

Montgomery College Office of Student Life and
Student Health and Wellness Center for Success present:

WORLD MENTAL HEALTH DAY

October 3, 2019 from 2pm to 3pm
Rockville Campus - CC 015 Student Activities Center

active
minds

speakers

Featured Guest: Abraham Sculley



During the second semester of his freshman year at UWF, Abraham fell into a deep depression. Growing up in a Jamaican American household, mental health was never discussed, nor was seeking help. However, Abraham sought out the counseling and was diagnosed with Major Depressive Disorder. Abraham overcame his depression, and completed his degree. He is now a mental health advocate, speaking around the country about his story, and his passion for mental health awareness.

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