



**MONTGOMERY  
COLLEGE**

**Drug-Free Schools and Communities Act**

**2023 Biennial Review**

**(Academic Years 2021–2022 and 2022–2023)**

**Appendices**

# Appendix A

## Disclosure Notifications: Employees

*The following disclosures were distributed to employees in accordance with the Drug-Free Schools and Communities Act in order to annually notify employees about the College's Drug and Alcohol Abuse Prevention program. The websites provided in each disclosure were viable at the time of distribution.*

Montgomery College disclosures are available to review on this website  
<https://www.montgomerycollege.edu/offices/compliance-risk-ethics/disclosures.html>

**To:** Montgomery College Employees

**From:** Krista Leitch Walker  
Vice President of Human Resources and Strategic Talent Management

Vicki Duggan  
Chief Compliance, Risk, and Ethics Officer

**Subject:** **Montgomery College Drug and Alcohol Abuse Prevention Program  
Drug-Free Schools and Communities Act Disclosure**

**Date:** November 2, 2021

Montgomery College is required under the Drug-Free Schools and Communities Act to annually notify employees about our Drug and Alcohol Abuse Prevention program.

Montgomery College's commitment to drug and alcohol abuse prevention is underscored by the following policy #31005 adopted on May 15, 1989 by the College Board of Trustees.

- I. The Board of Trustees is committed to the education of students, employees, and community members regarding substance abuse prevention, detection, and treatment services; to the continuation of a collegewide substance abuse prevention program and other ongoing efforts which foster such education; and to the maintenance of a drug-free environment throughout the College.
- II. The unlawful manufacture, distribution, dispensing, possession, or use of a controlled substance is prohibited at Montgomery College.
- III. College employees and students are subject to appropriate disciplinary action for violation of this policy, in accordance with College policies and procedures regarding employee discipline and discharge and in accordance with the student code of conduct.
- IV. The President is authorized to establish procedures to implement this policy.

Per 31005CP, II, the following standards of conduct are applicable to employees:

- A. Employees should report for work fit for duty and free of any adverse effects of illegal drugs or alcohol. This does not prohibit employees from the lawful use and possession of prescribed medications. Employees must, however, consult with their physicians about the medication's effect on their fitness for duty and the ability to work safely and promptly disclose restrictions to their supervisor. Employees should not, however, disclose underlying medical conditions to supervisors, but should do so to the HIPAA Privacy Official in the Office of Human Resources and Strategic Talent Management.
- B. Employees may be required to undergo a medical examination pursuant to College Policy 31105—Medical Examinations when the employee's observable behavior creates a reasonable belief that the employee cannot perform the essential job functions or that the employee poses a threat to the

health and safety of the employee or others, or to College property, as a result of the effects of drugs or alcohol.

C. The unlawful manufacture, sale, distribution, dispensing, possession or use of controlled substances, and the unlawful use or abuse (e.g., being intoxicated) of alcohol by anyone on College property (including any facilities leased or used by the College) or in College vehicles is prohibited. The use of alcohol by anyone under 21 years of age or the abuse of alcohol by anyone at any College sponsored or supervised activity off campus is also prohibited.

D. Notification of Criminal Conviction

1. As required by the Drug-Free Workplace Act of 1988, the Drug-Free Schools and Communities Act Amendments, the Maryland Higher Education Commission's Policies Concerning Drug and Alcohol Abuse Control, and as a condition of employment, employees must abide by the terms of this procedure and notify the Office of Human Resources and Strategic Talent Management in writing, of any criminal drug statute conviction for a violation occurring on or off Montgomery College property, no later than five calendar days after such conviction. Lack of compliance with these requirements may subject the employee to immediate disciplinary action, up to and including discharge.
2. Upon receipt of notification of a conviction, the College will take the following actions as required by law:
  - a. Notify the appropriate federal agencies of such convictions, and
  - b. Take appropriate personnel action against the employee, up to and including discharge; and/or
  - c. Require the employee to participate satisfactorily in a drug abuse assistance or rehabilitation program approved for such purposes by a federal, state or local health, law enforcement, or other appropriate agency.

E. Consequences of Alcohol and Drug Abuse

1. The unlawful manufacture, distribution, use, sale, or possession (e.g., on the person or in a desk, or vehicle) of illegal drugs or of opened alcohol while on the job or on College leased or owned property is an offense punishable by discharge and may result in criminal prosecution. Any illegal drugs found will be turned over to the appropriate law enforcement agency.
2. The illegal use or abuse of alcohol on campus or as a part of any College activity whether on College leased or owned property is prohibited in accordance with all applicable Federal, State and local laws and the Drug and Alcohol Abuse Prevention Policy. In addition to possible prosecution under the aforementioned laws, employees who violate the prohibitions of this policy are subject to College imposed disciplinary sanctions consistent with applicable procedures and regulations. Sanctions may include, but need not be limited to, suspension, discharge, or referral to appropriate authorities for prosecution. Any disciplinary sanction imposed may also include the completion of an appropriate rehabilitation program as a condition of reinstatement or continued employment.

Health Risks of Alcohol Abuse

For information about the health risks of alcohol abuse, click [here](#).

Health Risks Associated with the Use of Illicit Drugs

For a description of health risks associated with the use of illicit drugs and abuse of alcohol see attachment. For additional information click [here](#).

Drug and Alcohol Abuse Treatment Resources and Clinical Services

You may also access free, confidential assistance through the [Faculty Staff Assistance Program](#) or call 844-236-2668 (TDD: 800-697-0353). To register use Organization Web ID: MCC.

For additional information about national and local resources available for drug and alcohol abuse treatment, please see attachment or click [here](#).

For more information on the Drug and Alcohol Abuse Prevention Program for Employees, please see the [Drug and Alcohol Abuse Prevention Biennial Review report](#) or contact [Ms. Rowena D'Souza](#), Risk Management Coordinator / HIPAA Privacy Official.

DESCRIPTION OF HEALTH RISKS ASSOCIATED WITH THE USE OF ILLICIT DRUGS AND ABUSE OF ALCOHOL

Controlled Substances - Uses & Effects							
Classification	Drug Name	Common or Brand	Dependence	Potential	Acute Effects	Health Risks and Effects of Long-term Use*	Overdose Effects
			Physical	Psycho-logical			
ALCOHOL	Ethanol	Beer Wine Distilled Liquor	High High High	High High High	<ul style="list-style-type: none"> <li>Lowered Inhibitions</li> <li>Impaired Judgement, Vision</li> <li>Loss of Motor Skills, Coordination</li> <li>Slurred Speech</li> </ul>	<ul style="list-style-type: none"> <li>Hypertension</li> <li>Liver Damage</li> <li>Cardiovascular Disease</li> <li>Toxic Psychosis</li> <li>Neurologic Damage</li> <li>Addiction with Severe Withdrawal</li> </ul>	<ul style="list-style-type: none"> <li>Coma</li> <li>Possible Death</li> </ul>
NARCOTICS	<sup>1</sup> Opium Morphine Codeine <sup>1</sup> Heroin Meperidine Other	<sup>2</sup> Paregoric, Dover S Power <sup>1</sup> Morphine <sup>1</sup> Tylenol W/Codeine, Robitussin Heroin <sup>2</sup> Demerol, Pethadol <sup>2</sup> Dilaudid, Lentine, Percodan	High High High High High High	High High High High High High	<ul style="list-style-type: none"> <li>Euphoria, Drowsiness</li> <li>Respiratory Depression</li> <li>Constricted Pupils</li> <li>Nausea, Vomit</li> <li>Analgesia (Pain Relief)</li> </ul>	<ul style="list-style-type: none"> <li>Loss of Appetite</li> <li>Constipation</li> <li>Risk of AIDS &amp; Hepatitis from I.V. Drug Use</li> </ul>	<ul style="list-style-type: none"> <li>Shallow Perspiration</li> <li>Clammy Skin</li> <li>Convulsions, Coma</li> <li>Possible Death</li> <li>May be Toxic if Mixed with Alcohol</li> </ul>
DEPRESSANTS	Chloral Hydrate Barbiturates	<sup>2</sup> Noctec, Somnos <sup>2</sup> Nembutal, Phonobarbitol, Seconal, Tuinol	Moderate High	Moderate High	<ul style="list-style-type: none"> <li>Slurred Speech</li> <li>Disorientation</li> <li>Drunken Behavior Without the Odor of Alcohol</li> <li>Euphoria</li> <li>Lowered Inhibitions</li> <li>Loss of Motor Skills</li> <li>Blackouts</li> <li>Relaxation, Depression</li> <li>Hallucinations</li> </ul>	<ul style="list-style-type: none"> <li>Addiction with Withdrawal</li> <li>Toxic Psychosis</li> <li>Weak, Rapid Pulse</li> <li>Hallucinations</li> <li>Nausea</li> <li>Seizures</li> <li>Insomnia</li> <li>Anxiety</li> <li>Tremors</li> <li>Dizziness</li> <li>Loss of Peripheral Vision</li> </ul>	<ul style="list-style-type: none"> <li>Shallow Respiration</li> <li>Cold, Clammy Skin</li> <li>Blackout</li> <li>Coma</li> <li>Possible Death</li> <li>May be Toxic if mixed with Alcohol</li> </ul>
	Gamma Hydroxybutric Acid	Date Rape Drug, Liquid Ecstasy, Cherry Meth,	Moderate-High	High	<ul style="list-style-type: none"> <li>Euphoria</li> <li>Lowered Inhibitions</li> <li>Loss of Motor Skills</li> <li>Blackouts</li> <li>Relaxation, Depression</li> <li>Hallucinations</li> </ul>	<ul style="list-style-type: none"> <li>Addiction with Withdrawal</li> <li>Toxic Psychosis</li> <li>Weak, Rapid Pulse</li> <li>Hallucinations</li> <li>Nausea</li> <li>Seizures</li> <li>Insomnia</li> <li>Anxiety</li> <li>Tremors</li> <li>Dizziness</li> <li>Loss of Peripheral Vision</li> </ul>	<ul style="list-style-type: none"> <li>Shallow Respiration</li> <li>Cold, Clammy Skin</li> <li>Blackout</li> <li>Coma</li> <li>Possible Death</li> <li>May be Toxic if mixed with Alcohol</li> </ul>
DEPRESSANTS	Gamma Butyrolactone Glutethimide Ketamine Methaqualone Tranquillizers	GBL <sup>2</sup> Doriden Special K, K <sup>2</sup> Optimil, Parest, Quaalude, Sopor <sup>2</sup> Equanil, Vallium, Tranxene Serax, Xanax, Rohyphal, Dalmiane, Dormate, Placidyl, Valmid	Unknown High Unknown High Moderate	Unknown High Unknown High High	<ul style="list-style-type: none"> <li>Slurred Speech</li> <li>Disorientation</li> <li>Drunken Behavior Without the Odor of Alcohol</li> <li>Euphoria</li> <li>Lowered Inhibitions</li> <li>Loss of Motor Skills</li> <li>Blackouts</li> <li>Relaxation, Depression</li> <li>Hallucinations</li> </ul>	<ul style="list-style-type: none"> <li>Addiction with Withdrawal</li> <li>Toxic Psychosis</li> <li>Weak, Rapid Pulse</li> <li>Hallucinations</li> <li>Nausea</li> <li>Seizures</li> <li>Insomnia</li> <li>Anxiety</li> <li>Tremors</li> <li>Dizziness</li> <li>Loss of Peripheral Vision</li> </ul>	<ul style="list-style-type: none"> <li>Shallow Respiration</li> <li>Cold, Clammy Skin</li> <li>Blackout</li> <li>Coma</li> <li>Possible Death</li> <li>May be Toxic if mixed with Alcohol</li> </ul>
						High	High
STIMULANTS	<sup>1</sup> Cocaine <sup>1</sup> Amphetamine	Cocaine Hydrochloride <sup>1</sup> Benzedrine, Biphetamine, Desoxyn, Dexedrine <sup>1</sup> Preludin <sup>2</sup> Ritalin	Possible Possible	High High	<ul style="list-style-type: none"> <li>Feeling of Well-Being</li> <li>Excitation, Euphoria</li> <li>Increased Alertness</li> <li>Increased Blood Pressure, Pulse</li> <li>Insomnia, Appetite Loss</li> </ul>	<ul style="list-style-type: none"> <li>Delusions, Hallucinations (Toxic Psychosis)</li> <li>Possible Organ/Tissue Damage</li> </ul>	<ul style="list-style-type: none"> <li>Agitation</li> <li>Temperature Increase</li> <li>Hallucinations</li> <li>Convulsions</li> <li>Heart Attack, Stroke</li> <li>High Blood Pressure</li> <li>Loss of Consciousness</li> <li>Seizures</li> </ul>
	Phenmetrazine Methyphenidate Other	<sup>1</sup> Cylert, Didrex, Pre-Sate, Sanorex, Voranil Ecstasy, MDMA	Possible Possible Possible	High High High	<ul style="list-style-type: none"> <li>Feeling of Well-Being</li> <li>Excitation, Euphoria</li> <li>Increased Alertness</li> <li>Increased Blood Pressure, Pulse</li> <li>Insomnia, Appetite Loss</li> </ul>	<ul style="list-style-type: none"> <li>Delusions, Hallucinations (Toxic Psychosis)</li> <li>Possible Organ/Tissue Damage</li> </ul>	<ul style="list-style-type: none"> <li>Agitation</li> <li>Temperature Increase</li> <li>Hallucinations</li> <li>Convulsions</li> <li>Heart Attack, Stroke</li> <li>High Blood Pressure</li> <li>Loss of Consciousness</li> <li>Seizures</li> </ul>
STIMULANTS	Methylenedioxy-methamphetamine		Low	High	<ul style="list-style-type: none"> <li>Feeling of Well-Being</li> <li>Excitation, Euphoria</li> <li>Increased Alertness</li> <li>Increased Blood Pressure, Pulse</li> <li>Insomnia, Appetite Loss</li> </ul>	<ul style="list-style-type: none"> <li>Delusions, Hallucinations (Toxic Psychosis)</li> <li>Possible Organ/Tissue Damage</li> </ul>	<ul style="list-style-type: none"> <li>Agitation</li> <li>Temperature Increase</li> <li>Hallucinations</li> <li>Convulsions</li> <li>Heart Attack, Stroke</li> <li>High Blood Pressure</li> <li>Loss of Consciousness</li> <li>Seizures</li> </ul>
HALLUCINO-GENICS	<sup>1</sup> LSD <sup>2</sup> Mescaline <sup>2</sup> Psilocybin <sup>1</sup> MDA <sup>1</sup> PCP	Acid, Lysergic Acid Peyote, Peyote Buttons, Mescalitor Magic Mushrooms, Shrooms Angel Dust, Crystal, Cernylan (Veterinary)	Low Low Unknown Unknown	Unknown Unknown Unknown Unknown	<ul style="list-style-type: none"> <li>Dilated Pupils</li> <li>Increased Blood Pressure, Pulse</li> <li>Delusions/Hallucinations</li> <li>Distorted Perception of Time, Space, and Reality</li> </ul>	<ul style="list-style-type: none"> <li>Hallucinogens, Especially LSD, may Intensify Existing Psychosis</li> <li>Possible Violent Behavior</li> </ul>	<ul style="list-style-type: none"> <li>Intense Bad Trips</li> <li>Psychosis</li> <li>Possible Sudden Death</li> </ul>
	Airplane Glue Lighter Fluid Aerosols Spray Paints Paint Thinner Gasoline Poppers	Active Ingredient: Toluene Active Ingredient: Naphalene Active Ingrid.: Chloropluocarbon Active Ingrid.: Petroleum Distillate Active Ingrid.: Petroleum Distillate Active Ingrid.: Petroleum Distillate Active Ingrid.: Amyl/butyl Nitrite	Unknown Unknown Unknown Unknown Unknown Unknown	Unknown Unknown Unknown Unknown Unknown Unknown	<ul style="list-style-type: none"> <li>Slurred Speech</li> <li>Drunken Behavior</li> <li>Impaired Judgement</li> <li>Poor Coordination</li> </ul>	<ul style="list-style-type: none"> <li>Hallucinations</li> <li>Possible Damage to Bone Marrow, Lungs, Kidneys, Liver, Heart, Brain, Eyes</li> </ul>	<ul style="list-style-type: none"> <li>Unconsciousness</li> <li>Coma</li> <li>Possible Toxic Reaction</li> <li>Possible Sudden Death</li> </ul>
CANNABIS	<sup>1</sup> Marijuana <sup>1</sup> Hashish <sup>1</sup> Hash Oil	Grass, Pot, Weed, Dope Hash	Low Low Low	Moderate Moderate Moderate	<ul style="list-style-type: none"> <li>Tachycardia, Reddened Eyes</li> <li>Euphoria, Profound Humor</li> <li>Altered Time/Space Perception</li> <li>Short-Term Memory Loss</li> <li>Increased Appetite</li> </ul>	<ul style="list-style-type: none"> <li>Cardiovascular Damage as with Smoking Tobacco</li> </ul>	<ul style="list-style-type: none"> <li>Insomnia, Hyperactivity</li> <li>Panic Attacks, Paranoia</li> <li>Possible Toxic Reaction if Treated w/other Chemicals</li> </ul>
TOBACCO	Nicotine	Cigarettes Cigars	Moderate Moderate	High High	<ul style="list-style-type: none"> <li>Relaxation</li> <li>Stimulation</li> </ul>	<ul style="list-style-type: none"> <li>Cardiovascular Disease</li> <li>Respiratory Illness</li> </ul>	<ul style="list-style-type: none"> <li>Possible Death at very High Dosage Levels</li> </ul>

\* Alcohol and other drug use during pregnancy increases risk of physical harm to fetus

<sup>2</sup> Psychoactive drug effects refer to use at a greater than prescribed therapeutic dosage level

<sup>1</sup> Additional risk of harm from toxic impurities in street drugs

## Drug and Alcohol Abuse Treatment Resources and Clinical Services for MC Employees

Montgomery College Faculty/Staff Assistance Program (FSAP)

guidanceresources.com

1-844-236-2668

TDD: 800-697-0353

**Montgomery College Web ID: MCC**

Available 24 hours a day, 7 days per week (Free to college employees with benefits)

