Montgomery County Food Assistance Resource Directory
CONTENTS

Contents

1. SNAP/WIC Locations ................................................................. 2
2. Beltsville Food Assistance Resources................................. 3
3. Bethesda Food Assistance Resources .............................. 3
4. Burtonsville Food Assistance Resources ..................... 4
5. Chevy Chase Food Assistance Resources ..................... 4
6. Clarksburg Food Assistance Resources ...................... 5
7. Damascus Food Assistance Resources ......................... 5
8. Gaithersburg Food Assistance Resources ................... 6
9. Germantown Food Assistance Resources .................... 8
10. Kensington Food Assistance Resources ....................... 8
11. Laurel Food Assistance Resources ................................. 9
12. Poolesville Food Assistance Resources ................... 9
13. Rockville Food Assistance Resources ...................... 10
14. Silver Spring Food Assistance Resources .................. 12
15. Takoma Park Food Assistance Resources .................. 18
16. Temple Hill Food Assistance Resources .................. 18
17. Washington, DC Food Assistance Resources ............. 19
18. Wheaton Food Assistance Resources ..................... 19
19. Call for More Information ................................................... 20
SNAP/WIC Locations

Montgomery County DHHS - CCI Main Office
15850 Crabbs Branch Way, Suite 350 Rockville, 20855

Montgomery County DHHS - Gaithersburg WIC Clinic
200 Girard St. Suite 212B Gaithersburg, 20877

Montgomery County DHHS - Germantown WIC Clinic
19540 Amaranth Dr. Germantown, 20874

Montgomery County DHHS - Neighborhood Service Center at Catholic Charities
McCarrick Center, 12447 Georgia Ave. Wheaton, 20902

Montgomery County DHHS - Neighborhood Service Center at Family Services Inc.
200 Girard St. Suite 203 Gaithersburg, 20877

Montgomery County DHHS - Rockville Office
1301 Piccard Dr. Rockville, 20850

Montgomery County DHHS - Silver Spring Center
8818 Georgia Ave. Silver Spring, 20910

Montgomery County DHHS - Takoma and Langley Park WIC Clinic
7676 New Hampshire Ave. Suite 220 Takoma Park, 20912

Montgomery County DHHS - TESS Center
8513 Piney Branch Rd. Silver Spring, 20901

Montgomery County DHHS - Upcounty Regional Services Center
12900 Middlebrook Rd. Germantown, 20874
Beltsville

20705
Lighthouse Ministries International, Inc.
301-477-1074 • www.LHMIinc.org • Juanita Cameron • boldpantry@lhmiinc.org
Choice Pantry, Pre-Packed Pantry items, Discount Grocery
Wed. 6-7pm and Sun. 1pm or after worship
Documentation Required, Walk-in Service
Fresh Produce and Other Services Offered

Bethesda

20814
Bethesda Cares, Inc.
7728 Woodmont Ave.
301-907-9244 • www.bethesdacares.org • info@bethesdacares.org
Meal Service
See Bethesda Presbyterian for more info.
Documentation Required, Walk-in Service
Capital Area Food Bank Partner

Bethesda-Chevy Chase High School PTSA, Inc.
4301 East-West Highway
240-740-0400 • www.bccptsa.net • aniebler@gmail.com
Choice Pantry
Call for info.
Service to a Specific Population
Fresh Produce and Other Services Offered

Bethesda Presbyterian
301-986-1137 • https://www.bethesdapresbyterian.org/saturdaylunch/
Meal Service
Sat. 11am-12pm
Walk-in Service
Spanish speakers available

OLOL Sunday Night Meal 4 Poor/Homeless
Prepared Meals
Sun. 5-6pm, Doors open at 4:30
Walk-in Service

The Church in Bethesda
5033 Wilson Ln.
301-654-4159 • https://www.churchinbethesda.org/
Meal Service
Mon-Fri. 12:45-1:45pm

Burtonsville

20866
Liberty Grove United Methodist Church
15225 Old Columbia Pike
301-421-9166 • www.libertygrovechurch.org • libertygrove@verizon.net
Meal Service, Pre-Packed Pantry Items
2nd and 4th Thurs. 6:30-7:15pm
Walk-In Service
Special Diet Accommodations and Fresh Produce Offered
Haitian Creole speakers available

