



Summer 2020 Popup Classes
Business Training Solutions
Montgomery College
Workforce Development and Continuing Education

| Course ID | CRN# | Course Title/Description | Date/Time | Cost |
|------------------|-------------|--|---|-------------|
| MGT632 | 16869 | <p>Sustaining Resilience</p> <p>During this unprecedented time of change and uncertainty, we are required to draw on all our reserves of resilience. Understanding what resilience is and how it connects to change is necessary for understanding our lives during a pandemic. Examples of resilience and specific exercises will be utilized to prepare participants to strengthen and sustain resilience over a period of time.</p> | <p>August 5, 2020</p> <p>Structured Remote</p> <p>8:30am – 12:30pm</p> | \$129.00* |
| MGT633 | 16870 | <p>Leading Through Change</p> <p>Effective leadership requires a whole host of interpersonal skills in normal times. This is further exacerbated during pandemic times. This unprecedented period of change requires that leaders utilize specific interpersonal skills to lead others through change. This further requires an understanding of change management and how it connects to skill such as being resilient, communicating effectively and utilizing empathy.</p> | <p>August 14, 2020</p> <p>Structured Remote</p> <p>8:30am – 12:30pm</p> | \$129.00* |
| MGT634 | 16871 | <p>Strengthening Effective Communication</p> <p>How much of your day is spent communicating? Being able to effectively communicate is a critical interpersonal skill for professional success and is especially needed during the current crisis. This course will review the fundamentals of communication and provide instruction on how to strengthen your communication skills effectively.</p> | <p>August 19, 2020</p> <p>Structured Remote</p> <p>8:30am – 12:30pm</p> | \$129.00* |

Contact Fizie Haleem at fizie.haleem@montgomerycollege.edu for more information.

*Non-Maryland Residents add \$120.00

For Registration Information visit: www.montgomerycollege.edu/wdce/register.html

Course availability, descriptions and other information are subject to change without notice.