### MCRPA Member Spotlight May 2022

### Carla Trimuel



#### What department do you work in? What is your job title? How long have you been at the College?

I work in WDCE, AELG. My job title is Job Opportunity & Development Specialist (I facilitate College & Career Readiness classes to MIBEST students). I've been at MC for 2 years and 4 months.

# Who are some of the colleagues who have supported you at Montgomery College?

Some of the colleagues who have supported me are Emma Wilson, Chauncy Butcher, Jackie Williams, Denise Williams, Kimberly Robinson, Rabbee Awan, and Roberta Buckberg.

# What is some advice you would give to new employees who just started working at the College? If you are new to the College, what has amazed you so far with working at the College?

The advice I would give to new employees just starting at the College is take advantage of the personal development opportunities MC offers. MC offers numerous opportunities for individuals to grow professionally. What has amazed me is the opportunities MC team members have to grow and develop. It's great!

## If you could start all over, what field would you want to enter? Or are you happy where you are today?

I'm happy where I am today. I love Workforce Development and helping individual successfully navigate the workforce.

#### If you could start a group at MC, what would that group be about?

If I started a group, it would be totally lighthearted. My group would be called Walkaholics. Faculty, staff, and students getting together at various campus locations and walking! MC team members would simply take walkaholic breaks to relive stress, take in vitamin D from the sun, walk during lunch, or take a quick walkaholic break for 10 or 15 minutes!

### What attributes/characteristics do you want your colleagues and students to remember you for?

Attributes and characteristics that I would want my MC colleagues to remember about me is I'm passionate and give a 100 % effort when it comes to helping others, because it's important to treat others in a way that you would want to be treated and that includes when providing a service.

### What are some new activities you have started during covid that you want to recommend?

I started coloring adult coloring books during COVID. It's relaxing and fun to me. Some of the designs are cool and can be framed!

#### What did you miss most while working at home during covid?

What I missed most was dressing professionally. At home, I was professional from the waist up! LOL

#### What movies/series are you currently or have watched and think people should watch?

Currently, I'm watching The Parkers on Netflix. It's a funny show.

### You are given \$10 million and a private island to live forever, but you can't bring anyone with you. Would you take the money and go?

I would not take the money and go because life is about connecting with others and making a difference right where you are, with the resources you have. 10 million dollars serves no purpose to humanity if no one is around to affect with those resources.