The Church of the Resurrection
3315 Greencastle Rd.
301-236-5202 • www.resurrectionadw.org • Kathy Ford • kford@resurrectionadw.org
Pre-Packed Pantry Items
Mon.-Fri. 11am-5pm, Sat. 10am-12pm
Documentation Required, Walk-in Service

Chevy Chase

20815
Bethesda-Chevy Chase Meals on Wheels, Inc.
8814 Kensington Parkway
301-654-4610 • edrastatter@yahoo.com
Prepared Meals
Mon.-Fri. 8:30-11am
Documentation Required, Fee for Service, Service to a Specific Population
Delivery and Special Diet Accommodations Offered
Clarksburg

20871
Clarksburg Community Assistance Network (C-CAN)
240-308-0867 • www.clarksburgcan.org • ClarksburgCAN@gmail.com
Choice Pantry
1st Tues. of the month 5:00-8:00 p.m.; 1st Sat.: 9:00 a.m.-12:00 Noon
Documentation Required, Walk-in Service, Service to a Specific Population

Damascus

20872
Damascus Help, Inc.
301-253-4100 • www.damascushelp.org • dh20872@aol.com
Pre=Packed Pantry Items
Mon.-Sat. 9am-5pm
Delivery, Fresh Produce, and Other Services Offered
Spanish, French, and Russian speakers available
Gaithersburg

20877

Family Services Inc.
301-424-1130 • http://www.fs-inc.org/ • referrals@manna.org
Pre-Packed Pantry Items
Thurs. 5-7pm
Appointment Required, Documentation Required
Fresh Produce and Special Diet Accommodations Offered
Spanish speakers available

First African Methodist Episcopal Church of Gaithersburg
240-632-9760 • http://firstamegaithersburg.org/food-programs/ • D. Faye Conley • dfconley@aol.com
Choice Pantry, Pre-Packed Pantry Items, Discount Grocery
Sat. of SHARE distribution or as needed
Appointment Required, Documentation Required, Service to a Specific Population
Fresh Produce and Special Diet Accommodations Offered
SHARE Food Network Partner

Manna Food Center
9311 Gaither Rd.
301-424-1130 • www.mannafood.org • Yelba Mojica • referral@mannafood.org
Choice Pantry, Pre-Packed Pantry Items, Mobile Market
Days vary based on location. Please contact us.
Appointment Required, Documentation Required, Service to a Specific Population
Benefits Counseling, Special Diet Accommodations, Fresh Produce, and Other Services Offered
Spanish speakers available

St. Martin of Tours Catholic Church
301-990-7373 • www.stmartinsweb.com • Maria Tirado • social-concerns@stmartinsweb.com
Choice Pantry
6-11:30am Mon.
Walk-in Service
Spanish, French, and Portuguese speakers available
20878
Gaithersburg HELP, Inc.
301 Muddy Branch Rd.
301-216-2510 • www.gaithersburghelp.org
Pre-Packed Pantry Items
Mon.-Fri. on scheduled basis
Appointment Required, Documentation Required, Service to a Specific Population
Delivery, Fresh Produce, and Other Services Offered
Spanish speakers available

Sheppard Pratt Health System - Family Services
35 N. Summit Ave.
240-740-4914 • www.fs-inc.org • madeleyne.castaneda@fs-inc.org
Pre-Packed Pantry Items
Fri. in the evening
Walk-in Service, Service to a Specific Population
Other Services Offered
Spanish speakers available

20879
Goshen United Methodist Church
240-683-5530 • www.goshenunited.org • Doris Watts • goshen_umc@comcast.net
Discount Grocery
Varies, Typically 3rd or 4th Sat. of the Month
Fee for Service
SHARE Food Network Partner
Germantown

20874
Salvation Army
20021 Aircraft Dr.
301-424-1130 • referrals@manna.org
Pre-Packed Pantry Items
Thurs. 2-4pm
Appointment Required, Documentation Required
Special Diet Accommodations and Fresh Produce Offered
Spanish speakers available
Manna Food Center Partner

20875
Germantown HELP, Inc.
301-482-1320 x1 • www.gtownhelp.org • info.gtownhelp@gmail.com
Pre-Packed Pantry Items
Delivery ONLY Mon.-Sat., hours variable
Appointment Required, Service to a Specific Population
Delivery and Other Services Offered

Kensington

20895
Meals on Wheels of Wheaton
10101 Connecticut Ave.
301-942-1111 • www.mowwheaton.org
Meal Service
Meals delivered Mon.-Fri. 11:30am-1:00 pm
Fee for Service, Service to a Specific Population
Delivery Only

