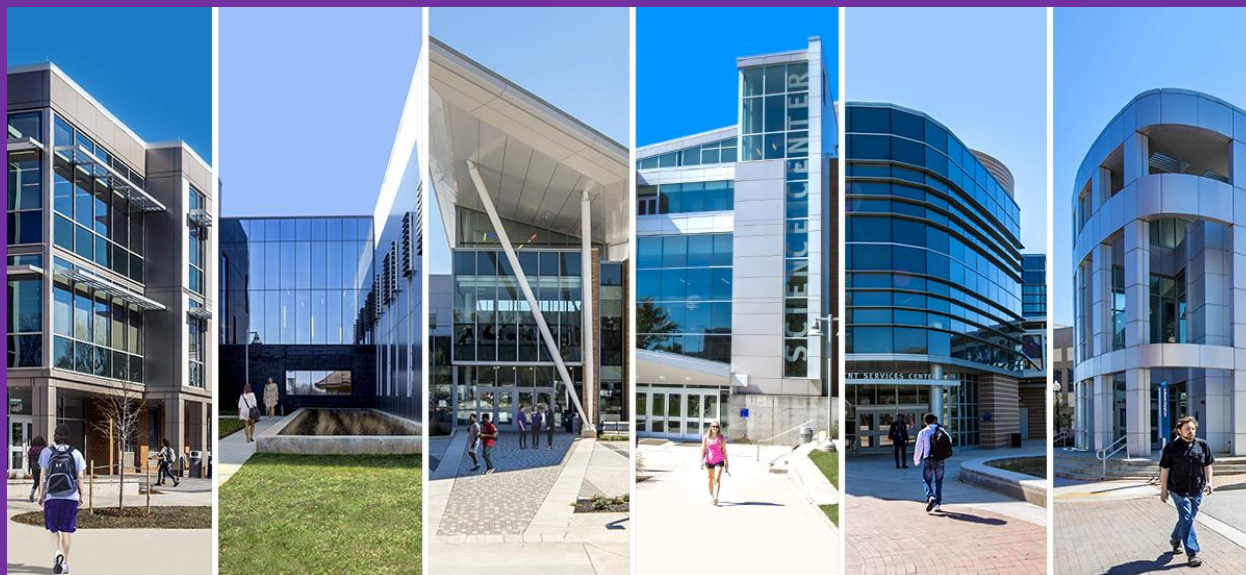


# MONTGOMERY COLLEGE CHAPTER OF AAWCC FALL CONFERENCE

Women in Community College:  
**L**eadership, **E**ducation, **A**dvancement,  
**D**evelopment, and **S**upport

*Student Agenda*

November 3, 2023



## A Welcome Message from Dr. Monica Brown, Senior Vice President for Student Affairs

Welcome to the American Association for Women in Community Colleges (AAWCC) First Annual Fall Conference! I am thrilled to have you here, and I would like to extend a warm and enthusiastic greeting to each of you.

The AAWCC has long been at the forefront of advocating for, supporting, and empowering women in the community college sector. This conference is a testament to our shared commitment to fostering Leadership, Education, Advancement, Development, Support, and inclusivity for all women in academia.

Today, we have prepared a comprehensive program featuring an inspiring keynote speaker, engaging workshops, thought-provoking panel discussions, and networking opportunities. These sessions will cover a wide array of topics, from leadership and mentorship to career development and the ever-evolving landscape of community colleges. Of special note, we have developed student-focused sessions especially designed with you in mind!

I am excited about the opportunity you will have to connect with your peers and hear from notable speakers as we come together to celebrate the impact of women in academia, acknowledge the challenges we've overcome, and embrace the opportunities that lie ahead. The AAWCC conference is not only a platform for personal and professional growth but also a chance to build lasting connections with your peers and women leaders in the community.

Thank you for joining us today, and here's to a memorable AAWCC Conference. Let's continue to champion the advancement of women in community colleges and beyond.

Enjoy the conference, and may it be a source of inspiration and empowerment for all!

Welcome!