Montgomery County Department of Health and Human Services

Behavioral Health – Addiction Services

255 Rockville Pike #145

Rockville, MD 20850

240-777-1770 or 240-777-4710

<http://www.montgomerycountymd.gov/>

### NATIONAL HOTLINES and RESOURCES

American Addiction Centers

888-986-7502

<https://americanaddictioncenters.org/rehab-guide/free/>

Alcohol Hotline

Information and referral 24 hour

1-800-ALCOHOL (252-6465)

[Adcare.com](http://Adcare.com)

National Suicide Prevention Lifeline

1-800-273-TALK (8255)

[Suicidepreventionlifeline.org](http://Suicidepreventionlifeline.org)

National Treatment Referral

1-800-662-HELP (4357)

National Institute on Drug Abuse (NIDA)

301-443-1124

<https://www.drugabuse.gov/>

National Institute on Alcohol Abuse and Alcoholism (NIAAA)

301-443-3860

[www.niaaa.nih.gov](http://www.niaaa.nih.gov)

Substance Abuse and Mental Health Services Administration (SAMHSA)

Treatment Facility Locator

<https://dasis3.samhsa.gov>

## LOCAL RESOURCES

Adventist Behavioral Health  
14901 Broschart Rd.  
Rockville, MD 20850  
301-251-4500

Al-Anon / Alateen  
Support group for families of alcoholics  
202-635-2023, MD and DC  
703-534-4357 Northern VA.  
[www.al-anon.alateen.org](http://www.al-anon.alateen.org)

Another Way Inc.  
1363 Holton Lane,  
Takoma Park, MD 20912  
(301) 434-2622  
[Addictiontreatmentsystems.com/another-way](http://Addictiontreatmentsystems.com/another-way)

Avery House (Group)  
14705 Avery Rd.  
Rockville, MD 20853  
301-762-4651 (Women/children)  
301-762-5613 (Intermediate care)  
301-279-8828 (Combined care)

Bilingual Counseling Center  
11236 Triangle Lane  
Wheaton, MD 20902  
<http://bilingualcounselingcenter.com/>  
301-942-7821

Crisis Center  
1301 Piccard Dr.  
Rockville, MD 20850  
240-777-4000  
Available 24 hours a day, 7 days per week  
[Montgomerycountymd.gov/home.aspx](http://Montgomerycountymd.gov/home.aspx) (search: Crisis)

Counseling Plus Inc.  
8561 Fenton St.  
Silver Spring, MD 20910  
301-565-9001

Drug and Alcohol Abuse Treatment Resources and Clinical Services

Family Health Center Psychological Services  
6 Montgomery Village Ave. Suite 400  
Gaithersburg, MD 20879  
<http://www.fhcenter.com/>  
301-963-7222

Hannah's Aftercare and Rehab  
1201 Millgrove Rd.  
Silver Spring, MD 20910  
<https://www.addicted.org/directory/item/hannahs-aftercare-and-rehab-center.html>  
1-800-304-2219

Journeys Adult Program  
402 Hungerford Dr.  
Rockville, MD 20850  
301-294-4015

Kolmac Clinic  
8561 Fenton Street  
Suite 250  
Silver Spring, MD 20910  
301-589-0255  
<https://www.kolmac.com/>

EveryMind  
1000 Twinbrook Parkway  
Rockville, MD 20851  
301-424-0656  
[Every-mind.org](http://Every-mind.org)

Metro Counseling Inc.  
15719 Crabbs Branch Way,  
Rockville, MD 20855  
301-670-6161

Montgomery General Hospital  
Addiction and Mental Health Center  
18101 Prince Philip Dr.  
Olney, MD 20832  
[www.medstarmontgomery.org](http://www.medstarmontgomery.org)  
301-774-8800

Montgomery Recovery Services  
14636 Rothgeb Dr.  
Rockville, MD 20850  
[www.montgomeryrecovery.com](http://www.montgomeryrecovery.com)  
301-762-5300

Narcotics Anonymous  
Group for narcotics abusers  
800-317-3222 DC and MD  
[www.na.org](http://www.na.org)

New Beginnings at Potomac Valley  
Nursing and Wellness Center  
1235 Potomac Valley Rd.  
Rockville, MD 20850  
[www.potomacvalley.com](http://www.potomacvalley.com)  
301-762-0700

OACES Corp.  
416 Hungerford Dr. Suite 209  
Rockville, MD 20850  
301-762-1383

Prince George's County  
Cheverly Health Center  
3003 Hospital Dr.  
Cheverly, MD 20785  
301-583-5920

## SELF-HELP GROUPS

Alcoholics Anonymous  
Self-help group for alcoholic and alcohol abusers  
202-966-9115 (DC, MD, VA)  
[www.aa-dc.org](http://www.aa-dc.org)

Suburban Hospital Behavioral Health  
6001 Montrose Rd.  
Rockville, MD 20852  
301-896-3100

Adventist Healthcare  
11890 Healing Way  
Silver Spring, MD 20904  
[www.adventisthealthcare.com](http://www.adventisthealthcare.com)  
240-637-4000

**To:** Montgomery College Employees

**From:** Krista Leitch Walker  
Vice President of Human Resources and Strategic Talent Management

Vicki Duggan  
Chief Compliance, Risk, and Ethics Officer

**Subject:** 2021 Drug and Alcohol Abuse Prevention Biennial Review Now Available

**Date:** January 3, 2022

Please be aware that in accordance with the Drug-Free Schools and Communities Act, the Montgomery College 2021 Drug and Alcohol Abuse Prevention Biennial Review is now available. The report covers information for both students and employees for academic years 2019-2020 and 2020-2021 and is accessible on the College website: [www.montgomerycollege.edu/documents/about-mc/heoa/drug-free-biennial-report-2021.pdf](http://www.montgomerycollege.edu/documents/about-mc/heoa/drug-free-biennial-report-2021.pdf)

The report contains the following information about Montgomery College's Drug and Alcohol Abuse Prevention programs:

- Educational events concerning the effects of drug and alcohol abuse
- Policy statement, notification process, and sanctions
- Health risks associated with drug/alcohol abuse

The report includes a review of the effectiveness of Montgomery College's programs for drug and alcohol abuse prevention. For more information on the Drug and Alcohol Abuse Prevention Program for Employees, please see the [Drug and Alcohol Abuse Prevention Biennial Review report](#) or contact Ms. Rowena D'Souza, Risk Management Coordinator/HIPAA Privacy Official at [rowena.dsouza@montgomerycollege.edu](mailto:rowena.dsouza@montgomerycollege.edu).

**To:** Montgomery College Employees

**From:** Vicki Duggan  
Chief Compliance, Risk, and Ethics Officer

Krista Leitch Walker  
Vice President of Human Resources and Strategic Talent Management

**Subject:** **Montgomery College Drug and Alcohol Abuse Prevention Program  
Drug-Free Schools and Communities Act Disclosure**

**Date:** March 31, 2022

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You may also access free, confidential assistance through the [Faculty Staff Assistance Program](#) or call 844-236-2668 (TDD: 800-697-0353). To register use Organization Web ID: MCC.

For additional information about national and local resources available for drug and alcohol abuse treatment, please see attachment or click [here](#).

For more information on the Drug and Alcohol Abuse Prevention Program for Employees, please see the [Drug and Alcohol Abuse Prevention Biennial Review report](#) or contact [Ms. Rowena D'Souza](#), Risk Management Coordinator / HIPAA Privacy Official.

DESCRIPTION OF HEALTH RISKS ASSOCIATED WITH THE USE OF ILLICIT DRUGS AND ABUSE OF ALCOHOL

Controlled Substances - Uses & Effects							
Classification	Drug Name	Common or Brand	Dependence		Acute Effects	Health Risks and Effects of Long-term Use*	Overdose Effects
			Physical	Psycho-logical			
ALCOHOL	Ethanol	Beer Wine Distilled Liquor	High High High	High High High	<ul style="list-style-type: none"> <li>Lowered Inhibitions</li> <li>Impaired Judgement, Vision</li> <li>Loss of Motor Skills, Coordination</li> <li>Slurred Speech</li> </ul>	<ul style="list-style-type: none"> <li>Hypertension</li> <li>Liver Damage</li> <li>Cardiovascular Disease</li> <li>Toxic Psychosis</li> <li>Neurologic Damage</li> <li>Addiction with Severe Withdrawal</li> </ul>	<ul style="list-style-type: none"> <li>Coma</li> <li>Possible Death</li> </ul>
NARCOTICS	<sup>1</sup> Opium Morphine Codeine <sup>1</sup> Heroin Meperidine Other	<sup>2</sup> Paregoric, Dover S Power <sup>2</sup> Morphine <sup>2</sup> Tylenol W/Codeine, Robitussin Heroin <sup>2</sup> Demerol, Pethadol <sup>2</sup> Dilaudid, Lentine, Percodan	High High High High High	High High High High High	<ul style="list-style-type: none"> <li>Euphoria, Drowsiness</li> <li>Respiratory Depression</li> <li>Constricted Pupils</li> <li>Nausea, Vomit</li> <li>Analgesia (Pain Relief)</li> </ul>	<ul style="list-style-type: none"> <li>Loss of Appetite</li> <li>Constipation</li> <li>Risk of AIDS &amp; Hepatitis from I.V. Drug Use</li> </ul>	<ul style="list-style-type: none"> <li>Shallow Perspiration</li> <li>Clammy Skin</li> <li>Convulsions, Coma</li> <li>Possible Death</li> <li>May be Toxic if Mixed with Alcohol</li> </ul>
DEPRESSANTS	Chloral Hydrate Barbiturates	<sup>2</sup> Noctec, Somnos <sup>2</sup> Nembutal, Phenobarbital, Seconal, Tuinol	Moderate High	Moderate High	<ul style="list-style-type: none"> <li>Slurred Speech</li> <li>Disorientation</li> <li>Drunken Behavior Without the Odor of Alcohol</li> <li>Euphoria</li> <li>Lowered Inhibitions</li> <li>Loss of Motor Skills</li> <li>Blackouts</li> <li>Relaxation, Depression</li> <li>Hallucinations</li> </ul>	<ul style="list-style-type: none"> <li>Addiction with Withdrawal</li> <li>Toxic Psychosis</li> <li>Weak, Rapid Pulse</li> <li>Hallucinations</li> <li>Nausea</li> <li>Seizures</li> <li>Insomnia</li> <li>Anxiety</li> <li>Tremors</li> <li>Dizziness</li> <li>Loss of Peripheral Vision</li> </ul>	<ul style="list-style-type: none"> <li>Shallow Respiration</li> <li>Cold, Clammy Skin</li> <li>Blackout</li> <li>Coma</li> <li>Possible Death</li> <li>May be Toxic if mixed with Alcohol</li> </ul>
	Gamma Hydroxybutric Acid	Date Rape Drug, Liquid Ecstasy, Cherrymeth,	Moderate-High	High			
STIMULANTS	Gamma Butyrolactone Glutethimide Ketamine Methaqualone Tranquilizers	GBL <sup>2</sup> Doriden Special K, K <sup>2</sup> Optimil, Parest, Quaalude, Sopor <sup>2</sup> Equanil, Valium, Tranxene Serax, Xanax, Rohyphal, Dalmane, Dormate, Placidyl, Valmid	Unknown High Unknown High Moderate	Unknown High Unknown High High	<ul style="list-style-type: none"> <li>Feeling of Well-Being</li> <li>Excitation, Euphoria</li> <li>Increased Alertness</li> <li>Increased Blood Pressure, Pulse</li> <li>Insomnia, Appetite Loss</li> </ul>	<ul style="list-style-type: none"> <li>Delusions, Hallucinations (Toxic Psychosis)</li> <li>Possible Organ/Tissue Damage</li> </ul>	<ul style="list-style-type: none"> <li>Agitation</li> <li>Temperature Increase</li> <li>Hallucinations</li> <li>Convulsions</li> <li>Heart Attack, Stroke</li> <li>High Blood Pressure</li> <li>Loss of Consciousness</li> <li>Seizures</li> </ul>
	<sup>1</sup> Cocaine <sup>1</sup> Amphetamine Phenmetrazine Methyphenidate Other Methylenedioxy-methamphetamine	Cocaine Hydrochloride <sup>2</sup> Benzedrine, Biphphetamine, Desoxyn, Dexedrine <sup>2</sup> Preludin <sup>2</sup> Ritalin <sup>2</sup> Cylert, Didrex, Pre-Sate, Sanorex, Vورانil Ecstasy, MDMA	Possible Possible Possible Low	High High High High			
HALLUCINOGENICS	<sup>1</sup> LSD <sup>2</sup> Mescaline <sup>2</sup> Psilocybin <sup>1</sup> MDA <sup>1</sup> PCP	Acid, Lysergic Acid Peyote, Peyote Buttons, Mescalitor Magic Mushrooms, Shrooms Angel Dust, Crystal, Cemylan (Veterinary)	Low Low Unknown Unknown	Unknown Unknown Unknown Unknown	<ul style="list-style-type: none"> <li>Dilated Pupils</li> <li>Increased Blood Pressure, Pulse</li> <li>Delusions/Hallucinations</li> <li>Distorted Perception of Time, Space, and Reality</li> </ul>	<ul style="list-style-type: none"> <li>Hallucinogens, Especially LSD, may Intensify Existing Psychosis</li> <li>Possible Violent Behavior</li> </ul>	<ul style="list-style-type: none"> <li>Intense Bad Trips</li> <li>Psychosis</li> <li>Possible Sudden Death</li> </ul>
INHALANTS	Airplane Glue Lighter Fluid Aerosols Spray Paints Paint Thinner Gasoline Poppers	Active Ingredient: Toluene Active Ingredient: Naphalene Active Ingred.: Chloropluorocarbon Active Ingred.: Petroleum Distillate Active Ingred.: Petroleum Distillate Active Ingred.: Petroleum Distillate Active Ingred.: Amyl/butyl Nitrite	Unknown Unknown Unknown Unknown Unknown Unknown	Unknown Unknown Unknown Unknown Unknown	<ul style="list-style-type: none"> <li>Slurred Speech</li> <li>Drunken Behavior</li> <li>Impaired Judgement</li> <li>Poor Coordination</li> </ul>	<ul style="list-style-type: none"> <li>Hallucinations</li> <li>Possible Damage to Bone Marrow, Lungs, Kidneys, Liver, Heart, Brain, Eyes</li> </ul>	<ul style="list-style-type: none"> <li>Unconsciousness</li> <li>Coma</li> <li>Possible Toxic Reaction</li> <li>Possible Sudden Death</li> </ul>
CANNABIS	<sup>1</sup> Marijuana <sup>1</sup> Hashish <sup>1</sup> Hash Oil	Grass, Pot, Weed, Dope Hash	Low Low Low	Moderate Moderate Moderate	<ul style="list-style-type: none"> <li>Tachycardia, Reddened Eyes</li> <li>Euphoria, Profound Humor</li> <li>Altered Time/Space Perception</li> <li>Short-Term Memory Loss</li> <li>Increased Appetite</li> </ul>	<ul style="list-style-type: none"> <li>Cardiovascular Damage as with Smoking Tobacco</li> </ul>	<ul style="list-style-type: none"> <li>Insomnia, Hyperactivity</li> <li>Panic Attacks, Paranoia</li> <li>Possible Toxic Reaction if Treated w/other Chemicals</li> </ul>
TOBACCO	Nicotine	Cigarettes Cigars	Moderate Moderate	High High	<ul style="list-style-type: none"> <li>Relaxation</li> <li>Stimulation</li> </ul>	<ul style="list-style-type: none"> <li>Cardiovascular Disease</li> <li>Respiratory Illness</li> </ul>	<ul style="list-style-type: none"> <li>Possible Death at very High Dosage Levels</li> </ul>

\* Alcohol and other drug use during pregnancy increases risk of physical harm to fetus

<sup>2</sup> Psychoactive drug effects refer to use at a greater than prescribed therapeutic dosage level

<sup>1</sup> Additional risk of harm from toxic impurities in street drugs

## Drug and Alcohol Abuse Treatment Resources and Clinical Services for MC Employees

Montgomery College Faculty/Staff Assistance Program (FSAP)

[guidanceresources.com](http://guidanceresources.com)

1-844-236-2668

TDD: 800-697-0353

**Montgomery College Web ID: MCC**

Available 24 hours a day, 7 days per week (Free to college employees with benefits)

Montgomery County Department of Health and Human Services

Behavioral Health – Addiction Services

255 Rockville Pike #145

Rockville, MD 20850

240-777-1770 or 240-777-4710

[https://www3.montgomerycountymd.gov/311/SolutionView.aspx?](https://www3.montgomerycountymd.gov/311/SolutionView.aspx?SolutionId=1-5WY9AU)

[SolutionId=1-5WY9AU](https://www3.montgomerycountymd.gov/311/SolutionView.aspx?SolutionId=1-5WY9AU)

### NATIONAL HOTLINES and RESOURCES

American Addiction Centers

866-365-2909

<https://americanaddictioncenters.org/rehab-guide/free/>

Hotlines for Substance Use and Addiction

Information and referral 24 hour

<https://vantagepointrecovery.com/national-resources-on-addiction-to-drugs-and-alcohol>

NA 24 Hour Helpline

1-800-317-3222 (DC and MD)

National Suicide Prevention Lifeline

1-800-273-TALK (8255)

[Suicidepreventionlifeline.org](http://Suicidepreventionlifeline.org)

National Treatment Referral

1-800-662-HELP (4357)

National Institute on Drug Abuse (NIDA)

301-443-6441

<https://www.drugabuse.gov/>

National Institute on Alcohol Abuse and Alcoholism (NIAAA)

301-443-3860

[www.niaaa.nih.gov](http://www.niaaa.nih.gov)

Substance Abuse and Mental Health Services Administration  
(SAMHSA) Treatment Facility Locator

<https://www.samhsa.gov/find-treatment>

## LOCAL RESOURCES

Adventist Behavioral Health  
14901 Broschart Rd.  
Rockville, MD 20850  
301-251-4500  
<https://www.adventisthealthcare.com/services/mental-health/>

Adventist Healthcare White Oak Medical Center 11890  
Healing Way  
Silver Spring, MD 20904  
240-637-4000  
*\*Offers 24/7 crisis intervention services*  
<https://www.adventisthealthcare.com/locations/profile/white-oak-medical-center/>

Another Way Inc.  
1363 Holton Lane,  
Takoma Park, MD 20912  
(301) 434-2622  
[Addictiontreatmentsystems.com/another-way](http://Addictiontreatmentsystems.com/another-way)

Avery House (Group)  
14705 Avery Rd.  
Rockville, MD 20853  
301-762-4651 (Women/children)  
301-762-5613 (Intermediate care)  
301-279-8828 (Combined care)

Bilingual Counseling Center  
11236 Triangle Lane  
Wheaton, MD 20902  
<http://bilingualcounselingcenter.com/>  
301-942-7821

Crisis Center  
1301 Piccard Dr.  
Rockville, MD 20850  
240-777-4000  
Available 24 hours a day, 7 days per week  
<https://www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=BHCS/BHCS24hrcrisiscenter-p204.html>

Counseling Plus Inc.  
8561 Fenton St.  
Silver Spring, MD 20910  
301-565-9001

Drug and Alcohol Abuse Treatment Resources and Clinical Services

Family Health Center Psychological Services  
6 Montgomery Village Ave. Suite 400  
Gaithersburg, MD 20879  
<http://www.fhcenter.com/>  
301-963-7222

Hannah's Aftercare and Rehab  
1201 Millgrove Rd.  
Silver Spring, MD 20910  
<http://www.hannahs.aftercare.faithweb.com/index.html>  
(301) 384-1615

Journeys Adult Program  
402 Hungerford Dr.  
Rockville, MD 20850  
301-294-4015

Kolmac Clinic  
8561 Fenton Street  
Suite 250  
Silver Spring, MD 20910  
(888) 331 - 5251  
<https://www.kolmac.com/>

EveryMind  
1000 Twinbrook Parkway  
Rockville, MD 20851  
301-424-0656  
<https://www.every-mind.org/>

Metro Counseling Inc.  
15719 Crabbs Branch Way,  
Rockville, MD 20855  
301-670-6161  
<https://directory.addicted.org/metro-counseling-services-inc>

Montgomery General Hospital  
Addiction and Mental Health Center  
18101 Prince Philip Dr.  
Olney, MD 20832  
[www.medstarmontgomery.org](http://www.medstarmontgomery.org)  
301-774-8800

Montgomery Recovery Services  
14636 Rothgeb Dr.  
Rockville, MD 20850  
[www.montgomeryrecovery.com](http://www.montgomeryrecovery.com)  
301-762-5300

Narcotics Anonymous  
Group for narcotics abusers  
800-317-3222 DC and MD  
[www.na.org](http://www.na.org)

New Beginnings at Potomac Valley  
Nursing and Wellness Center  
1235 Potomac Valley Rd.  
Rockville, MD 20850  
[www.potomacvalley.com](http://www.potomacvalley.com)  
301-762-0700

OACES Corp. Rehab Facility  
416 Hungerford Dr. Suite 209  
Rockville, MD 20850  
301-762-1383

Outpatient Behavioral Health  
Services 6001 Montrose Rd.  
Rockville MD 20852  
301-896-2036

Prince George's County  
Cheverly Health Center  
3003 Hospital Dr.  
Cheverly, MD 20785  
301-583-5920

#### **SELF-HELP GROUPS**

Alcoholics Anonymous AA  
202-966-9115 (DC, MD, VA)  
<https://www.aa.org/>  
*In-person, on-line, and phone meetings  
available*

Al-Anon / AlaTeen (Support group for families of  
alcoholics)  
202-635-2023, MD and DC  
703-534-4357 Northern VA.  
[www.al-anon.org](http://www.al-anon.org)

SMART Recovery  
<https://www.smartrecovery.org/>

Free State Regional Service Center of NA  
217 N. Warwick Avenue Baltimore, Maryland  
21223 Tel: (410) 566-4022  
Fax: (410) 362-8505  
[www.freestatena.org](http://www.freestatena.org)

**To:** Montgomery College Employees

**From:** Krista Leitch Walker  
Vice President/ Chief Human Resources Officer

Emmilee Racek  
Interim Chief Compliance, Risk, and Ethics Officer

**Subject:** **Montgomery College Drug and Alcohol Abuse Prevention Program  
Drug-Free Schools and Communities Act Disclosure**

**Date:** September 23, 2022

Montgomery College is required under the Drug-Free Schools and Communities Act to annually notify employees about our Drug and Alcohol Abuse Prevention program.

Montgomery College's commitment to drug and alcohol abuse prevention is underscored by College policy 31005 adopted on May 15, 1989 by the College Board of Trustees.

- I. The Board of Trustees is committed to the education of students, employees, and community members regarding substance abuse prevention, detection, and treatment services; to the continuation of a collegewide substance abuse prevention program and other ongoing efforts which foster such education; and to the maintenance of a drug-free environment throughout the College.
- II. The unlawful manufacture, distribution, dispensing, possession, or use of a controlled substance is prohibited at Montgomery College.
- III. College employees and students are subject to appropriate disciplinary action for violation of this policy, in accordance with College policies and procedures regarding employee discipline and discharge and in accordance with the student code of conduct.
- IV. The President is authorized to establish procedures to implement this policy.

Per 31005CP § II, the following standards of conduct are applicable to employees:

- A. Employees should report for work fit for duty and free of any adverse effects of illegal drugs or alcohol. This does not prohibit employees from the lawful use and possession of prescribed medications. Employees must, however, consult with their physicians about the medication's effect on their fitness for duty and the ability to work safely and promptly disclose restrictions to their supervisor. Employees should not, however, disclose underlying medical conditions to supervisors, but should do so to the HIPAA Privacy Official in the Office of Human Resources and Strategic Talent Management.
- B. Employees may be required to undergo a medical examination pursuant to College Policy 31105—Medical Examinations when the employee's observable behavior creates a reasonable belief that the employee cannot perform the essential job functions or that the employee poses a threat to the

health and safety of the employee or others, or to College property, as a result of the effects of drugs or alcohol.

C. The unlawful manufacture, sale, distribution, dispensing, possession or use of controlled substances, and the unlawful use or abuse (e.g., being intoxicated) of alcohol by anyone on College property (including any facilities leased or used by the College) or in College vehicles is prohibited. The use of alcohol by anyone under 21 years of age or the abuse of alcohol by anyone at any College sponsored or supervised activity off campus is also prohibited.

D. Notification of Criminal Conviction

1. As required by the Drug-Free Workplace Act of 1988, the Drug-Free Schools and Communities Act Amendments, the Maryland Higher Education Commission's Policies Concerning Drug and Alcohol Abuse Control, and as a condition of employment, employees must abide by the terms of this procedure and notify the Office of Human Resources and Strategic Talent Management in writing, of any criminal drug statute conviction for a violation occurring on or off Montgomery College property, no later than five calendar days after such conviction. Lack of compliance with these requirements may subject the employee to immediate disciplinary action, up to and including discharge.
2. Upon receipt of notification of a conviction, the College will take the following actions as required by law:
  - a. Notify the appropriate federal agencies of such convictions, and
  - b. Take appropriate personnel action against the employee, up to and including discharge; and/or
  - c. Require the employee to participate satisfactorily in a drug abuse assistance or rehabilitation program approved for such purposes by a federal, state or local health, law enforcement, or other appropriate agency.

E. Consequences of Alcohol and Drug Abuse

1. The unlawful manufacture, distribution, use, sale, or possession (e.g., on the person or in a desk, or vehicle) of illegal drugs or of opened alcohol while on the job or on College leased or owned property is an offense punishable by discharge and may result in criminal prosecution. Any illegal drugs found will be turned over to the appropriate law enforcement agency.
2. The illegal use or abuse of alcohol on campus or as a part of any College activity whether on College leased or owned property is prohibited in accordance with all applicable Federal, State and local laws and the Drug and Alcohol Abuse Prevention Policy. In addition to possible prosecution under the aforementioned laws, employees who violate the prohibitions of this policy are subject to College imposed disciplinary sanctions consistent with applicable procedures and regulations. Sanctions may include, but need not be limited to, suspension, discharge, or referral to appropriate authorities for prosecution. Any disciplinary sanction imposed may also include the completion of an appropriate rehabilitation program as a condition of reinstatement or continued employment.

Health Risks of Alcohol Abuse

For information about the health risks of alcohol abuse, click [here](#).

Health Risks Associated with the Use of Illicit Drugs

For a description of health risks associated with the use of illicit drugs and abuse of alcohol see attachment. For additional information click [here](#).

Drug and Alcohol Abuse Treatment Resources and Clinical Services

You may also access free, confidential assistance through MC Cares, the Employee Assistance Program or call 844-236-2668 (TDD: 800-697-0353). To register use Organization Web ID: MCC.

For additional information about national and local resources available for drug and alcohol abuse treatment, please see attachment or click [here](#).

For more information on the Drug and Alcohol Abuse Prevention Program for Employees, please see the [Drug and Alcohol Abuse Prevention Biennial Review](#) report or contact [Ms. Rowena D'Souza](#), Risk Management Coordinator / HIPAA Privacy Official.

DESCRIPTION OF HEALTH RISKS ASSOCIATED WITH THE USE OF ILLICIT DRUGS AND ABUSE OF ALCOHOL

**Controlled Substances - Uses & Effects**

Classification	Drug Name	Common or Brand	Dependence	Potential	Acute Effects	Health Risks and Effects of Long-term Use*	Overdose Effects
			Physical	Psycho-logical			
ALCOHOL	Ethanol	Beer Wine Distilled Liquor	High High High	High High High	<ul style="list-style-type: none"> <li>Lowered Inhibitions</li> <li>Impaired Judgement, Vision</li> <li>Loss of Motor Skills, Coordination</li> <li>Slurred Speech</li> </ul>	<ul style="list-style-type: none"> <li>Hypertension</li> <li>Liver Damage</li> <li>Cardiovascular Disease</li> <li>Toxic Psychosis</li> <li>Neurologic Damage</li> <li>Addiction with Severe Withdrawal</li> </ul>	<ul style="list-style-type: none"> <li>Coma</li> <li>Possible Death</li> </ul>
NARCOTICS	<sup>1</sup> Opium Morphine Codeine <sup>1</sup> Heroin Meperidine Other	<sup>1</sup> Paregoric, Dover S Power <sup>2</sup> Morphine <sup>1</sup> Tylenol W/Codeine, Robitussin Heroin <sup>2</sup> Demerol, Pethadol <sup>1</sup> Dilaudid, Lentine, Percodan	High High High High High High	High High High High High High	<ul style="list-style-type: none"> <li>Euphoria, Drowsiness</li> <li>Respiratory Depression</li> <li>Constricted Pupils</li> <li>Nausea, Vomit</li> <li>Analgesia (Pain Relief)</li> </ul>	<ul style="list-style-type: none"> <li>Loss of Appetite</li> <li>Constipation</li> <li>Risk of AIDS &amp; Hepatitis from I.V. Drug Use</li> </ul>	<ul style="list-style-type: none"> <li>Shallow Perspiration</li> <li>Clammy Skin</li> <li>Convulsions, Coma</li> <li>Possible Death</li> <li>May be Toxic if Mixed with Alcohol</li> </ul>
DEPRESSANTS	Chloral Hydrate Barbiturates	<sup>1</sup> Noctec, Somnos <sup>1</sup> Nembutal, Phenobarbital, Seconal, Tuinol	Moderate High	Moderate High	<ul style="list-style-type: none"> <li>Slurred Speech</li> <li>Disorientation</li> <li>Drunken Behavior Without the Odor of Alcohol</li> <li>Euphoria</li> <li>Lowered Inhibitions</li> <li>Loss of Motor Skills</li> <li>Blackouts</li> <li>Relaxation, Depression</li> <li>Hallucinations</li> </ul>	<ul style="list-style-type: none"> <li>Addiction with Withdrawal</li> <li>Toxic Psychosis</li> <li>Weak, Rapid Pulse</li> <li>Hallucinations</li> <li>Nausea</li> <li>Seizures</li> <li>Insomnia</li> <li>Anxiety</li> <li>Tremors</li> <li>Dizziness</li> <li>Loss of Peripheral Vision</li> </ul>	<ul style="list-style-type: none"> <li>Shallow Respiration</li> <li>Cold, Clammy Skin</li> <li>Blackout</li> <li>Coma</li> <li>Possible Death</li> <li>May be Toxic if mixed with Alcohol</li> </ul>
	Gamma Hydroxybutric Acid	Date Rape Drug, Liquid Ecstasy, Cherrymeth,	Moderate-High	High	<ul style="list-style-type: none"> <li>Blackouts</li> <li>Relaxation, Depression</li> <li>Hallucinations</li> </ul>	<ul style="list-style-type: none"> <li>High</li> </ul>	<ul style="list-style-type: none"> <li>High</li> </ul>
DEPRESSANTS	Gamma Butyrolactone Glutethimide Ketamine Methaqualone Tranquilizers	GBL <sup>1</sup> Doriden Special K, K <sup>1</sup> Optimil, Parest, Quaalude, Sopor <sup>1</sup> Equanil, Valium, Tranxene Serax, Xanax, Rohyphal, Dalmene, Dormate, Placidyl, Valmid	Unknown High Unknown High Moderate	Unknown High Unknown High High	<ul style="list-style-type: none"> <li>Blackouts</li> <li>Relaxation, Depression</li> <li>Hallucinations</li> </ul>	<ul style="list-style-type: none"> <li>High</li> </ul>	<ul style="list-style-type: none"> <li>High</li> </ul>
	STIMULANTS	<sup>1</sup> Cocaine <sup>1</sup> Amphetamine  Phenmetrazine Methylphenidate Other  Methylenedioxy-methamphetamine	Cocaine Hydrochloride <sup>1</sup> Benzedrine, Biphetamine, Desoxyin, Dexedrine <sup>1</sup> Preludin <sup>2</sup> Ritalin <sup>1</sup> Cylert, Didrex, Pre-Sate, Sanorex, Voranil Ecstasy, MDMA	Possible Possible  Possible Possible Possible  Low	High High  High High High  High	<ul style="list-style-type: none"> <li>Feeling of Well-Being</li> <li>Excitation, Euphoria</li> <li>Increased Alertness</li> <li>Increased Blood Pressure, Pulse</li> <li>Insomnia, Appetite Loss</li> </ul>	<ul style="list-style-type: none"> <li>Delusions, Hallucinations (Toxic Psychosis)</li> <li>Possible Organ/Tissue Damage</li> </ul>
HALLUNCINO-GENICS	<sup>1</sup> LSD <sup>1</sup> Mescaline <sup>1</sup> Psilocybin <sup>1</sup> MDA <sup>1</sup> PCP	Acid, Lysergic Acid Peyote, Peyote Buttons, Mescalitor Magic Mushrooms, Shrooms  Angel Dust, Crystal, Cemylan (Veterinary)	Low Low Low Unknown Unknown	Unknown Unknown Unknown Unknown Unknown	<ul style="list-style-type: none"> <li>Dilated Pupils</li> <li>Increased Blood Pressure, Pulse</li> <li>Delusions/Hallucinations</li> <li>Distorted Perception of Time, Space, and Reality</li> </ul>	<ul style="list-style-type: none"> <li>Hallucinogens, Especially LSD, may Intensify Existing Psychosis</li> <li>Possible Violent Behavior</li> </ul>	<ul style="list-style-type: none"> <li>Intense Bad Trips</li> <li>Psychosis</li> <li>Possible Sudden Death</li> </ul>
INHALANTS	Airplane Glue Lighter Fluid Aerosols Spray Paints Paint Thinner Gasoline Poppers	Active Ingredient: Toluene Active Ingredient: Naphalene Active Ingred.: Chloropluocarbon Active Ingred.: Petroleum Distillate Active Ingred.: Petroleum Distillate Active Ingred.: Petroleum Distillate Active Ingred.: Amyl/butyl Nitrite	Unknown Unknown Unknown Unknown Unknown Unknown Unknown	Unknown Unknown Unknown Unknown Unknown Unknown Unknown	<ul style="list-style-type: none"> <li>Slurred Speech</li> <li>Drunken Behavior</li> <li>Impaired Judgement</li> <li>Poor Coordination</li> </ul>	<ul style="list-style-type: none"> <li>Hallucinations</li> <li>Possible Damage to Bone Marrow, Lungs, Kidneys, Liver, Heart, Brain, Eyes</li> </ul>	<ul style="list-style-type: none"> <li>Unconsciousness</li> <li>Coma</li> <li>Possible Toxic Reaction</li> <li>Possible Sudden Death</li> </ul>
CANNABIS	<sup>1</sup> Marijuana <sup>1</sup> Hashish <sup>1</sup> Hash Oil	Grass, Pot, Weed, Dope Hash	Low Low Low	Moderate Moderate Moderate	<ul style="list-style-type: none"> <li>Tachycardia, Reddened Eyes</li> <li>Euphoria, Profound Humor</li> <li>Altered Time/Space Perception</li> <li>Short-Term Memory Loss</li> <li>Increased Appetite</li> </ul>	<ul style="list-style-type: none"> <li>Cardiovascular Damage as with Smoking Tobacco</li> </ul>	<ul style="list-style-type: none"> <li>Insomnia, Hyperactivity</li> <li>Panic Attacks, Paranoia</li> <li>Possible Toxic Reaction if Treated w/other Chemicals</li> </ul>
TOBACCO	Nicotine	Cigarettes Cigars	Moderate Moderate	High High	<ul style="list-style-type: none"> <li>Relaxation</li> <li>Stimulation</li> </ul>	<ul style="list-style-type: none"> <li>Cardiovascular Disease</li> <li>Respiratory Illness</li> </ul>	<ul style="list-style-type: none"> <li>Possible Death at very High Dosage Levels</li> </ul>

\* Alcohol and other drug use during pregnancy increases risk of physical harm to fetus

<sup>2</sup> Psychoactive drug effects refer to use at a greater than prescribed therapeutic dosage level

<sup>1</sup> Additional risk of harm from toxic impurities in street drugs

## Drug and Alcohol Abuse Treatment Resources and Clinical Services for MC Employees

MC Cares Employee Assistance Program

[guidanceresources.com](http://guidanceresources.com)

1-844-236-2668

TDD: 800-697-0353

**Montgomery College Web ID: MCC**

Available 24 hours a day, 7 days per week (Free to college employees with benefits)

Montgomery County Department of Health and Human Services

Behavioral Health – Addiction Services

255 Rockville Pike #145

Rockville, MD 20850

240-777-1770 or 240-777-4710

[https://www3.montgomerycountymd.gov/311/SolutionView.aspx?](https://www3.montgomerycountymd.gov/311/SolutionView.aspx?SolutionId=1-5WY9AU)

[SolutionId=1-5WY9AU](https://www3.montgomerycountymd.gov/311/SolutionView.aspx?SolutionId=1-5WY9AU)

### NATIONAL HOTLINES and RESOURCES

American Addiction Centers

866-365-2909

<https://americanaddictioncenters.org/rehab-guide/free/>

Hotlines for Substance Use and Addiction

Information and referral 24 hour

<https://vantagepointrecovery.com/national-resources-on-addiction-to-drugs-and-alcohol>

NA 24 Hour Helpline

1-800-317-3222 (DC and MD)

National Suicide Prevention Lifeline

1-800-273-TALK (8255)

[Suicidepreventionlifeline.org](http://Suicidepreventionlifeline.org)

National Treatment Referral

1-800-662-HELP (4357)

National Institute on Drug Abuse (NIDA)

301-443-6441

<https://www.drugabuse.gov/>

National Institute on Alcohol Abuse and Alcoholism (NIAAA)

301-443-3860

[www.niaaa.nih.gov](http://www.niaaa.nih.gov)

Substance Abuse and Mental Health Services Administration  
(SAMHSA) Treatment Facility Locator

<https://www.samhsa.gov/find-treatment>

## LOCAL RESOURCES

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14901 Broschart Rd.  
Rockville, MD 20850  
301-251-4500  
<https://www.adventisthealthcare.com/services/mental-health/>

Adventist Healthcare White Oak Medical Center 11890  
Healing Way  
Silver Spring, MD 20904  
240-637-4000  
*\*Offers 24/7 crisis intervention services*  
<https://www.adventisthealthcare.com/locations/profile/white-oak-medical-center/>

Another Way Inc.  
1363 Holton Lane,  
Takoma Park, MD 20912  
(301) 434-2622  
[Addictiontreatmentsystems.com/another-way](http://Addictiontreatmentsystems.com/another-way)

Avery House (Group)  
14705 Avery Rd.  
Rockville, MD 20853  
301-762-4651 (Women/children)  
301-762-5613 (Intermediate care)  
301-279-8828 (Combined care)

Bilingual Counseling Center  
11236 Triangle Lane  
Wheaton, MD 20902  
<http://bilingualcounselingcenter.com/>  
301-942-7821

Crisis Center  
1301 Piccard Dr.  
Rockville, MD 20850  
240-777-4000  
Available 24 hours a day, 7 days per week  
<https://www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=BHCS/BHCS24hrcrisiscenter-p204.html>

Counseling Plus Inc.  
8561 Fenton St.  
Silver Spring, MD 20910  
301-565-9001

Drug and Alcohol Abuse Treatment Resources and Clinical Services

Family Health Center Psychological Services  
6 Montgomery Village Ave. Suite 400  
Gaithersburg, MD 20879  
<http://www.fhcenter.com/>  
301-963-7222

Hannah's Aftercare and Rehab  
1201 Millgrove Rd.  
Silver Spring, MD 20910  
<http://www.hannahs.aftercare.faithweb.com/index.html>  
(301) 384-1615

Journeys Adult Program  
402 Hungerford Dr.  
Rockville, MD 20850  
301-294-4015

Kolmac Clinic  
8561 Fenton Street  
Suite 250  
Silver Spring, MD 20910  
(888) 331 - 5251  
<https://www.kolmac.com/>

EveryMind  
1000 Twinbrook Parkway  
Rockville, MD 20851  
301-424-0656  
<https://www.every-mind.org/>

Metro Counseling Inc.  
15719 Crabbs Branch Way,  
Rockville, MD 20855  
301-670-6161  
<https://directory.addicted.org/metro-counseling-services-inc>

Montgomery General Hospital  
Addiction and Mental Health Center  
18101 Prince Philip Dr.  
Olney, MD 20832  
[www.medstarmontgomery.org](http://www.medstarmontgomery.org)  
301-774-8800

Montgomery Recovery Services  
14636 Rothgeb Dr.  
Rockville, MD 20850  
[www.montgomeryrecovery.com](http://www.montgomeryrecovery.com)  
301-762-5300

Narcotics Anonymous  
Group for narcotics abusers  
800-317-3222 DC and MD  
[www.na.org](http://www.na.org)

New Beginnings at Potomac Valley  
Nursing and Wellness Center  
1235 Potomac Valley Rd.  
Rockville, MD 20850  
[www.potomacvalley.com](http://www.potomacvalley.com)  
301-762-0700

OACES Corp. Rehab Facility  
416 Hungerford Dr. Suite 209  
Rockville, MD 20850  
301-762-1383

Outpatient Behavioral Health  
Services 6001 Montrose Rd.  
Rockville MD 20852  
301-896-2036

Prince George's County  
Cheverly Health Center  
3003 Hospital Dr.  
Cheverly, MD 20785  
301-583-5920

#### SELF-HELP GROUPS

Alcoholics Anonymous AA  
202-966-9115 (DC, MD, VA)  
<https://www.aa.org/>  
*In-person, on-line, and phone meetings  
available*

Al-Anon / AlaTeen (Support group for families of  
alcoholics)  
202-635-2023, MD and DC  
703-534-4357 Northern VA.  
[www.al-anon.org](http://www.al-anon.org)

SMART Recovery  
<https://www.smartrecovery.org/>

Free State Regional Service Center of NA  
217 N. Warwick Avenue Baltimore, Maryland  
21223 Tel: (410) 566-4022  
Fax: (410) 362-8505  
[www.freestatena.org](http://www.freestatena.org)

**To:** Montgomery College Employees

**From:** Krista Leitch Walker  
Vice President/ Chief Human Resources Officer

Emmilee Racek  
Interim Chief Compliance, Risk, and Ethics Officer

**Subject:** **Montgomery College Drug and Alcohol Abuse Prevention Program  
Drug-Free Schools and Communities Act Disclosure**

**Date:** March 29, 2023

Montgomery College is required under the Drug-Free Schools and Communities Act to annually notify employees about our Drug and Alcohol Abuse Prevention program.

Montgomery College's commitment to drug and alcohol abuse prevention is underscored by College policy 31005 adopted on May 15, 1989 by the College Board of Trustees.

- I. The Board of Trustees is committed to the education of students, employees, and community members regarding substance abuse prevention, detection, and treatment services; to the continuation of a collegewide substance abuse prevention program and other ongoing efforts which foster such education; and to the maintenance of a drug-free environment throughout the College.
- II. The unlawful manufacture, distribution, dispensing, possession, or use of a controlled substance is prohibited at Montgomery College.
- III. College employees and students are subject to appropriate disciplinary action for violation of this policy, in accordance with College policies and procedures regarding employee discipline and discharge and in accordance with the student code of conduct.
- IV. The President is authorized to establish procedures to implement this policy.

Per 31005CP § II, the following standards of conduct are applicable to employees:

- A. Employees should report for work fit for duty and free of any adverse effects of illegal drugs or alcohol. This does not prohibit employees from the lawful use and possession of prescribed medications. Employees must, however, consult with their physicians about the medication's effect on their fitness for duty and the ability to work safely and promptly disclose restrictions to their supervisor. Employees should not, however, disclose underlying medical conditions to supervisors, but should do so to the HIPAA Privacy Official in the Office of Human Resources and Strategic Talent Management.

- B. Employees may be required to undergo a medical examination pursuant to College Policy 31105—Medical Examinations when the employee’s observable behavior creates a reasonable belief that the employee cannot perform the essential job functions or that the employee poses a threat to the health and safety of the employee or others, or to College property, as a result of the effects of drugs or alcohol.
- C. The unlawful manufacture, sale, distribution, dispensing, possession or use of controlled substances, and the unlawful use or abuse (e.g., being intoxicated) of alcohol by anyone on College property (including any facilities leased or used by the College) or in College vehicles is prohibited. The use of alcohol by anyone under 21 years of age or the abuse of alcohol by anyone at any College sponsored or supervised activity off campus is also prohibited.
- D. Notification of Criminal Conviction
1. As required by the Drug-Free Workplace Act of 1988, the Drug-Free Schools and Communities Act Amendments, the Maryland Higher Education Commission’s Policies Concerning Drug and Alcohol Abuse Control, and as a condition of employment, employees must abide by the terms of this procedure and notify the Office of Human Resources and Strategic Talent Management in writing, of any criminal drug statute conviction for a violation occurring on or off Montgomery College property, no later than five calendar days after such conviction. Lack of compliance with these requirements may subject the employee to immediate disciplinary action, up to and including discharge.
  2. Upon receipt of notification of a conviction, the College will take the following actions as required by law:
    - a. Notify the appropriate federal agencies of such convictions, and
    - b. Take appropriate personnel action against the employee, up to and including discharge; and/or
    - c. Require the employee to participate satisfactorily in a drug abuse assistance or rehabilitation program approved for such purposes by a federal, state or local health, law enforcement, or other appropriate agency.
- E. Consequences of Alcohol and Drug Abuse
1. The unlawful manufacture, distribution, use, sale, or possession (e.g., on the person or in a desk, or vehicle) of illegal drugs or of opened alcohol while on the job or on College leased or owned property is an offense punishable by discharge and may result in criminal prosecution. Any illegal drugs found will be turned over to the appropriate law enforcement agency.
  2. The illegal use or abuse of alcohol on campus or as a part of any College activity whether on College leased or owned property is prohibited in accordance with all applicable Federal, State and local laws and the Drug and Alcohol Abuse Prevention Policy. In addition to possible prosecution under the aforementioned laws, employees who violate the prohibitions of this policy are subject to College imposed disciplinary sanctions consistent with applicable procedures and regulations. Sanctions may include, but need not be limited to, suspension, discharge, or referral to appropriate authorities for prosecution. Any disciplinary sanction imposed may also include the completion of an appropriate rehabilitation program as a condition of reinstatement or continued employment.

### Health Risks of Alcohol Abuse

For information about the health risks of alcohol abuse, click [here](#).

### Health Risks Associated with the Use of Illicit Drugs

For a description of health risks associated with the use of illicit drugs and abuse of alcohol see attachment. For additional information click [here](#).

### Drug and Alcohol Abuse Treatment Resources and Clinical Services

You may also access free, confidential assistance through MC CARES, the Employee Assistance Program or call 844-236-2668 (TDD: 800-697-0353). To register use Organization Web ID: MCC.

For additional information about national and local resources available for drug and alcohol abuse treatment, please see attachment or click [here](#).

For more information on the Drug and Alcohol Abuse Prevention Program for Employees, please see the [Drug and Alcohol Abuse Prevention Biennial Review](#) report or contact [Ms. Rowena D'Souza](#), Risk Management Coordinator / HIPAA Privacy Official, at [Rowena.dsouza@montgomerycollege.edu](mailto:Rowena.dsouza@montgomerycollege.edu).

DESCRIPTION OF HEALTH RISKS ASSOCIATED WITH THE USE OF ILLICIT DRUGS AND ABUSE OF ALCOHOL

Controlled Substances - Uses & Effects							
Classification	Drug Name	Common or Brand	Dependence	Potential	Acute Effects	Health Risks and Effects of Long-term Use*	Overdose Effects
			Physical	Psycho-logical			
ALCOHOL	Ethanol	Beer Wine Distilled Liquor	High High High	High High High	<ul style="list-style-type: none"> <li>Lowered Inhibitions</li> <li>Impaired Judgement, Vision</li> <li>Loss of Motor Skills, Coordination</li> <li>Slurred Speech</li> </ul>	<ul style="list-style-type: none"> <li>Hypertension</li> <li>Liver Damage</li> <li>Cardiovascular Disease</li> <li>Toxic Psychosis</li> <li>Neurologic Damage</li> <li>Addiction with Severe Withdrawal</li> </ul>	<ul style="list-style-type: none"> <li>Coma</li> <li>Possible Death</li> </ul>
NARCOTICS	<sup>1</sup> Opium Morphine Codeine <sup>1</sup> Heroin Meperidine Other	<sup>2</sup> Paregoric, Dover S Power <sup>2</sup> Morphine <sup>1</sup> Tylenol W/Codeine, Robitussin Heroin <sup>2</sup> Demerol, Pethadol <sup>2</sup> Dilaudid, Lentine, Percodan	High High High High High High	High High High High High High	<ul style="list-style-type: none"> <li>Euphoria, Drowsiness</li> <li>Respiratory Depression</li> <li>Constricted Pupils</li> <li>Nausea, Vomit</li> <li>Analgesia (Pain Relief)</li> </ul>	<ul style="list-style-type: none"> <li>Loss of Appetite</li> <li>Constipation</li> <li>Risk of AIDS &amp; Hepatitis from I.V. Drug Use</li> </ul>	<ul style="list-style-type: none"> <li>Shallow Perspiration</li> <li>Clammy Skin</li> <li>Convulsions, Coma</li> <li>Possible Death</li> <li>May be Toxic if Mixed with Alcohol</li> </ul>
DEPRESSANTS	Chloral Hydrate Barbiturates	<sup>2</sup> Noctec, Somnos <sup>2</sup> Nembutal, Phonobarbitol, Seconal, Tuinol	Moderate High	Moderate High	<ul style="list-style-type: none"> <li>Slurred Speech</li> <li>Disorientation</li> <li>Drunken Behavior Without the Odor of Alcohol</li> <li>Euphoria</li> <li>Lowered Inhibitions</li> <li>Loss of Motor Skills</li> <li>Blackouts</li> <li>Relaxation, Depression</li> <li>Hallucinations</li> </ul>	<ul style="list-style-type: none"> <li>Addiction with Withdrawal</li> <li>Toxic Psychosis</li> <li>Weak, Rapid Pulse</li> <li>Hallucinations</li> <li>Nausea</li> <li>Seizures</li> <li>Insomnia</li> <li>Anxiety</li> <li>Tremors</li> <li>Dizziness</li> <li>Loss of Peripheral Vision</li> </ul>	<ul style="list-style-type: none"> <li>Shallow Respiration</li> <li>Cold, Clammy Skin</li> <li>Blackout</li> <li>Coma</li> <li>Possible Death</li> <li>May be Toxic if mixed with Alcohol</li> </ul>
	Gamma Hydroxybutric Acid	Date Rape Drug, Liquid Ecstasy, Cherry meth,	Moderate-High	High	<ul style="list-style-type: none"> <li>Lowered Inhibitions</li> <li>Loss of Motor Skills</li> <li>Blackouts</li> <li>Relaxation, Depression</li> <li>Hallucinations</li> </ul>	<ul style="list-style-type: none"> <li>Addiction with Withdrawal</li> <li>Toxic Psychosis</li> <li>Weak, Rapid Pulse</li> <li>Hallucinations</li> <li>Nausea</li> <li>Seizures</li> <li>Insomnia</li> <li>Anxiety</li> <li>Tremors</li> <li>Dizziness</li> <li>Loss of Peripheral Vision</li> </ul>	<ul style="list-style-type: none"> <li>Shallow Respiration</li> <li>Cold, Clammy Skin</li> <li>Blackout</li> <li>Coma</li> <li>Possible Death</li> <li>May be Toxic if mixed with Alcohol</li> </ul>
DEPRESSANTS	Gamma Butyrolactone Glutethimide Ketamine Methaqualone Tranquilizers	GBL <sup>2</sup> Doriden Special K, K <sup>2</sup> Optimil, Parest, Quaalude, Sopor <sup>2</sup> Equanil, Valium, Tranxene Serax, Xanax, Rohyphal, Dalmane, Domate, Placidyl, Valmid	Unknown High Unknown High Moderate	Unknown High Unknown High High	<ul style="list-style-type: none"> <li>Slurred Speech</li> <li>Disorientation</li> <li>Drunken Behavior Without the Odor of Alcohol</li> <li>Euphoria</li> <li>Lowered Inhibitions</li> <li>Loss of Motor Skills</li> <li>Blackouts</li> <li>Relaxation, Depression</li> <li>Hallucinations</li> </ul>	<ul style="list-style-type: none"> <li>Addiction with Withdrawal</li> <li>Toxic Psychosis</li> <li>Weak, Rapid Pulse</li> <li>Hallucinations</li> <li>Nausea</li> <li>Seizures</li> <li>Insomnia</li> <li>Anxiety</li> <li>Tremors</li> <li>Dizziness</li> <li>Loss of Peripheral Vision</li> </ul>	<ul style="list-style-type: none"> <li>Shallow Respiration</li> <li>Cold, Clammy Skin</li> <li>Blackout</li> <li>Coma</li> <li>Possible Death</li> <li>May be Toxic if mixed with Alcohol</li> </ul>
						High	High
STIMULANTS	<sup>1</sup> Cocaine <sup>1</sup> Amphetamine	Cocaine Hydrochloride <sup>2</sup> Benzedrine, Biphemamine, Desoxy, Dexedrine <sup>2</sup> Preludin <sup>2</sup> Ritalin	Possible Possible	High High	<ul style="list-style-type: none"> <li>Feeling of Well-Being</li> <li>Excitation, Euphoria</li> <li>Increased Alertness</li> <li>Increased Blood Pressure, Pulse</li> <li>Insomnia, Appetite Loss</li> </ul>	<ul style="list-style-type: none"> <li>Delusions, Hallucinations (Toxic Psychosis)</li> <li>Possible Organ/Tissue Damage</li> </ul>	<ul style="list-style-type: none"> <li>Agitation</li> <li>Temperature Increase</li> <li>Hallucinations</li> <li>Convulsions</li> <li>Heart Attack, Stroke</li> <li>High Blood Pressure</li> <li>Loss of Consciousness</li> <li>Seizures</li> </ul>
	Phenmetrazine Methyphenidate Other  Methylenedioxy-methamphetamine	<sup>2</sup> Cylert, Didrex, Pre-Sate, Sanorex, Voranil Ecstasy, MDMA	Possible Possible Possible	High High High	<ul style="list-style-type: none"> <li>Feeling of Well-Being</li> <li>Excitation, Euphoria</li> <li>Increased Alertness</li> <li>Increased Blood Pressure, Pulse</li> <li>Insomnia, Appetite Loss</li> </ul>	<ul style="list-style-type: none"> <li>Delusions, Hallucinations (Toxic Psychosis)</li> <li>Possible Organ/Tissue Damage</li> </ul>	<ul style="list-style-type: none"> <li>Agitation</li> <li>Temperature Increase</li> <li>Hallucinations</li> <li>Convulsions</li> <li>Heart Attack, Stroke</li> <li>High Blood Pressure</li> <li>Loss of Consciousness</li> <li>Seizures</li> </ul>
HALLUCINO-GENICS	<sup>1</sup> LSD <sup>1</sup> Mescaline <sup>1</sup> Psilocybin <sup>1</sup> MDA <sup>1</sup> PCP	Acid, Lysergic Acid Peyote, Peyote Buttons, Mescalitor Magic Mushrooms, Shrooms  Angel Dust, Crystal, Cemylan (Veterinary)	Low Low Low Unknown Unknown	Unknown Unknown Unknown Unknown Unknown	<ul style="list-style-type: none"> <li>Dilated Pupils</li> <li>Increased Blood Pressure, Pulse</li> <li>Delusions/Hallucinations</li> <li>Distorted Perception of Time, Space, and Reality</li> </ul>	<ul style="list-style-type: none"> <li>Hallucinogens, Especially LSD, may Intensify Existing Psychosis</li> <li>Possible Violent Behavior</li> </ul>	<ul style="list-style-type: none"> <li>Intense Bad Trips</li> <li>Psychosis</li> <li>Possible Sudden Death</li> </ul>
	INHALANTS	Airplane Glue Lighter Fluid Aerosols Spray Paints Paint Thinner Gasoline Poppers	Active Ingredient: Toluene Active Ingredient: Naphalene Active Ingred.: Chloropluorocarbon Active Ingred.: Petroleum Distillate Active Ingred.: Petroleum Distillate Active Ingred.: Petroleum Distillate Active Ingred.: Amyl/butyl Nitrite	Unknown Unknown Unknown Unknown Unknown Unknown	Unknown Unknown Unknown Unknown Unknown Unknown	<ul style="list-style-type: none"> <li>Slurred Speech</li> <li>Drunken Behavior</li> <li>Impaired Judgement</li> <li>Poor Coordination</li> </ul>	<ul style="list-style-type: none"> <li>Hallucinations</li> <li>Possible Damage to Bone Marrow, Lungs, Kidneys, Liver, Heart, Brain, Eyes</li> </ul>
CANNABIS		<sup>1</sup> Marijuana <sup>1</sup> Hashish <sup>1</sup> Hash Oil	Grass, Pot, Weed, Dope Hash	Low Low Low	Moderate Moderate Moderate	<ul style="list-style-type: none"> <li>Tachycardia, Reddened Eyes</li> <li>Euphoria, Profound Humor</li> <li>Altered Time/Space Perception</li> <li>Short-Term Memory Loss</li> <li>Increased Appetite</li> </ul>	<ul style="list-style-type: none"> <li>Cardiovascular Damage as with Smoking Tobacco</li> </ul>
	TOBACCO	Nicotine	Cigarettes Cigars	Moderate Moderate	High High	<ul style="list-style-type: none"> <li>Relaxation</li> <li>Stimulation</li> </ul>	<ul style="list-style-type: none"> <li>Cardiovascular Disease</li> <li>Respiratory Illness</li> </ul>

\* Alcohol and other drug use during pregnancy increases risk of physical harm to fetus

<sup>2</sup> Psychoactive drug effects refer to use at a greater than prescribed therapeutic dosage level

<sup>1</sup> Additional risk of harm from toxic impurities in street drugs

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TDD: 1-800-697-0353

**Montgomery College Web ID: MCC**

Available 24 hours a day, 7 days per week (Free to college employees with benefits)

Montgomery County Department of Health and Human Services  
Behavioral Health – Addiction Services  
255 Rockville Pike  
Suite 145  
Rockville, MD 20850  
240-777-1770

<https://www3.montgomerycountymd.gov/311/SolutionView.aspx?>

### NATIONAL HOTLINES and RESOURCES

American Addiction Centers  
1-866-477-8626

<https://americanaddictioncenters.org/rehab-guide/free/>

Hotlines for Substance Use and Addiction  
Information and Referral 24 Hours  
1-866-934-4173

<https://vantagepointrecovery.com/national-resources-on-addiction-to-drugs-and-alcohol>

NA 24 Hour Helpline  
1-800-317-3222 (DC and MD)  
National Suicide Prevention Lifeline  
1-800-273-TALK (8255)  
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National Institute on Drug Abuse (NIDA)  
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<https://www.drugabuse.gov/>

National Institute on Alcohol Abuse and Alcoholism (NIAAA)  
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Substance Abuse and Mental Health Services Administration (SAMHSA)  
Treatment Facility Locator  
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## LOCAL RESOURCES

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14901 Broschart Rd.  
Rockville, MD 20850  
301-251-4500

<https://www.adventisthealthcare.com/locations/profile/shady-grove-medical-center-mental-health-inpatient/>

Adventist Healthcare White Oak Medical Center  
11890 Healing Way  
Silver Spring, MD 20904  
240-637-4000

*\*Offers 24/7 crisis intervention services*

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Another Way Inc.  
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Takoma Park, MD 20912  
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[Addictiontreatmentsystems.com/another-way](http://Addictiontreatmentsystems.com/another-way)

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<http://bilingualcounselingcenter.com/>  
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Available 24 hours a day, 7 days per week  
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<http://www.fhcenter.com/>  
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Silver Spring, MD 20910  
<http://www.hannahs.aftercare.faithweb.com/index.html>  
301-384-1615 and 301-476-9474

Journeys Adult Program  
402 Hungerford Dr.  
Rockville, MD 20850  
301-294-4015

Kolmac Clinic  
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Suite 250  
Silver Spring, MD 20910  
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<https://www.kolmac.com/>

EveryMind  
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Rockville, MD 20851  
301-424-0656  
<https://www.every-mind.org/>

Metro Counseling Inc.  
15719 Crabbs Branch Way  
Rockville, MD 20855  
301-670-6161  
<https://directory.addicted.org/metro-counseling-services-inc>

Montgomery General Hospital  
Addiction and Mental Health Center  
18101 Prince Philip Dr.  
Olney, MD 20832  
[www.medstarmontgomery.org](http://www.medstarmontgomery.org)  
301-774-8882

Montgomery Recovery Services  
14636 Rothgeb Dr.  
Rockville, MD 20850  
[www.montgomeryrecovery.com](http://www.montgomeryrecovery.com)  
301-762-5300

Narcotics Anonymous  
Group for Narcotics Abusers  
800-317-3222 DC and MD  
[www.na.org](http://www.na.org)

New Beginnings at Potomac Valley  
Nursing and Wellness Center  
1235 Potomac Valley Rd.  
Rockville, MD 20850  
[www.potomacvalley.com](http://www.potomacvalley.com)  
301-762-0700

OACES Corp. Rehab Facility  
416 Hungerford Dr.  
Suite 209  
Rockville, MD 20850  
301-762-1383

Outpatient Behavioral Health Services  
6001 Montrose Rd.  
Rockville MD 20852  
301-896-2036

Prince George's County  
Cheverly Health Center  
3003 Hospital Dr.  
Cheverly, MD 20785  
301-583-5920

#### **SELF-HELP GROUPS**

Alcoholics Anonymous AA  
202-966-9115 (DC, MD, VA)  
<https://www.aa.org/>  
*In-person, on-line, and phone meetings available*

Al-Anon / AlaTeen (Support group for families of alcoholics)  
202-635-2023, MD and DC  
703-534-4357 Northern VA  
[www.al-anon.org](http://www.al-anon.org)

SMART Recovery  
<https://www.smartrecovery.org/>

Free State Regional Service Center of NA  
217 N. Warwick Avenue  
Baltimore, MD 21223  
Tel: 410-566-4022  
[www.freestatena.org](http://www.freestatena.org)

## Appendix B

### Disclosure Notifications: Students

*The following disclosures were distributed to students in accordance with the Drug-Free Schools and Communities Act in order to annually notify students about the College's Drug and Alcohol Abuse Prevention program. The websites provided in each disclosure were viable at the time of distribution.*

Montgomery College disclosures are available to review on this website  
<https://www.montgomerycollege.edu/offices/compliance-risk-ethics/disclosures.html>

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Office of the Senior Vice President for Student Affairs

**To:** Montgomery College Students  
**From:** Dr. Monica Brown, Senior Vice President for Student Affairs  
**Subject:** Drug-Free Schools and Communities Act Disclosure  
**Date:** September 30, 2021

Montgomery College is required under the Drug-Free Schools and Communities Act to annually notify students about our Drug and Alcohol Abuse Prevention program.

**Policy and Sanctions**

Montgomery College's commitment to drug and alcohol abuse prevention is underscored by the following policy adopted on May 15, 1989 by the College Board of Trustees:

- I. The Board of Trustees is committed to the education of students, employees, and community members regarding substance abuse prevention, detection, and treatment services; to the continuation of a collegewide substance abuse prevention program and other ongoing efforts which foster such education; and to the maintenance of a drug-free environment throughout the College.
- II. The unlawful manufacture, distribution, dispensing, possession, or use of a controlled substance is prohibited at Montgomery College.
- III. College employees and students are subject to appropriate disciplinary action for violation of this policy, in accordance with College policies and procedures regarding employee discipline and discharge and in accordance with the student code of conduct.
- IV. The President is authorized to establish procedures to implement this policy.

Students are responsible, as citizens, for knowing about and complying with the provisions of federal, state, and local law regarding illegal substances. Any student who possesses, uses, or sells alcoholic beverages or illegal drugs is subject to College disciplinary action. Additionally, prosecution and punishment by civil authorities may occur, through enforcement of Maryland and Federal laws. This includes enforcement of [Maryland's underage drinking law](#).

The College will initiate its own disciplinary proceedings against a student when the alleged conduct is deemed a violation of College policies and procedures. Penalties will be imposed by the College in accordance with procedural safeguards applicable to disciplinary actions against students. Penalties range from written warning to expulsion from Montgomery College. In accordance with Board policy, students are subject to disciplinary action as set forth in the [student code of conduct](#).

## Heroin and Opioid Education and Community Action Act of 2017

The Maryland legislature passed the Heroin and Opioid Education and Community Action Act of 2017 (HB 1082) which was signed into law by Governor Larry Hogan in June 2017. The law will combat the opioid epidemic by increasing treatment access, prevention efforts, and public awareness and education. The new law requires public schools, including higher education institutions, to provide addiction and prevention education programs on substance use disorders and train personnel to respond to an opioid overdose. Please review the Act in detail at the following link:

[https://mgaleg.maryland.gov/2017RS/fnotes/bil\\_0002/hb1082.pdf](https://mgaleg.maryland.gov/2017RS/fnotes/bil_0002/hb1082.pdf)

See also, [Heroin and Opioid Awareness & Prevention Toolkit](#) and [substance abuse resources](#).

### Health Risks of Alcohol Abuse

For information concerning the health risks of alcohol abuse, click [here](#).

### \*Health Risks Associated with the Use of Illicit Drugs

For the health risks associated with the use of illicit and controlled drugs, please see the attached document.

### \*Drug and Alcohol Abuse Treatment Resources and Clinical Services

For information about national and local resources available for drug and alcohol abuse treatment, please see the attached document.

For more information on the Drug and Alcohol Abuse Prevention Program for Students, see the [2019 Drug and Alcohol Abuse Prevention Program Biennial Review report](#) or contact [Janee McFadden](#), collegewide dean of student engagement and Takoma Park/Silver Spring student affairs.

\*Attachments

## DRUG AND ALCOHOL RESOURCES AND CLINICAL SERVICES

### **Mental Health Association of Montgomery County**

1000 Twinbrook Parkway  
Rockville, MD 20851  
301-738-9697 – Youth Hotline  
301-738-2255 – General Hotline  
<https://www.every-mind.org/>

### **Montgomery County Department of Health and Human Services**

*Behavioral Health – Addiction Services*  
255 Rockville Pike #145  
Rockville, MD 20850  
240-777-1770  
*Behavioral Health – Outpatient Addiction Services*  
240-777-1680  
<https://www.montgomerycountymd.gov/hhs/aboutHHS/>

### **Crisis Center**

1301 Piccard Drive  
Rockville, MD 20850  
240-777-4000  
Available 24 hours a day, 7 days per week

## NATIONAL HOTLINES

### **Alcohol Hotline**

*Information and referral 24 hour*  
1- 800-ALCOHOL (252-6465)

### **National Treatment Referral**

1-800-662-HELP (4357)

### **National Suicide Prevention Lifeline**

1-800-273-TALK (8255)  
<https://suicidepreventionlifeline.org/>

### **Substance Abuse and Mental Health Services Administration (SAMHSA)**

*Treatment Facility Locator*  
<https://findtreatment.samhsa.gov/>

## SELF-HELP GROUPS

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*Self-help group for alcoholic and alcohol abusers*  
202-966-9115 (DC, MD, VA)  
[www.aa-dc.org](http://www.aa-dc.org)

### **Avery House (Group)**

14705 Avery Road  
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**Phone: 301-762-4651**  
Women/Children – **Phone: 301-762-5613**  
Intermediate Care – **Phone: 301-279-8828**  
Combined Care – 301-279-8828

### **Behavioral Health Services**

3003 Hospital Drive  
Cheverly, MD 20785  
**Phone: 301-583-5920**  
(Clinton) **301-856-9400**

### **Bilingual Counseling Center**

11236 Triangle Lane  
Wheaton, MD 20902  
**Phone: 301-942-7821**

### **Counseling Plus Inc.**

8561 Fenton Street  
Silvers Spring, MD 20910  
**Phone: 301-565-9001**

### **Cocaine Anonymous National Referral Line**

*Group for cocaine abusers*  
800-347-8998 24 hour

### **Family Health Center Psychological Services**

6 Montgomery Village Ave  
Gaithersburg, MD 20879  
<http://www.fhcenter.com/>  
**Phone: 301-963-7222**

**Kolmac Clinic**  
8561 Fenton Street  
Silver Spring, MD 20910  
[www.kolmac.com](http://www.kolmac.com)  
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Phone: 301-774-8800

**Narcotics Anonymous**  
Group for narcotics abusers  
202-399-5316 DC and MD  
[www.na.org](http://www.na.org)

**Potomac Ridge Behavioral Health**  
14901 Broschart  
Rockville, MD 20850  
Phone: 301-251-4500

**Suburban Hospital Addiction Treatment Center Outpatient Services**  
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Rockville, MD 20852  
[www.suburbanhospital.org](http://www.suburbanhospital.org)  
Phone: 301-896-2036

**Washington Adventist Hospital**  
7600 Carroll Avenue  
Takoma Park, MD 20912  
[www.adventisthealthcare.com](http://www.adventisthealthcare.com)  
Phone: 301-891-7600 (or) 301-891-5600

**Heroin and Opioid Awareness & Prevention Toolkit**  
Maryland State Department of Education  
<http://www.marylandpublicschools.org/Pages/heroinprevention/index.aspx>  
**Journeys Adult Program**  
402 Hungerford Drive  
Rockville, MD 20850  
Phone: 301-294-4015

**Montgomery County Dept. Health/Human Services/ Outpatient Addiction Services**  
751 Twinbrook Parkway  
Rockville, MD 20851  
[www.montgomerycountymd.gov/hhs/](http://www.montgomerycountymd.gov/hhs/)  
Phone: 240-777-1680

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Rockville, MD 20850  
Phone: 301-762-5300

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Rockville, MD 20850  
[www.potomacvalley.com](http://www.potomacvalley.com)  
Phone: 301-762-0700

**Step Ahead Program of KHI Services**  
20528 Boland Farm Road  
Germantown, MD 20876  
[www.drug-rehab-headquarters.com/maryland/facility/step-ahead-program-of-khi-services-germantown/](http://www.drug-rehab-headquarters.com/maryland/facility/step-ahead-program-of-khi-services-germantown/)  
Phone: 240-686-0707

**Suburban Hospital Behavioral Health**  
8600 Old Georgetown Road  
Bethesda, MD 20814  
Phone: 301-896-2564 (or) 301-896-3100

DESCRIPTION OF HEALTH RISKS ASSOCIATED WITH THE USE OF ILLICIT DRUGS AND ABUSE OF ALCOHOL

Controlled Substances - Uses & Effects									
Classification	Drug Name	Common or Brand	Dependence		Acute Effects	Health Risks and Effects of Long-term Use*	Overdose Effects		
			Physical	Psychological					
ALCOHOL	Ethanol	Beer Wine Distilled Liquor	High High High	High High High	<ul style="list-style-type: none"> <li>Lowered Inhibitions</li> <li>Impaired Judgement, Vision</li> <li>Loss of Motor Skills, Coordination</li> <li>Slurred Speech</li> </ul>	<ul style="list-style-type: none"> <li>Hypertension</li> <li>Liver Damage</li> <li>Cardiovascular Disease</li> <li>Toxic Psychosis</li> <li>Neurologic Damage</li> <li>Addiction with Severe Withdrawal</li> </ul>	<ul style="list-style-type: none"> <li>Coma</li> <li>Possible Death</li> </ul>		
NARCOTICS	<sup>1</sup> Opium Morphine Codeine <sup>3</sup> Heroin Meperidine Other	<sup>2</sup> Paregoric, Dover S Power <sup>1</sup> Morphine <sup>7</sup> Tylenol W/Codeine, Robitussin Heroin <sup>2</sup> Demerol, Pethadol <sup>2</sup> Dilaudid, Lentine, Percodan	High High High High High High	High High High High High High	<ul style="list-style-type: none"> <li>Euphoria, Drowsiness</li> <li>Respiratory Depression</li> <li>Constricted Pupils</li> <li>Nausea, Vomit</li> <li>Analgesia (Pain Relief)</li> </ul>	<ul style="list-style-type: none"> <li>Loss of Appetite</li> <li>Constipation</li> <li>Risk of AIDS &amp; Hepatitis from I.V. Drug Use</li> </ul>	<ul style="list-style-type: none"> <li>Shallow Perspiration</li> <li>Clammy Skin</li> <li>Convulsions, Coma</li> <li>Possible Death</li> <li>May be Toxic if Mixed with Alcohol</li> </ul>		
DEPRESSANTS	Chloral Hydrate Barbiturates	<sup>2</sup> Noctec, Somnos <sup>2</sup> Nembutal, Phonobarbitol, Seconal, Tuinol	Moderate High	Moderate High	<ul style="list-style-type: none"> <li>Slurred Speech</li> <li>Disorientation</li> <li>Drunken Behavior Without the Odor of Alcohol</li> <li>Euphoria</li> <li>Lowered Inhibitions</li> <li>Loss of Motor Skills</li> <li>Blackouts</li> <li>Relaxation, Depression</li> <li>Hallucinations</li> </ul>	<ul style="list-style-type: none"> <li>Addiction with Withdrawal</li> <li>Toxic Psychosis</li> <li>Weak, Rapid Pulse</li> <li>Hallucinations</li> <li>Nausea</li> <li>Seizures</li> <li>Insomnia</li> <li>Anxiety</li> <li>Tremors</li> <li>Dizziness</li> <li>Loss of Peripheral Vision</li> </ul>	<ul style="list-style-type: none"> <li>Shallow Respiration</li> <li>Cold, Clammy Skin</li> <li>Blackout</li> <li>Coma</li> <li>Possible Death</li> <li>May be Toxic if mixed with Alcohol</li> </ul>		
	Gamma Hydroxybutric Acid	Date Rape Drug, Liquid Ecstasy, Cherrymeth,	Moderate-High	High					
	Gamma Butyrolactone Glutethimide Ketamine Methaqualone Tranquilizers	GBL <sup>2</sup> Doriden Special K, K <sup>2</sup> Optimil, Parest, Quaalude, Sopor <sup>2</sup> Equanil, Valium, Tranxene Serax, Xanax, Rohyphal, Dalmane, Dormate, Placidyl, Valmid	Unknown High Unknown High Moderate	Unknown High Unknown High High					
STIMULANTS	<sup>1</sup> Cocaine <sup>1</sup> Amphetamine	Cocaine Hydrochloride <sup>2</sup> Benzedrine, Biphetamine, Desoxyin, Dexedrine	Possible Possible	High High	<ul style="list-style-type: none"> <li>Feeling of Well-Being</li> <li>Excitation, Euphoria</li> <li>Increased Alertness</li> <li>Increased Blood Pressure, Pulse</li> <li>Insomnia, Appetite Loss</li> </ul>	<ul style="list-style-type: none"> <li>Delusions, Hallucinations (Toxic Psychosis)</li> <li>Possible Organ/Tissue Damage</li> </ul>	<ul style="list-style-type: none"> <li>Agitation</li> <li>Temperature Increase</li> <li>Hallucinations</li> <li>Convulsions</li> <li>Heart Attack, Stroke</li> <li>High Blood Pressure</li> <li>Loss of Consciousness</li> <li>Seizures</li> </ul>		
	Phenmetrazine Methyphenidate Other	<sup>2</sup> Preludin <sup>2</sup> Ritalin	Possible Possible Possible	High High High					
	Methylenedioxy-methamphetamine	<sup>1</sup> Cylert, Didrex, Pre-Sate, Sanorex, Voranil Ecstasy, MDMA	Low	High					
HALLUCINO-GENICS	<sup>1</sup> LSD <sup>1</sup> Mescaline <sup>1</sup> Psilocybin <sup>1</sup> MDA <sup>1</sup> PCP	Acid, Lysergic Acid Peyote, Peyote Buttons, Mescalitor Magic Mushrooms, Shrooms Angel Dust, Crystal, Cernylan (Veterinary)	Low Low Low Unknown Unknown	Unknown Unknown Unknown Unknown Unknown	<ul style="list-style-type: none"> <li>Dilated Pupils</li> <li>Increased Blood Pressure, Pulse</li> <li>Delusions/Hallucinations</li> <li>Distorted Perception of Time, Space, and Reality</li> </ul>	<ul style="list-style-type: none"> <li>Hallucinogens, Especially LSD, may Intensify Existing Psychosis</li> <li>Possible Violent Behavior</li> </ul>	<ul style="list-style-type: none"> <li>Intense Bad Trips</li> <li>Psychosis</li> <li>Possible Sudden Death</li> </ul>		
	INHALANTS	Airplane Glue Lighter Fluid Aerosols Spray Paints Paint Thinner Gasoline Poppers	Active Ingredient: Toluene Active Ingredient: Naphalene Active Ingrid.: Chloropluorocarbon Active Ingrid.: Petroleum Distillate Active Ingrid.: Petroleum Distillate Active Ingrid.: Petroleum Distillate Active Ingrid.: Amyl/butyl Nitrite	Unknown Unknown Unknown Unknown Unknown Unknown Unknown				Unknown Unknown Unknown Unknown Unknown Unknown Unknown	<ul style="list-style-type: none"> <li>Slurred Speech</li> <li>Drunken Behavior</li> <li>Impaired Judgement</li> <li>Poor Coordination</li> </ul>
CANNABIS		<sup>1</sup> Marijuana <sup>1</sup> Hashish <sup>1</sup> Hash Oil	Grass, Pot, Weed, Dope Hash	Low Low Low	Moderate Moderate Moderate	<ul style="list-style-type: none"> <li>Tachycardia, Reddened Eyes</li> <li>Euphoria, Profound Humor</li> <li>Altered Time/Space Perception</li> <li>Short-Term Memory Loss</li> <li>Increased Appetite</li> </ul>	<ul style="list-style-type: none"> <li>Cardiovascular Damage as with Smoking Tobacco</li> </ul>	<ul style="list-style-type: none"> <li>Insomnia, Hyperactivity</li> <li>Panic Attacks, Paranoia</li> <li>Possible Toxic Reaction if Treated w/other Chemicals</li> </ul>	
		TOBACCO	Nicotine	Cigarettes Cigars	Moderate Moderate	High High	<ul style="list-style-type: none"> <li>Relaxation</li> <li>Stimulation</li> </ul>	<ul style="list-style-type: none"> <li>Cardiovascular Disease</li> <li>Respiratory Illness</li> </ul>	<ul style="list-style-type: none"> <li>Possible Death at very High Dosage Levels</li> </ul>

\* Alcohol and other drug use during pregnancy increases risk of physical harm to fetus

<sup>2</sup> Psychoactive drug effects refer to use at a greater than prescribed therapeutic dosage level

<sup>1</sup> Additional risk of harm from toxic impurities in street drugs

**To:** Montgomery College Students

**From:** Dr. Monica Brown, Senior Vice President for Student Affairs

**Subject:** **2021 Drug and Alcohol Abuse Prevention Biennial Review Now Available**

**Date:** January 3, 2022

Please be aware that in accordance with the Drug-Free Schools and Communities Act, the Montgomery College 2021 Drug and Alcohol Abuse Prevention Biennial Review is now available. The report covers information for both students and employees for academic years 2019-2020 and 2020-2021 and is accessible on the College website: [www.montgomerycollege.edu/documents/about-mc/heoa/drug-free-biennial-report-2021.pdf](http://www.montgomerycollege.edu/documents/about-mc/heoa/drug-free-biennial-report-2021.pdf)

The report contains the following information about Montgomery College's Drug and Alcohol Abuse Prevention programs:

- Educational events concerning the effects of drug/alcohol abuse
- Policy statement, notification process, and sanctions
- Health risks associated with drug and alcohol abuse

The report includes a review of the effectiveness of Montgomery College's programs for drug and alcohol abuse prevention. For more information on the Drug and Alcohol Abuse Prevention Program for Students, please see the [Drug and Alcohol Abuse Prevention Biennial Review report](#) or contact Janee McFadden, collegewide dean of student engagement and Takoma Park/Silver Spring student affairs, at [janeemcfadden@montgomerycollege.edu](mailto:janeemcfadden@montgomerycollege.edu).

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Office of the Senior Vice President for Student Affairs

**To:** Montgomery College Students  
**From:** Dr. Monica Brown, Senior Vice President for Student Affairs  
**Subject:** **Drug-Free Schools and Communities Act Disclosure**  
**Date:** April 13, 2022

Montgomery College is required under the Drug-Free Schools and Communities Act to annually notify students about our Drug and Alcohol Abuse Prevention program.

### **Policy and Sanctions**

Montgomery College's commitment to drug and alcohol abuse prevention is underscored by the following policy adopted on May 15, 1989 by the College Board of Trustees:

- I. The Board of Trustees is committed to the education of students, employees, and community members regarding substance abuse prevention, detection, and treatment services; to the continuation of a collegewide substance abuse prevention program and other ongoing efforts which foster such education; and to the maintenance of a drug-free environment throughout the College.
- II. The unlawful manufacture, distribution, dispensing, possession, or use of a controlled substance is prohibited at Montgomery College.
- III. College employees and students are subject to appropriate disciplinary action for violation of this policy, in accordance with College policies and procedures regarding employee discipline and discharge and in accordance with the student code of conduct.
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Students are responsible, as citizens, for knowing about and complying with the provisions of federal, state, and local law regarding illegal substances. Any student who possesses, uses, or sells alcoholic beverages or illegal drugs is subject to College disciplinary action. Additionally, prosecution and punishment by civil authorities may occur, through enforcement of Maryland and Federal laws. This includes enforcement of [Maryland's underage drinking law](#).

The College will initiate its own disciplinary proceedings against a student when the alleged conduct is deemed a violation of College policies and procedures. Penalties will be imposed by the College in accordance with procedural safeguards applicable to disciplinary actions against students. Penalties range from written warning to expulsion from Montgomery College. In accordance with Board policy, students are subject to disciplinary action as set forth in the [student code of conduct](#).

## Heroin and Opioid Education and Community Action Act of 2017

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See also, [Heroin and Opioid Awareness & Prevention Toolkit](#) and [substance abuse resources](#).

### Health Risks of Alcohol Abuse

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For more information on the Drug and Alcohol Abuse Prevention Program for Students, see the [2021 Drug and Alcohol Abuse Prevention Program Biennial Review report](#) or contact [Janee McFadden](#), collegewide dean of student engagement and Takoma Park/Silver Spring student affairs.

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<https://www.montgomerycountymd.gov/hhs/aboutHHS/aboutHHSmain.html>

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Phone: 301-762-5300

**New Beginnings at Potomac Valley Nursing and Wellness Center**  
1235 Potomac Valley Road  
Rockville, MD 20850  
[www.potomacvalley.com](http://www.potomacvalley.com)  
Phone: 301-762-0700

**Suburban Hospital Behavioral Health**  
8600 Old Georgetown Road  
Bethesda, MD 20814  
Phone: 301-896-2564 (or) 301-896-3100

DESCRIPTION OF HEALTH RISKS ASSOCIATED WITH THE USE OF ILLICIT DRUGS AND ABUSE OF ALCOHOL

Controlled Substances - Uses & Effects							
Classification	Drug Name	Common or Brand	Dependence	Potential	Acute Effects	Health Risks and Effects of Long-term Use*	Overdose Effects
			Physical	Psycho-logical			
ALCOHOL	Ethanol	Beer Wine Distilled Liquor	High High High	High High High	<ul style="list-style-type: none"> <li>Lowered Inhibitions</li> <li>Impaired Judgement, Vision</li> <li>Loss of Motor Skills, Coordination</li> <li>Slurred Speech</li> </ul>	<ul style="list-style-type: none"> <li>Hypertension</li> <li>Liver Damage</li> <li>Cardiovascular Disease</li> <li>Toxic Psychosis</li> <li>Neurologic Damage</li> <li>Addiction with Severe Withdrawal</li> </ul>	<ul style="list-style-type: none"> <li>Coma</li> <li>Possible Death</li> </ul>
NARCOTICS	<sup>1</sup> Opium Morphine Codeine <sup>3</sup> Heroin Meperidine Other	<sup>2</sup> Paregoric, Dover S Power <sup>2</sup> Morphine <sup>2</sup> Tylenol W/Codeine, Robitussin Heroin <sup>2</sup> Demerol, Pethadol <sup>2</sup> Dilaudid, Lentine, Percodan	High High High High High High	High High High High High High	<ul style="list-style-type: none"> <li>Euphoria, Drowsiness</li> <li>Respiratory Depression</li> <li>Constricted Pupils</li> <li>Nausea, Vomit</li> <li>Analgesia (Pain Relief)</li> </ul>	<ul style="list-style-type: none"> <li>Loss of Appetite</li> <li>Constipation</li> <li>Risk of AIDS &amp; Hepatitis from I.V. Drug Use</li> </ul>	<ul style="list-style-type: none"> <li>Shallow Perspiration</li> <li>Clammy Skin</li> <li>Convulsions, Coma</li> <li>Possible Death</li> <li>May be Toxic if Mixed with Alcohol</li> </ul>
DEPRESSANTS	Chloral Hydrate Barbiturates	<sup>2</sup> Noctec, Somnos <sup>2</sup> Nembutal, Phonobarbitol, Seconal, Tuinol	Moderate High	Moderate High	<ul style="list-style-type: none"> <li>Slurred Speech</li> <li>Disorientation</li> <li>Drunken Behavior Without the Odor of Alcohol</li> <li>Euphoria</li> <li>Lowered Inhibitions</li> <li>Loss of Motor Skills</li> <li>Blackouts</li> <li>Relaxation, Depression</li> <li>Hallucinations</li> </ul>	<ul style="list-style-type: none"> <li>Addiction with Withdrawal</li> <li>Toxic Psychosis</li> <li>Weak, Rapid Pulse</li> <li>Hallucinations</li> <li>Nausea</li> <li>Seizures</li> <li>Insomnia</li> <li>Anxiety</li> <li>Tremors</li> <li>Dizziness</li> <li>Loss of Peripheral Vision</li> </ul>	<ul style="list-style-type: none"> <li>Shallow Respiration</li> <li>Cold, Clammy Skin</li> <li>Blackout</li> <li>Coma</li> <li>Possible Death</li> <li>May be Toxic if mixed with Alcohol</li> </ul>
	Gamma Hydroxybutric Acid	Date Rape Drug, Liquid Ecstasy, Cherrymeth,	Moderate-High	High			
	Gamma Butyrolactone Glutethimide Ketamine Methaqualone Tranquilizers	GBL <sup>2</sup> Doriden Special K, K <sup>2</sup> Optimil, Parest, Quaalude, Sopor <sup>2</sup> Equanil, Valium, Tranxene Serax, Xanax, Rohyphal, Dalmene, Dormate, Placidyl, Valmid	Unknown High Unknown High Moderate	Unknown High Unknown High High			High
STIMULANTS	<sup>4</sup> Cocaine <sup>1</sup> Amphetamine	Cocaine Hydrochloride <sup>1</sup> Benzedrine, Biphphetamine, Desoxyn, Dexedrine <sup>2</sup> Preludin <sup>2</sup> Ritalin <sup>1</sup> Cylert, Didrex, Pre-Sate, Sanorex, Voranil Ecstasy, MDMA	Possible Possible	High High	<ul style="list-style-type: none"> <li>Feeling of Well-Being</li> <li>Excitation, Euphoria</li> <li>Increased Alertness</li> <li>Increased Blood Pressure, Pulse</li> <li>Insomnia, Appetite Loss</li> </ul>	<ul style="list-style-type: none"> <li>Delusions, Hallucinations (Toxic Psychosis)</li> <li>Possible Organ/Tissue Damage</li> </ul>	<ul style="list-style-type: none"> <li>Agitation</li> <li>Temperature Increase</li> <li>Hallucinations</li> <li>Convulsions</li> <li>Heart Attack, Stroke</li> <li>High Blood Pressure</li> <li>Loss of Consciousness</li> <li>Seizures</li> </ul>
	Phenmetrazine Methylphenidate Other		Possible Possible Possible	High High High			
	Methylenedioxy-methamphetamine		Low	High			
HALLUCINOGENICS	<sup>1</sup> LSD <sup>1</sup> Mescaline <sup>3</sup> Psilocybin <sup>1</sup> MDA <sup>1</sup> PCP	Acid, Lysergic Acid Peyote, Peyote Buttons, Mescalitor Magic Mushrooms, Shrooms Angel Dust, Crystal, Cernylan (Veterinary)	Low Low Low Unknown Unknown	Unknown Unknown Unknown Unknown Unknown	<ul style="list-style-type: none"> <li>Dilated Pupils</li> <li>Increased Blood Pressure, Pulse</li> <li>Delusions/Hallucinations</li> <li>Distorted Perception of Time, Space, and Reality</li> </ul>	<ul style="list-style-type: none"> <li>Hallucinogens, Especially LSD, may Intensify Existing Psychosis</li> <li>Possible Violent Behavior</li> </ul>	<ul style="list-style-type: none"> <li>Intense Bad Trips</li> <li>Psychosis</li> <li>Possible Sudden Death</li> </ul>
	Airplane Glue Lighter Fluid Aerosols Spray Paints Paint Thinner Gasoline Poppers	Active Ingredient: Toluene Active Ingredient: Naphalene Active Ingred.: Chloropluorocarbon Active Ingred.: Petroleum Distillate Active Ingred.: Petroleum Distillate Active Ingred.: Petroleum Distillate Active Ingred.: Amyl/butyl Nitrite	Unknown Unknown Unknown Unknown Unknown Unknown Unknown	Unknown Unknown Unknown Unknown Unknown Unknown Unknown	<ul style="list-style-type: none"> <li>Slurred Speech</li> <li>Drunken Behavior</li> <li>Impaired Judgement</li> <li>Poor Coordination</li> </ul>	<ul style="list-style-type: none"> <li>Hallucinations</li> <li>Possible Damage to Bone Marrow, Lungs, Kidneys, Liver, Heart, Brain, Eyes</li> </ul>	<ul style="list-style-type: none"> <li>Unconsciousness</li> <li>Coma</li> <li>Possible Toxic Reaction</li> <li>Possible Sudden Death</li> </ul>
CANNABIS	<sup>1</sup> Marijuana <sup>1</sup> Hashish <sup>1</sup> Hash Oil	Grass, Pot, Weed, Dope Hash	Low Low Low	Moderate Moderate Moderate	<ul style="list-style-type: none"> <li>Tachycardia, Reddened Eyes</li> <li>Euphoria, Profound Humor</li> <li>Altered Time/Space Perception</li> <li>Short-Term Memory Loss</li> <li>Increased Appetite</li> </ul>	<ul style="list-style-type: none"> <li>Cardiovascular Damage as with Smoking Tobacco</li> </ul>	<ul style="list-style-type: none"> <li>Insomnia, Hyperactivity</li> <li>Panic Attacks, Paranoia</li> <li>Possible Toxic Reaction if Treated w/other Chemicals</li> </ul>
TOBACCO	Nicotine	Cigarettes Cigars	Moderate Moderate	High High	<ul style="list-style-type: none"> <li>Relaxation</li> <li>Stimulation</li> </ul>	<ul style="list-style-type: none"> <li>Cardiovascular Disease</li> <li>Respiratory Illness</li> </ul>	<ul style="list-style-type: none"> <li>Possible Death at very High Dosage Levels</li> </ul>

\* Alcohol and other drug use during pregnancy increases risk of physical harm to fetus

<sup>2</sup> Psychoactive drug effects refer to use at a greater than prescribed therapeutic dosage level

<sup>1</sup> Additional risk of harm from toxic impurities in street drugs

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Office of the Senior Vice President for Student Affairs

**To:** Montgomery College Students

**From:** Dr. Monica Brown, Senior Vice President for Student Affairs

**Subject:** **Drug-Free Schools and Communities Act Disclosure**

**Date:** September 22, 2022

Montgomery College is required under the Drug-Free Schools and Communities Act to annually notify students about our Drug and Alcohol Abuse Prevention program.

