

Challenge Program Spring 2026 Course Descriptions.

Course	CRN#	Title	Course Description
SPP603	34319	Adventures in Bookland	You don't want to miss out on this semester long adventurous class! An adventure always has an element of the unknown. Being adventurous means you're willing to go where you haven't been before and do things you have never done before, even if you don't know how it's going to turn out. Join us on an exciting experience as we dive into books and recount many bold adventures. You will learn to embrace new experiences, learn to be spontaneous and show curiosity while learning. This course will be taught two days a week and will consist of vocabulary exercises to improve your skills. You will use 3 x 5 cards for vocabulary, word analysis with roots and context clues. You will play word games such as charades and a spelling bee. You will also work on exercises to pick out the following in paragraphs and short passages: main idea, supporting details, predicting outcomes, sequencing, summarizing, cause/effect, compare and contrast, paraphrasing, using supportive evidence, synonyms and antonyms. You will learn poetic terms such as similes and metaphors, personification, and onomatopoeia. You will learn reading tips with the use of Mini Mysteries which are designed to promote interest in reading as well as fluency and comprehension. One novel will be featured during the course.
SPP631	34296	Baking: Sweet+Savory Treats	Let's celebrate the season with delicious and visually stunning treats. You will incorporate fresh vibrant spring ingredients like citrus fruits, and berries. You will master fundamental skills of measuring ingredients, understanding various mixing techniques, and proper baking temperatures. You will also review kitchen safety practices. You will make spring themed pastries and desserts like iced lemon cookies and strawberry short cake. You will also bake savory snacks like cheesy bread sticks and pizza tartlets. So, grab your apron and come and celebrate spring with us.
SPP617	33964	Canvas Creations: Paint Party	Explore your creative talents in a lively and welcoming environment. Unleash your artistic expression through painting while fostering a sense of community and fun. You will embark on a colorful journey into the world of visual arts. Engage in a variety of painting techniques, experiment with different brushstrokes, and explore a spectrum of colors to bring your vision to life. From landscapes to abstract art, each session will present a new theme or subject, allowing for artistic exploration and personal interpretation. Join us and unlock your inner artist in an inspiring and fun setting where imagination knows no bounds.

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SPP658	33966	Children's Classic Movies II	This course features a fresh lineup of timeless favorites: National Velvet, Star Wars: A New Hope, Alice in Wonderland, Indiana Jones: Raiders of the Lost Ark, and Willy Wonka and the Chocolate Factory. Grab your popcorn and enjoy an adventure through fantasy, musical, science fiction, and animated classics! Together, we'll explore themes, characters, and film techniques while discovering what makes these movies truly unforgettable.
SPP410	33933	Cooking with Friends	Let's spice things up in the Kitchen with your friends! Join us and learn how to follow recipes, measure, chop, and combine ingredients, all while experiencing the use of different kitchen tools. You will learn to use the stove, oven, and microwave. Recipes will cover foods from appetizers to desserts so that you can sample a variety of tastes. Classes will be hands-on. You will learn about specific kitchen utensils and how to use them, for example, names of measuring cups/spoons, use of knives, peelers, and mixers. Safety of kitchen utensils and equipment will be emphasized in addition; you will learn about safety in the kitchen and healthy cooking to encourage independence. You will learn how to read, follow a recipe, and then complete the recipe. You will also learn valuable culinary skills, and experience new foods. Grab those aprons!
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SPP641	34321	Drawing Super Heroes, Anime, Cartoons and Music (WTR)	Using colored pencils, you will enjoy creating your favorite Super Heroes and cartoon characters. We will draw characters such as, Batman, Hulk, Catwoman, Ironman, Sponge Bob, etc. While drawing you will be listening to music related soundtracks of the character. No worries we will provide the pencils and paper. Bring your favorite character photos to class!
SPP350	34301	Engineering Experiments (WTR)	Do you want to learn about the amazing world of engineering? Join this fun hands-on adventure into the world of design, building and mechanics. You will use science, technology, art, and math to create toothpick towers, working catapults. You will design a Rube Goldberg machine! When you create, design and apply your skills you will become a better problem solver and strengthen your logical thinking skills. Are you ready for a great time!
SPP340	34295	Exploring Caves	Come explore the hidden world of caves! Caves are mysterious, geological wonders that offer us a glimpse into a hidden world. Caves showcase wonders like stalactites and stalagmites and diverse animal life and stories of past human inhabitation. You will learn through reading, videos, worksheets, and research. You will explore caves such as, Mammoth (USA), the world longest cave system, and the Waitomo Glowworm caves (New Zealand) which is known for their bioluminescent inhabitants. The most exciting caves you will research is the Hoang Son Doong (Vietnam) the cave is so big it has its own weather system, it actual rains inside the cave. Let's go deep inside the world of caves to discover all the interesting things about them
SPP396	33954	Flying Creatures: Birds, Bats, Butterflies	Join us to learn about Birds, Bats, Butterflies and more! Did you ever wonder how creatures are able to fly? Wings are incredible things that sore, flap and flutter. Insect wings can make sounds to communicate with each other. Bat wings are made of skin and butterfly wings have scales. You will learn how bats fly and how squirrels fly glide. You will learn about high-speed winds and birds of prey. In addition, you will learn about Leonardo Da Vinci to the Wright Brothers, and the human fascination with flight. Let's explore the sky with these fascinating flying creatures!
SPP263	33594	Get Physically Fit	Lets get fit! You will learn a variety of cardio exercises, stretches, and impact moves to build cardiovascular muscle, and to tone and firm body muscles. Low-impact exercises can improve your health by increasing cardiovascular fitness, while minimizing injuries that can occur due to higher-impact exercise. Designed as a cardiovascular workout, you will improve coordination, muscle strength, and mobility, while promoting general well-being. Dress comfortably for class; bring a water bottle, small towel, and sneakers.