FRIDAY, NOVEMBER 3, 2023

Bioscience Education Center (BE), Germantown Campus

8:30 a.m. – 9:00 a.m. **Check-in** | BE Atrium

8:30 a.m. – 9:00 a.m. **Continental Breakfast** | BE 151/152

9:00 a.m. – 10:15 a.m. **Keynote Address** | BE 151/152

**Dr. Beverly Walker-Griffiea**

*President, Mott Community College*

*Former President, AAWCC National*

*CEO of the Year, AACCC*

10:25 a.m. – 11:25 a.m. **Student Workshop** | BE 160

**Time Management for College Students**

*Denise T. Williams*

11:30 a.m. – 12:25 p.m. **Student Workshop** | BE 162

**The Between: Stimulus and Response**

*Shawn V. Sanders*

12:30 p.m. – 1:45 p.m. **Panel Discussion** | BE 151/152

*L.E.A.D.S.*

**Veronica Banh** | Montgomery College

*Project and Data Manager*

**Dana Pauley** | Leadership Montgomery

*President and CEO*

**Michele Richardson** | Bowie State University

*Director, Henry Wise Wellness Center*

**Angel Royal** | American Association in Community Colleges

*Senior Vice President, Strategic Initiatives*

**Krista Leitch Walker** | Montgomery College

*Vice President and Chief Human Resources Officer*

FRIDAY, NOVEMBER 3, 2023

Bioscience Education Center (BE), Germantown Campus

2:00 p.m. – 3:00 p.m.     **Student Workshop** | BE 160

**You Down with LMP?**

*Larissa Johnson*

3:10 p.m. – 4:10 p.m.     **Student Workshop** | BE 162

**From Advocating for Others to Championing Self**

*Christine Crefton*

4:10 p.m. – 5:10 p.m.     **Paint, Jazz, and Dessert Reception** | BE 151/152



"A girl should be two things: who and what she wants." — *Coco Chanel*

"If you are always trying to be normal, you'll never know how amazing you can be." — *Maya Angelou*

FRIDAY, NOVEMBER 3, 2023

## Student Workshop and Forum Descriptions

### Time Management for College Students

*Denise T. Williams*

[denise.williams@montgomerycollege.edu](mailto:denise.williams@montgomerycollege.edu)

During this workshop, students will receive six (60) time management tools with examples and resources. Students will complete weekly schedules. Students will have time management material to take with them as a resource.

Students will be able to:

- Learn and understand the importance of time management
- Factors that play a role when managing time
- How to categorize duties and tasks to be the best time manager

Students will be introduced to complete a time management assessment and will get assistance with:

- Creating a self-evaluation chart
- Listing and sharing ways to eliminate time-wasting
- Time management tips and strategies for managing time effectively as a college student

### The Between: Stimulus and Response

*Shawn V. Sanders*

[shawn.sanders@montgomerycollege.edu](mailto:shawn.sanders@montgomerycollege.edu)

The way we deal with our emotions shapes everything that matters: our actions, relationships, health, education, career, and happiness. Learn how to practice emotional intelligence for better relationships, improved well-being, and a higher quality of life.

FRIDAY, NOVEMBER 3, 2023

## Student Workshop and Forum Descriptions

### **You Down with LMP?**

*Larissa Johnson*

<https://larissajohnson.com/>

Play is not a four-letter word; it is something we should incorporate into everything we do. From the satisfaction of breaking a sweat to the surprise of imagination, play teaches us to be human. In fact, societies depend on our ability to “play well together.” Through play, we not only discover the joy of physical activity but reinforce the social and emotional skills needed in the workplace and in life. The work that is being done to advance women’s rights and to eliminate inequities and disparities in our society is NO JOKE, but there is space for more Laugh, MOVE, Play to be infused into our days. This session will help people reconnect to the wonder within so that they can continue to fight the good fights and maintain their sanity in the process.

### **From Advocating for Others to Championing Self**

*Christine Crefton*

[christine.crefton@montgomerycollege.edu](mailto:christine.crefton@montgomerycollege.edu)

While many individuals naturally feel comfortable championing the rights and needs of others, translating that same fervor to advocate for oneself can often pose challenges. The transition from high school to college introduces students to an environment where their voice becomes paramount in shaping their academic journey. This presentation delves into the intrinsic motivation behind advocating for others and how students can harness that same power to advocate for their personal needs, rights, and aspirations. Through understanding the psychological and societal factors that drive one's motivation to support others, we will explore pathways that allow students to feel equally empowered to stand up for themselves. The session will provide tools, strategies, and insights to equip students with the confidence and knowledge required to navigate the college environment and beyond, ensuring their voices are heard and their needs addressed.

## Presidential Scholars | Daughters of Tenacity

We are thrilled to introduce the Presidential Scholars Program | Daughters of Tenacity, an exciting initiative designed to support and empower female students at Montgomery College. As part of our commitment to creating an inclusive and welcoming environment for all female students, this program is exclusively open to individuals who self-identify as women and are currently enrolled and registered as students in good standing.

Daughters of Tenacity aims to recognize and celebrate the diversity and strength that each participant brings to our community, regardless of their background, race, ethnicity, sexual orientation, socioeconomic status, or other identity. We firmly believe in providing opportunities for personal and professional growth for this historically marginalized population.

### **Standards and Goals:**

Academic Success and Student Development: We will assist you in excelling academically and developing essential skills. We aim to support your educational journey, ensuring your retention, completion, and successful transfer. We will help you explore your career interests, clarify your goals, and guide you in career planning and readiness.

Agency, Leadership, and Advocacy: Through Daughters of Tenacity, we will nurture your leadership skills, empower you as agents of change, and prepare you for future professional roles. We will encourage and support your advocacy efforts to effect positive change on campus and in society. We aim to promote community involvement, social connections, and a strong sense of belonging, recognizing the importance of intersectionality in shaping your experiences.

Financial Literacy and Management: Our program will equip you with the knowledge and skills necessary for effective financial and income management, ultimately leading to financial success and independence.

Self-care, Wellness, and Health: We will guide you in exploring self-discovery, cultivating self-acceptance, and prioritizing personal care and self-compassion. Together, we will work on building and maintaining healthy relationships, ending

dysfunctional female relatedness, and promoting emotional and mental health through an intersectional lens.