**St. Paul's United Methodist Church-Hunger Ministry**
301-933-7933 • www.stpaulsk.org • Kim Longsworth
Choice Pantry, Meal Service, Pre-Packed Pantry Items
1st Mon. of month after 1st Sun.
Documentation Required, Walk-in Service, Service to a Specific Population
Delivery and Fresh Produce Offered
Spanish speakers available

Laurel

20723
**Difference Makers Kokua Foods**
9295 Maxwell Ct.
301-233-1698 • www.difference-makers.org • kokuafoods@gmail.com
Choice Pantry, Pre-Packed Pantry Items
Documentation Required, Service to a Specific Population
Fresh Produce and Other Services Offered
Spanish speakers available

Poolesville

20837
**St. Peter’s Episcopal Church**
20100 Fisher Ave.
301-349-2073 • www.stpeterspoolesville.org/community/
Meal Service
Mon.-Fri. 11am-12pm
Walk-in Service, Service to a Specific Population

**WUMCO Help, Inc.**
17550 W. Willard Rd.
301-972-8481 ex. 3 • www.wumcohelp.org • Catherine Beliveau • wumco2@gmail.com
Pre-Packed Pantry Items
Tues. 9am-5pm, Thurs. 9am-8pm
Appointment Required, Service to a Specific Population
Delivery, Fresh Produce and Other Services Offered
Rockville

20850
Coordination Council of Chinese American Associations
50 West Gude Dr.
301-728-9815 • www.cccaa.org • info@cccaa.org
Pre-Packed Pantry Items, Discount Grocery
Seasonal and event based services
Appointment Required, Documentation Required, Service to a Specific Population
Delivery, Fresh Produce and Other Services Offered
Chinese speakers available

Montgomery College
9221 Corporate Blvd.
240-567-4389 • www.montgomerycollege.edu/fuelforsuccess • benita.rashaw@montgomerycollege.edu
Mobile Market
Varies based on schedule
Walk-in Service
Fresh Produce Offered
Capital Area Food Bank Partner

Nourish Now
1111 Taft St.
301-330-0222 • www.nourishnow.org • info@nourishnow.org
Pre-Packed Pantry Items, Prepared Meals
Mon.-Fri. 11am-4pm
Appointment Required
Special Diet Accommodations and Fresh Produce Offered
Spanish speakers available

Rockville Senior Center
1150 Carnation Dr.
240-314-8810 • www.rockvillemd.gov/seniorcenter • seniorcenter@rockvillemd.gov
Choice Pantry, Meal Service
8:30am-5pm pantry, 8:30am-10:45pm breakfast bar, 12pm lunch
Appointment Required, Service to a Specific Population
Other Services Offered
Spanish and Chinese speakers available

20851
Interfaith Works Connections
751 Twinbrook Pkwy.
www.iworksmc.org • molaskowitz@iworksmc.org
Mon.-Fri. 9am-4pm
Walk-in Service
Benefits Counseling and Other Services Offered
Spanish speakers available

20852
Jewish Social Service Agency
6123 Montrose Rd.
301-816-2639 • www.jssa.org • Diane Hays-Earp • dhaysearp@jssa.org
Prepared Meals
Mon.-Fri. 9am-5pm
Service to a Specific Population
Delivery and Other Services Offered
Russian speakers available

September House MAJ
301-365-0021 • www.septemberhousemaj.org • septemberhousemaj@gmail.com
Need based
Appointment Required, Service to a Specific Population
Delivery, Fresh Produce, and Other Service Offered
Japanese speakers available

20855
Healing and Deliverance Ministry
15960 Derwood Rd.
www.healinganddeliveranceministry.com • healinganddeliveranceministry77@outlook.com
Pre-Packed Pantry Items, Mobile Market
2nd Sat. of every month
Delivery and Fresh Produce Offered
Spanish speakers available
Capital Area Food Bank Partner

Silver Spring

20901
Caribbean Help Center
10140 Sutherland Rd.
caribbeanhelpcenter.org • evans@caribbeanhelpcenter.org
Pre-Packed Pantry Items
Call for info.
Appointment Required
Other Services Offered
French speakers available

First Baptist Church of Silver Spring
http://fbcss.org/ministries.htm#Food • Jim Reed
Pre-Packed Pantry Items
Sat. 10am-12pm
Documentation Required, Service to a Specific Population
Special Diet Accommodations Offered
Spanish speakers available

