The Lifelong Learning Institute is committed to creating intellectually stimulating educational opportunities for Montgomery County residents age 50 and over. Adults of any age may register for these classes. Students 60+ pay fee only.
Message from the Program Director

Dear Lifelong Learning Institute Students and Community Members,

Welcome to the Spring Semester 2022!

We are happy to welcome you to a more COVID-19 protected and secure campus. As of November 8, 2021, faculty, including those who teach online, and staff members either submitted their proof of vaccination or, if exempted, must provide proof of negative test results every week. Students will be required to submit proof of vaccination starting in January depending on dates of their courses. More details will be posted at https://www.montgomerycollege.edu/coronavirus/

This semester, we are offering more classes on campuses and at the Gaithersburg Business Training Center to give you the opportunity to interact and participate in person while maintaining safety protocols. Masks are still required at this time, we will provide any updates if policies change.

To accommodate students’ preferences, some classes will be offered in both forms—in class and online. These classes include: ASK in the Nutshell, Jews of France, An Insight Into Politics and Current Events. You will notice two CRN numbers for these classes, please register for the one you prefer.

From your feedback, we learned that many students enjoy online classes due to their convenience and ease of access. Students were also complimentary of the quality of classes. As a result, we will continue with a wide-range of online class offerings, particularly in the evenings.

For those of you who experienced cabin fever, we are taking you into the exciting exploration of arts around Montgomery County with a course called Discovering Art in Montgomery County, where you will meet your instructor at different art museum locations. These include the Glenstone Museum, Ratner Museum, and the Strathmore Mansion.

Additionally, we are holding pastry baking classes in person at the Marriott Hospitality kitchen on the Rockville Campus. You will be able to prepare scrumptious chocolate desserts for Valentine’s Day and practice your baking skills in the class, The Great British Baking Show. For bread bakers, do not miss the online class, Bread Baking 101, with Chef Matt Finarelli. While the class is for beginners, even experienced chefs stand to learn new things and improve their skills.

Come learn with us, grow and get inspired!

Natasha Sacks, M.S., NCC, LCPC
Lifelong Learning Institute Program Director

Virtual Face-to-Face in Real-Time!

LLI Spring Classes are being taught in classrooms and online with Zoom

LLI classes will be taught in-person and through virtual face-to-face using Zoom. Zoom allows students to hear and see the instructor as they present their class.

It’s Easy to Zoom! Three (3) days before your class starts, your instructor will send you a link. If you do not receive your link, please:

• Check your spam/junk folder.
• Check to make sure your email is current.
• Contact us, the day before your class begins. marquis.lee@montgomerycollege.edu; natasha.sacks@montgomerycollege.edu

You will need a working microphone built into your device or headphones with a microphone. Or you can use the free phone conference feature. Visit: https://zoom.us/download and download the Zoom application onto your computer. We recommend that you do this in advance to make sure all your computer components are working.

Note: Montgomery College is slowly transitioning to face-to-face classes. Select LLI classes (mainly hands-on) are being held on campus. Please check the location description for each class (Look for * On Campus notation) and also on your receipt.

New Vaccination Requirements

For on-campus classes, you will have to upload proof of COVID vaccination record prior to class start date. For information on how to upload proof and information regarding COVID vaccination requirements for on-campus classes, please visit us online.

https://www.montgomerycollege.edu/coronavirus/vaccines.html#student

Our instructors have all been verified that they have been vaccinated against COVID.
Archaeology and World Cultures

A Taste of History: Wine—A Fascinating Journey
Learn the history of wine during antiquity. Analyze how wine came to symbolize, reinforce, and occasionally challenge cultural values, social norms, and political realities. Discuss the relationships between wine production and the development of the global economic system. Consider patterns of local wine production and consumption in the modern world. TWA (60+ pay fee only)

Course: LLI736 10 Hours
$65 + $89 fee = $154; NMR add $120

New location: Structured Remote/Zoom
CRN#: 37740
5 Sessions M
2/21-3/28 10:30 a.m.-12:30 p.m.
No class 3/14
Instructor: Naomi Daremblum

