoundation.org/>

info@bhtfoundation.org

Brother Help Thyself is a community based organization that provides financial and other support to non-profit organizations serving the GLBTQ and HIV/AIDS community in the Baltimore/Washington, DC metro area.

DC Area Transmasculine Society (DCATS)

<http://www.dcatsinfo.org>

info@dcats.org

The DC Area Transmasculine Society is a peer-facilitated social and support group in the DC area for anyone on the transmasculine spectrum.

The DC CENTER

202.682.2245

2000 14th Street NW,

Washington, DC, 20009

<http://www.thedcenter.org/>

supportdesk@thedcenter.org

The Center's mission is to celebrate, strengthen, and support community among the LGBT residents and organizations of Metropolitan Washington, DC

DC CENTER Specific Contacts

TWITTER

Arts & Culture

Center Arts: [@centerarts](https://twitter.com/centerarts)

Reel Affirmations: [@reelaffirmation](https://twitter.com/reelaffirmation)

OutWrite: [@outwritedc](https://twitter.com/outwritedc)

Queer Theatre Fest: [@queertheatredc](https://twitter.com/queertheatredc)

Advocacy

Center Faith: [@dccenterfaith](#)

DC Anti-Violence Project: [@dcavp](#)

People of Color

Center Asian & Pacific

Islander: [@centerapia](#)

Center Black: [@centerblacklgbt](#)

Center Latinx: [@centerlatinx](#)

Social & Peer Support

Center Aging: [@centeraging](#)

Center Bi+: [@centerbiplus](#)

Center Families: [@centerfamilies](#)

Genderqueer DC: [@genderqueerdc](#)

Center Men (GBTQ) [@centermen](#)

Center Women (LBTQ) [@centerwomen](#)

Center Trans: [@centertrans](#)

Center Poly [@centerpoly](#)

FTM Social Group for Washington, Baltimore, and Annapolis

<https://transguys.com/>

Contact: Alex Fox (alexfox@erols.com)

This is an informal social group for FTMs, friends and significant others.

FACEBOOK**Arts & Culture**

Center Arts: fb.com/centerarts

Reel Affirmations: fb.com/reelaffirmation

OutWrite: fb.com/outwritcdc

Queer Theatre Fest: fb.com/dcqtheatrefest

Advocacy

Center Faith: fb.com/centerfaith

DCAVP: fb.com/dcantiviolenceproject

People of Color

Center Asian & Pacific

Islander: fb.com/centerapi

Center

Black: fb.com/centerafricanamerican

Center Latinx: fb.com/centerlatinx

Social & Peer Support

Center Aging: fb.com/centeraging

Center Bi+: fb.com/centerbiplus

Center Families: fb.com/centerfamiliesdc

Genderqueer DC: fb.com/genderqdc

Center Men (GBTQ) fb.com/centerguys

Center Women

(LBTQ): fb.com/centerwomen

Center Trans: fb.com/centertrans

Center Poly: fb.com/centerpolydc

Gay District

<http://gaydistrict.org/>

GD@GayDistrict.org

Gay District is a non-profit, community-based organization focused on building understanding of gay culture and personal identity, awareness of community events and civil rights for gay, bi, trans, queer and questioning (GBTQQ) men between the ages of 18 to 35 in the Greater Washington DC and surrounding areas.

GLSEN Baltimore

<https://www.glsen.org/chapter/maryland>

<https://www.glsen.org/activity/coming-out-resource-lgbtq-students>

<https://www.glsen.org/activity/lgbtq-student-rights>

https://www.glsen.org/sites/default/files/2020-04/070616-tgncstudentkyr_brochure.pdf

<https://www.glsen.org/research/latinx-lgbtq-students>

<https://www.glsen.org/research/native-and-indigenous-lgbtq-students>

<https://www.glsen.org/research/black-lgbtq-students>

<https://www.glsen.org/research/aapi-lgbtq-students>

Parents and Friends of Lesbians and Gays (PFLAG) of the Metropolitan DC Area

1625 K Street NW, Suite 700

Washington, DC, 20006

202.638.38.52

301.439.FLAG (Helpline)

www.pflagdc.org

info@pflagdc.org

<https://pflag.org/pflag-academy-demand/family-acceptance-within-families-color-recording-training-toolkit>

<https://pflag.org/whensomeonecomesoutrecording>

PFLAG at Cedar Ridge Unitarian Universalist Church

9601 Cedar Lane

Bethesda, MD 20814

301.439.3524

<https://uureading.org/join-us-in-justice/welcoming-congregation-pflag/>

PFLAG-DC is a support and advocacy group for LGBT people, their families, and their friends. PFLAG-DC sponsors community events and support groups and serves as a lobbying group for LGBT-friendly legislation.

