

**Physical Education Teacher Education
Arts and Sciences AA: 159A
Total Credits: 60
Catalog Edition: 2018-2019**

Program Description

This AA area of concentration provides the first two years of a teacher preparation program for the elementary and secondary grade levels.

This curriculum prepares students to transfer to four year institutions with a broad-based background in the study of human movement and education theory and psychology. This curriculum is based upon introducing students to the National Standards for Physical Education (NASPE) for entry level physical education teachers. The program allows the students to fulfill their general education requirements, participate in field work experience, as well as complete a core of professional preparation work that is appropriate for students in their first two years of the physical education major. Courses will address pedagogy, psychology, motor skill and movement abilities as well as health and fitness promotion.

Program Outcomes

Upon completion of this program a student will be able to:

- Identify historical, philosophical, and social perspectives of physical education issues and legislation.
- Analyze and correct elements of motor skills and performance concepts.
- Develop and implement appropriate (e.g. measureable, developmentally appropriate, performance-based) goals and objectives aligned with local, state, and/or national objectives.
- Design and implement content and assessments that are aligned with lesson objectives.
- Demonstrate knowledge of current technology by planning and implementing learning experiences that require students to appropriately use technology to meet lesson objectives.
- Implement effective demonstrations, explanations, and instructional cues and prompts to link physical activity concepts to appropriate learning experiences.

Program Advisor

- **Professor Lesley Wasilko**
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For more information please visit
<http://cms.montgomerycollege.edu/heespe/>

2018-2019 Program Advising Guide

An Academic Reference Tool for Students

Physical Education Teacher Education

Arts and Sciences AA:159A

Suggested Course Sequence

This section is available on the catalog website at

<http://catalog.montgomerycollege.edu/content.php?catoid=9&navoid=1840>

First Semester

- [BIOL 150 - Principles of Biology I](#) 4 semester hours (NSLD)
- [ENGL 101 - Introduction to College Writing](#) 3 semester hours *
- [MATH 120 - Survey of College Mathematics](#) 3 semester hours (MATF) †
- [PHED 120 - Beginner Swimming](#) 1 semester hour **OR** [PHED 121 - Intermediate Swimming](#) 1 semester hour
- [PHED 186 - Volleyball](#) 1 semester hour
- [PHED 201 - Overview of Physical Education](#) 3 semester hours

Second Semester

- [EDUC 101 - Foundations of Education](#) 3 semester hours
- [EDUC 102 - Field Experience in Education](#) 1 semester hour
- [ENGL 102 - Critical Reading, Writing, and Research](#) 3 semester hours (ENGF)
- [HLTH 105 - Personal and Community Health](#) 3 semester hours (GEIR)
- [PHED 143 - Soccer](#) 1 semester hour **OR** [PHED 152 - Basketball](#) 1 semester hour
- [PHED 163 - Weight Training Designs for Women](#) 1 semester hour **OR** [PHED 170 - Strength Training and Conditioning I](#) 1 semester hour
- Arts distribution 3 semester hours (ARTD) † †

Third Semester

- [BIOL 212 - Human Anatomy and Physiology I](#) 4 semester hours (NSLD)
- [COMM 108 - Foundations of Human Communication](#) 3 semester hours (GEIR) **OR** [COMM 112 - Business and Professional Speech Communication](#) 3 semester hours (GEIR)
- [PHED 101 - Badminton](#) 1 semester hour **OR**
- [PHED 116 - Tennis I](#) 1 semester hour
- [PSYC 102 - General Psychology](#) 3 semester hours (BSSD)
- Humanities distribution 3 semester hours (HUMD) † †

Fourth Semester

- [BIOL 213 - Human Anatomy and Physiology II](#) 4 semester hours (NSLD)
- [HLTH 125 - Personalized Health Fitness](#) 3 semester hours
- [HLTH 220 - Emergency Medical Responder](#) 3 semester hours
- [PHED 204 - Foundations of Elementary School Physical Education](#) 3 semester hours
- Behavioral and social sciences 3 semester hours (BSSD) ** † †

Total Credit Hours: 60

Advising Notes

* [ENGL 101](#) /[ENGL 101A](#) , if needed for [ENGL 102](#) , or elective.

** BSSD courses must come from two different disciplines.

† Meet with Program Adviser to select MATH and other General Education courses based on the transfer school(s) of interest.

