## MCRPA Professional Development Committee: Agenda and notes

February 9, 2023

Attendees: Elizabeth Schlackman, Jackie Williams, Tykesha Reed, Kimberly Bloch Rincan, Jennifer Baugh

## Topics

- Welcome and Reconnect
- ELITE catalog review continued
  - Continued discussing classes identified at last meeting
  - "Reflective Listening" by Cynthia Mauris could we ask her to present a cut-down version at the Annual Retreat, as an advertisement for the full class, which is 4 hours long.
  - Getting Things Done maybe sponsor a MCRPA cohort, with the first chance of enrollment to members?
  - Digital Body Language we had an extended conversation about what this means. Maybe use it as a group discussion prompt for an event.
  - 4 C's of good writing
  - YuJa video platform
  - Word and Excel
- Annual retreat update
  - New theme idea: "What's next?"
    - "What Next" is also a play on MC's tagline: "Make Your Move." Additionally, we talked about how the workplace is changing post pandemic, and how people in the workplace are adapting, flexing, staying resilient, and focusing on "What Next?" in their jobs and in life (i.e. we also brought up some of the workplace changes that were caused by pandemic: "hybrid," "remote," "quietly quitting," "The Great Resignation in 2022," and the focus on work-life balance, etc.).
  - Jennifer Baugh shared a book she's reading "What to do next?" by Jeff Henderson.
  - Idea from Kimberly Bloch Rincan: speed coaching asking one or two powerful questions, one-on-one with a coach.
- Future agenda items:
  - Member survey of PD needs
- Next meeting: around March 6, depending on committee members' availability.