

MONTGOMERY COLLEGE  
PHED101 Course Syllabus  
Health Enhancement, Exercise Science and Physical Education

I. Contact Information

Office:  
Class Time:  
Office Hours:  
Email:

II. General Course Information

PHED101: BADMINTON

The purpose of this class is to introduce the skills and concepts integral to the sport of badminton. Students will be expected to demonstrate a proficiency in the skills, an understanding of the offensive and defensive concepts, and an understanding of the relationship between the skills, rules and strategies.

III. Specific Outcomes

Students will demonstrate proficiencies in the following skills: the grip, the ready position, forehand stroke, backhand stroke, clear shot, drop shot, drive, smash, serve.

Students will be able to participate in various drills, and explain the relationship of the drills to their skill development and game play.

Students will be able to explain, execute and diagram both man strategies and concepts for both singles and doubles play.

Students will apply the basic rules of the sport of badminton to their games.

Students will improve their physical conditioning, through a combination of aerobic and non-aerobic exercise.

IV. Text, Workbooks and Supplies

No text required. Students will be directed to websites and given handouts. Students will be required to bring a pen or pencil to class each day. Students will also need a smart phone or tablet with a QR Code scanner. Much of the course content will be accessed through the use of QR codes. If you do not have a smart phone or tablet, please let me know.

V. Course Requirements

A. Course Grade

| <u>Category</u>                  | <u>Point Value</u> | <u>Class %</u> |
|----------------------------------|--------------------|----------------|
| Exams/quizzes                    | 40                 | 20             |
| Activity Log (20 days @3 pt/day) | 60                 | 30             |
| Preparedness/ and Effort         | 30                 | 15             |
| Game performance Assessments     | 40                 | 20             |
| Outside Assignments              | 30                 | 15             |

Log/Participation: To earn points in this part of your grade, you will complete the drills indicated on the log sheet each day. Students arriving after the drills have started will not be allowed to

earn points for the log that day. To earn points for the log, students must complete the minimum pedometer steps indicated for that day. Students may use a personal fitness tracker (indicating both beginning and ending steps, as well as total) or use an assigned pedometer. Step requirements will range from 1000 on less active days to 2600 on more active days.

Preparedness and Effort: This is a physical activity class, and as such, you are expected to give maximal effort in all drills and game activities. You are also expected to participate in the set-up and clean-up of the courts each day.

Preparedness and Absence Scale:

0-1 absence- can earn maximum 30 points

2 absences- can earn a maximum 23 points

3 absences- can earn a maximum of 15 points

4 absences- Students will earn zero points in this portion of their grade.

**After more than four absences, students cannot pass the class. They have the option of dropping from the class, or earning a grade of "F".**

Student will be graded on a combination of factors including written evaluations, class assignments, skill tests, regular attendance and participation. Because skill level and improvement can only be evaluated during class hours, it is mandatory that all students attend regularly. 45% of the final grade will be based upon active, appropriate participation in the class activities. Students who are late for class or not participating appropriately with the other students will lose points in this portion of their grade.

**Students dismissed for class for cursing, or inappropriate behavior will receive a zero (i.e. no log points and counted as absence) for that day. Any subsequent breach of appropriate behavior will result in dismissal from the course. Students are expected to abide by the behaviors described in the Student Code of Conduct at all times.**

#### B. Late Policy

Attendance will be taken each day by 12:05. Students arriving after 12:05, but before 12:15 will be considered late. Three late occurrences are the equivalent of one absence. Students arriving late will not be allowed to make up any missed in-class assignments. Students arriving after 12:15 will be considered absent, and not be allowed to participate in the in-class assignment, regardless of the time it is given. Assignments are due on Blackboard at the beginning of class on the date indicated in class. Assignments handed in after the beginning of class, until the end of that work day will lose 10%. Late assignments will be accepted up until the beginning of the next class, minus 25% off. Assignments will not be accepted later than the next class.

There are no scheduled make-ups for this class. Students who miss class will not be permitted to make up any missed written or skills, unless the student contacts the instructor 24 hours before the scheduled quiz/exam.

## VI. Student Code of Conduct

### A. Standards of College Behavior

All students are expected to abide by the Standards of College Behavior as defined in the College's Student Code of Conduct. Students will conduct themselves appropriately at all times.

The College seeks to provide an environment where discussion and expression of all views relevant to the subject matter of the educational forum are recognized as necessary to the educational process.

- However, students do not have the right to interfere with the freedom of the faculty to teach or the rights of other students to learn, nor do they have the right to interfere with the ability of staff to provide services to any student.
- Faculty and staff set the standards of behavior that are within the guidelines and spirit of the Student Code of Conduct or other College policies for classrooms, events, offices, and areas, by announcing or posting these standards early in the semester.
- If a student behaves disruptively in the classroom, an event, an office, or an area after the instructor or staff member has explained the unacceptability of such conduct and the consequences that will result; the student may be asked to leave that classroom, event, office, or area for the remainder of the day. This does not restrict the student's right to attend other scheduled classes or appointments.
- If the student does not leave, the faculty or staff member may request the assistance of Security.
- The faculty or staff member must communicate with the student about the incident before the next class meeting to resolve the issue. If a second incident occurs that warrants removal from class, the faculty member again communicates with the student and must send a written report about the incident to the Dean of Student Development with a description of the incident and whether or not the incident is being referred to the formal disciplinary process.
- The Dean of Student Development or designated instructional Dean of Workforce Development and Continuing Education should be informed in writing about any situation that should be addressed through the formal disciplinary process. The faculty or staff member will provide the Dean of Student Development with a written summary of the facts or conduct on which the referral is based within 48 hours of the incident for appropriate and effective disciplinary process, which must include the date, time, place, and a description of the incident.

Food and drink, other than water, are not permitted. Students will turn off all cell phones and

paggers while in the classroom. No headphones or personal stereos will be permitted. Students who are disruptive during class will be asked to leave, will be marked as absent, and receive a zero on any in-class assignment for that day.

### Academic Honesty

All students are expected to achieve their goals with academic honesty. Cheating, plagiarism, and/or others forms of academic dishonesty, examples of which are found in the Student Code of Conduct, will not be tolerated. Grade sanctions may range from an “F” on the assignment in which the dishonesty occurs, to an “F” on a portion of the course grade to a maximum sanction of an “F” in the course. The complete policy regarding academic honesty can be found at <http://cms.montgomerycollege.edu/pnp/#Chapter4>

## VII. Collegewide Policies and Procedures

### A. Attendance Policy

Students are expected to attend all class sessions. In cases involving excessive absences from class, the instructor may drop the student from the class. An excessive absence is defined as one more absence than the number of classes per week during a fall or spring semester; the number of absences is prorated for accelerated sessions.

### B. Withdrawal and Refund Dates

It is the student’s responsibility to drop a course. Non-attendance of classes or failure to pay does not constitute official withdrawal. To view specific drop deadlines, log into your MyMC account:

- 1) Click on “My Class Schedule” under Student Quick Links
- 2) Select the current term
- 3) Click on “View Drop Deadline Dates” at the bottom of the page”

### C. Audit Policy

All students registered for audit are required to consult with the instructor before or during the first class session in which they are in audit status, and students are required to participate in all course activities unless otherwise agreed upon by the student and instructor at the time of consultation Failure to consult with the instructor or to so participate may result in the grade of “W” being awarded. This action may be taken by the instructor by changing the “AU” to “W” before the drop with “W” date.

### D. Disability Support Services

Any student who needs an accommodation due to a disability should make an appointment to see me during my office hours. In order to receive accommodations, a letter from Disability Support Services (G-SA 189; R-CB 122; or TP/SS-ST 122) will be needed. Any student who may need assistance in the event of an emergency evacuation must identify to the Disability Support Services Office; guidelines for emergency evacuations for individuals with disabilities are found at: [www.montgomerycollege.edu/dss](http://www.montgomerycollege.edu/dss).”

### E. Veteran’s Services

If you are a veteran or on active or reserve status and you are interested in information regarding opportunities, programs and/or services, please visit the Combat2College Web site at [www.montgomerycollege.edu/combat2college](http://www.montgomerycollege.edu/combat2college).

#### F. Delayed Opening or Closing of the College

Montgomery College will always operate on its regular schedule unless otherwise announced. Depending on the nature of the incident, notifications of emergencies and changes to the College's operational status will be communicated through one or more communication methods including the College's web page <http://montgomerycollege.edu>

For the most up-to-date information regarding College openings, closings, or emergencies, all students, faculty, and staff are encouraged to sign up for email and text alerts via Montgomery College ALERT. Registration information is available at [www.montgomerycollege.edu/emergency](http://www.montgomerycollege.edu/emergency).

If a class can meet for 50% or more of its regularly scheduled meeting time OR if the class can meet for 50 minutes or more, it will meet.

#### G. Communication

It is recommended that you check your account routinely for official communication or as directed by your instructor(s). Some items you may find there are: course announcements, invoices, important admission/registration information, waitlist status. To check your e-mail, log into your MyMC online account and locate the e-mail icon in the upper right hand corner of the page."

#### VIII. Additional General Information

There are locker rooms available for students to change from their street clothing to workout attire. Students should change in the locker room, and not in the weight room. Students may not leave any personal items in the lockers overnight. Students are encouraged to bring all valuables with them to class rather than leaving them in the locker room. Thefts occur each semester from the locker room lockers.

#### IX. Course Schedule

Quizzes and in class assignments will be announced as the class progresses. The final exam will be given the last week of class.