Luther Rice Memorial Baptist Church
801 University Boulevard West
301-593-1130 • Lutherricechurch.org • Rev. John W. Cheek, Jr. Pastor • Lutherrice@aol.com
Pre-Packed Pantry Items
Wed. 10am-12pm
Walk-in Service
Other Services Offered
Capital Area Food Bank Partner

Mount Jezreel Baptist Church Food Bank
420 University Blvd. East
301-384-3951 • www.mtjezreel.com • Bernice Mays • kindbea48@comcast.net
Pre-Packed Pantry Items
1st Sat. of the month 10am-2pm
Documentation Required, Walk-in Service
Fresh Produce and Other Services Offered
Capital Area Food Bank and SHARE Food Network Partner

20902
Capital Kosher Pantry
301-842-7135
Choice Pantry
Call for more info.
Appointment Required, Service to a Specific Population
Other Services Offered

Catholic Charities/Montgomery County Family Center
12247 Georgia Ave.
301-942-1790 • www.catholiccharitiesdc.org/
Choice Pantry, Mobile Market
Wed. and Fri. 9am-4pm
Documentation Required, Walk-in Service, Service to a Specific Population
Benefits Counseling, Fresh Produce, and Other Services Offered
Spanish, French, and Haitian Creole speakers available
Capital Area Food Bank Partner

New Creation Church
11005 Dayton St.
301-649-6000 • http://www.newcreationmd.org/ministries/food-distribution • Royce Bumphus • office@newcreationmd.org
Pre-Packed Pantry Items
4th Tues. of the month 11am-3pm, free produce. 2nd Sat. of the month 10am-12pm, meat items and canned foods
Walk-in Service
Special Diet Accommodations, Fresh Produce, and Other Services Offered
Spanish speakers available
Capital Area Food Bank Partner

Silver Spring Christian Reformed Church
1501 Arcola Ave.
301-284-8401 • www.ssrcrc.org • Jennifer Renkema • foodpantry@sscrc.org
Choice Pantry
3rd Tues. of the month 4-8pm  
Walk-in Service  
Fresh Produce Offered  
Spanish speakers available  
Capital Area Food Bank Partner

20903  
**CASA (CASA de Maryland)**  
734 University Blvd East  
301-270-8432 • [www.wearecasa.org](http://www.wearecasa.org)  
Pre-Packed Pantry Items  
Sat. 10am-12pm  
Walk-in Service  
Other Services Offered  
Spanish speakers available

**Clifton Park Baptist Church**  
301-434-2456 • www.cpbc.net • Carole Pettus  
Mobile Market  
1st Sat. of the month, 8:30am-12:00pm  
Walk-in Service  
Fresh Produce and Other Services Offered  
Spanish speakers available  
Capital Area Food Bank and Manna Food Center Partner

**St. Camillus Food Pantry**  
1600 St. Camillus Dr.  
301-434-8400 • [www.stcamilluschurch.org](http://www.stcamilluschurch.org) • [stcamillusfoodpantry@gmail.com](mailto:stcamillusfoodpantry@gmail.com)  
Pre-Packed Pantry Items  
Fri. 2-4 pm and Sat. 9-11am  
Walk-in Service  
Fresh Produce Offered  
Spanish and French speakers available

20904  
**Allen Chapel AME Church Outreach**  
2518 Fairland Rd.  
301-879-9232 • [info@allenchapelame.org](mailto:info@allenchapelame.org)  
Pre-Packed Pantry Items  
Every 2nd & 4th Sat. 8-10am
Colesville Presbyterian Church
301-424-1130 • https://www.colesvillepresbyterian.com/ • referrals@manna.org
Choice Pantry
4th Fri. of the month, 3-7pm
Appointment Required, Documentation Required
Special Diet Accommodations and Fresh Produce Offered
Spanish speakers available
Manna Food Center Partner

East County Reg. Services Ctr.
301-424-1130 • www.manna.org • referrals@manna.org
Pre-Packed Pantry Items
Fri. 2-4pm
Appointment Required, Documentation Required
Special Diet Accommodations and Fresh Produce Offered
Spanish speakers available
Manna Food Center Partner

Meals on Wheels of Colesville
301 384-7440 • www.colesville-meals-on-wheels.org
Meal Service, Pre-Packed Pantry Items, Prepared Meals
Appointment Required, Fee for Service, Service to a Specific Population
Delivery and Special Diet Accommodations Offered