Bread: A Slice of History NEW
How do you like your bread—white, whole-wheat, sliced, stone-ground, or in the form of a baguette or bagel? Explore how bread has played an important role in the diet, folklore, culture, religion, and politics of the world. Examine how it symbolizes fertility, prosperity, and protection against evil, and is also delicious to eat. Discuss how since antiquity, bread saw dramatic changes in the way it is made and in the patterns of consumption, all coinciding with the great transformations of history. Analyze how bread has evolved and the technological, social, economic, and political changes that it wrought in history. TWA (60+ pay fee only)

Course: LLI732 8 Hours
$59 + $79 fee = $138; NMR add $120

Online: Structured Remote
CRN#: 37739
4 Sessions F
4/1-4/29 10:30 a.m.-12:30 p.m.
No class 4/15
Instructor: Naomi Daremblum

Exploring The National Parks
Content: National Parks of the Washington, D.C. Metro Area
The Washington, D.C. metro area hosts a complete collection of national parks that includes iconic monuments, memorials, and natural habitats. But did you know there are several lesser-known national park sites that are just a day trip away? Join your instructor, a 36-year career National Park Service employee, to discuss the history of the parks of the D.C. metro area and how they came to be part of the national park system. Examine well- and lesser-known parks of the D.C. metro area and learn the best method to plan your next visit. TWA (60+ pay fee only)

Course: LLI166 8 Hours
$59 + $79 fee = $138

Online: Structured Remote
CRN#: 37724
4 Sessions M
2/28-3/21 1:30-3:30 p.m.
Instructor: Steve Pittleman

Global Issues Through History, Literature, and Philosophy Co-L
Explore a number of topics related to global issues through historical, literary, linguistic, and philosophical lenses. Recognize your responsibilities to society-locally, nationally, and globally. Examine current issues of global importance. Note: You will be joining credit students in this co-listed credit class. TWA (60+ pay fee only)

Course: LLI890 37.5 Hours
$396 + $136.20 fee = $532.20; NMR add $871.20

Location change to Structured Remote
CRN#: 37750
26 Sessions T R
2/8-5/12 12:30-2 p.m.
No class 3/15, 3/17
Instructor: Joan Nakke

Online: Distance Learning
CRN#: 37752
1 Session 1/24-3/13
Instructor: Patricia Ruppert

Please check the MC Bookstore for details regarding textbooks. Use credit GHUM101 CRN35619.

CRN#: 37751
26 Sessions T R
2/8-5/12 12:30-2 p.m.
No class 3/15, 3/17
Instructor: TBA

Please check the MC Bookstore for details regarding textbooks. Use credit GHUM101 CRN35517.

TWA=Tuition Waiver Applies; Maryland Resident Age 60+ Pay Fee Only.
NMR=Non-Maryland Resident
Introduction to Archaeology [Co-L]
This course is an introduction to the discipline of archaeology. Learn how this discipline emerged slowly from explorations of ancient cultures to the science that it is today with accurate dating, archaeological data excavated with precision, theories that guide interpretation, and ethical concerns. The course also includes a survey of global prehistoric archaeological cultures. Note: You will be joining credit students in this co-listed credit class. This is a z-course: all textbook materials are available at no cost for this section. Regular internet access is required for access to materials. For more information, see https://www.montgomerycollege.edu/academics/mc-open/. TWA (60+ pay fee only)

Course: LLI802  37.5 Hours
$396 + $136.20 fee = $532.20; NMR add $871.20
Online: Structured Remote
CRN#: 37749  30 Sessions  T R
1/25-5/12  9:30 a.m.-10:45 a.m.
No class 3/15, 3/17
Instructor: Barbara Wolff
This is a Z-course, all materials are provided. Use credit ANTH240 CRN33881.

Travelogue Discoveries
NEW CONTENT! Would you like to visit far-away destinations without leaving the classroom? Join our speakers as they share information on exciting and exotic destinations through videos, photographs, and fascinating stories. Learn helpful travel tips. Discuss scenic American and international travel including various transportation modes, such as road trips, and travel by train, water, and air, with and without guides, in small to very large groups. TWA (60+ pay fee only)

Course: LLI034  6 Hours
$45 + $72 fee = $117; NMR add $120
Online: Structured Remote
CRN#: 37877  4 Sessions  W
1/19-2/9  6:30-8 p.m.
Instructor: Jeff Miller