Sexual Minority Youth Assistance League (SMYAL)

410 7th Street, S.E.
Washington, DC 20009
202.546.5940
202.464.4548 (TTY)

www.smyal.org

SMYAL offers a safe, comfortable space for youth aged 13-21 who are LGBT, SMYAL provides a variety of free and confidential services and/or referrals to other agencies when needed.

Team DC

<http://www.teamdc.org/>

Team DC encourages and supports involvement in team and individual sports within the Lesbian, Gay, Bisexual, Transgender (LGBT), and broader community in the Washington Metropolitan Area. To meet this objective, Team DC strives to promote excellence, integrity, and good sporting conduct in individual and team sports.

Triangle Club

2030 P Street NW,
Washington, DC 20036
202.659.8641
202.659.2494 (TTY)

www.triangleclub.org

theclub@triangleclub.org

operations@triangleclub.org

The Triangle Club provides an LGBT-friendly environment for 12-step groups (AA, NA, Overeater Anon, etc.) to hold their weekly meetings. Call for the address and for a listing of meeting dates and times.

Us Helping Us, Inc.

3636 Georgia Ave., NW
Washington, DC 20010
202.446.1100

<https://www.ushelpingus.org/>

Us Helping Us specializes in HIV/AIDS Prevention and Care services for black gay and bisexual men, and transgender persons. UHU provides holistic health information to people living with HIV/AIDS. UHU teaches traditional natural holistic approaches—involving the body, mind and spirit – for HIV health maintenance. Towards HIV prevention UHU organizes street outreach, “down low” programming through helpline phone contact, on-line, and barbershop networking.

The Washington Blade

202.747.2077

<http://www.washingtonblade.com/>

The Washington Blade is the Washington area's LGBT newspaper, which provides comprehensive local, national, and international news and information regarding issues of interest to lesbian, gay, bisexual, and transgendered individuals. The Blade is free of charge and publishes every Friday.

Addiction Services

- Pride Institute at Solutions (Substance Abuse)
<http://www.pride-institute.com>
support@pride-institute.com
1-800-54-PRIDE
- Overeaters Anonymous DC Metro
<http://www.oa-dcmetro.org/>
A fellowship of individuals who, through shared experience, strength, and hope, are recovering from compulsive overeating. DC and Montgomery, Prince George's and southern MD.
- Sexual Compulsives Anonymous (SCA)
<http://www.sca-dc.org/>
A fellowship of men and women who share their experience, strength and hope with each other, that they may solve their common problem and help others to recover from sexual compulsion.
- The DuPont Circle Club
<http://www.dupontcircleclub.org/>
Provide a clean, organized, welcoming space for a variety of 12-Step Recovery groups.
- The Triangle Club
<http://www.triangleclub.org/>
Provides a safe and dependable space where GLBT people may hold their meetings in accordance with the 12 Steps and Traditions of Alcoholics Anonymous (AA) and AI-Anon. Mailing: PO Box 65458, Washington DC 20035.
- DC Crystal Meth Working Group
<http://www.letstalkaboutmeth.org/>
This group consists of individual members of the local community and local organizations dedicated to providing information and resources that help people make informed choices about crystal meth.
- Me Not Meth
Menotmeth.org
1-866-787-METH

Health Services

- African-American Gay HIV Initiative
<https://www.cdc.gov/hiv/group/msm/bmsm.html>
- Capital Area Physicians for Human Rights (CAPHR)
<https://sites.google.com/site/caphrsite/referral>
- DC Care Health (Living with HIV)
<https://dchealth.dc.gov/living-with-hiv>
- DC Nursing Advise Line
(202) 263-5225
- Food and Friends
<https://foodandfriends.org/>

- Gay Men's Health Clinic
www.gmhc.org
- Helping Individual Prostitutes Survive (HIPS)
<http://www.hips.org>
hips@hips.org
Phone (202) 232-8150, Hotline (800) 676-HIPS
- La Clinica del Pueblo
<https://www.lcdp.org/>
- MetroHealth
<http://www.dcpca.org/metrohealth>
- The Lambda Center
http://www.psychinstitute.com/inpatient_services/lambda_center.cfm
- Whitman-Walker Health (HIV Testing and medications, outpatient medical services, mental health services, and legal support)
<https://www.whitman-walker.org/>
1407 S St. NW ,Washington, DC 20009 (202) 797-3500
 - Whitman-Walker Lesbian Services
1701 14th St., NW
(202) 745-6131
 - Gay Men's VD Clinic (Whitman-Walker Clinic)
1701 14th Street, NW
In the Elizabeth Taylor Medical Center
(202) 745-6125
 - Max Robinson Center (Whitman-Walker Clinic)
2301 Martin Luther King, Jr Ave. SE
(202) 678-8877