### **Policy and Sanctions**

Montgomery College's commitment to drug and alcohol abuse prevention is underscored by the following policy adopted on May 15, 1989 by the College Board of Trustees:

- I. The Board of Trustees is committed to the education of students, employees, and community members regarding substance abuse prevention, detection, and treatment services; to the continuation of a collegewide substance abuse prevention program and other ongoing efforts which foster such education; and to the maintenance of a drug-free environment throughout the College.
- II. The unlawful manufacture, distribution, dispensing, possession, or use of a controlled substance is prohibited at Montgomery College.
- III. College employees and students are subject to appropriate disciplinary action for violation of this policy, in accordance with College policies and procedures regarding employee discipline and discharge and in accordance with the student code of conduct.
- IV. The President is authorized to establish procedures to implement this policy.

Students are responsible, as citizens, for knowing about and complying with the provisions of federal, state, and local law regarding illegal substances. Any student who possesses, uses, or sells alcoholic beverages or illegal drugs is subject to College disciplinary action. Additionally, prosecution and punishment by civil authorities may occur, through enforcement of Maryland and Federal laws. This includes enforcement of [Maryland's underage drinking law](#).

The College will initiate its own disciplinary proceedings against a student when the alleged conduct is deemed a violation of College policies and procedures. Sanctions will be imposed by the College in accordance with procedural safeguards applicable to disciplinary actions against students. Sanctions range from a written warning to expulsion from Montgomery College. In accordance with Board policy, students are subject to disciplinary action as set forth in the [student code of conduct](#).

## Heroin and Opioid Education and Community Action Act of 2017

The Maryland legislature passed the Heroin and Opioid Education and Community Action Act of 2017 (HB 1082) which was signed into law by Governor Larry Hogan in June 2017. The law will combat the opioid epidemic by increasing treatment access, prevention efforts, and public awareness and education. The new law requires public schools, including higher education institutions, to provide addiction and prevention education programs on substance use disorders and train personnel to respond to an opioid overdose. Please review the Act in detail at the following link:

[https://mgaleg.maryland.gov/2017RS/fnotes/bil\\_0002/hb1082.pdf](https://mgaleg.maryland.gov/2017RS/fnotes/bil_0002/hb1082.pdf)

See also, [Heroin and Opioid Awareness & Prevention Toolkit](#) and [substance abuse resources](#).\*

### Health Risks of Alcohol Abuse

For information concerning the health risks of alcohol abuse, click [here](#).

### \*Health Risks Associated with the Use of Illicit Drugs

For the health risks associated with the use of illicit and controlled drugs, please see the attached document.

### \*Drug and Alcohol Abuse Treatment Resources and Clinical Services

For information about national and local resources available for drug and alcohol abuse treatment, please see the attached document.

For more information on the Drug and Alcohol Abuse Prevention Program for Students, see the [2021 Drug and Alcohol Abuse Prevention Program Biennial Review report](#) or contact [Janee McFadden](#), collegewide dean of student engagement and Takoma Park/Silver Spring student affairs.

\*Attachments

## DRUG AND ALCOHOL RESOURCES AND CLINICAL SERVICES

### **Mental Health Association of Montgomery County**

1000 Twinbrook Parkway  
Rockville, MD 20851  
301-738-9697 – Youth Hotline  
301-738-2255 – General Hotline  
<https://www.every-mind.org/>

### **Montgomery County Department of Health and Human Services**

*Behavioral Health – Addiction Services*  
255 Rockville Pike #145  
Rockville, MD 20850  
240-777-1770  
*Behavioral Health – Outpatient Addiction Services*  
240-777-1680  
<https://www.montgomerycountymd.gov/hhs/aboutHHS/aboutHHSmain.html>

### **Crisis Center**

1301 Piccard Drive  
Rockville, MD 20850  
240-777-4000  
Available 24 hours a day, 7 days per week

## NATIONAL HOTLINES

### **Alcohol Hotline**

*Information and referral 24 hour*  
1- 800-ALCOHOL (252-6465)

### **National Treatment Referral**

1-800-662-HELP (4357)

### **National Suicide Prevention Lifeline**

1-800-273-TALK (8255)  
<https://suicidepreventionlifeline.org/>

### **Substance Abuse and Mental Health Services Administration (SAMHSA)**

*Treatment Facility Locator*  
<https://findtreatment.samhsa.gov/>

## SELF-HELP GROUPS

### **Alcoholics Anonymous**

*Self-help group for alcoholic and alcohol abusers*  
202-966-9115 (DC, MD, VA)  
[www.aa-dc.org](http://www.aa-dc.org)

### **Avery House (Group)**

14705 Avery Road  
Rockville, MD 20853  
**Phone: 301-762-4651**  
Women/Children – **Phone: 301-762-5613**  
Intermediate Care – **Phone: 301-279-8828**  
Combined Care – 301-279-8828

### **Behavioral Health Services**

3003 Hospital Drive  
Cheverly, MD 20785  
**Phone: 301-583-5920**  
(Clinton) **301-856-9400**

### **Bilingual Counseling Center**

11236 Triangle Lane  
Wheaton, MD 20902  
**Phone: 301-942-7821**

### **Counseling Plus Inc.**

8561 Fenton Street  
Silver Spring, MD 20910  
**Phone: 301-565-9001**

### **Cocaine Anonymous National Referral Line**

*Group for cocaine abusers*  
800-347-8998 24 hour

### **Family Health Center Psychological Services**

6 Montgomery Village Ave  
Gaithersburg, MD 20879  
<http://www.fhcenter.com/>  
**Phone: 301-963-7222**

**Kolmac Clinic**  
8561 Fenton Street  
Silver Spring, MD 20910  
[www.kolmac.com](http://www.kolmac.com)  
Phone: 301-589-0255

**Metro Counseling Service Inc.**  
15719 Crabbs Branch Way  
Derwood, MD 20855  
[www.metrocounselingservices.com/](http://www.metrocounselingservices.com/)  
Phone: 301-670-6161

**Montgomery General Hospital Addiction and Mental Health Center**  
18101 Prince Philip Drive  
Olney, MD 20832  
[www.medstarmontgomery.org](http://www.medstarmontgomery.org)  
Phone: 301-774-8800

**Narcotics Anonymous**  
Group for narcotics abusers  
202-399-5316 DC and MD  
[www.na.org](http://www.na.org)

**Potomac Ridge Behavioral Health**  
14901 Broschart  
Rockville, MD 20850  
Phone: 301-251-4500

**Suburban Hospital Addiction Treatment Center Outpatient Services**  
6001 Montrose Road  
Rockville, MD 20852  
[www.suburbanhospital.org](http://www.suburbanhospital.org)  
Phone: 301-896-2036

**Washington Adventist Hospital**  
7600 Carroll Avenue  
Takoma Park, MD 20912  
[www.adventisthealthcare.com](http://www.adventisthealthcare.com)  
Phone: 301-891-7600 (or) 301-891-5600

**Heroin and Opioid Awareness & Prevention Toolkit**  
Maryland State Department of Education  
<http://www.marylandpublicschools.org/Pages/heroinprevention/index.aspx>  
**Journeys Adult Program**  
402 Hungerford Drive  
Rockville, MD 20850  
Phone: 301-294-4015

**Montgomery County Dept. Health/Human Services/ Outpatient Addiction Services**  
751 Twinbrook Parkway  
Rockville, MD 20851  
[www.montgomerycountymd.gov/hhs/](http://www.montgomerycountymd.gov/hhs/)  
Phone: 240-777-1680

**Montgomery Recovery Services Inc.**  
14636 Rothgeb Drive  
Rockville, MD 20850  
Phone: 301-762-5300

**New Beginnings at Potomac Valley Nursing and Wellness Center**  
1235 Potomac Valley Road  
Rockville, MD 20850  
[www.potomacvalley.com](http://www.potomacvalley.com)  
Phone: 301-762-0700

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8600 Old Georgetown Road  
Bethesda, MD 20814  
Phone: 301-896-2564 (or) 301-896-3100

DESCRIPTION OF HEALTH RISKS ASSOCIATED WITH THE USE OF ILLICIT DRUGS AND ABUSE OF ALCOHOL

Controlled Substances - Uses & Effects							
Classification	Drug Name	Common or Brand	Dependence	Potential	Acute Effects	Health Risks and Effects of Long-term Use*	Overdose Effects
			Physical	Psycho-logical			
ALCOHOL	Ethanol	Beer Wine Distilled Liquor	High High High	High High High	<ul style="list-style-type: none"> <li>Lowered Inhibitions</li> <li>Impaired Judgement, Vision</li> <li>Loss of Motor Skills, Coordination</li> <li>Slurred Speech</li> </ul>	<ul style="list-style-type: none"> <li>Hypertension</li> <li>Liver Damage</li> <li>Cardiovascular Disease</li> <li>Toxic Psychosis</li> <li>Neurologic Damage</li> <li>Addiction with Severe Withdrawal</li> </ul>	<ul style="list-style-type: none"> <li>Coma</li> <li>Possible Death</li> </ul>
NARCOTICS	<sup>1</sup> Opium Morphine Codeine <sup>1</sup> Heroin Meperidine Other	<sup>2</sup> Paregoric, Dover S Power <sup>2</sup> Morphine <sup>1</sup> Tylenol W/Codeine, Robitussin Heroin <sup>1</sup> Demerol, Pethadol <sup>2</sup> Dilaudid, Lentine, Percodan	High High High High High High	High High High High High High	<ul style="list-style-type: none"> <li>Euphoria, Drowsiness</li> <li>Respiratory Depression</li> <li>Constricted Pupils</li> <li>Nausea, Vomit</li> <li>Analgesia (Pain Relief)</li> </ul>	<ul style="list-style-type: none"> <li>Loss of Appetite</li> <li>Constipation</li> <li>Risk of AIDS &amp; Hepatitis from I.V. Drug Use</li> </ul>	<ul style="list-style-type: none"> <li>Shallow Perspiration</li> <li>Clammy Skin</li> <li>Convulsions, Coma</li> <li>Possible Death</li> <li>May be Toxic if Mixed with Alcohol</li> </ul>
DEPRESSANTS	Chloral Hydrate Barbiturates	<sup>1</sup> Noctec, Somnos <sup>2</sup> Nembutal, Phenobarbital, Seconal, Tuinol	Moderate High	Moderate High	<ul style="list-style-type: none"> <li>Slurred Speech</li> <li>Disorientation</li> <li>Drunken Behavior Without the Odor of Alcohol</li> <li>Euphoria</li> <li>Lowered Inhibitions</li> <li>Loss of Motor Skills</li> <li>Blackouts</li> <li>Relaxation, Depression</li> <li>Hallucinations</li> </ul>	<ul style="list-style-type: none"> <li>Addiction with Withdrawal</li> <li>Toxic Psychosis</li> <li>Weak, Rapid Pulse</li> <li>Hallucinations</li> <li>Nausea</li> <li>Seizures</li> <li>Insomnia</li> <li>Anxiety</li> <li>Tremors</li> <li>Dizziness</li> <li>Loss of Peripheral Vision</li> </ul>	<ul style="list-style-type: none"> <li>Shallow Respiration</li> <li>Cold, Clammy Skin</li> <li>Blackout</li> <li>Coma</li> <li>Possible Death</li> <li>May be Toxic if mixed with Alcohol</li> </ul>
	Gamma Hydroxybutric Acid	Date Rape Drug, Liquid Ecstasy, Cherrymeth,	Moderate-High	High			
DEPRESSANTS	Gamma Butyrolactone Glutethimide Ketamine Methaqualone Tranquilizers	GBL <sup>2</sup> Doriden Special K, K <sup>2</sup> Optimil, Parest, Quaalude, Sopor <sup>2</sup> Equanil, Valium, Tranxene Serax, Xanax, Rohyphal, Dalmane, Dormate, Placidyl, Valmid	Unknown High Unknown High Moderate	Unknown High Unknown High High		High	High
	STIMULANTS	<sup>1</sup> Cocaine <sup>1</sup> Amphetamine  Phenmetrazine Methylphenidate Other  Methylenedioxy-methamphetamine	Cocaine Hydrochloride <sup>2</sup> Benzedrine, Biphphetamine, Desoxyn, Dexedrine <sup>1</sup> Preludin <sup>2</sup> Ritalin <sup>2</sup> Cylert, Didrex, Pre-Sate, Sanorex, Voranil Ecstasy, MDMA	Possible Possible  Possible Possible Possible Low	High High  High High High High	<ul style="list-style-type: none"> <li>Feeling of Well-Being</li> <li>Excitation, Euphoria</li> <li>Increased Alertness</li> <li>Increased Blood Pressure, Pulse</li> <li>Insomnia, Appetite Loss</li> </ul>	<ul style="list-style-type: none"> <li>Delusions, Hallucinations (Toxic Psychosis)</li> <li>Possible Organ/Tissue Damage</li> </ul>
HALLUCINO-GENICS	<sup>1</sup> LSD <sup>1</sup> Mescaline <sup>1</sup> Psilocybin <sup>1</sup> MDA <sup>1</sup> PCP	Acid, Lysergic Acid Peyote, Peyote Buttons, Mescalitor Magic Mushrooms, Shrooms  Angel Dust, Crystal, Cernylan (Veterinary)	Low Low Low Unknown Unknown	Unknown Unknown Unknown Unknown Unknown	<ul style="list-style-type: none"> <li>Dilated Pupils</li> <li>Increased Blood Pressure, Pulse</li> <li>Delusions/Hallucinations</li> <li>Distorted Perception of Time, Space, and Reality</li> </ul>	<ul style="list-style-type: none"> <li>Hallucinogens, Especially LSD, may Intensify Existing Psychosis</li> <li>Possible Violent Behavior</li> </ul>	<ul style="list-style-type: none"> <li>Intense Bad Trips</li> <li>Psychosis</li> <li>Possible Sudden Death</li> </ul>
INHALANTS	Airplane Glue Lighter Fluid Aerosols Spray Paints Paint Thinner Gasoline Poppers	Active Ingredient: Toluene Active Ingredient: Naphalene Active Ingred.: Chloroplouocarbon Active Ingred.: Petroleum Distillate Active Ingred.: Petroleum Distillate Active Ingred.: Petroleum Distillate Active Ingred.: Amyl/butyl Nitrite	Unknown Unknown Unknown Unknown Unknown Unknown	Unknown Unknown Unknown Unknown Unknown Unknown	<ul style="list-style-type: none"> <li>Slurred Speech</li> <li>Drunken Behavior</li> <li>Impaired Judgement</li> <li>Poor Coordination</li> </ul>	<ul style="list-style-type: none"> <li>Hallucinations</li> <li>Possible Damage to Bone Marrow, Lungs, Kidneys, Liver, Heart, Brain, Eyes</li> </ul>	<ul style="list-style-type: none"> <li>Unconsciousness</li> <li>Coma</li> <li>Possible Toxic Reaction</li> <li>Possible Sudden Death</li> </ul>
CANNABIS	<sup>1</sup> Marijuana <sup>1</sup> Hashish <sup>1</sup> Hash Oil	Grass, Pot, Weed, Dope Hash	Low Low Low	Moderate Moderate Moderate	<ul style="list-style-type: none"> <li>Tachycardia, Reddened Eyes</li> <li>Euphoria, Profound Humor</li> <li>Altered Time/Space Perception</li> <li>Short-Term Memory Loss</li> <li>Increased Appetite</li> </ul>	<ul style="list-style-type: none"> <li>Cardiovascular Damage as with Smoking Tobacco</li> </ul>	<ul style="list-style-type: none"> <li>Insomnia, Hyperactivity</li> <li>Panic Attacks, Paranoia</li> <li>Possible Toxic Reaction if Treated w/other Chemicals</li> </ul>
TOBACCO	Nicotine	Cigarettes Cigars	Moderate Moderate	High High	<ul style="list-style-type: none"> <li>Relaxation</li> <li>Stimulation</li> </ul>	<ul style="list-style-type: none"> <li>Cardiovascular Disease</li> <li>Respiratory Illness</li> </ul>	<ul style="list-style-type: none"> <li>Possible Death at very High Dosage Levels</li> </ul>

\* Alcohol and other drug use during pregnancy increases risk of physical harm to fetus

<sup>2</sup> Psychoactive drug effects refer to use at a greater than prescribed therapeutic dosage level

<sup>1</sup> Additional risk of harm from toxic impurities in street drugs

Office of the Senior Vice President for Student Affairs

**To:** Montgomery College Students  
**From:** Dr. Monica Brown, Senior Vice President for Student Affairs  
**Subject:** Drug-Free Schools and Communities Act Disclosure  
**Date:** April 21, 2023

Montgomery College is required under the Drug-Free Schools and Communities Act to annually notify students about our Drug and Alcohol Abuse Prevention program.