Become a Star ✪
Showcase Your Work
Sketching, painting, drawing, photography, cooking, garden design, short literary sample, and more. Show others what you have accomplished in a Lifelong Learning Institute class. Email us photos of your finished project(s) along with a short description (plus your written permission to publish the project(s)) and become a LLI star.
Please email both of us:
marquis.lee@montgomerycollege.edu
natasha.sacks@montgomerycollege.edu

Art
Acrylic Painting: Basic Techniques
This course is designed to introduce the basic elements of painting to students with little or no experience, while working to attain an understanding of the painting medium. Utilize acrylic colors to explore the many ways paint can be handled, as well as how to prepare materials. Practice color, light, transparency/impasto, and composition through in-class exercises to learn to translate concepts into visual images. Bring supplies to first class. Supply list is available on the LLI website. TWA (60+ pay fee only)

Course: LLI247  12 Hours
$95 + $92 fee = $187; NMR add $120
Rockville Campus (009 SB)
CRN#: 37726  6 Sessions  T
3/22-4/26  6:30-8:30 p.m.
Instructor: Tatiana Martin

Altering, Repairing, and Embellishing Your Clothes [NEW]
Create embellishments using a variety of materials and resources to enhance old, tired clothes. Learn no-sew mending and discover basic alterations to help the fit of old and new clothes. No sewing machine needed—the instructor will demonstrate hand and machine techniques for you to practice in class. A $10 supply fee will be assessed for various materials provided. A list of basic sewing tools to bring to class will be provided. TWA (60+ pay fee only)

Course: LLI771  12 Hours
$95 + $92 fee = $187; NMR add $120
Rockville Campus (101 MK)
CRN#: 37743  6 Sessions  M
2/21-4/4  10:30 a.m.-12:30 p.m.
No class 3/14
Instructor: Helen DeRoo

Art Supply List!
Material lists for LLI Art classes are available at
www.montgomerycollege.edu/lifelonglearning/

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NMR=Non-Maryland Resident
Amazing Photos With Your DSLR Camera
Explore the settings found on a modern digital camera. Discuss the different exposure, metering, autofocus, and white balance modes of a digital camera. Practice the basic methods of saving and storing your digital images. This course is for beginners in digital photography or those who acquired a camera with manual controls. TWA (60+ pay fee only)

Course: LLI470  10 Hours
$65 + $89 fee = $154; NMR add $120

Location Change SR / Zoom
CRN#: 37727  5 Sessions  M
2/21-3/21  6:30-8:30 p.m.
Instructor: Michael Koren

Amazing Photos With Your Phones and Tablets
Start with the basics of learning how to use a mobile phone camera; review the settings for optimal image capture; and explore pro tips and techniques of exposure, composition, and focus to produce the best results. Assess a select group of apps for image capture, processing, and display. Practice ways of transferring images from your mobile device to a computer. This class is designed for users of iOS and Android mobile devices. Some apps demonstrated may need to be purchased. Purchase of these apps are approximately $20. TWA (60+ pay fee only)

Course: LLI471  8 Hours
$59 + $79 fee = $138; NMR add $120

Rockville Campus (101 MK)
CRN#: 37728  4 Sessions  R
3/24-4/14  6:30-8:30 p.m.
Instructor: Michael Koren

Drawing with Pencils, Charcoal, or Pastels
This course will help you develop fundamental drawing skills. Learn basic techniques such as blocking in the composition with pencil, shading with charcoal, and using pastels to create vibrant color. Begin by drawing a still life and move onto landscape and portrait drawings from photographs. Examine these subjects using a variety of media (pencil, color pencils, charcoal, pastel, ink, and watercolor). This class is designed for students of any skill level. Supply list is available on the LLI website. TWA (60+ pay fee only)

Course: LLI698  12 Hours
$95 + $92 fee = $187; NMR add $120

Location Changed SR / Zoom
CRN#: 37737  6 Sessions  M
2/21-3/28  10:30 a.m.-12:30 p.m.
Instructor: Tatiana Martin

How to Draw Like the Renaissance Masters NEW
This class is designed for students with intermediate-level drawing skills. Learn techniques for using red chalk, silverpoint, and a quill pen in the style of the Renaissance masters. Draw in color pencil and Conté crayon using the Trois Crayons palette; as well as charcoal pencils and sanguine pastel pencils. Explore still life and portraiture. Discuss masters, such as, Leonardo Da Vinci, Michelangelo, and Albrecht Durer. TWA (60+ pay fee only)