Legal/Safety

- Metropolitan Police Department: Special Liaison Unit
<https://mpdc.dc.gov/sld>
Mpdc.liaisonunits@dc.gov
Special Liaison Unit (202) 727-9099
Asian Liaison Unit (202) 724-8009
Gay and Lesbian Unit 24-hour pager: (877) 495-5995
Latino Liaison Unit (202) 498-9829
Deaf & Hard of Hearing Liaison Unit (202) 425-7709 (202) 277-4630
- DC Coalition Against Domestic Violence
www.dccadv.org
- Washington DC GLBT Legal Services
<https://thedccenter.org/organizations/categories/legal-services>
- Lambda Legal
212.809.8585
<http://www.lambdalegal.com/>
<https://www.lambdalegal.org/know-your-rights>
- Equality Maryland
<http://www.equalitymaryland.org/>
- Human Rights Campaign (HRC)

<http://www.hrc.org/resources>

202.628.4160, 1.800.777.4723

HRC is America's largest gay and lesbian organization, providing a national voice on gay and lesbian issues. HRC includes programs such as *FamilyNet*, a project for and about GLBT families, and the National Coming Out Project (for more information about NCOP, call 1.800.866.6263)

www.hrc.org

- Freestate Legal Project

<http://freestatelegal.org/wp-content/uploads/2014/12/Resource-Guide1.pdf>

Recreation/Social

- DC Area Gay Couples Meet up Group, <http://www.meetup.com/gaycouples-DC/>
- [HIV+ Drop-In Coffeehouse](#) an all-inclusive social geared towards Washington's HIV-positive population
- Gay Men's Choir of DC, <http://www.gmcw.org/>
- DC Black Pride www.dcblackpride.org
- Capital Pride <http://www.capitalpride.org/>
- Metro Weekly <http://www.metroweekly.com/>

Sexual Assault/Rape Services

- DC Rape Crisis Center (202) 333-RAPE
www.dcrcc.org
- RAINN- Rape, Abuse and Incest National Network
Hotline (800) 656-HOPE (4673)
- Montgomery County Rape Crisis Line (240)-777-4357
- Victim Assistance and Sexual Assault Program (VASAP),
<https://www.montgomerycountymd.gov/hhs-program/bhcs/vasap/vasapindex.html>

Shelters

<https://www.homelesshelterdirectory.org/foodbanks/city/dc-washington.html>

Spirituality

- All Souls Unitarian Church
www.all-souls.org
- Damien Ministries
- <http://www.damienministries.org/>
- [PFLAG: Resources for People and Families of Faith](#)
[Faith Resources for Christians](#)
[Faith Resources for Jews](#)
[Faith Resources for Muslims](#)
[Faith Resources for Non-Judeo-Christian/Abrahamic Denominations](#)
[Faith Resources for Interfaith/Non-Denominational Communities](#)

Suicide Prevention

- The Trevor Project

www.thetrevorproject.org

866-4-u-trevor; 866-488-7386

- National Suicide Prevention Lifeline 1-800-273-Talk
- DC Suicide Hotline (800) suicide (784-2433)
- DC Crisis Line (202) 561-7000 (24 hours)
- DC Hotline (202) 223-2255 (24 hours)
- Montgomery County Crisis Line (240)-777-4000; 240-777-4815 (TTY)
- Montgomery County Suicide Hotline (301)-738-2255
- SAMSHA <http://www.samhsa.gov/>
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Support Groups

- SMYAL (Sexual Minority Youth Assistance League) www.smyal.org
Life Skills & Leadership Development, Counseling & Support, Health & Wellness Education, Safe Social Activities, and Community Outreach and Education
410 7th Street SE , Washington, DC 20003, (202) 546-5940
- The Metro DC GLBT Community Center
www.thedccenter.org
- Gay Married Men's Association of Washington, DC (GAMMA)
Family/Relationships
<https://www.gammasupport.org/>
- Metro TeenAIDS
<http://www.metroteenaid.org/>
- PETS-DC (dedicated to improving the health and wellbeing of people living with AIDS/HIV and other disabling conditions and their pets)
<http://www.petsdc.org/>
- Us Helping Us (UHU)
<https://www.ushelpingus.org/>
- Brother Help Thyself (BHT)
In Baltimore contact 410-752-9072
<https://www.bhtfoundation.org/>
- Parents and Friends of Gays and Lesbians (PFLAG)
- www.pflag.org
- Gay Lesbian Straight Education Network (GLSEN)
www.glsen.org
- Safe Schools Coalition
www.safeschoolscoalition.org

National Resources

Advocates for Youth

2000 M Street NW, Suite 750, Washington, DC 20036, 202.419.3420

<http://www.advocatesforyouth.org>

Advocates for Youth is an international youth-serving organization. Advocates for Youth features a link on their website just for LGBT youth (www.youthresource.com). This website offers specific support to LGBT issues and how to best meet the needs of this community.

