Montgomery College Rising Professionals Association Community Engagement and Events Committee Wednesday, August 16, 1 PM – 2 PM Zoom

In attendance: Nghi, Megan Cooperman, Sean Wright, Hoa, Tracey Smith-Bryant, Ramon Valenzuela, Nichole Land, Tameka Cruz

Agenda

- 1. Monthly meetings First Tuesdays, 1 PM
- 2. MCRPA AY24 Priorities
 - a. **Community** is creating an inclusive environment through fellowship that fosters strong connections where everyone's differences are accepted and valued.
 - b. **Collaboration** is coming together to build strong, trusting relationships, share knowledge and skills, and pursue personal and professional development.
 - c. **Celebration** is recognizing, affirming, and valuing members' unique talents, contributions, and perspective.
- 3. Envisioning Autumn
 - a. Goals:
 - i. Continue to provide a diverse variety of events that meet different constituent needs
 - ii. Organize/participate in one internal/external service-focused event each semester
 - 1. Mobile Market definitely
 - 2. Student Life road clean-up?
 - Wellness/Megan collab!
 - a. Sean interested in helping (3)
 - 4. Talk with service learning coordinators
 - 5. Student Affairs is working on a student mentoring project MCRPA supports?
 - a. November kick-off
 - b. Tracey will present at a future CEE meeting for how MCRPA can support
- 4. Group Travel Experience (Christine)
 - a. Shhhhh it's a secret (until Friday/Monday) 😉
 - b. June 8 13, 2024
 - c. All-inclusive resort in Cancun, Mexico; premium options
 - d. Travel agent making it happen!
 - i. Should book through the travel agent as the resort has five locations, so if booked independently may be on your own
 - e. Flyer: <a href="https://montgomerycollege0-my.sharepoint.com/personal/nnguy103_montgomerycollege_edu/_layouts/15/onedrive.aspx?id=%2Fpersonal%2Fnnguy103%5Fmontgomerycollege%5Fedu%2FDocuments%2FWork%2FDocuments%2FMCRPA%2FFlyers%2F2024%2F20240608%20Cancun%20Mexico%2Fcancun%2Dflyer%2Epdf&parent=%2Fpersonal%2Fnnguy103%5Fmontgomerycollege%5Fedu%2FDocuments%2FWork%2FDocuments%2FMCRPA%2FFlyers%2F2024%2F20240608%20Cancun%20Mexico&ga=1

- f. Some limitations children may need to be 8+
- g. Q&A Thursday, September 7 (two times via Zoom)
- h. No minimum 🙉
- i. Deposit likely between \$250-400; travel insurance recommended
- j. Request: All Purple Night 🝪
- 5. Upcoming events:
 - a. August
 - i. Teams Launch August 17
 - 1. Weekly Wins
 - a. Suggestions
 - b. Want to lead one?
 - ii. Salsa in the Square August 17
 - b. Throughout the semester
 - i. Walking clubs
 - 1. Wellness is starting Walktober on October 2! (6 weeks)
 - a. Registration opens September 11
 - b. https://mcwellness.walktober.com/#/welcome
 - c. Also, virtual Turkey Trot (corresponding with RV Turkey Trot) happening Nov 16, co-sponsored by Student Life & PE department
 - c. September
 - i. Photo Scavenger Hunt
 - 1. Simultaneous at all locations
 - 2. 1.5 hours Thursday, September 14, 11:45 AM 1:15 PM
 - 3. Instead of teams, people can form a team (with a name!) or act as an individual
 - 4. List of items
 - a. A piece of art (sculpture, painting, statue the more the merrier)
 - b. Something that is unique to the campus (e.g. the T-Rex, the Globe)
 - c. The Raptor
 - 5. Need: Rules thread, threads for CT, RV, TPSS, GT
 - ii. Renaissance Festival
 - 1. Suggested day: Saturday, September 30 TBD
 - d. October
 - i. Summers Farm Fall Festival
 - 1. Saturday, October 21 already booked!
 - 2. Firepit, s'mores, fireworks, hayrides, pumpkin-picking, etc.
 - 3. Buy in advance to save \$\$\$
 - ii. Halloween Zoom Event
 - Nghi, our Halloween Hero, looking at Thursday, October 26, 2PM 3 PM
 - e. November
 - i. Outing
 - ii. Suggestions: Escape Room, Zoom Chat and Chill
 - f. December
 - i. Holiday Party

- ii. Wellness Virtual Piano Bar
- 6. Other business
 - a. Nov 3: MC Chapter of AAWCC conference:

https://info.montgomerycollege.edu/offices/aawcc/annual-conference-fall-2023.html

- i. If you attend, your membership is included!
- ii. And EAP will pay for it!
- iii. Can use Enrichment Leave to attend

Weekly Wins Suggestions

Sprinkle in, share photos of your pet, caption contests, vacation pictures, or puzzles.

What's your favorite way to start the week?

If you could choose one superpower, what would it be and why?

When you start your workday, what is the first website/app you check?

If you could live anywhere in the world, where would it be and why?

What book are you reading, or what is your all-time favorite book?

What's the best piece of advice you've ever received?

What's your favorite mid-week relaxation activity?

Who would it be if you could invite anyone (past or present) to dinner?

What is one hobby you've always wanted to pick up?

What's your favorite comfort food?

If you could master one skill you don't currently have, what would it be?

What's the last song you listened to?

What's the highlight of your week?

How do you typically unwind after a long week?

If you could teleport to anywhere this weekend, where would you go?

What's your favorite movie or TV show to binge-watch on the weekend?

What's one interesting fact about yourself that others might not know?

What was the best concert or live event you ever attended?

How do you prepare for the upcoming week?

What's the most exotic or unusual meal you've ever had?

If you could swap lives with a character from a book, movie, or TV show for a day, who would it be and why?

Events Ideas

- Pickle Ball Campus Tour
- Arts Night/Talent Show
- Bowling
- Karaoke
- Virtual Scavenger Hunt
- Poetry Night
- Museum Day
- Hiking
- Olney Winery
- Coffee Breaks
- High Tea
- Game Nights / Gaming Tournament
 - Jenga/Connect Four/Board Games (GIANT ON THE LAWN?! :D)

- Kickball/Frisbee
- Jackbox Games (Zoom)
- Escape Room
- Quiz Night (Hyflex)
- "Giving Back" events
 - Sligo Creek cleanup
- In-person lunch breaks with a "Zoom in"
- Burns Night
- Rage room https://unityrageroom.com/
 - Paint splash

Radar

Spring: Relay for Life? Creek Clean-Up?

Alternative Spring Break