

**MCRPA Member Spotlight**  
**February 2023**

**Jennifer Baugh**



**What department do you work in? What is your job title? How long have you been at the College?**

I work in the department of the Office of the Senior Vice President for Academic Affairs and my job title is Creative Project Manager. I've been at the College for 15 years.

**How do you define success? What does success look like?**

My definition of success has changed over the years, and I think that happens with age and evolution. I am currently reading "The Seven Spiritual Laws of Success" by Deepak Chopra and success in life is described as "knowing who we really are" and I think that is true, as "we experience all the power of our true self, our true spirit" when we do know who we really are, so I hope to continue exploring a sense of self and meeting my creative needs through my work and life balance. For me, success looks like harmony with nature and the universe, being aware, being content, and simply just being.

**What is one goal you hope to achieve this year?**

One very important goal that I have coming out of several difficult pandemic years is getting healthier in mind, body, and spirit, so I will make more space in my life for stillness, meditation, exercise, and more socializing. Taking care of myself allows me to take care of others and it also inspires creativity which nourishes my soul. Smile, this sounds like a new year's resolution already in the making!

**What hobby would you get into if time and money were not an issue?**

I've always adored traveling and mountain biking, but as I've gotten older with injury and the world becoming a little bit more of a dangerous place to travel in, perhaps I'd try painting again, writing poetry, or producing documentaries.

**Who has impressed you most with what they've accomplished?**

I am impressed by family and friends who have managed to make the most of "the cards that they have been dealt." My father lived with Parkinson's for 13 years and while this disease caused him to struggle physically sometimes, he never let that stop him from doing what he wanted to be doing. It was awe-inspiring and worth revering. Additionally, I have so many strong women in my life who have risen above health issues, discrimination, sexism, inequality, inequity and they are all awe-inspiring people too.

**What are you interested in that most people haven't heard of?**

I am not sure of "never heard of," but of course, my solo trip to the Galapagos in 2014 was something interesting that most people never dream of doing by themselves. And I particularly had an interest to swim with the giant tortoises and the marine iguanas on Isabela... which I did do.

**What is something you think everyone should do at least once in their lives?**

Travel by themselves, or climb a mountain (or volcano).

**What profession did you want to work in when you were younger?**

In high school, I was voted, "Most Likely to Appear on Star Search!" Ha, ha! ...a tv show hosted by Ed McMahon which aired from 1983 to 1995, but in high school and college I wanted to become a biologist, or an archeologist. And after college, I thought about becoming a journalist, or a documentarian.

**Where do you see yourself in 10 or 20 years?**

I hope to see myself still healthy and alive! ...but most of all, I want to continue seeing myself content, happy, and surrounded by friends and family, while volunteering, mentoring, and giving back. Kind of what I try to do now!

**Who are some of the biggest supporters in your professional career(s)?**

My partner, friends, family, and colleagues.