

Montgomery College Nursing Program

NURS 121: Basic Health Assessment (1 Credit)

COURSE DESCRIPTION

This course provides instruction and guided practice in the assessment techniques used to gather subjective and objective data from patients in a health care setting and the documentation of that data. Assessment of all body systems is covered. The nursing process, therapeutic communication techniques, and assessment skills are utilized to facilitate a thorough physical assessment of each body system. Upon completion of this course the student will be able to complete a comprehensive head to toe assessment.

NURS 121 consists of one credit hour: three hours of laboratory each week. Prerequisites:

Admission to the nursing program or consent of the program coordinator, Pre/Co Requisites: BIOL 150. NURS 113 and NURS 114 are co-requisites in the first semester with NURS 121. Three hour's laboratory each week.

Course Outcomes

Upon completion of the course, the student will be able to:

1. Recognize the importance of health assessment through the application of the Five Dimensions of Man, Maslow's theory and/or Erikson growth and developmental stages in patient care.
2. Utilize professional, collaborative and therapeutic communication skills during the health assessment process.
3. Apply the nursing process to each health assessment.
4. Discuss the legal and ethical considerations of a health assessment.
5. Identify normal versus abnormal assessment findings.
6. Demonstrate mastery of documentation and documentation tools.
7. Complete a Health History.
8. Demonstrate mastery of health assessment techniques.

Program Outcomes (EOPSLO's: End of Program Student Learning Outcomes)

1. Maintain legal, ethical, evidence-based and professional standards in nursing.
2. Utilize clinical reasoning in practice.
3. Practice patient centered care.
4. Demonstrate teamwork and collaboration.
5. Effectively use current technology and informatics.
6. Ensure a safe environment for patient, self, and others.

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Evaluation Methodology

<u>Physical Assessment</u>	<u>Points</u>
Comprehensive Assessment	40
Bed Side Assessment	30
<u>Assignments</u>	
Bb Quizzes	12
Weekly Competencies	12
ATI Modules	3
Bb Discussions	3
Total	100