- † † Meet with Program Adviser to select General Education courses based on transfer school AND choose one course listed on the General Education course list with an asterisk * from either Arts, Humanities, or Behavioral/Social Science choices to fulfill the Global & Cultural Perspectives Requirement. Students participating in the articulated curriculum with Salisbury University - Shady Grove need an additional 10 credits that include [HIST 117](#) 6 HLTH credits + 1 PHED credit. ([PHED 166](#) , [HLTH 160](#) + 1 of the following courses-[HLTH 131](#) , [HLTH 170](#) , [HLTH 212](#) , [HLTH 215](#) , or [HLTH 230](#)) Students must meet with departmental advisers for selection of appropriate general education and professional courses.

PHYSICAL EDUCATION TEACHER EDUCATION, Arts and Sciences AA (R): 159A

Total Credits: 60
Catalog Editions 17-18 through 18-19

Name:

Date:

ID #:

GENERAL EDUCATION: FOUNDATION COURSES	Course	Hours	Grade
English Foundation	EN 102/ENGL 102	3	
Math Foundation	MATH 110/MATH 120†	3	

GENERAL EDUCATION: DISTRIBUTION COURSES	Course	Hours	Grade
Arts Distribution (ARTD) ††			
Humanities Distribution (HUMD) ††			
Behavioral & Social Sciences Distribution (BSSD)	PY 102/PYSC 102	3	
Behavioral & Social Sciences Distribution (BSSD NOT PSYC) **††		3	
Natural Sciences Distribution with Lab (NSLD)	BI 107/BIOL 150	4	
Natural Sciences Distribution with Lab (NSLD)	BI 204/BIOL 212	4	
General Education Institutional Requirement (GEIR)		3	
General Education Institutional Requirement (GEIR)	HE 101/HLTH 105	3	

PROGRAM REQUIREMENTS	Course	Hours	Grade
ENGL 101 or ENGL 101A (if needed for ENGL102 or Elective)*		3	
	ED 101/EDUC 101	3	
	ED 102/EDUC 102	1	
	BI 205/BIOL 213	4	
	HE 109/HLTH 125	3	
	HE 205/HLTH 220	3	
PE 101/PHED 101 or PE 116/PHED 116		1	
PE 129/PHED 120 or PE 130/PHED 121		1	
PE 162/PHED 143 or PE 169/PHED 152		1	
PE 178/PHED 163 or PE 186/PHED 170		1	
	PE 195/PHED 186	1	
	PE 203/PHED 201	3	
	PE 200/PHED 204	3	

Has student completed the Global Perspectives requirement? Yes No

Overall GPA of 2.0 is required to graduate

Global Perspectives Course:

Total Credits:

* ENGL 101/ENGL 101A, if needed for ENGL 102 or Elective.

** The two behavioral and social sciences courses must be in different disciplines.

†,†† Meet with Program Adviser (Lesley Wasilko, Lesley.Wasilko@montgomerycollege.edu) to select MATH and other General Education courses based on transfer school AND choose one course listed on the General Education list with an asterisk * from either Arts, Humanities, or Behavioral/Social Science choices to fulfill the Global & Cultural Perspectives Requirement.

[Health Enhancement, Exercise Science, & Physical Education Website](#)

Last Modified: July 2018

See an [advisor](#) to submit an [Application for Graduation](#) the semester BEFORE you intend to graduate.

This UNOFFICIAL document is for planning purposes ONLY and completion does not guarantee graduation.

Advising Worksheet
Contact: [Anthony Solano](#)

Transfer Opportunities

Montgomery College has partnerships with multiple four-year institutions and the tools to help you transfer. To learn more please visit:

<http://cms.montgomerycollege.edu/Transfer/> or
<http://artsys.usmd.edu/>

Shepherd University, (WV)

Montgomery College A.A. in Physical Education
Teacher Education Area of Concentration to Shepherd
University B.A. in Physical Education Teaching Field,
PreK-Adult

Get Involved at MC!

Employers and Transfer Institutions are looking for experience outside the classroom.

MC Student Clubs and Organizations

<https://cms.montgomerycollege.edu/edu/plain.aspx?id=2439>

Related Careers

Physical Education Teacher
Parks and Recreation
Sport industries

Career Services

<http://www.montgomerycollege.edu/career>

Career Coach

A valuable online search tool that will give you the opportunity to explore hundreds of potential careers or job possibilities in Maryland and the Washington D.C. metropolitan area.

Get started today on your road to a new future and give it a try. Visit the website listed below:

<https://montgomerycollege.emsicareercoach.com>

Notes:

The Physical Education Teacher Education program is designed to provide students with course flexibility to facilitate transferring to different four year institutions. It is important to meet with an academic advisor to ensure you are taking the classes that best meet your transfer institution's requirements.