

# Learn CPR, Save a Life

Montgomery College offers several courses to train you in Cardiopulmonary Resuscitation (CPR). Choose one to meet your needs:

## **HE107— First Aid and CPR** (recommended for those interested in basic skills )

Theory and practical application of standard and advanced techniques of first aid and cardiopulmonary resuscitation. Students will learn how to recognize the signs and symptoms of injuries and sudden illness, how to recognize a life-threatening emergency, how to provide basic life support, recognize the signs and symptoms of injuries and sudden illness, and what to do in the case of an airway obstruction or choking. Students will gain the necessary skills for the administration of CPR to adults, children and infants and learn how to use an automated external defibrillator (AED). Information on how to deal with emergencies like shock, burns, strokes, seizures and other medical emergencies will be covered. Course consists of lecture, discussions, demonstrations, safety education, and practical work as suggested by OSHA, the American Red Cross, American Academy of Orthopedic Surgeons, and/or American Heart Association. Upon successful completion of the course, students will receive nationally recognized First Aid and CPR course completion cards. Assessment levels: EN101/101A, RD120. 2 credits.

**HE205—First Responder** (recommended for those who are likely to be the first responders to an emergency such as teachers, security personnel, personal trainers, and those majoring in Health Sciences) Provides a comprehensive study of emergency care principles and procedures. Course includes CPR and Automated External Defibrillator (AED); aids in resuscitation and oxygen administration; management of bleeding and injuries; and care of special patients including obstetric, pediatric, and elderly. Students must pass all competency exams with a score of 70% or better and achieve an overall course grade of "C" or better to receive First Responder and CPR for the Professional Rescuer/Healthcare Provider certifications. Assessment levels: EN 101/101A, RD 120. 3 credits

## **PM101—Emergency Medical Technician Basic**

Covers the minimum level of certification for ambulance personnel and is a prerequisite for admission into the Paramedic curriculum. Students learn to properly perform the various skills utilized by emergency medical technician level pre-hospital care providers in the care of sick or injured persons. Because of national and state requirements, all classes have mandatory attendance. This course prepares the student for the Maryland and National Registry EMT certification written and practical examinations and follows the guidelines established for EMT training by the DOT/NHTSA national standard curriculum. Participation in the clinical component of this course requires proof of a negative TB test and a criminal background investigation. All students must maintain a 70 percent average and can score no lower than 60 percent on any of the assessments. Failure to maintain a 70 percent average will result in the student being dropped from the course. Assessment levels: EN 101/101A, MA 091, RD 120. 7 credits.



For more information on these courses, contact: Professor Kathleen Dayton  
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or look up courses at  
[www.montgomerycollege.edu](http://www.montgomerycollege.edu)