BIOTrain™ Workshops Advance your life science career with *BIOTrain™ Workshops*.

Building Essential Skills

This series of short (2.5 hours) workshops is designed to provide foundational skills for workers employed in biotechnology. They are prepared with industry guidance and are taught by industry experts. BIOTrain workshops are offered free of charge to registrants.

Claiming Your Strengths February 5, CRN 36099

Claiming Your Strengths starts with the identification of your key strengths- what you love to do, and your weaknesses- what you hate to do. Strategies are then presented by which you can enhance your career by working your strengths to advantage while minimizing the impact of your weaknesses.

Negotiations

March 18, CRN 36103

When viewed as problem solving, negotiation moves from being a win-lose game to one of mutual benefit. This lecture will help you negotiate ways to achieve more of what you want in preparing for negotiation. There are inspiring new ways of practicing negotiating in everyday interactions and improve your chances of getting more of what you want.

Building Effective Networks April 15, CRN36105

Almost everyone agrees that networking is important, but we often struggle to find the time and energy we need to build our networks. This workshop encourages you to think about networking as a critical part of how we get things done. You'll learn the downsides of having a homogenous network and the most effective ways to invest your time in building a broad, connective, and dynamic strategic network.

Countering Stress in the Workplace May 20, CRN46041

Successful people deal with the stress and come out on top. Identify your individual symptoms of stress and work stressors. Construct a stress model for you and your environment. Learn tactics to deal with the five most common work stressors. Study a list of specific tactics to help manage stress and develop your own plan to address the stressors in your life.

Managing Difficult Conversations February 19, CRN 36101

Many conversations have significant outcomes: interviews, reviews, negotiations. Because the stakes are so high, we fear the outcome, tend to put off the conversation and are not adequately prepared for it. This workshop defines methods for turning potentially confrontational events into constructive dialogues that accomplish the business goals.

Overcoming Speaking Anxiety April 1, CRN 36104

Speaking anxiety holds many people back from applying for jobs or promotions, speaking up in classes or conferences, sharing expertise in meetings, and much more. Learning how to tame adrenaline will allow you to take full advantage of opportunities to advance your career.

Building Resiliency May 6, CRN 46040

This topic is designed to build resilience, well-being, and optimism. These strengths-based prevention programs equip individuals with a set of practical skills that can be applied in everyday life to strengthen an individual's ability to overcome adversity, cope with challenges, manage stress, and thrive in their personal and professional life.

Communicating with Confidence June 17, CRN46042

Many people think of confidence as a feeling. But in reality it's a set of behaviors that you can change and improve over time. By acting confidently, particularly at the start of your career, you can influence how others perceive you and change how you feel about yourself. Hear expert insights and real-life examples on strategies to build your confidence from the outside in.

Each Workshop is held 6:30 PM - 9:00 PM

at the BioScience Education Center on the Germantown campus of Montgomery College.

For additional information or to register,

contact BioTrain@MontgomeryCollege.edu or call 240.567.2245

Gaining Industry Insight

These workshops are designed to provide a working knowledge of basic aspects of the biopharma industry for workers employed in biotechnology.

They are prepared with industry guidance and are taught by industry experts.

BIOTrain Workshops are offered *free of charge* to registrants.

Quality 101 [BIT066]

Starts May 2, Four sessions, CRN46403

Quality 101 offers an introduction to Quality Management Systems (QMS) Attendees will learn quality basics and understand simple approaches to quality concepts, including

- Understanding your customers
- Developing to be a quality leader
- Benefits of a process & systems approach
- Continual improvement practices
- Fact based decision-making
- How to work with suppliers

The workshop is taught by practitioners who are certified ASQ professionals.

Quality 102 [BIT073] Please inquire.

Quality Management Systems (QMS) such as ISO 9001:2015 and FDA GMP require that an organization have documented programs for continuous process improvement, auditing, risk assessment and mitigation. Quality 102 will cover in more detail, some of the topics introduced in Quality 101. Students need not have attended Quality 101 to take this class. The instructors will emphasize in-class hands-on exercises and incorporate valuable tools that can be taken back to the workplace and attendees may use this course for ASQ recertification units. Workshop Outline:

- Day 1- Process Approaches to Quality: Data & measurement
- Day 2- Continuous Improvement: Coaching Kata to create a culture of continuous improvement
- Day 3- Audits: Strong audit program internal & external audits
- Day 4- Risk: Introduction to risk management planning, risk analysis & management tools

The workshop is taught by advanced practitioners who are certified ASQ professionals.

Operating in a Regulated Environment [BIT089]	Protein Purification [062]
Starts March 24, Three sessions, CRN36369	Starts May 2, Three sessions, CRN 46164
This workshop will focus on the role of regulatory agencies in product	Participants will understand the basics of downstream protein purification.
development. Find out how federal regulation influences the	Attendees will purify several proteins and gain first-hand experience with the
development, manufacturing, marketing and distribution of regulated	Bio-Rad NGC Chromatography System. Each lab will be preceded by a brief
products in the life science and health care industry.	lecture and discussion on the protein purification technique used. Some
Topics include: drug discovery, the clinical trials process for different	knowledge of protein structure and function and purification methods is
products, clinical trials design, trials monitoring, as well as global and	required.
ethical questions in clinical trials.	

For additional information or to register, contact BioTrain@MontgomeryCollege.edu or call 240.567.2245

Do You Need a Custom Workshop?

Inquire about custom workshops available at your location.



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