CampusPride

[Http://www.campuspride.org](http://www.campuspride.org), 704.277.6710

Campus Pride serves student leaders of lesbian, gay, bisexual, transgender or queer (LGBTQA) and ally campus organizations by providing access to accurate and consistent resources that demonstrate support, education and visibility on college and university campuses. They also host the LGBT-Friendly Campus Climate Index National Tool <http://www.campusclimateindex.org> that allows you to search for LGBT friendly colleges and universities.

Gay and Lesbian Medical Association

<http://www.glma.org/>

This group, along with a group from Columbia University, wrote an extensive summary of research on health care needs of LGBT patients, which is available online. Their website also lists programs, such as a lesbian health fund and a physician referral. They also publicize medical news and information.

Gay and Lesbian Alliance Against Defamation (GLAAD)

<https://www.glaad.org/>

New York Office 212.629.3322

The Gay & Lesbian Alliance Against Defamation is dedicated to promoting and ensuring fair, accurate, and inclusive representation of individuals and events in all media as a means of eliminating homophobia and discrimination based on gender identity and sexual orientation.

Gay, Lesbian, Bisexual, and Transgender National Help Center

2261 Market Street, PMB #296, San Francisco, CA 94114, 415.355.0003

<http://glbtonationalhelpcenter.org/>

Help@LGBTHotline.org

GLBT National Help Center provides free and confidential telephone and email peer-counseling, information and local resources for GLBTQ callers throughout the U.S.

Gay Men of African Descent

540 Atlantic Avenue Lower Level, Brooklyn, NY 11238 718.22.6300

<http://www.gmad.org> Gay Men of African Descent is an organization that provides community forums and support for gay and transgender Black males.

Human Rights Campaign

<https://www.hrc.org/resources/coming-out>

<https://www.hrc.org/resources/communities-of-color>

National AIDS Hotline

1.800.232.4636 (CDC Info; also in Spanish), 1.800.232.6348 (TTY)

The Hotline can answer questions, provide referrals, and send free publications through email and postal mail.

National Center for Lesbian Rights

Washington DC Regional Office

1300 Massachusetts Ave, NW, Suite 190-706, Washington, DC 20005, 415.392.6257

info@nclrights.org

<http://www.nclrights.org>

National Consortium of Directors of LGBT Resources for Higher Education

<http://www.lgbtcampus.org/>

This group's stated mission is to achieve higher education environments in which LGBT students, faculty, staff, administrators, and alumni have equity in every respect. Their goals are to support colleagues and develop curriculum; to seek climate improvement on campuses; and to advocate for policy change, and program development. Their website offers information and links on campus climate, legal issues, safe zones, directory of campuses with GLBT services.

National Gay and Lesbian Task Force

1325 Massachusetts Ave., NW, Suite 600, Washington, DC, 202.393.5177

<http://thetaskforce.org>

NGLTF is an organization working for the civil rights of GLBT people. NGLTF serves tens of thousands of LGBT people who are in need of resources, training, and technical assistance to pass pro-GLBT legislation. NGLTF helps those fighting for their families, employment, health care, hate crimes, and more.

National Minority AIDS Council

1931 13th Street, NW, Washington, DC, 202.483.6622

<http://www.nmac.org>

The National Minority AIDS Council (NMAC), established in 1987, is the premier national organization dedicated to developing leadership within communities of color to address the challenge of HIV/AIDS

National Youth Advocacy Coalition (NYAC)

1638 R Street, NW, Suite 300, Washington, DC, 800.541.6922; 202.319.7596

<http://www.nyacyouth.org/> nyac@nyacyouth.org

The NYAC is a national social justice organization working with LGBTQ young people to build the capacity of the LGBTQ youth movement.

The Point Foundation: The National LGBT Scholarship Fund

461 West 49th Street, Suite #4, New York, NY 10019

<http://www.pointfoundation.org>

Point Foundation provides financial support, leadership training, mentoring and hope to meritorious students who are marginalized due to sexual orientation, gender identity and/or gender expression.

