

United Nations Sustainable Development Goals Open Pedagogy Fellowship

Assignment #3: Disseminating Knowledge and Raising Awareness

Background: This assignment represents the last part of your three-part assignment. You wrote a proposal, participated in an activity, and created a video or storytelling essay with picture (blog post) about your experience and your understanding of the relationship between exercise and mental health or technology use and stress/mental health. Now, you are ready to share what you have created with a larger audience

Assignment: For Assignment #3, *Disseminating Knowledge and Raising Awareness*, you will present your video or essay with the class. If you worked as a group to create your video, you will present as a group; otherwise, this will be an individual presentation. Your goal for this assignment is to present your video or essay to the class. You will also have the option to share your work with a wider audience by uploading your video or essay your own social media account, our class Twitter account, the MC Open Pedagogy website, or the EveryMind website.



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