



**MC** ACHIEVING THE PROMISE ACADEMY  
**MONTGOMERY COLLEGE**

Followed by the  
30-Minute Mingle

# LEARNING COMMUNITY HOUR (LCH) Workshop Series

**Tuesdays**

Noon–1 p.m.



[bit.ly/lch-noon-fall-2022](https://bit.ly/lch-noon-fall-2022)

**Wednesdays**

4:30–5:30 p.m.



[bit.ly/lch-afternoon-fall-2022](https://bit.ly/lch-afternoon-fall-2022)

Join MC's academic coaching program, the Achieving the Promise Academy, for our weekly student success workshops.

Learn how to succeed in college (and beyond) with MC experts, nationally-recognized speakers, and students like you.

**All MC students are welcome to attend.**



[linktr.ee/atpa](https://linktr.ee/atpa)

## Fall 2022 SCHEDULE

**August 30 and 31**  
Cultivating a Sense of Belonging

**September 6 and 7**  
X Factor & Goal Setting

**September 13 and 14**  
Creating Your Study Plan and Using it Effectively

**September 20 and 21**  
How to Study Smarter

**September 27 and 28**  
How to Pay for College

**October 4 and 5**  
The Time Empowerment System

**\*No LCH during Midterms October 10-16\***

**October 18 and 19**  
Strategies for Resilience

**October 25 and 26**  
Growing Your Mindset

**November 1 and 2**  
Progress, Not Perfection: The Empowerment Focuser

**November 8 and 9**  
Note Taking Tips

**November 15 and 16**  
Eat That Frog: Overcoming Procrastination

**November 22**  
ATPA Alumni Reunion: Giving=Living

**November 29 and 30**  
Questions You Should Ask Before Transferring

**December 6 and 7**  
Keep Your Cool and Stay Energized for Finals