

**Community Health
Arts and Sciences AA: 186A
Total Credits: 60
Catalog Edition: 2018-2019**

Program Description

This AA area of concentration prepares students to enter a diverse, people-oriented field in which professionals work to promote lifestyle wellness and improve the health status of society. Health educators assist people in making responsible decisions and changing behaviors to achieve a healthier lifestyle.

Professionals in this fast-growing field are employed by public and private health care organizations, government agencies, hospital wellness centers, corporate-based worksite health programs, college and university health service centers, insurance companies, private health promotion corporations, drug and alcohol rehabilitation programs, family planning agencies, and health clinics, and as education representatives for textbook publishers and pharmaceutical companies. Graduates with school health degrees teach on the elementary, secondary, and college levels, in both private and public school settings. School health educators also qualify to work in many community and governmental agencies. Job titles include patient educators, health program managers, health education teachers, community health organizers, health promotion directors, and wellness coordinators.

Program Outcomes

Upon completion of this program a student will be able to:

- Describe biological, psychological, environmental, and social factors that influence health.
- Explain the impact of individual behavior on health status.
- Define health education and list the skills/competencies of the entry level health educator.
- Develop a health education intervention based on the assessment of controllable and non-controllable risk factors that impact health.

Program Advisors

Rockville

- **Professor Dianne Hagan**
240-567-7584
odella.hagan@montgomerycollege.edu

Germantown

- **Professor Kimberly Yost**
240-567- 7725
kimberly.yost@montgomerycollege.edu

For more information please visit:

<http://cms.montgomerycollege.edu/heespe/>

2018-2019 Program Advising Guide

An Academic Reference Tool for Students

Community Health Arts and Sciences AA: 186A

Suggested Course Sequence

A suggested course sequence for full-time students follows. All students should review this advising guide and consult an advisor.

First Semester

- [BIOL 150 - Principles of Biology I](#) 4 semester hours (NSLD)
- [ENGL 101 - Introduction to College Writing](#) 3 semester hours *
- [HLTH 105 - Personal and Community Health](#) 3 semester hours (GEIR)
- [SOCY 100 - Introduction to Sociology](#) 3 semester hours (BSSD)
- Mathematics foundation 3 semester hours (MATF) †

Second Semester

- [COMM 108 - Foundations of Human Communication](#) 3 semester hours (GEIR) OR [COMM 112 - Business and Professional Speech Communication](#) 3 semester hours (GEIR)
- [HLTH 160 - The Science and Theory of Health](#) 3 semester hours
- [PSYC 102 - General Psychology](#) 3 semester hours (BSSD)
- English foundation 3 semester hours (ENGF)
- Program elective 3 semester hours ‡

Third Semester

- [BIOL 212 - Human Anatomy and Physiology I](#) 4 semester hours (NSLD)
- [HLTH 225 - Introduction to Health Behaviors](#) 3 semester hours
- Arts distribution 3 semester hours (ARTD)
- Program electives 200 level 6 semester hours ‡

Fourth Semester

- [BIOL 213 - Human Anatomy and Physiology II](#) 4 semester hours
- Humanities distribution 3 semester hours (HUMD)
- Program elective 3 semester hours ‡
- Elective 3 semester hours

Total Credit Hours: 60

Advising Notes

* [ENGL 101](#) /[ENGL 101A](#) , if needed for [ENGL 102](#) /[ENGL 103](#) , or elective.

† Choose math according to transfer school.

‡ Consult with departmental adviser before selecting program lectives. Select from the following program electives: [HLTH 121](#) , [HLTH 125](#) , [HLTH 131](#) , [HLTH 150](#) , [HLTH 170](#) , [HLTH 200](#) , [HLTH 212](#) , [HLTH 215](#) , [HLTH 220](#) and [HLTH 230](#) . At least six program elective credits must be at the 200-level.

COMMUNITY HEALTH (FORMERLY HEALTH EDUCATION), Arts and Sciences **AA (R): 186A**

Total Credits: 60
Catalog Editions 17-18 through 18-19

Name:

Date:

ID #:

GENERAL EDUCATION: FOUNDATION COURSES	Course	Hours	Grade
English Foundation (EN 102/ENGL 102 or EN 109/ENGL 103)		3	
Math Foundation (MATH 110, 115 (A), 117 (A), 120 130, 150, 165, 170, or 181) CONSULT HLTH FACULTY ADVISOR/COUNSELOR ABOUT CHOICE †			

GENERAL EDUCATION: DISTRIBUTION COURSES	Course	Hours	Grade
Arts Distribution (ARTD)			
Humanities Distribution (HUMD)			
Behavioral & Social Sciences Distribution (BSSD)	SO 101/ SOCY 100	3	
Behavioral & Social Sciences Distribution (BSSD)	PY 102/ PYSC 102	3	
Natural Sciences Distribution with Lab (NSLD)	BI 107/ BIOL 150	4	
Natural Sciences Distribution with Lab (NSLD)	BI 204/ BIOL 212	4	
General Education Institutional Requirement (GEIR)			
General Education Institutional Requirement (GEIR)	HE 101/ HLTH 105	3	

PROGRAM REQUIREMENTS	Course	Hours	Grade
ENGL 101 or ENGL 101A (if needed for ENGL102 or Elective)*		3	
	BI 205/ BIOL 213	4	
	HE 120/ HLTH 160	3	
	HE 200/ HLTH 225	3	
	HE/ HLTH ELECTIVE ‡	3	
	HE/ HLTH ELECTIVE ‡	3	
	200 LEVEL HE/ 200 LEVEL HLTH ELECTIVE ‡	3	
	200 LEVEL HE/ 200 LEVEL HLTH ELECTIVE ‡	3	
	ELECTIVE		

Overall GPA of 2.0 is required to graduate

Total Credits:

* Students who qualify for a waiver of ENGL 101 may select three credits of electives with approval of the department.

[Health Enhancement, Exercise Science, and Physical Education Web Page](#)

† Choose math according to transfer school.

Last Modified: July 2018

‡ Students must consult with HEALTH Departmental adviser (Dr. Maureen Edwards, [Maureen Edwards@montgomerycollege.edu](mailto:Maureen.Edwards@montgomerycollege.edu)) before selecting electives from HLTH or other categories. Select electives from HE107/**HLTH 113**, HE 108/**HLTH 121**, HE 109/**HLTH 125**, HE 11/**HLTH 131**, HE 150/**HLTH 150**, HE 130/**HLTH 170**, HE 112/**HLTH 200**, HE 202/**HLTH 212**, HE204/**HLTH 215**, HE 205/**HLTH 220** and HE 230/**HLTH 230**. At least six health elective credits must be at the 200-level.

Transfer Opportunities

Montgomery College has partnerships with multiple four-year institutions and the tools to help you transfer.

To learn more please visit:

<http://cms.montgomerycollege.edu/Transfer/> or
<http://artsys.usmd.edu/>

University of Maryland – College Park

- Arts and Science Community Health to B.S. Community Health

Get Involved at MC!

Employers and Transfer Institutions are looking for experience outside the classroom.

MC Student Clubs and Organizations

<https://cms.montgomerycollege.edu/edu/plain.aspx?id=2439>

Related Careers

Some require a Bachelor's degree.

Health Educator

Healthcare Analyst

Community Health Worker

Career Services

<http://www.montgomerycollege.edu/career>

Career Coach

A valuable online search tool that will give you the opportunity to explore hundreds of potential careers or job possibilities in Maryland and the Washington D.C. metropolitan area.

Get started today on your road to a new future and give it a try. Visit the website listed below:

<https://montgomerycollege.emsicareercoach.com>

Notes: