

**ACADEMIC PROGRAM ARTICULATION AGREEMENT BETWEEN
MONTGOMERY COLLEGE
AND
UNIVERSITY OF MARYLAND EASTERN SHORE
REGARDING TRANSFER FROM
ASSOCIATE OF ARTS IN ARTS AND SCIENCES
(EXERCISE SCIENCE AREA OF CONCENTRATION)
TO
BACHELOR OF SCIENCE IN EXERCISE SCIENCE
(HEALTH FITNESS TRACK/CLINICAL TRACK)**

This Academic Program Articulation Agreement (“Agreement”) is entered into by and between Montgomery College (the “Sending Institution”) and the University of Maryland Eastern Shore (the “Receiving Institution”) (collectively, the “Institutions”) to facilitate the transfer of academic credits from Arts and Sciences Transfer, Associate degree, for the completion of Exercise Science, Bachelor degree (the “Program(s)”):

Institution	HEGIS Program Title	Award Type	Statewide CIP
Montgomery College	491001 Arts & Sciences Transfer Area of Concentration Exercise Science	Associate’s Degree	240101
University of Maryland Eastern Shore	083502 Exercise Science	Bachelor’s Degree	310505

A. Qualifying Students

This Agreement pertains to the transfer of “Qualifying Students”, *i.e.*, those students who:

1. Have successfully completed the program at Montgomery College;
2. Are enrolled in Montgomery College in good standing; and
3. Are accepted for admission to the University of Maryland Eastern Shore.

B. Responsibilities of the Institutions

The Institutions agree to implement the transfer of Qualifying Students in accordance with applicable law and the following requirements and protocols:

1. A Qualifying Student may transfer into from Montgomery College into the University of Maryland Eastern Shore for the completion of the Bachelor of Science in Exercise Science;

2. Courses that the University of Maryland Eastern Shore will accept credits for towards completion of the Bachelor of Science in Exercise Science include:

PROGRAM ARTICULATION TABLE						
Montgomery College			University of Maryland Eastern Shore			
Program name	Arts and Sciences (Exercise Science Area of Concentration)		Exercise Science (Clinical Track or Health Fitness Track)			
Award Type (e.g., AAS)	AA		BS			
Credit Length	60		120			
SECTION A - General Education						
Montgomery College			University of Maryland Eastern Shore			
Course Prefix & Number	Course Name	Credits	Course Prefix & Number	Course Name	Credits Applied	Elective Credits
ENGL 101	Introduction to College Writing	3	ENGL 101	Principles of Composition I	3	
ENGL 102 or ENGL 103	Critical Reading, Writing, and Research or Critical Reading, Writing, and Research in the Workplace	3	ENGL 102	Principles of Composition II	3	
BIOL 150	Principles of Biology I	4	BIOL 111/113	Principles of Biology I w/Lab	4	
Arts Distribution	Example: ARTT 200 Global Art History I*	3	Arts / Humanities	ARTS 211 Art History I	3	
Humanities Distribution	Example: HIST 117 World History 1500 to Present*	3	Arts / Humanities	HIST 102 History of World Civilization II	3	
PHED 206	Principles and Practices of Health-Related Fitness	3	EXSC 111	Personal Health Fitness in Diverse Social Context	3	
COMM 108	Foundations of Human Communication	3	ENGL 203	Foundations of Interpersonal Communications	3	
PSYC 100	General Psychology	3	PYSC 100	Introduction to Psychology	3	
SOCY 100 or SOCY243	Introduction to Sociology or Sociology of Sport	3	SOCI 101	Introduction to Sociology	3	
MATH 117	Elements of Statistics	3	MATH 210	Elementary Statistics	3	
General Education Total		31	Section A Subtotal		31	
*A full list of other acceptable General Education courses can be found under the General Education Program Requirements and Course Lists section of https://www.montgomerycollege.edu/academics/general-education-program/index.html						
SECTION B – Program Core / Major Requirement						
Course Prefix & Number	Course Name	Credits	Course Prefix & Number	Course Name	Credits Applied	Credits NOT Applied
HLTH 220	Emergency Medical Responder	3	Elective	Free Elective	3	
HLTH 225	Introduction to Health Behaviors	3	EXSC 252	Sports Psychology	3	
PHED 228	Group Fitness Instructor Training	3	EXSC 202	Personal and Community Health	3	
PHED 230	Advanced Weight Training: Theory and Program Design	3	EXSC 222 or EXSC 223 or EXSC 224 <i>with</i> Elective	Beginners Swimming or Tai Chi Foundations or Fundamentals of Basketball Free Elective	1 2	

PHED 237	Fitness Assessment and Programming	3	EXSC 355	Exercise Testing and Prescription	3	
PHED 240	Personal Training Techniques	3	EXSC 200	Introduction to Exercise Science	3	
PHED 250	Prevention and Management of Exercise Injuries	3	EXSC 302	Sport Medicine and First Aid	3	
Section B.1 Supporting Courses						
BIOL 212	Human Anatomy and Physiology	4	BIOL 231/233	Human Anatomy and Physiology I w/Lab	4	
BIOL 213	Human Anatomy and Physiology	4	BIOL 232/234	Human Anatomy and Physiology II w/Lab	4	
Program / Major Requirement Total		29	Section A Subtotal			29
					Total College Credits Applied	
					60	

SECTION C - Remaining University of Maryland Eastern Shore Requirements						
UMES (General Education)						
	ENGL 305	Technical Writing				3
	BUAD 212 or BUED 213 or	Business Software Applications or Computer Concepts / Applications or Technology and Society				3
	BIOL 112	Principles of Biology II				3
	MATH 109	College Algebra				3
	JEDI Course	BUAD 311, CRJS 455, DMST 440, ENGL 348, ENGL 359, EXSC 111, EXSC 265, EXSC 385, HUEC 230				3
					Remaining General Education Subtotal	
					15	
Program Core						
	EXSC 265 or EXSC 382	Contemporary Issues in Kinesiology or Socio-Cultural Aspects of Sport				3
	EXSC 411	Applied Kinesiology				3
	EXSC 332	Exercise Physiology				3
	EXSC 445	Health Aspects of Aging				3
	EXSC 455	Health Fitness Management				3
	EXSC 464	Adult Health Fitness Programming				3
	EXSC 475	Advanced Strength and Conditioning				3
	EXSC 490	Internship of Kinesiology				3
					Remaining Program Core Subtotal	
					24	
Supporting Courses						
	BIOL 114	Principles of Biology II Lab				1
	CHEM 111	Principles of Chemistry I				3
	CHEM 113	Principles of Chemistry I Lab				1
	ACCT 200	College Accounting				3
	BUAD 132	Introduction of Business				3
	DMST 210	Writing for Public Communication				3
	PHYS 121	General College Physics I				3
	PHYS 123	General College Physics I Lab				1
	PYSC 205	Development Psychology				3
					Remaining Supporting Courses Subtotal	
					21	
					Remaining General Education Subtotal	
					15	
					Remaining Program Core Subtotal	
					24	
					Remaining Supporting Courses	
					21	
					Total Remaining UMES Credits	
					60	
Special Notes, if any:						

3. The Receiving Institution shall designate, and shall provide to the Sending Institution, the contact information for a staff person at the Receiving Institution who is responsible for the oversight of the transfer of Qualifying Students. The Sending Institution shall designate, and shall provide to the Receiving Institution, the contact information for a staff person at the Sending Institution who is responsible for the oversight of the transfer of Qualifying Students.

	Montgomery College	University of Maryland Eastern Shore
Name of staff person responsible for oversight	Mr. Justin Edgar	Dr. Etahe Johnson
Title of staff person	Articulation and Transfer Program Manager	Director of Virtual/Distance Learning and Articulation Liaison
Email address	justin.edgar@montgomerycollege.edu	ejohnson2@umes.edu
Telephone Number	240-567-9047	410-651-6131

Should the staff person or position change, the institution will promptly provide new contact information to the partner institution and inform the Maryland Higher Education Commission of the change.

Additional contact information:

Direct Points of Contact for Articulation Agreement	Montgomery College	University of Maryland Eastern Shore
Name of person	Lakisha Nickens-Gaither	Dr. Yen Dang
Title of person	Assistant Professor - Social Science, History, Health and PE	Acting Chair of Kinesiology
Email address	lakisha.nickens-gaither@montgomerycollege.edu	ydang@umes.edu
Telephone Number	240-567-7980	410-651-8169

4. If the Qualifying Student is using federal Title 38 VA Education Benefits (GI Bill® Education Benefits), the Institutions shall adhere to all applicable U.S. Department of Veterans Affairs' regulations, including the regulations governing the awarding prior credit, as regulated under Title 38, Code of Federal Regulations, Sections 21.4253(d)(3) and 21.4254(c)(4).
5. Each Institution shall adhere to all applicable transfer requirements set forth in the Annotated Code of Maryland and the Code of Maryland Regulations.

6. Each Institution shall advise students regarding transfer opportunities under this Agreement, and shall advise students of financial aid opportunities and implications associated with the transfer.
7. Should either Institution make changes to program requirements, the institution will inform the partner institution immediately. The articulation agreement should be updated to reflect the changes and forwarded to the Maryland Higher Education Commission.

C. Term and Termination

1. This Agreement shall become effective on the date it is signed by the appropriate and authorized representative of each institution.
2. The initial term of this Agreement shall be five (5) years from the effective date. Thereafter, the Agreement shall automatically renew for successive five (5) year terms unless either Institution provides written notice of termination at least thirty (30) days prior to the expiration of the then-current term.
3. Either Institution may, at its sole discretion, terminate this Agreement by delivering thirty (30) days' written notice to the other Institution and the Maryland Higher Education Commission. If this Agreement is terminated prior to the end of the initial five (5) year term, it shall automatically renew unless both Institutions mutually agree in writing to forego the renewal.
4. Both Institutions agree to meet once every two (2) years to review the terms of this Agreement and assess its effectiveness.

D. Amendment

1. This Agreement constitutes the entire understanding and agreement of the Institutions with respect to their rights and obligations in carrying out the terms of the Agreement, and supersedes any prior or contemporaneous agreements or understandings.
2. This Agreement may be modified only by written amendment executed by both Institutions.

E. Governing Law

This Agreement shall be governed by, and construed in accordance with, the laws of the State of Maryland.

F. Counterparts

This Agreement may be executed in counterparts, each of which shall be deemed to be an original, but all of which, taken together, shall constitute one and the same agreement.

G. Notice of Agreement

1. The Institutions agree to provide a copy of this Agreement, with any amendments, to the Maryland Higher Education Commission.
2. The Institutions agree to provide copies of this Agreement to all relevant individuals and departments of the Institutions, including but not limited to students, academic department chairs participating in the transfer, offices of the president, registrar’s offices, and financial aid offices.

H. No Third-Party Beneficiaries

There are no third-party beneficiaries to this Agreement.

I. Representations and Warranties of the Parties

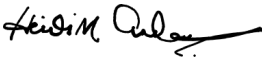
Both Institutions represent and warrant that the following shall be true and correct as of the Effective Date of this Agreement, and shall continue to be true and correct during the term of this Agreement:

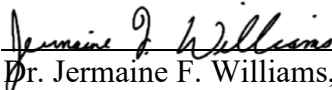
1. The Institutions are and shall remain in compliance with all applicable federal, state, and local statutes, laws, ordinances, and regulations relating to this Agreement, as amended from time to time.
2. Each Institution has taken all action necessary for the approval and execution of this Agreement.

IN WITNESS WHEREOF, the parties hereto have caused this Agreement to be executed by their duly authorized representatives.

University of Maryland Eastern Shore

Montgomery College

By: 
Dr. Heidi M. Anderson, President

By: 
Dr. Jermaine F. Williams, President

05 / 04 / 2026
Date

5.1.26
Date

Willie L. Brown, Jr. 05 / 04 / 2026

 05 / 04 / 2026