Parents, Families, and Friends of Lesbians and Gays (PFLAG)

National Headquarters

1726 M Street, NW, Suite 400

Washington, DC Metropolitan Area

1111 14th Street, NW, Suite 350

Washington, DC 20036
202.467.8180
<http://www.pflag.org>

Washington, DC 20005
202.638.3852
info@pflagdc.org

Shout Out Health

<http://www.shoutouthealth.com/>

The purpose and goal for GayHealthBlog.com- owned and operated by Shout Out Health Media LLC- is to provide a safe haven for any LGBT people who are interested in access to essential, up to date, uplifting and informative health and wellness information in a safe, anonymous forum, from health care providers, writer and other professionals who care about promoting LGBT health.

Soulforce

Headquarters: P.O. Box 3195, Lynchburg, Va.

in@soulforce.org <http://www.soulforce.org>

An organization bringing together spirituality and LGBT activism. The purpose of Soulforce is “freedom for LGBT people from religious and political oppression through the practice of relentless nonviolent resistance” – they organize the “Equality Ride”, a US-wide bus tour of LGBTQ/Ally youth going to colleges/universities with anti-LGBT policies.

Coalition for Sexuality and Gender Identities (CSGI)

<https://myacpa.org/groups/csgi/>

The SCLGBT, part of the American College Personnel Association (ACPA), works toward education ACPA members, eliminating overt and covert oppression of the LGBT community, protecting and advocating for the basic human rights of the community and provides support for this community.

Stop the Hate!

<https://www.campuspride.org/stop-the-hate/>

“Stop the Hate!” Campus hate crime prevention program that supports colleges and universities in preventing and combating hate on campus as well as fostering the development of community and serving as the premiere source of anti-hate educational resources for higher education. They annually offer a Campus Hate Crime Prevention Train the Trainer Program.

The Trevor Project

9056 Santa Monica Blvd. Suite 208, West Hollywood, Ca. 90069

<http://www.thetrevorproject.org>

Trevor Hotline 1.866.488.7386

A nonprofit endeavor established to promote acceptance of gay and questioning teenagers and young adults and to aid in the suicide prevention among that group.

Bisexual Resources

Bisexual Resource Center

617.424.9595

www.biresource.org

brc@biresource.org

The purposes of the organization are: to research and educate the general public and other interested

organizations about bisexuality; to provide a public forum through technical assistance, seminars, conferences, informational programs and publications for the discussion of bisexuality; and provide a support network for individual members of the general public and interested organizations to discuss and obtain information about bisexuality.

Transgender/Transsexual Resources

National Center for Transgender Equality (NCTE)

<https://transequality.org/>

GEA is a national organization focused on the needs, issues and concerns of gender variant people in human society. They are an education and advocacy group.

FTM International

877.267.1440

<http://www.ftmi.org> info@ftmi.org

This site is the internet contact point for the largest, longest running educational organization serving FTM transgender people and transsexual men.

Trans Gender Education Association of Greater Washington (TGEA)

<https://www.tgeagw.org/>

The Transgender Education Association was established as an attempt to bring together the varied segments of the gender community into a nurturing and supportive network of individuals.

Transgendered Network International (TGNI)

<https://www.transfund.org/>

A web based organization that seeks to: provide a safe haven for all transgender people, their friends, families, and significant others; provide support to transgender people and their loved ones; maintain a respectful social environment in which all transgender people and their loved ones feel comfortable and free; and promote tolerance, understanding, healing and growth. TGNI maintains a reference library of and links to accurate information concerning all aspects of transgender life.

TransMan's Information Project

www.trans-man.org

This site provides information, links to other FTM resources, and a calendar of events of interest to transgender individuals.

Transsexual Women's Resources

<https://www.transgendermap.com/community/anne-lawrence/>

This site was created and is maintained by Anne Lawrence, MD. Its purpose is to empower transsexual women by providing factual information, informed opinion, and personal narrative to assist them in making decisions that will best serve their individual needs.

Additional Internet Resources

News and Current Events:

The Advocate – The national gay & lesbian news magazine internet site
<http://www.advocate.com>

Metro Weekly
<http://www.metroweekly.com/>

Lesbian.com
<http://www.lesbian.com>

Service members Legal Defense Network
<http://www.sldn.org>

Planet Out
<http://www.planetout.com>

Yahoo! Gay & Lesbian News
www.yahoo.com (Search Gay and Lesbian news)

Politics, Law & Human Rights:

American Civil Liberties Union (ACLU)

<https://www.aclu.org/>