FOOD ASSISTANCE

Shepherd's Table Monday, March 16th to Sunday, March 29th, we will continue providing meals, twice a day: brunch (10:30am-12:00pm) and dinner (6:00-7:30pm) Boxed meals to go Our Resource Center will be open twice during the day, providing mail, toiletries, bus tokens, blankets and more. 8106 Georgia Ave, Silver Spring, MD 20910 301-585-6463

Montgomery County Public Schools is providing meals in partnership with **Manna Food Center** for all people under the age of 18 in a Grab-and-Go format available Monday through Friday from 11 a.m.–1 p.m. at a total of 48 area schools.
School buses will distribute meals today at the following locations: (please note the times).
11 a.m., Great Seneca Creek Elementary School
11:30 a.m., Climbing Ivy Drive at the common area
12 p.m., Sweetgum Circle in Germantown
12:30 p.m., Lullaby Road and Lullaby Court
1 p.m., Waterford Hills Blvd. and Carlow Point Circle
11 a.m., White Oak Shopping Center
11:30 a.m., Francis Scott Key Middle School
12 p.m., Hillandale Shopping Center
12:30 p.m., Mt. Pisgah Lane and Hampshire Green Lane
1 p.m., Forest Park Apartments

https://www.montgomeryschoolsmd.org/coronavirus/#emergencymeals for other locations.

Public Assistance Programs-Food Supplement (Food Stamps): The Supplemental Nutritional Assistance Program or SNAP (formerly known as the Food Stamp Program) provides monthly financial benefits to eligible households (all persons in a residence who purchase and prepare food on a regular basis) to supplement their food purchase budget. Call 311 for more info.

INTERNET ASSISTANCE

Comcast Xfinity

Comcast Xfinity is currently offering its Internet Essentials program free for two months to new customers. Comcast Xfinity Wi-Fi hotspots are also open and free to use by anyone.

Charter Spectrum

Households with students K–12 or university students can sign up for a new Charter Spectrum internet account to get the first two months of internet with speeds up to 100 Mbps for free. Installation fees will be waived for those who qualify for the offer. Call 1-844-488-8395 to enroll. Wi-Fi hotspots are also currently open and free to use.

Altice

Altice internet providers Suddenlink and Optimum are offering 60 days of free internet service for households with K–12 or college students. Internet speeds are up to 30 Mbps if you do not already have access to a home internet plan. To sign up, call 1-866-200-9522 if you live in an area with Optimum internet service, or call 1-888-633-0030 if you live in an area with Suddenlink internet service.

Cox

Until May 12, 2020, Cox is offering the first month of it's low-income internet program, Connect2Compete, for free. The internet service is also providing free phone and remote desktop support for technical support during that time.

PUBLIC ASSISTANCE

Public Assistance Programs – TCA, TDAP: The Temporary Cash Assistance (TCA) and Temporary Disability Assistance Program (TDAP) programs provide benefits, cash assistance and employment resources to people with low income or disabilities.The Temporary Cash Assistance Program is for families with children. The Temporary Disability Assistance Program is for disabled single adults with no children. Call 311 for more info.

Rental Assistance Program (RAP) has extended benefits scheduled for renewal between March and May to continue through July 2020 to free up staff capacity and process new requests. 240-777-4400

Housing Stabilization Services Emergency housing needs homelessness prevention & other housing services: Germantown 240-777-4448 Rockville 240-777-4550 Silver Spring 240-777-3075

MENTAL & EMOTIONAL HEALTH SUPPORT

24 Hour Montgomery County Crisis Center 240-777-4000
www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=BHCS/BHCS24hrcrisiscenter-p204.html

Family Services Inc
301-840-2000
www.sheppardpratt.org/family-services-inc/
Outpatient Mental Health Clinic - Gaithersburg
610 East Diamond Avenue, Suite 100A • Gaithersburg, MD 20877

EveryMind 301-424-0656 www.every-mind.org

Thrive Behavioral Health 301-493-2400 www.thrivebh.com (accepts Medicaid)

For all assistance support, check the county resources at https://www.infomontgomery.org/
Or https://www.montgomerycountymd.gov/HHS/RightNav/COVID19Applications.html
Or call 240-777-0311

UTILITY ASSISTANCE

Utility Assistance Program: The programs help low-income residents pay their heating costs and electric bills. Call 240-777-4450 for more information.

MEDICAL ASSISTANCE

Health Care for the Uninsured 240-777-1003

Catholic Charities Medical Clinics 301-434-8985
301-740-2523 www.catholiccharitiesdc.org/medicalclinics/

Community Clinic Inc 301-216-0880

CHILD CARE ASSISTANCE

The Working Parents Assistance Program, Child Care Subsidy: The Department can assist eligible families by contributing to the cost of child care through the County funded Working Parents Assistance Program. Maryland's Child Care Subsidy Program (CCS),formerly the Purchase of Care Program (POC) is now centralized through the Maryland State Department of Education (MSDE). Parents complete an application for the WPA program and a caseworker determines eligibility, based on income. Families whose income is under scale for WPA will be referred to CCSCentral to complete an application for the state Child Care Subsidy Program (CCS). Call 240-777-1177 or 240-777-1342 or email wpa@montgomerycountymd.gov for more info.