### Policy and Sanctions

Montgomery College's commitment to drug and alcohol abuse prevention is underscored by the following policy adopted on May 15, 1989 by the College Board of Trustees:

- I. The Board of Trustees is committed to the education of students, employees, and community members regarding substance abuse prevention, detection, and treatment services; to the continuation of a collegewide substance abuse prevention program and other ongoing efforts which foster such education; and to the maintenance of a drug-free environment throughout the College.
- II. The unlawful manufacture, distribution, dispensing, possession, or use of a controlled substance is prohibited at Montgomery College.
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## Heroin and Opioid Education and Community Action Act of 2017

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See also, [Heroin and Opioid Awareness & Prevention Toolkit](#) and [substance abuse resources](#).\*

### Health Risks of Alcohol Abuse

For information concerning the health risks of alcohol abuse, click [here](#).

### \*Health Risks Associated with the Use of Illicit Drugs

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For information about national and local resources available for drug and alcohol abuse treatment, please see the attached document.

For more information on the Drug and Alcohol Abuse Prevention Program for Students, see the [2021 Drug and Alcohol Abuse Prevention Program Biennial Review report](#) or contact [Janee McFadden](#), collegewide dean of student engagement and Takoma Park/Silver Spring student affairs.

\*Attachments

## DRUG AND ALCOHOL RESOURCES AND CLINICAL SERVICES

**Mental Health Association of Montgomery County**  
1000 Twinbrook Parkway  
Rockville, MD 20851  
301-738-9697 – Youth Hotline  
301-738-2255 – General Hotline  
<https://www.every-mind.org/>

**Montgomery County Department of Health and Human Services**  
*Behavioral Health – Addiction Services*  
255 Rockville Pike #145  
Rockville, MD 20850  
240-777-1770  
*Behavioral Health – Outpatient Addiction Services*  
240-777-1680  
<https://www.montgomerycountymd.gov/hhs/aboutHHS/aboutHHSmain.html>

**Crisis Center**  
1301 Piccard Drive  
Rockville, MD 20850  
240-777-4000  
Available 24 hours a day, 7 days per week

### NATIONAL HOTLINES

**Alcohol Hotline**  
*Information and referral 24 hour*  
1- 800-ALCOHOL (252-6465)

**National Treatment Referral**  
1-800-662-HELP (4357)

**National Suicide Prevention Lifeline**  
1-800-273-TALK (8255)  
<https://suicidepreventionlifeline.org/>

**Substance Abuse and Mental Health Services Administration (SAMHSA)**  
*Treatment Facility Locator*  
<https://findtreatment.samhsa.gov/>

### SELF-HELP GROUPS

**Alcoholics Anonymous**  
*Self-help group for alcoholic and alcohol abusers*  
202-966-9115 (DC, MD, VA)  
[www.aa-dc.org](http://www.aa-dc.org)

**Avery House (Group)**  
14705 Avery Road  
Rockville, MD 20853  
Phone: 301-762-4651  
Women/Children – Phone: 301-762-5613  
Intermediate Care – Phone: 301-279-8828  
Combined Care – 301-279-8828

**Behavioral Health Services**  
3003 Hospital Drive  
Cheverly, MD 20785  
Phone: 301-583-5920  
(Clinton) 301-856-9400

**Bilingual Counseling Center**  
11236 Triangle Lane  
Wheaton, MD 20902  
Phone: 301-942-7821

**Counseling Plus Inc.**  
8561 Fenton Street  
Silver Spring, MD 20910  
Phone: 301-565-9001

**Cocaine Anonymous National Referral Line**  
*Group for cocaine abusers*  
800-347-8998 24 hour

**Family Health Center Psychological Services**  
6 Montgomery Village Ave  
Gaithersburg, MD 20879  
<http://www.fhcenter.com/>  
Phone: 301-963-7222

**Kolmac Clinic**  
8561 Fenton Street  
Silver Spring, MD 20910  
[www.kolmac.com](http://www.kolmac.com)  
Phone: 301-589-0255

**Metro Counseling Service Inc.**  
15719 Crabbs Branch Way  
Derwood, MD 20855  
[www.metrocounselingservices.com/](http://www.metrocounselingservices.com/)  
Phone: 301-670-6161

**Montgomery General Hospital Addiction and Mental Health Center**  
18101 Prince Philip Drive  
Olney, MD 20832  
[www.medstarmontgomery.org](http://www.medstarmontgomery.org)  
Phone: 301-774-8800

**Narcotics Anonymous**  
Group for narcotics abusers  
202-399-5316 DC and MD  
[www.na.org](http://www.na.org)

**Potomac Ridge Behavioral Health**  
14901 Broschart  
Rockville, MD 20850  
Phone: 301-251-4500

**Suburban Hospital Addiction Treatment Center  
Outpatient Services**  
6001 Montrose Road  
Rockville, MD 20852  
[www.suburbanhospital.org](http://www.suburbanhospital.org)  
Phone: 301-896-2036

**Washington Adventist Hospital**  
7600 Carroll Avenue  
Takoma Park, MD 20912  
[www.adventisthealthcare.com](http://www.adventisthealthcare.com)  
Phone: 301-891-7600 (or) 301-891-5600

**Heroin and Opioid Awareness & Prevention Toolkit**  
Maryland State Department of Education  
<http://www.marylandpublicschools.org/Pages/heroinprevention/index.aspx>  
Journeys Adult Program  
402 Hungerford Drive  
Rockville, MD 20850  
Phone: 301-294-4015

**Montgomery County Dept. Health/Human Services/ Outpatient Addiction Services**  
751 Twinbrook Parkway  
Rockville, MD 20851  
[www.montgomerycountymd.gov/hhs/](http://www.montgomerycountymd.gov/hhs/)  
Phone: 240-777-1680

**Montgomery Recovery Services Inc.**  
14636 Rothgeb Drive  
Rockville, MD 20850  
Phone: 301-762-5300

**New Beginnings at Potomac Valley Nursing and Wellness Center**  
1235 Potomac Valley Road  
Rockville, MD 20850  
[www.potomacvalley.com](http://www.potomacvalley.com)  
Phone: 301-762-0700

**Suburban Hospital Behavioral Health**  
8600 Old Georgetown Road  
Bethesda, MD 20814  
Phone: 301-896-2564 (or) 301-896-3100

DESCRIPTION OF HEALTH RISKS ASSOCIATED WITH THE USE OF ILLICIT DRUGS AND ABUSE OF ALCOHOL

**Controlled Substances - Uses & Effects**

Classification	Drug Name	Common or Brand	Dependence	Potential	Acute Effects	Health Risks and Effects of Long-term Use*	Overdose Effects
			Physical	Psycho-logical			
ALCOHOL	Ethanol	Beer Wine Distilled Liquor	High High High	High High High	<ul style="list-style-type: none"> <li>• Lowered Inhibitions</li> <li>• Impaired Judgement, Vision</li> <li>• Loss of Motor Skills, Coordination</li> <li>• Slurred Speech</li> </ul>	<ul style="list-style-type: none"> <li>• Hypertension</li> <li>• Liver Damage</li> <li>• Cardiovascular Disease</li> <li>• Toxic Psychosis</li> <li>• Neurologic Damage</li> <li>• Addiction with Severe Withdrawal</li> </ul>	<ul style="list-style-type: none"> <li>• Coma</li> <li>• Possible Death</li> </ul>
NARCOTICS	<sup>1</sup> Opium Morphine Codeine <sup>4</sup> Heroin Meperidine Other	<sup>3</sup> Paregoric, Dover's Power <sup>2</sup> Morphine <sup>7</sup> Tylenol W/Codeine, Robitussin Heroin <sup>2</sup> Demerol, Pethadol <sup>2</sup> Dilaudid, Lentine, Percodan	High High High High High High	High High High High High High	<ul style="list-style-type: none"> <li>• Euphoria, Drowsiness</li> <li>• Respiratory Depression</li> <li>• Constricted Pupils</li> <li>• Nausea, Vomit</li> <li>• Analgesia (Pain Relief)</li> </ul>	<ul style="list-style-type: none"> <li>• Loss of Appetite</li> <li>• Constipation</li> <li>• Risk of AIDS &amp; Hepatitis from I.V. Drug Use</li> </ul>	<ul style="list-style-type: none"> <li>• Shallow Respiration</li> <li>• Cold, Clammy Skin</li> <li>• Convulsions, Coma</li> <li>• Possible Death</li> <li>• May be Toxic if Mixed with Alcohol</li> </ul>
DEPRESSANTS	Chloral Hydrate Barbiturates	<sup>2</sup> Noctec, Somnos <sup>2</sup> Nembutal, Phenobarbital, Seconal, Tuinol	Moderate High	Moderate High	<ul style="list-style-type: none"> <li>• Slurred Speech</li> <li>• Disorientation</li> <li>• Drunken Behavior Without the Odor of Alcohol</li> <li>• Euphoria</li> <li>• Lowered Inhibitions</li> <li>• Loss of Motor Skills</li> <li>• Blackouts</li> <li>• Relaxation, Depression</li> <li>• Hallucinations</li> </ul>	<ul style="list-style-type: none"> <li>• Addition with Withdrawal</li> <li>• Toxic Psychosis</li> <li>• Weak, Rapid Pulse</li> <li>• Hallucinations</li> <li>• Nausea</li> <li>• Seizures</li> <li>• Insomnia</li> <li>• Anxiety</li> <li>• Tremors</li> <li>• Dizziness</li> <li>• Loss of Peripheral Vision</li> </ul>	<ul style="list-style-type: none"> <li>• Shallow Respiration</li> <li>• Cold, Clammy Skin</li> <li>• Blackout</li> <li>• Coma</li> <li>• Possible Death</li> <li>• May be Toxic if Mixed with Alcohol</li> </ul>
	Gamma Hydroxybutric Acid	Date Rape Drug, Liquid Ecstasy, Chermeth,	Moderate-High	High	<ul style="list-style-type: none"> <li>• Euphoria</li> <li>• Lowered Inhibitions</li> <li>• Loss of Motor Skills</li> <li>• Blackouts</li> <li>• Relaxation, Depression</li> <li>• Hallucinations</li> </ul>	<ul style="list-style-type: none"> <li>• Addition with Withdrawal</li> <li>• Toxic Psychosis</li> <li>• Weak, Rapid Pulse</li> <li>• Hallucinations</li> <li>• Nausea</li> <li>• Seizures</li> <li>• Insomnia</li> <li>• Anxiety</li> <li>• Tremors</li> <li>• Dizziness</li> <li>• Loss of Peripheral Vision</li> </ul>	<ul style="list-style-type: none"> <li>• Shallow Respiration</li> <li>• Cold, Clammy Skin</li> <li>• Blackout</li> <li>• Coma</li> <li>• Possible Death</li> <li>• May be Toxic if Mixed with Alcohol</li> </ul>
	Gamma Butyrolactone Glutethimide Ketamine Methaqualone Tranquillizers	GBL <sup>2</sup> Doriden Special K, K <sup>2</sup> Optimil, Parent, Quaalude, Sopor <sup>2</sup> Equanil, Valium, Tranxene Serax, Xanax, Rohyphal, Dalmane, Dormate, Placidyl, Valmid	Unknown High Unknown High Moderate	Unknown High Unknown High High		High	High
STIMULANTS	<sup>1</sup> Cocaine Amphetamine	Cocaine Hydrochloride <sup>2</sup> Benzadrine, Biphentamine, Desoxyn, Desedrine	Possible Possible	High High	<ul style="list-style-type: none"> <li>• Feeling of Well-Being</li> <li>• Excitation, Euphoria</li> <li>• Increased Alertness</li> <li>• Increased Blood Pressure, Pulse</li> <li>• Insomnia, Appetite Loss</li> </ul>	<ul style="list-style-type: none"> <li>• Delusions, Hallucinations (Toxic Psychosis)</li> <li>• Possible Organ/Tissue Damage</li> </ul>	<ul style="list-style-type: none"> <li>• Agitation</li> <li>• Temperature Increase</li> <li>• Hallucinations</li> <li>• Convulsions</li> <li>• Heart Attack, Stroke</li> <li>• High Blood Pressure</li> <li>• Loss of Consciousness</li> <li>• Seizures</li> </ul>
	Phenmetrazine Methyphenidate Other	<sup>2</sup> Ritalin <sup>2</sup> Cylert, Dildox, Pre-Sate, Sanorex, Vomeril Ecstasy, MDMA	Possible Possible Possible	High High High	<ul style="list-style-type: none"> <li>• Dilated Pupils</li> <li>• Increased Blood Pressure, Pulse</li> <li>• Delusions/Hallucinations</li> <li>• Distorted Perception of Time, Space, and Reality</li> </ul>	<ul style="list-style-type: none"> <li>• Hallucinations, Especially LSD, may Intensify Existing Psychosis</li> <li>• Possible Violent Behavior</li> </ul>	<ul style="list-style-type: none"> <li>• Intense Bad Trips</li> <li>• Psychosis</li> <li>• Possible Sudden Death</li> </ul>
	Methylenedioxymethamphetamine	Acid, Lysergic Acid Psycote, Psycote Buttons, Mescalito Magic Mushrooms, Shrooms Angel Dust, Crystal, Carnylan (Veterinary)	Low Low Low Unknown	Unknown Unknown Unknown Unknown	<ul style="list-style-type: none"> <li>• Dilated Pupils</li> <li>• Increased Blood Pressure, Pulse</li> <li>• Delusions/Hallucinations</li> <li>• Distorted Perception of Time, Space, and Reality</li> </ul>	<ul style="list-style-type: none"> <li>• Hallucinations, Especially LSD, may Intensify Existing Psychosis</li> <li>• Possible Violent Behavior</li> </ul>	<ul style="list-style-type: none"> <li>• Intense Bad Trips</li> <li>• Psychosis</li> <li>• Possible Sudden Death</li> </ul>
HALLUCINO-GENICS	<sup>1</sup> LSD Mescaline <sup>2</sup> Psilocybin MDA PCP	Acid, Lysergic Acid Psycote, Psycote Buttons, Mescalito Magic Mushrooms, Shrooms Angel Dust, Crystal, Carnylan (Veterinary)	Low Low Low Unknown	Unknown Unknown Unknown Unknown	<ul style="list-style-type: none"> <li>• Dilated Pupils</li> <li>• Increased Blood Pressure, Pulse</li> <li>• Delusions/Hallucinations</li> <li>• Distorted Perception of Time, Space, and Reality</li> </ul>	<ul style="list-style-type: none"> <li>• Hallucinations, Especially LSD, may Intensify Existing Psychosis</li> <li>• Possible Violent Behavior</li> </ul>	<ul style="list-style-type: none"> <li>• Intense Bad Trips</li> <li>• Psychosis</li> <li>• Possible Sudden Death</li> </ul>
	Alprane Glue Lighter Fluid Aerosol Spray Paints Paint Thinner Gasoline Poppers	Active Ingredient: Toluene Active Ingredient: Naphthalene Active Ingrid.: Chloroformcarbon Active Ingrid.: Petroleum Distillate Active Ingrid.: Petroleum Distillate Active Ingrid.: Petroleum Distillate Active Ingrid.: Amyl/Butyl Nitrite	Unknown Unknown Unknown Unknown Unknown Unknown Unknown	Unknown Unknown Unknown Unknown Unknown Unknown Unknown	<ul style="list-style-type: none"> <li>• Slurred Speech</li> <li>• Drunken Behavior</li> <li>• Impaired Judgement</li> <li>• Poor Coordination</li> </ul>	<ul style="list-style-type: none"> <li>• Hallucinations</li> <li>• Possible Damage to Bone Marrow, Lungs, Kidneys, Liver, Heart, Brain, Eyes</li> </ul>	<ul style="list-style-type: none"> <li>• Unconsciousness</li> <li>• Coma</li> <li>• Possible Toxic Reaction</li> <li>• Possible Sudden Death</li> </ul>
CANNABIS	<sup>2</sup> Marijuana <sup>2</sup> Hashish <sup>2</sup> Hash Oil	Grass, Pot, Weed, Dope Hash	Low Low Low	Moderate Moderate Moderate	<ul style="list-style-type: none"> <li>• Tachycardia, Reddened Eyes</li> <li>• Euphoria, Profound Humor</li> <li>• Altered Time/Space Perception</li> <li>• Short-Term Memory Loss</li> <li>• Increased Appetite</li> </ul>	<ul style="list-style-type: none"> <li>• Cardiovascular Damage as with Smoking Tobacco</li> </ul>	<ul style="list-style-type: none"> <li>• Insomnia, Hyperactivity</li> <li>• Panic Attacks, Paranoia</li> <li>• Possible Toxic Reaction if Treated w/other Chemicals</li> </ul>
	TOBACCO	Nicotine	Cigarettes Cigars	Moderate Moderate	High High	<ul style="list-style-type: none"> <li>• Relaxation</li> <li>• Stimulation</li> </ul>	<ul style="list-style-type: none"> <li>• Cardiovascular Disease</li> <li>• Respiratory Illness</li> </ul>

\* Alcohol and other drug use during pregnancy increases risk of physical harm to fetus

<sup>2</sup> Psychoactive drug effects refer to use at a greater than prescribed therapeutic dosage level

<sup>1</sup> Additional risk of harm from toxic impurities in street drugs