SPP546	33947	History of Music: Pop	Take a historical music journey with us to learn about the history of Pop Music. Did you know that the first strings of pop music began in the 19th century with discoveries by Thomas Edison and Emile Berliner? In 1877, Edison discovered that sound could be reproduced using a strip of tinfoil wrapped around a rotating metal cylinder. Pop music started with the publishing of sheet music. Originating in the late 1950's, as an alternative to normal rock and roll, early pop rock was influenced by the beat, arrangements and the original style of rock and roll. You will learn about the people who influenced pop music: The Beatles, Bob Dylan, Jimmi Hendrix, Miles Davis, Elton John, Michael Jackson, Madonna and Taylor Swift. Join this fun, energetic jamming class!
SPP647	34324	Hula Hoop Fitness	Hula Hoops have made a comeback to the fitness world. The hula hoop is not just for spinning around your hips. The hula hoop is a useful tool in stretching exercises and adds a fun twist to your cardio games. Playing Hula Hoop relays, kick ball, and other team activities can build strength, balance and friendships. You will build your cardio through hula hooping exercises, activities, and stretching. Grab your sneakers and water bottle and come get Hula Fit!
SPP115	34300	Influential Women in American History	Explore the amazing stories and trivia about women who have contributed to the development of our society as well as the advancement of women in America. Learn about Dolley Madison, Harriet Tubman, Susan B. Anthony, Eleanor Roosevelt & others who helped shape American History. Women in the arts, music, science and service to others will also be explored.
SPP318	34294	Let's Dance: Zumba	Grab your dancing shoes and come experience the joy of dancing with Zumba, line dancing and more while exercising your body and mind! Dancing helps release stress, improve physical strength and coordination, as well as boost cognitive performance, and can be a social activity. You will learn dances to warm up the body, line & circle dancing as a group, and individual dances, such as Zumba & hip hop. You will learn the dances through watching video clips, teacher's instructions, and active participation. Explore the vast and often difficult-to-understand world of dance. Learn to use the special vocabulary of dance and recognize dance concepts as you view them. You will also view and analyze some dances that may change your ideas of "dance." You will experience several different dance styles, and will be expected to participate in learning the basic steps of these dance styles. Put on your boogie shoes and learn how to "dance the night away."

