

Montgomery College Office of Equity and Inclusion

This guide of learning resources were curated from [Anti-Racism Resources](#) and [106 Things White People Can Do For Racial Justice](#). We hope that engaging in this work will continue to foster a culture of empathy and build a community rooted in truth, inspired to action, and committed to awareness and growth in every facet of our community.

Inspired by the Justice in June initiative, and the USC School of Dramatic Arts, the Challenge was compiled with the purpose of providing a starting place for individuals trying to become better allies.

SUBMIT YOUR REFLECTION to
equityandinclusion@montgomerycollege.edu

30-Day Call to Action Challenge Prompts

- Day 1** ACT: [Register to vote](#)! If you are serious about real change, your individual vote does matter. Register to vote, check your registration, vote by mail, get election reminders, etc.
- Day 2** WATCH: "[Let's Get to the Root of Racial Injustice](#)" TEDx Talk
- Day 3** READ: Explore the articles that are part of [The 1619 Project](#) from The New York Times Magazine
- Day 4** ADVOCATE: Participate in or fund a project facilitated by [Leap, the Law Enforcement Accountability Project](#), a fund founded by Ava DuVernay that empowers activists to change the narrative around the police abuse of Black people.

- Day 5** LISTEN: Listen to "[When Civility is Used as a Cudgel Against People of Color](#)" podcast on NPR
- Day 6** ACT: Call or write to state legislators to require racial impact statements be required for all criminal justice bills. Most states already require fiscal and environmental impact statements for certain legislation. Racial impact statements evaluate if a bill may create or exacerbate racial disparities should the bill become law. [Check on the status](#) of your state's legislation surrounding these statements.
- Day 7** WATCH: Gather a group of friends to view and reflect upon Ava DuVernay's documentary *13th*.
- Day 8** READ: The Atlantic article "[Who Gets to Be Afraid in America?](#)"
- Day 9** ADVOCATE: Do [deep canvassing](#) about race and racial justice. Many [Showing Up for Racial Justice](#) (SURJ) groups are organizing them, so many of you can do it through your local SURJ group.
- Day 10** LISTEN: Listen to the "[The Power of Martin Luther King Jr.'s Anger](#)" podcast
- Day 11** ACT: Support Black businesses. Find them on [WeBuyBlack](#), [The Black Wallet](#) and [Official Black Wall Street](#). New York Magazine has a great list of "[138 Black-Owned Businesses to Support.](#)" Yelp now has a feature to search for Black-owned businesses, and Etsy features Black-owned businesses.
- Day 12** WATCH: "[How Studying Privilege Systems Can Strengthen Compassion](#)" TEDx Talk
- Day 13** READ: The Atlantic article "[The Coronavirus Was an Emergency Until Trump Found Out Who Was Dying](#)"
- Day 14** ADVOCATE: Engage and participate in anti-white supremacy work, such as your local Black Lives Matter chapter, the [National Council for Incarcerated and Formerly Incarcerated Women and Girls](#), the [NAACP](#), [Southern Poverty Law Center](#), [United Negro College Fund](#), [Black Youth Project 100](#), [Color of Change](#), [The Sentencing Project](#), [Families against Mandatory Minimums](#), [A New Way of Life](#), [Equal Justice Initiative](#) and [Dream Defenders](#). Join some of these listserves and take action as their emails dictate.

- Day 15** LISTEN: NPR's "[Your Body Being Used](#)"
- Day 16** ACT: Find out your city or town's policy on no-knock warrants ([the policy that led to Breonna Taylor's murder](#)). Contact your city or town government representative(s) and police chief to ban no-knock warrants.
- Day 17** WATCH: "[How We're Priming Some Kids for College and others for prison](#)" TED Talk
- Day 18** READ: "[The Intersectionality Wars](#)" article on Vox
- Day 19** ADVOCATE: Write/call your local government representative(s) and police chief, advocating for police de-escalation training. The racial make-up of your town doesn't matter — this needs to be standard everywhere.
- Day 20** LISTEN: "[Anger: The Black Woman's 'Superpower'](#)" podcast on NPR
- Day 21** ACT: If you or a friend is an educator, buy that person books that feature POC as protagonists and heroes, no matter the racial make-up of the class.
- Day 22** WATCH: "[How to Overcome Our Biases? Walk Boldly Towards Them](#)" TED Talk
- Day 23** READ: "[White Privilege: Unpacking the Invisible Knapsack](#)"
- Day 24** ADVOCATE: Call or write to your state legislators and governor to support statewide criminal justice reform — including reducing mandatory minimum sentences, reducing sentences for non-violent drug crimes, passing "safety valve" law to allow judges to depart below a mandatory minimum sentence under certain conditions, passing alternatives to incarceration, etc.
- Day 25** LISTEN: Listen to "[Opinion: My Father Stood for the National Anthem for the Same Reason Colin Kaepernick Sits](#)" and "[When Calling the Po-Po is a No-No](#)" on NPR
- Day 26** ACT: Check out this [guide to responding to racism](#) and bias toward Asian Americans during the COVID-19 pandemic, published by the Southern Poverty Law Center's Teaching Tolerance project.
- Day 27** WATCH: "[The Racism Virus](#)" town hall focuses on the rise in hate crimes while "[Deported](#)" is a short documentary about a little-known crisis affecting Southeast Asian immigrants. NBC

Asian America has recently aired these programs highlighting issues facing the community today.

Day 28

READ: Read [this article](#) from the Learning for Justice Center that explores the Model Minority Myth, which explores why racism and hate crimes against the Asian communities are overlooked.

Day 29

ADVOCATE: Write to your city or town government representatives to replace Columbus Day with Indigenous Peoples Day, as many [other cities](#) have done (including Los Angeles). Spend the day learning the [advocacy priorities](#) of the [National Indian Education Association](#) for comprehensive culture-based educational opportunities for American Indians, Alaska Natives, and Native Hawaiians.

Day 30

LISTEN: Listen to The Los Angeles Times' [Asian Enough? podcast](#), which dives into the identity and experience of Asian Americans. Each episode features a different guest, with Vice President Kamala Harris, Top Chef host Padma Lakshmi, and Crazy Rich Asians director Jon M. Chu.