

Title: Instructor Self-Questioning

Description: Metacognition and self-reflection are not only for students! Professors can benefit from self-questioning and reflecting on their practice daily. For example, at the end of each class session, ask yourself:

- How do I think today's class session went? Why do I think that? What evidence do I have?
- How did the ideas of today's class session relate to previous class sessions? To what extent do I think students saw those connections?
- How will what I think about how today's class session went influence my preparation for next time?

Participant Level: I (Professor)

Prep Time: NA

Class Time: NA

When: A (after class)

Submitted by:

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Code Legend:

Participant Level: **WC** (Whole Class); **GR** (Groups); **P** (Pairs); **I** (Individual Students)

Prep / Class / Results Analysis Time: **S** (Short); **M** (Medium); **L** (Long)

When to Use During Semester: **B** (Beginning); **M** (Middle); **E** (End); **A** (Any time)