Nations United Baptist Church
301-674-1318 • www.facebook.com/FoodPantryNationsUnited/ • samrozolem@gmail.com
Choice Pantry
3rd Thurs. of the month 5-8pm
Documentation Required, Walk-in Service
Fresh Produce Offered
Spanish and Portuguese speakers available
Capital Area Food Bank Partner

Rainbow Community Development Center
2120-A Industrial Parkway
301-625-2561 • www.rainbowcdc.org • Patricia Drumming
Pre-Packed Pantry Items
Tues. and Thurs. 2-6pm
Appointment Required, Documentation Required
Special Diet Accommodations, Fresh Produce, and Other Services Offered
Spanish, French, and Haitian Creole speakers available
Capital Area Food Bank Partner

20905
Good Hope Union United Methodist Church
301-879-8100 • http://www.goodhopeunion.org/ • Pastor Cindy • secretaryghu@goodhopeunion.org
1st Mon. each month 6-8pm, Free Community Breakfast 1st Sat. of each month 7:30-10am
Meal Service
Walk-in Service
Spanish Speakers Available

Lutheran Church of St. Andrew
301-384-4394 • www.mystandrew.org
Pre-Packed Pantry Items
Mon.-Fri. 9am-5pm
Walk-in Service
Delivery, Special Diet Accommodations, Fresh Produce, and Other Services Offered
Spanish speakers available

20906
Glenmont United Methodist Church
301-424-1130 • http://glenmontumchurch.org/ • referrals@manna.org
Pre-Packed Pantry Items
Tues. 4-7pm
Appointment Required, Documentation Required
Special Diet Accommodation and Fresh Produce Offered
Spanish speakers Available
Manna Food Center Partner

The Senior Connection
3950 Ferrara Dr.
301-962-0820 • www.seniorconnectionmc.org • Tim Shaw • info@seniorconnectionmc.org
Choice Pantry
Office hours are Mon.-Fri., 9am-4pm
Appointment Required, Service to a Specific Population
20910
Adventist Community Services of Greater Washington
501 Sligo Ave.
301-585-6556 • www.acsgw.org
Pre-Packed Pantry Items
Mon.-Thurs. 10am-3pm
Appointment Required, Documentation Required
Special Diet Accommodation, Fresh Produce, and Other Services Offered
French and Spanish speakers available
Capital Area Food Bank Partner

FRESHFARM Downtown Silver Spring Market
890 Ellsworth Dr.
http://freshfarm.org/downtown-silver-spring.html • hello@freshfarm.org
Discount Grocery
Sat. 9am-1pm
Walk-in Service
Benefits Counseling, Fresh Produce, and Other Services Offered
Spanish speakers available

God Glorified Church of God in Christ
111 Geneva Ave.
301-588-6607 • www.ggcogic.org • ggcogicc@gmail.com
Choice Pantry
Second Thurs. of the month (April-Dec.)
Appointment Required, Documentation Required
Benefits Counseling Offered

Saint Luke Lutheran Church
9100 Colesville Rd.
301-588-4363 • http://saintluke.us
Choice Pantry, Pre-Packed Pantry Items
Tues. and Thurs. 12-3pm
Appointment Required
Other Services Offered
Spanish speakers available

Shepherd's Table
8106 Georgia Ave.
301-585-6463 • www.shepherdstable.org • Haile Gebregziabher • haileg@shepherdstable.org
Meal Service
Mon.-Fri. 7:30-8:25am, 12-12:55pm, 6-7:25pm Sat. & Sun. 10:30 - 11:25 Brunch, 6-7:25pm
Walk-in Service
Other Services Offered
Spanish speakers available
Takoma Park

20912
Crossroads Community Food Network
info@crossroadscommunityfoodnetwork.org
Discount Grocery
Wed. Farmers Market, June-November, 11am-3pm
Walk-in Service
Benefits Counseling, Fresh Produce, and Other Services Offered
Spanish speakers available

EduCare Support Services, Inc.
240-450-2092 • www.educaresupportservices.org • Dunrick Sogie-Thomas • educare_ss@aol.com
Choice Pantry, Pre-Packed Pantry Items
Mon., Wed. and Fri.10am-2pm-every 1st Sat. 10am-2pm Deliveries every 3rd Sat.
Appointment Required, Documentation Required, Walk-in Service
Delivery, Benefits Counseling, Fresh Produce, and Other Services Offered
Spanish and French speakers available
Capital Area Food Bank Partner

