

Montgomery College Rising Professionals Association
Community Engagement and Events Committee
Wednesday, April 12, 2 PM – 3 PM
Zoom

In attendance: Nghi Nguyen, Tameka Cruz, Tracey Smith-Bryant, Elysse Meredith

Agenda

1. Next meeting:
 - a. Wednesday, May 10, 2 PM – 3 PM
2. Past & ongoing events debrief
 - a. Staff Enrichment Day
 - i. Vision Board Session
 - b. Wednesday walks with Wellness
 - i. Rockville has had good turnout! 9 during week 1, 6 in week 2 (including a new person!)
 - ii. Germantown has had low turnout
 - iii. Takoma Park has had decent turnout
 - iv. CT has had a bunch of people (10+) – good amount of small groups on a similar route
3. Upcoming events:
 - a. April
 - i. Poetry Zoom Event (Elysse and Nghi)
 1. Open Mic Poetry Reading
 2. April 13, 12:30 – 1:30 PM
 - ii. Wellness Collab with MoCo: Louis Van Amstel (Dancing with the Stars) Health Happy Hour, Friday, April 14, 5:30, Rockville
 - iii. Asian American and Pacific Islanders Heritage Month Kick-Off Event, Wednesday, April 26, Rockville Campus, TA Arena
 - b. Five Weeks of Fun
 - i. Week 1: April 27th (Thursday) - Bowling at Lucky Strike: 7101 Democracy Blvd. #1022, Bethesda, MD 20817 \$17 for an hour of bowling and \$4 for shoe rental. 6:30-8:30 PM.
 - ii. Week 2: May 5th (Friday) – Cinco de Mayo Happy Hour hosted by Membership, Marketing, and Communications (Tilandra). Mi Rancho, 8701 Ramsey Ave, Silver Spring, MD 20910
 - iii. Week 3: May 9th (Tuesday) - Karaoke - iRock Karaoke Lounge; 15964 Shady Grove Rd, Gaithersburg, MD 20877 - 6:30 pm- 8:30 pm (Reserved - Hosted by Christine in a private room - no cost to members attending) Please bring your government-issued ID, food, and drink is available for a fee)
 - iv. Week 4:
 1. May 17th (Wednesday) - Mindset for Wellness - 1:00 - 4:15 pm - In-person MK 122, a virtual option will be available; register in Workday. (This presentation will occur again June 22 - 8:45 am – noon - In-person MK 122 and a virtual option.)
 2. May 20-25: Leadership Cruise

- v. Week 5: Retreat (Tuesday, May 30), BE 151/152; 8th Annual Retreat; encourage everyone to sign up starting April 17th. Members get a week before we open it up to the general public.
- c. Additional Wellness Events
 - i. May 3 – Lunch and Learn on Mental Health and Wellbeing @12 PM
 - ii. May 4 - May the 4th Be With You Yoga Outside at Rockville 12:15pm For Employees and Students to destress. Rain location PE 137A
 - 1. Prizes for best costumes
 - iii. May 10 - Mental Health Mini Fair (for employees) at CT (this will be held at other campuses in the fall and is open to anyone at any campus); BOT Gallery @ 11-1:30pm; Drop In anytime
 - 1. Nghi will also be leading origami at this event
 - iv. May 11 - Healthy Happy Hour Piano Bar
- d. Other events
 - i. Please volunteer at Commencement!
- e. Summer
 - i. School Drive (Tameka)
 - 1. Emails/feelers have gone out; dealing with red tape
- f. Other
 - i. Teams site launch
 - 1. Chat channels
 - 2. Once-a-month coffee chat (40 minutes)

Radar

- Start collecting baby/family pictures in general so we can always play the Guess Who > Teams Site!
- “Yearbook”?

Fall Planning (From February Meeting)

- For FA23, consider having at least one event per campus/site (inc. CT) during the semester
 - Simultaneous scavenger hunt? (Photo scavenger hunt)
 - One hybrid event each semester a la ignITeHub
 - Coaching half-day event? [probably scheduled for April/June]
 - Coloring for next Chat and Chill?

Events Ideas

- Arts Night/Talent Show
- Bowling
- Karaoke
- Virtual Scavenger Hunt
- Poetry Night
- Museum Day
- Hiking
- Olney Winery
- Coffee Breaks
- High Tea

- Game Nights / Gaming Tournament
 - Jenga/Connect Four/Board Games (GIANT ON THE LAWN?! :D)
- Kickball/Frisbee
- Jackbox Games (Zoom)
- Escape Room
- Quiz Night (Hyflex)
- “Giving Back” events
 - Sligo Creek cleanup
- In-person lunch breaks with a “Zoom in”
- Burns Night
- Rage room <https://unityrageroom.com/>
 - Paint splash