

Montgomery College Rising Professionals Association
Community Engagement and Events Committee
Tuesday, December 5, 1 PM – 2 PM
Zoom

In attendance: Elysse Meredith, Christine Crefton, Megan Cooperman, Nichole Land, Hoa Nguyen, Tracey Smith-Bryant, Tameka Cruz, Ramon Valenzuela

Agenda

1. November Events Debrief
 - a. Collaborations/Supporting:
 - i. Service: Adopt a Mobile Market
 1. RV Mobile Market has had excellent turnout and good vibes 😊
 - ii. Wellness: RV/Virtual Turkey Trot (November 16)
 1. BIG attendance – thank you for supporting
 - iii. LatinAsian Fusion Celebration (November 14)
 1. WILDLY successful!
 2. Lots of people helping 8 AM - 8 PM – thank you!
 3. Will be returning next year – keep an eye out!
 - b. Pop-up Activities: Escape Room
 - i. Pretty large group for off-campus (seven members!)
 - ii. Fun night with dressing up, some screams, and success!
2. Upcoming events:
 - a. December
 - i. Holiday Party (Tameka & Megan)
 1. Wednesday, December 6, 12 PM - 3 PM in Rockville/Mannakee 122
 2. RSVPs: 19 (and Adaora in spirit) +1
 3. Food: no food with known allergens (shellfish); one dairy restriction
 4. Games! Including saran wrap game 😊
 5. Decorating: Tameka will start at 10:30; please join her if you want to help.
 - a. Megan and Christine will be there
 6. Clean-up at 3 (going to 3:30 most likely)
 - ii. Wellness Virtual Piano Bar
 1. Wednesday, December 13, 4 PM – 5 PM
 2. Zoom link will be distributed via HRSTM newsletter and in MCRPA digest
 - iii. Pop-up events
 1. Brookside Gardens on December 14 at 7:30 PM
 - a. Buy tickets and meet up
 - b. Strong recommendation to buy tickets in advance
 - c. <https://montgomeryparks.org/parks-and-trails/brookside-gardens/special-events/garden-of-lights/>

2. December 15: The Washington Chorus presents A CANDLELIGHT CHRISTMAS - 20:00, Strathmore mansion - 10701 Rockville Pike, North Bethesda, MD 20852, United States
 - a. Christine and Nghi will be attending; feel free to join
 - b. January
 - i. Friday, January 19, 5:15 PM – 7 PM: Happy Hour
 1. Try Kabuto in Rockville
 2. Christine taking lead
 - ii. Potential pop-ups:
 1. Trivia night
 - a. Location ideas: Java Nation, Quincy's (Park Potomac Shopping Center off Seven Locks Road)
 - c. Pop-up Activities
 - i. Simply propose on the Teams site and gather folks for the thing!
3. Spring Planning
 - a. Spring ideas from November meeting:
 - i. Road trips
 1. Lavender fields field trip
 - b. February
 - i. Valentine's Day Event with Origami (Nghi and Christine)
 1. Monday, February 12, 1 PM-2:30 PM in Rockville
 2. Combined with Wellness Love Yourself Event (Megan)
 - a. Will be at CT on Wednesday and other campuses on other days (Thur – TPSS?)
 - c. March
 - i. Staff Enrichment Day
 1. Plan to sponsor something
 - a. Sound meditation?
 2. Will solidify by January
 - ii. Wellness 10K a Day most likely starting this month as well
 - d. April
 - i. Walks for Health (Tameka)
 - ii. High Tea
 1. Locations that do high tea: Strathmore, Waldorf Astoria
 2. Megan would be up for a Wellness collab
 - e. May
 - i. Mental Health Month!
 - ii. Retreat
 1. Zen Drawing
4. Spring Meetings
 - a. Continue second Tuesdays, 1 PM – 2 PM
 - i. Exception: February

Weekly Wins Suggestions

Sprinkle in, share photos of your pet, caption contests, vacation pictures, or puzzles.

What's your favorite way to start the week?

If you could choose one superpower, what would it be and why?

When you start your workday, what is the first website/app you check?

If you could live anywhere in the world, where would it be and why?
 What book are you reading, or what is your all-time favorite book?
 What's the best piece of advice you've ever received?
 What's your favorite mid-week relaxation activity?
 Who would it be if you could invite anyone (past or present) to dinner?
 What is one hobby you've always wanted to pick up?
 What's your favorite comfort food?
 If you could master one skill you don't currently have, what would it be?
 What's the last song you listened to?
 What's the highlight of your week?
 How do you typically unwind after a long week?
 If you could teleport to anywhere this weekend, where would you go?
 What's your favorite movie or TV show to binge-watch on the weekend?
 What's one interesting fact about yourself that others might not know?
 What was the best concert or live event you ever attended?
 How do you prepare for the upcoming week?
 What's the most exotic or unusual meal you've ever had?
 If you could swap lives with a character from a book, movie, or TV show for a day, who would it be and why?

Pop-Up Activities Ideas

- Escape Room
- Bowling
- Beat the Bomb
- October stuff
 - Haunted House/Trail
 - Ghost Hunting
 - Gettysburg Ghost Walk
 - Haunted pub crawl
- Wellness classes!
- Wintery stuff
 - Ice-Skating
 - Light display (Brookside!)
- Beer/cider brewing
- Outdoor concerts
 - Every Wednesday at Brookside!
 - Black Rock Performing Arts Center on Fridays or Saturdays?
- <https://www.amazingartstudio.com/>
- MonsterGolf (indoor!)
 - <https://monsterminigolf.com/gaithersburg/>

Events Ideas

- Pickle Ball Campus Tour
- Arts Night/Talent Show
- Bowling
- Karaoke
- Virtual Scavenger Hunt
- Poetry Night

- Museum Day
- Hiking
- Olney Winery
- Coffee Breaks
- High Tea
- Game Nights / Gaming Tournament
 - Jenga/Connect Four/Board Games (GIANT ON THE LAWN?! :D)
- Kickball/Frisbee
- Jackbox Games (Zoom)
- Escape Room
- Quiz Night (Hyflex)
- “Giving Back” events
 - Sligo Creek cleanup
- In-person lunch breaks with a “Zoom in”
- Burns Night
- Rage room <https://unityrageroom.com/>
 - Paint splash

Radar

Spring: Relay for Life? Creek Clean-Up?

Alternative Spring Break