

Montgomery College Rising Professionals Association
Community Engagement and Events Committee
Tuesday, September 5, 1 PM – 2 PM
Zoom

In attendance: Elysse Meredith, Nghi Nguyen, Megan Cooperman, Nichole Land, Hoa Nguyen, Tameka Cruz, Ramica Allen, Ramon Valenzuela, Sean Wright, Christine Crefton (apologies if I forgot anyone!)

Agenda

1. MCRPA AY24 Priorities
 - a. **Community** is creating an inclusive environment through fellowship that fosters strong connections where everyone's differences are accepted and valued.
 - b. **Collaboration** is coming together to build strong, trusting relationships, share knowledge and skills, and pursue personal and professional development.
 - c. **Celebration** is recognizing, affirming, and valuing members' unique talents, contributions, and perspective.
2. Teams
 - a. Weekly Wins/Conversation Starters
 - b. How to set notifications will go in the Weekly Digest
3. Fall Service
 - a. Adopt a Mobile Market
 - i. Promote volunteering, especially October/November
 - ii. Definitely aiming for a large group in November 14/15/16
 - iii. Include link
 - b. Two Exercise is Medicine (Wellness) events with students
 - i. October – Cancer awareness/dance fitness event
 - ii. November 16 – RV/Virtual Turkey Trot
 1. Lowkey!
 - iii. Non-perishable donations for SHaW
 - iv. MCRPA shows up and turns out
4. Upcoming events:
 - a. September
 - i. Photo Scavenger Hunt
 1. Simultaneous at all locations
 2. Thursday, September 14, 11:45 AM - 1:15 PM
 3. Simultaneous at all locations
 - a. Teams and individuals
 4. Elysse will share a list of items the morning of
 - a. A piece of art (sculpture, painting, statue – the more the merrier)
 - b. Something that is unique to the campus (e.g. the T-Rex, the Globe)
 - c. The Raptor
 5. Need: Rules thread, threads for CT, RV, TPSS, GT
 - ii. Renaissance Festival
 1. Saturday, September 30

2. RSVP form has name, email, and cell phone number to coordinate arrivals
 - a. Nghi will coordinate list
- b. October
 - i. Walktober with Wellness
 1. <https://mcwellness.walktober.com/#/welcome>
 2. Registration opens September 11
 3. Starts October 2
 - ii. Summers Farm Fall Festival
 1. Saturday, October 21 – already booked!
 2. Firepit, s'mores, fireworks, hayrides, pumpkin-picking, etc.
 3. Buy in advance to save \$\$\$
 4. RSVP form
 - a. Max of 50 people
 5. Only remaining task: submit to MMC (Elysse)
 - iii. Halloween Zoom Event
 1. Nghi, our Halloween Hero, looking at Thursday, October 26, 2PM – 3 PM
 - a. Nghi will coordinate a small team to put together virtual games
 - b. Megan may be able to provide prizes :D
- c. November
 - i. Tentatively: Paint and Sip
 - ii. Alternative: Tuesday Olney Winery Trivia, 7-10
 1. (Also a good pop-up event!)
- d. December
 - i. Holiday Party
 1. Tameka has it covered!
 - a. Megan will assist!
 2. Wednesday, December 6
 3. Looking at Mannakee – Christine will request
 - a. Room hopefully reserved 10-3
 - ii. Wellness Virtual Piano Bar
- e. Pop-up Activities
 - i. Simply propose on the Teams site and gather folks for the thing!
 - ii. Escape Room
 - iii. Everything on the list below!
 - iv. Bowling
 - v. Beat the Bomb
 - vi. October stuff
 1. Haunted House/Trail
 2. Ghost Hunting
 3. Gettysburg Ghost Walk
 4. Haunted pub crawl
 - vii. Wellness classes!
 - viii. Wintery stuff
 1. Ice-Skating
 2. Light display (Brookside!)
 - ix. Beer/cider brewing

- x. Outdoor concerts
 - 1. Every Wednesday at Brookside!
 - 2. Black Rock Performing Arts Center on Fridays or Saturdays?
- xi. <https://www.amazingartstudio.com/>
- xii. MonsterGolf (indoor!)
 - 1. <https://monsterminigolf.com/gaithersburg/>

Weekly Wins Suggestions

Sprinkle in, share photos of your pet, caption contests, vacation pictures, or puzzles.

What's your favorite way to start the week?

If you could choose one superpower, what would it be and why?

When you start your workday, what is the first website/app you check?

If you could live anywhere in the world, where would it be and why?

What book are you reading, or what is your all-time favorite book?

What's the best piece of advice you've ever received?

What's your favorite mid-week relaxation activity?

Who would it be if you could invite anyone (past or present) to dinner?

What is one hobby you've always wanted to pick up?

What's your favorite comfort food?

If you could master one skill you don't currently have, what would it be?

What's the last song you listened to?

What's the highlight of your week?

How do you typically unwind after a long week?

If you could teleport to anywhere this weekend, where would you go?

What's your favorite movie or TV show to binge-watch on the weekend?

What's one interesting fact about yourself that others might not know?

What was the best concert or live event you ever attended?

How do you prepare for the upcoming week?

What's the most exotic or unusual meal you've ever had?

If you could swap lives with a character from a book, movie, or TV show for a day, who would it be and why?

Events Ideas

- Pickle Ball Campus Tour
- Arts Night/Talent Show
- Bowling
- Karaoke
- Virtual Scavenger Hunt
- Poetry Night
- Museum Day
- Hiking
- Olney Winery
- Coffee Breaks
- High Tea
- Game Nights / Gaming Tournament
 - Jenga/Connect Four/Board Games (GIANT ON THE LAWN?! :D)
- Kickball/Frisbee
- Jackbox Games (Zoom)

- Escape Room
- Quiz Night (Hyflex)
- “Giving Back” events
 - Sligo Creek cleanup
- In-person lunch breaks with a “Zoom in”
- Burns Night
- Rage room <https://unityrageroom.com/>
 - Paint splash

Radar

Spring: Relay for Life? Creek Clean-Up?

Alternative Spring Break