

MCRPA Member Spotlight October 2022

Dr. Tracey Smith-Bryant



What department do you work in? What is your job title? How long have you been at the College?

I am a member of the Psychology Department at the Rockville and Takoma Park/Silver Spring Campuses. Currently, I am the Department Chair. I have been with the College for 21 years.

How do you define success? What does success look like?

It sounds quirky, but success is not a destination but a journey. Smiles. For me, it is not about achieving a particular goal. Instead, it

is about attaining equilibrium between success and failure, continual growth and improvement, and the ability to keep moving.

What is one goal you hope to achieve this year?

I am going to complete LDI.

What hobby would you get into if time and money were not an issue?

Vacation blogger.

Who has impressed you most with what they've accomplished?

There is not just one person who has made an impression on me. So many famous women had humble backgrounds and have done incredible acts of sacrifice for the benefit of society. But, more impactfully, the women surrounding me quietly, ethically, and with a moral compass impress me the most. Some of those women were and are part of MCRPA, which is why I joined.

What is something you think everyone should do at least once in their lives?

Everyone should visit 10% of the 423 United States National Parks.

What profession did you want to work in when you were younger?

I wanted to be a psychologist, and then earned my doctorate in psychology.

What are you interested in that most people haven't heard of?

I am in the quest for an abstemious life.

Where do you see yourself in 10 or 20 years?

Retired.

Who are some of the biggest supporters in your professional career(s)?

El Shaddai.