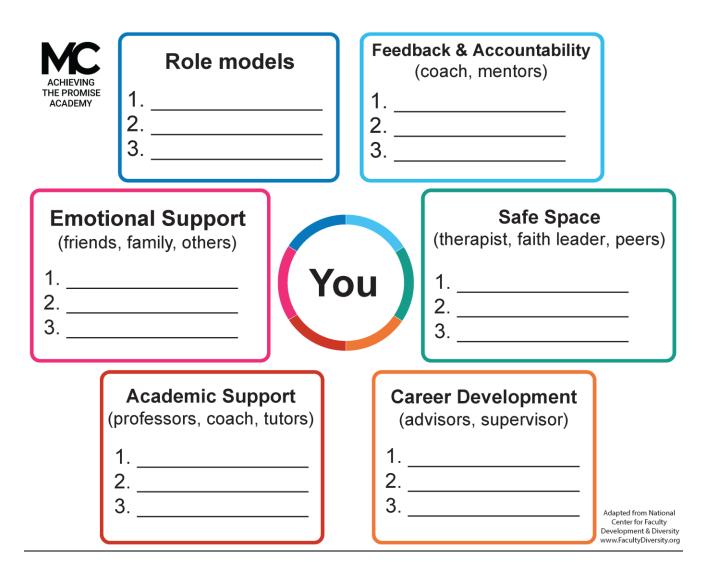


Mapping Your Support Network

No successful person does anything on their own. The *most* successful students have many people they can rely on for support, advice, academic help, and more.

1. Make a map of the people in your current support network. These can be friends, family, professors, mentors, and more:



- 1. Is there anyone on this list that you need to ask for help with something right now?
- 2. Who else would you like to have in your support network?
- 3. Whose support network are *you* in? How does it make you feel to be someone else's support?

Student Reflections/Updates

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