

Personal Assessment of Homophobia

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Homophobia may be defined as an unrealistic fear of or generalized negative attitude toward lesbian, gay, and bisexual people and may be expressed by LGBTQ+ people as well as by non-LGBTQ+ people.

1. Do you stop yourself from doing or saying certain things because someone might think you're gay or lesbian? If yes, what things?
2. Do you ever intentionally do or say things so that people will think you're non-gay?
3. Do you believe that LGBTQ+ persons can influence others to become homosexual? Do you think someone could influence you to change your sexual and affection preference?
4. If you are a parent, how would you (or do you) feel about having a LGBTQ+ daughter or son?
5. How do you think you would feel if you discovered that one of your parents or parent figures, or a brother or sister, were LGBTQ+?
6. Are there any jobs, positions, or professions that you think LGBTQ+ persons should be barred from holding or entering? If yes, why?
7. Would you go to a physician whom you knew or believed to be LGBTQ+ if that person were of a different gender from you? If that person were of the same gender as you? If not, why not?
8. If someone you care about were to say to you, "I think I'm gay," would you suggest that the person see a therapist?
9. Have you ever been to a gay or lesbian bar, social club, or march? If not, why not?
10. Would you wear a button that says, "How dare you presume I'm heterosexual?" If not, why not?
11. Can you think of three positive aspects of a LGBTQ+ "lifestyle"? Can you think of three negative aspects of a non-LGBTQ+ lifestyle?
12. Have you ever laughed at a "queer" joke?