Course: LLI777  12 Hours
$95 + $92 fee = $187; NMR add $120

Gaithersburg Business Training Center (442)
CRN#: 37733  6 Sessions  R
3/24-4/28  10:30 a.m.-12:30 p.m.
Instructor: Tatiana Martin

How to Paint Like an Impressionist
This course will introduce you to the Impressionist movement and explain how it came about. Discuss the historical context, style, and inspiration for the movement. Explore techniques such as pointillism, impasto, use of palette-knife, layering, and Impressionist use of color. Apply these methods with individual instruction to create your own Impressionist painting with watercolor or acrylic. Supply list is available on the LLI website. TWA (60+ pay fee only)

Course: LLI652  12 Hours
$95 + $92 fee = $187; NMR add $120

Rockville Campus (101 MK)
CRN#: 37746  6 Sessions  T
3/24-4/26  6:30-8:30 p.m.
Instructor: Evan Goldman

Quilting for Beginners
Have you always wanted to learn to quilt? Not only is quilting fun and a chance to enjoy socializing with others, but studies have found that pursuing such creative passions can help improve your brain. Learn to select fabrics and colors, make templates, mark, cut, and sew blocks with a basic running stitch, press, arrange, and assemble blocks into a quilt top. After you measure, cut and attach borders, you will create the ever-popular Quilt Sandwich before completing your project by basting, quilting, and binding. This project is created entirely by hand, sewing machines are not required. Supply list is available on the LLI website.

Course: LLI223  12 Hours
$45 + $54 fee = $99; NMR add $50

Rockville Campus (102 MK)
CRN#: 37725  6 Sessions  W
3/23-4/27  1:30-3:30 p.m.
Instructor: TBA
The Art of Sketching
Whether you are an avid sketcher or new to the art, sketching allows you to record events such as a trip to a foreign land, a tour of a local garden, or a special occasion such as a birth or anniversary. Examine different types of sketches, such as, drawings, or quick paintings. Explore adding short captions, notes, parts of conversations, and observations to create a journal. Utilize sketches to plan an organic garden, create a preliminary drawing for a painting or portrait, or provide an outlet for discovering solutions to a variety of problems. Learn how to improve your observational skills while sketching with pen, pencil, or watercolor. Bring supplies to the first class. Supply list is available on the LLI website. TWA (60+ pay fee only)

Course: LLI970  12 Hours
$95 + $92 fee = $187; NMR add $120

Online: Structured Remote
CRN#: 37753  6 Sessions  W
3/2-4/6  6:30-8:30 p.m.
Instructor: Evan Goldman

Watercolor Techniques I
Explore the beauty and magic of watercolor painting through a structured series of exciting classes that focus on basic watercolor techniques. Learn techniques of various washes, ‘wet-on-wet,’ and dry brush on wet and dry paper by watching the instructor demonstrate before performing the technique yourself. Basic drawing will be reviewed as needed. Practice the techniques by painting from a still life or photo. Creation of an individual style is encouraged. Bring supplies to the first class. Supply list is available on the LLI website. TWA (60+ pay fee only)

Course: LLI609  12 Hours
$95 + $92 fee = $187; NMR add $120

Rockville Campus (009 SB)
CRN#: 37730  6 Sessions  W
3/2-4/6  10:30 a.m.-12:30 p.m.
Instructor: Tatiana Martin

Art History
A Cultural Tour of 1900: Vienna, Paris, and London [NEW]
Fin de siècle Vienna, Paris, and London were the beating heart of artistic modernism in the arts and world of ideas. Discuss Vienna, where a city marked by Freud and intellectual ferment would lead to the artistic creations of Klimt, Kokoschka, and Schiele. Examine Paris, the Belle Epoque, and a city framed by Hausman's boulevards, leading an innovation in painting and sculpture, while nurturing not only Rimbaud and Proust but also the debauchery of the Moulin Rouge. Explore London, the capital of the Victorian Empire, a city that cultivated the heights of literary nationalism in Kipling and the decadent indulgences of Oscar Wilde. TWA (60+ pay fee only)

Course: LLI782  10 Hours
$65 + $89 fee = $154; NMR add $120

Location Change SR / Zoom
CRN#: 37748  5 Sessions  T
3/8-4/12  10:30 a.m.-12:30 p.m.
No class 3/15
Instructor: Naomi Daremblum