SPP519	33942	Let's Make Music	Come sing along with friends to your favorite songs, try out some new dance steps and learn basic music notations including the notes of the C scale. Music can help you express your emotions, reduce stress and share enjoyment with others. Put on your dancing shoes and expand your knowledge of different types of music!
SPP602	33952	Let's Talk: Improving Your Conversation Skills	Making and keeping friends depends on talking. How to handle bullies, arguments and conflict can be hard. Join this class to help you learn to handle conflict. You will learn how to start a conversation and keep it going, learn how to speak to others during conflicts and how to apologize effectively when needed. Good conversation skills can help you feel more comfortable with the people you encounter daily. You will learn how to express yourself verbally and strengthen your relationships. You will read, develop active listening skills, role play and practice having conversations with each other. You will also learn the three-step apology rule, the five steps to conflict solving, and building generosity and kindness with words. Talk with us and find out why conversation is so important.
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SPP602	33950	Let's Talk: Improving Your Conversation Skills (WTR)	Making and keeping friends depends on talking. How to handle bullies, arguments and conflict can be hard. Join this class to help you learn to handle conflict. You will learn how to start a conversation and keep it going, learn how to speak to others during conflicts and how to apologize effectively when needed. Good conversation skills can help you feel more comfortable with the people you encounter daily. You will learn how to express yourself verbally and strengthen your relationships. You will read, develop active listening skills, role play and practice having conversations with each other. You will also learn the three-step apology rule, the five steps to conflict solving, and building generosity and kindness with words. Talk with us and find out why conversation is so important.

SPP625	33953	Life Skills: Personal Development and Independence	Would you like to become more self-reliant and build social skills that will help you feel more confident in your everyday interactions? You will focus on personal development: setting and reaching goals, managing your time, following a schedule and making your own appointments. You will learn proper social etiquette and how to foster lifelong relationships. You will be introduced to skills that you need to navigate entering the workforce and becoming productive citizens. You will learn the importance of earning money. You will understand gross and net pay, what deductions are, how to save money and how to start a budget. Finally, we will prepare for emergencies by learning basic first aid. Through class discussions, reading work sheets and graphic organizers, this course will help you prepare to confidently navigate the road to independence!
SPP643	34323	Math and Music (WTR)	Did you know that playing music while participating in a task helps to relax the mind? As we learn more about math, money, and shopping wisely, you will listen to soft summer songs. You will learn to shop wisely at grocery stores, purchase smartly from the internet, learn better fast-food purchases and dine in restaurant ordering. Please bring a calculator, pencil and paper to class.
SPP349	33593	Math in Real World	Math is used every day! Did you know that minor home improvement projects are loaded with measuring lengths, widths, and how much lumber you will need to complete your project? Grocery shopping is a weekly task that incorporates math; calculating prices while you shop, making sure you have the correct amount of money, and using coupons. Did you know that food items are not taxable? Baking requires math skills; when you bake a pie, cake or cupcakes, you will be using math by measuring ingredients correctly. In this class you will learn the value of time, creating your own to-do-lists and assigning tasks based on how long you think they will take. Math is everywhere!
SPP541	34318	Muscle Math: All About Numbers	Let's flex your pencil and get ready to strengthen your Math skills! Join us in this energetic class of numbers. You will study the basic concepts of math and its foundation: adding, subtraction, division, and multiplication. You will blend your math practice with the love of fitness and sports, using activities with dominoes, dice, football scores, and money activities. You will master the necessary skills to become a math all-star!
SPP642	34322	Painting: Summer Birds, Trees, and Animals (WTR)	Grab your apron and join us in this relaxing art class, as we paint your favorite birds, animals and trees. You will learn to mix and explore colors and understand mediums. You will learn to paint robins, cardinals, deer and foxes. You will learn to paint a variety of trees and learn to enhance the backgrounds of your art work. Soothing music will be played to relax you while painting. Materials, no worries, we provide the paint, brushes and paper.

SPP079	34334	Reading for Fun and Facts (WTR)	This course introduces reading as an activity that can be fun. Students will see how facts can be fun. They will read for facts, main idea, authors message, and general conversations about topics read in class, all while building their vocabulary.
SPP298	33955	Retro Arts and Crafts: Creative Classics	Let's go back in time and learn about crafts from the past! You will learn about the crafting trends and techniques that have defined the last century. Join me as we dive into a specific decade exploring popular crafts and the social, cultural and technological influences that shaped the country. The glamour of the 1920's flapper era to the rise of internet inspired DIY projects of 2010. You will craft 1920's embroidery-cross stitch, 1930's art deco, 1940's recycled fabrics. Paper chains, decoupage flowerpots, friendship bracelets, and more! Join us to discover the fascinating evolution of handmade creativity.
SPP639	34320	Sing Along Through the Years	Don't miss your chance to join in the fun this summer! Sing-a-long with us! We will feature songs through the years in America beginning with some familiar tunes like "Dixie" and moving through the years with such catchy tunes as "I'm off to see the Wizard" and "YMCA". You will learn about folk songs, rock and roll and Beatlemania to name a few. The best part is you will get to learn to sing these tunes and perform for your family and friends during our final class.