Meals on Wheels of Takoma Park/Silver Spring
7410 New Hampshire Ave.
301-434-1922 • www.mowtakoma.org • mowtakoma@gmail.com
Meal Service, Prepared Meals
Mon. - Fri. 9am-1pm
Appointment Required, Fee for Service, Service to a Specific Population
Delivery, Benefits Counseling, Special Diet Accommodations, and Fresh Produce Offered
Spanish speakers available

Temple Hill
20748
St. Stephen Baptist Church Community Outreach Ministry
5757 Temple Hills Rd.
301-899-8885 • www.Ssbc5757.org • Gwendolyn.gantt@yahoo.com
Choice Pantry
Ssbc5757.org food giveaway every 2nd and 4th Tues. from 1-3pm
Walk-in Service
Other Services Offered
Spanish speakers available
Capital Area Food Bank Partner

Washington, DC

20011
Food & Friends
219 Riggs Road NE
202-269-2277 • www.foodandfriends.org • info@foodandfriends.org
Prepared Meals
Mon.-Sat.10am-3pm
Documentation Required, Service to a Specific Population
Delivery, Fresh Produce, and Special Diet Accommodations Offered
Spanish speakers available

20017
Capital Area Food Bank
4900 Puerto Rico Ave. NE
202-644-9800 • www.capitalareafoodbank.org
Choice Pantry, Meal Service, Mobile Market
Varies
Walk-in Service
Special Diet Accommodations, Fresh Produce, and Other Services Offered
Spanish, Chinese, French, and Vietnamese speakers available

Wheaton

20902
Mid-County United Ministries
301-929-8675 • mumhelp.org • Larry White • office@mumhelp.org
Choice Pantry, Mobile Market
Call for More Information

Bethesda Help, Inc.
301-365-2022 • www.bethesdahelp.org • info@bethesdahelp.org
Pre-Packed Pantry Items
Mon.-Fri. 9am-4pm
Appointment Required, Documentation Required
Delivery and Other Services Offered
Capital Area Food Bank Partner

Celestial Manna
240-350-1456 • www.celestialmanna.org • celestialmanna@gmail.com
Pre-Packed Pantry Items
Sat. & Sun. by appt.
Appointment Required, Walk-in Service
Special Diet Accommodations, Fresh Produce, and Other Services Offered
Spanish, French, Russian, German, and Portuguese speakers available
American Sign Language translation available

Community Health and Empowerment through Education and Research
301-589-3633 • www.communitycheer.org/ • bruce@communitycheer.org
Pre-Packed Pantry Items
Call for info.
Appointment Required, Documentation Required, Service to a Specific Population
Delivery, Special Diet Accommodations, Fresh Produce, and Other Services Offered
Amharic and Spanish speakers available

Meals on Wheels of Germantown
301-706-0262 • www.mowgermantown.com
Meal Service, Prepared Meals
Mon.-Fri., home delivery 10:30am-1pm
Appointment Required, Service to a Specific Population
Delivery, Special Diet Accommodations, Fresh Produce, and Other Services Offered

Montgomery County Senior Nutrition Program
240-777-3810
Prepared Meals
Lunch hour at selected sites
Appointment Required, Fee for Service, Service to a Specific Population
Other Services Offered
Spanish, Chinese, Korean, and Vietnamese speakers available

Olney Help, Inc.
301-774-4334 • www.olneyhelp.org • help@olneyhelp.org
Pre-Packed Pantry Items
Mon.-Fri., 9am-5pm
Appointment Required, Service to a Specific Population
Delivery, Special Diet Accommodations, Fresh Produce, and Other Services Offered
Spanish speakers available
Capital Area Food Bank Partner

Rockville Help (formerly known as FISH--Friendly Sympathetic Help)
301-564-0800
Pre-Packed Pantry Items
Every day, call for appt. Delivery arranged for time convenient for both volunteer and client.
Appointment Required, Service to a Specific Population
Delivery and Other Services Offered
Spanish speakers available

Washington Spanish Church
12604 New Hampshire Ave. Silver Spring
301-622-3535 • www.waspsda.org
Choice Pantry, Pre-Packed Pantry Items
2nd and 4th Fri. of the month
Walk-in Service
Fresh Produce Offered
Spanish speakers available