

MCRPA Member Spotlight October 2021

Asia Lunn



How long have you worked at Montgomery College, and what is your current role and department?

I've worked at the College since August of 2013. I currently serve as a full-time Counseling Faculty member on the Rockville Campus.

How long have you been in your current profession?

I've been in my current profession for about 15 years and have been working with college students for 12 years. My professional experience began with youth and young adults in the recreational and mental health settings. After the completion of graduate

school, I served as a School Counselor for several Maryland Public School systems, School Counseling Department Chair, and then as a Community College Academic Advisor. My work at Montgomery College began about 9 years ago as an Academic Coach for the Montgomery College Achieving Collegiate Excellence and Success program. This wonderful opportunity led to my current role as a full-time Counseling Faculty member.

What is your favorite thing about working at MC?

My favorite thing about working at MC is the diverse faculty, staff, and student populations that I get to interact with. There are also many opportunities for professional development, which we are consistently encouraged to take advantage of.

How do you define success? What does success look like?

I define success as reaching any goal that you've set for yourself whether long-term, short-term, or immediate. I truly believe success can look different for every individual and can be largely based on where you are in your life, your experiences, resources, and what you think you are capable of achieving. Any successful experience can be substantial and life changing. As long as you are growing and moving forward, that is what's important.

What are you currently passionate about?

I am currently passionate about maintaining a balanced and centered life. Self-care and life balance are extremely important when you're in the helping profession. We wear so many hats and have a variety of responsibilities to manage.

What is your favorite quote?

My favorite quote or motto is "With God all things are possible." It is a constant reminder that I have the support and means to remain centered while achieving goals and addressing life challenges.

What hobby would you get into if time and money were not an issue?

The hobbies that I would get into if money and time weren't an issue would include learning to play the piano and engaging in more international travel.

They say that everyone has a book in them. What would be the title of your book?

The title of my book would be the *Sky Blue Metamorphosis*. The book would include a series of short stories and poems loosely based on events that occurred throughout my life.

What do you want to be remembered for?

I would like to be remembered for being a genuine friend and supporter of those who have come to me for help or encouragement.

What do you enjoy the most about MCRPA?

What I enjoy most about MCRPA is that the Association creates a way for me to remain connected with members of the College that I wouldn't have interacted with otherwise. The leadership works so hard to find creative ways of keeping members engaged and I commend them for their efforts.