



MONTGOMERY
COUNTY
FOOD COUNCIL



SHaW Center for Success

Student Health and Wellness Center for Success
Nourishment for the Mind, Body and Spirit



**THURSDAY, OCTOBER 13
3PM – 4:30PM**

**REGISTER FOR THE ZOOM
LINK AT:**

[HTTPS://BIT.LY/SNAPBASICS](https://bit.ly/snapbasics)



SNAP BASICS

SNAP IS A FOOD ASSISTANCE PROGRAM THAT HELPS STUDENTS AND HOUSEHOLDS PURCHASE MORE HEALTHY, NUTRITIOUS FOODS.

LEARN ABOUT THE BASICS OF SNAP WITH THE SNAP OUTREACH TEAM AT THE MONTGOMERY COUNTY FOOD COUNCIL! THIS VIRTUAL WORKSHOP WILL COVER TOPICS FROM SNAP ELIGIBILITY TO THE APPLICATION PROCESS, AS WELL AS ADDITIONAL FOOD RESOURCES IN THE COMMUNITY!