Community Engagement and Social Connections: Daughters of Tenacity will promote community involvement, social connections, and a strong sense of belonging. We believe that building a supportive community is essential for your growth and development.

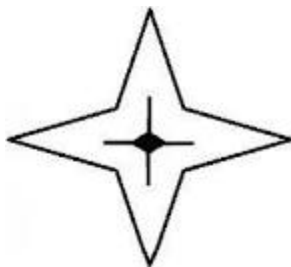
**Objectives:**

Through Daughters of Tenacity, we aim to achieve the following objectives:

1. Improve female student outcomes related to academic success, development, and career readiness.
2. Develop leadership qualities by cultivating agency, subsequently leading to advocacy.
3. Build awareness of finances and income management.
4. Refine confidence by exploring the connection between physical health, behavioral health, and overall well-being.
5. Create a sense of community and belonging.

We invite you to become an inaugural Presidential Scholars Program | Daughters of Tenacity member. By joining, you'll have the opportunity to be part of a supportive community that empowers you to achieve your academic and personal goals.

To join, reach out to me for more information and your application. We look forward to having you in this transformative and inclusive program.



Kind Regards,

*Dr. Tracey Smith-Bryant*

Student Affairs Director

Office of the Senior Vice President for Student Affairs



## Sincere appreciation to our sponsor:

### Dr. Monica Brown

#### Senior Vice President for Student Affairs

We want to express our deepest appreciation and admiration for a remarkable individual who makes an indelible mark on our Student Affairs community. Dr. Monica Brown, our esteemed Senior Vice President for Student Affairs, is not only a pillar of unwavering support for students but also an exemplary leader who inspires us to excel. It is with great pleasure that we acknowledge and celebrate the compassion, generosity, ethics, and professionalism that she embodies in her role.

Dr. Brown's compassion is a guiding light for all of us. Her genuine care and concern for students have provided solace and guidance to countless individuals facing challenges. Her ability to empathize, listen, and offer a comforting presence has made her a trusted ally in the journey of personal and professional growth. Her compassionate approach extends beyond the students to us, where she nurtures a workplace culture that values each member's well-being and contribution.

Dr. Brown's unwavering commitment to creating opportunities for student success is a testament to her generosity. Through scholarships, mentorship programs, and steadfast support for student initiatives, she has touched the lives of many and helped them achieve their dreams. Her generous spirit extends to her colleagues and subordinates, where she fosters an environment of collaboration and support, ensuring that everyone has the tools and resources they need to flourish.

Ethics are the bedrock of Dr. Brown's leadership. She upholds the highest standards of integrity in all her endeavors, setting a powerful example for everyone under her tutelage. Her ethical conduct transcends her professional relationships and influences the broader culture of our institution. Dr. Brown's commitment to fairness, honesty, and accountability is a cornerstone upon which our community thrives.

Dr. Brown is a shining example of excellence. Her grace, competence, and adeptness in handling complex situations inspire us all. She approaches every challenge with a steady hand and an unwavering commitment to finding effective solutions. Her leadership style encourages growth, innovation, and continuous improvement, making her not just a leader but a mentor to us.

Thank you, Dr. Brown, for being an extraordinary leader and a source of inspiration to us all.

The following poem by Amanda Gorman is dedicated to Dr. Monica Brown.

## WE RISE by Amanda Gorman

Today, everyone's eyes  
Are on us as we rise.  
Today is the day women  
Are paving the way,  
Speaking our truth to power.  
In this hour, it is our duty  
to find the brave beauty  
In rooting for other women  
So they too know we are not victims,  
We are victors, the greatest predictors  
of progress. We press for change,  
A new dawn drawn into the open  
By women whose silence is broken.  
We push on and act on  
Our responsibility to bring visibility  
To the most vulnerable:  
To bring freedom to those who didn't have a  
choice,  
To bring volume to those who are using their  
voice.  
We clear a woman's way,  
We don't fear the day  
She steps into the light  
Because we are with her  
Every step of the fight.  
There's a lot at stake, but making  
A difference always takes great courage.  
So we encourage women who dare to stare  
Fear square in its face,  
Women who've always shown  
That when one woman stands up  
She is never alone.

We know that when she steps up to right a  
wrong,  
She will fight to bring others along  
To the network, into the conversation,  
Working together to change communities  
And nations for generations, our world  
Made all the stronger the longer  
Women are able to sit at the table.  
It is her strength, her story, and her spirit  
Which inspires other vital voices  
to speak up when they hear it.  
So let it be said that light will be shed  
When our world is led by leaders ahead  
of the headlines, the voices  
Who are first on the frontline,  
These women who stand up,  
knowing the wind  
Not by where it is, but where it is blowing,  
Leading worlds not by how society is  
But where change is going.  
We all leap forward when one woman tries,  
When she defies with her rallying cries.  
Here lies, but does not rest, the best  
Of tested women who call us all to rise,  
Speaking the truth in this finest hour:  
That to their own power,  
every single woman is entitled.  
But it's how they empower others  
That makes women's voices so vital.

