

**To:** Montgomery College Community  
**From:** Dr. DeRionne P. Pollard, President  
**Subject:** **Resources (Update #111)**  
**Date:** November 16, 2020

Good afternoon, Raptors.

I know everyone is working hard to get through the next week and a half. For students who might need extra support, please remind them that [tutoring is available](#) remotely. Some students are even using it *more frequently* than they did when classes were all face-to-face. [Mobile Markets](#) will be distributing food this week at the Takoma Park/Silver Spring Campus Wednesday, November 18, so stop by if you are in need.

While we're on the topic of need, I want to remind everyone about the College's [mental health and wellness](#) resources. Although the pandemic may seem routine by now, the stress that it imparts is not. I encourage each of you to take advantage of some of the tools to help manage the stress that we're all experiencing under our unusual circumstances.

As Montgomery County continues to record elevating numbers of COVID-19 infections, this week's [testing schedule](#) is now posted. As I mentioned last week, the state and the county have both tightened restrictions on businesses and numbers in gatherings. Before you make your holiday plans, please consult this [guidance](#) from the county. While many of us consider Thanksgiving to be the highlight of annual family reunions, county transmission rates are now considered very high, and health officials are encouraging us all to celebrate within our current households.

This Wednesday I'll share a special video look at how the campuses have been planning and preparing while most of us are remote. Another exciting video will be my December 3 Presidential Dialogue Series featuring two experts on [building racial justice through law](#). Students of criminal justice, law, government, and history should be particularly attuned to this discussion. Please send in questions to [PresidentialDialogue@montgomerycollege.edu](mailto:PresidentialDialogue@montgomerycollege.edu) by Friday, November 27.

Have a wonderful week.