Art and Architecture of Baltimore: Discovering the Treasures of “Charm City” [NEW]
Rediscover some of the art and architecture in Baltimore “Charm City.” Explore the superb Walters and Baltimore Art Museums. Discover which architects left their mark on Baltimore, in buildings such as Johns Hopkins Hospital or the Meyerhoff Symphony Hall. Learn about the “painted screens” on doors in neighborhoods such as Highlandtown. Discuss the early history of Baltimore and the significant time periods when Baltimore was at her peak/decline. TWA (60+ pay fee only)

Course: LLI763  6 Hours
$45 + $72 fee = $117; NMR add $120

Online: Structured Remote
CRN#: 37741  3 Sessions  T
1/18-2/1  6:30-8:30 p.m.
Instructor: Ruth Manchester

Missing Your Zoom Link?
Your instructor will contact you 3 days before the start of your LLI class to provide you with class information. If you do not receive your link, please check your spam folder. If it is not there, email both of us, the day before your class starts.
marquis.lee@montgomerycollege.edu
natasha.sacks@montgomerycollege.edu
Art Deco: Architecture and Design for the Future
Have you wondered where the style of buildings commonly known as “Art Deco” came from? Examine how Art Deco emerged as a style of architecture in the 1920s and 1930s-taking cues from a 1925 Paris show entitled Exposition Internationale des Arts Décoratifs et Industriels. Discuss what characteristics are prevalent in the style. Learn about the major architects and artists of this movement. Analyze how Art Deco lent its forward-looking or streamline style to furniture, decorative arts, apparel, and jewelry. TWA (60+ pay fee only)

Course: LLI691 6 Hours
$45 + $72 fee = $117; NMR add $120

Gaithersburg Business Training Center (442)
CRN#: 37736 3 Sessions W
3/23-4/6 10:30 a.m.-12:30 p.m.
Instructor: Ruth Manchester

Eating Art: Food in Western Art Traditions from the Renaissance–Present Day
Discover unexpected intersections of food and art. Explore ways that food has been represented throughout the ages in Western artistic traditions. Examine works of art and discuss related historical contexts. Investigate the sacred, profane, and romantic symbolism in still-life food portraits, the socio-political messages in depictions of agriculture and food harvests, and the myriad meanings of food when used as the base material for sculptural works and decorative displays. TWA (60+ pay fee only)

Course: LLI726 10 Hours
$65 + $89 fee = $154; NMR add $120

Online: Structured Remote
CRN#: 37738 5 Sessions W
3/9-4/13 1:30-3:30 p.m.
No class 3/16
Instructor: Rissa Miller

Celebrating 100 Years of The Phillips Collection: A Virtual Tour
The Phillips Collection in Washington DC turns 100
Explore highlights of the collection through a curated virtual tour. Analyze artistic movements represented in the Phillips Collection. Examine the history and purpose of works within the collection. Discuss the most significant objects of art in terms of their author, genre, style, history, and meaning. TWA (60+ pay fee only)

Course: LLI679 6 Hours
$45 + $72 fee = $117; NMR add $120

New Location: Structured Remote/Zoom
CRN#: 37734 3 Sessions M
2/7-2/21 10:30 a.m.-12:30 p.m.
Instructor: Evan Goldman
Optional in-person tour of the Phillips Collection on 2/27.

Heaven and Earth: The Art and Architecture of the Byzantine Empire NEW
Examine the art of the Byzantine empire that became the standard for luxury, beauty, and sophistication for the West, centuries after its decline. Explore the period beginning with Constantine the Great’s creation of the new capital of Byzantium in 330 CE to the fall of the empire in 1453. Discuss the artistic achievements from the empire’s early Christian origins through its mature gilded opulence to its eventual decline. Analyze the rules of Byzantine church architecture and the symbolism of icons, among other art forms. TWA (60+ pay fee only)

Course: LLI772 10 Hours
$65 + $89 fee = $154; NMR add $120

New Location: Structured Remote / Zoom
CRN#: 37744 5 Sessions R
2/24-3/31 1:30-3:30 p.m.
No class 3/17
Instructor: Irina Stotland

Discovering Art in Montgomery County NEW
Do you know where to see art locally? Explore some of Montgomery County’s best venues for seeing art. Discuss local and contemporary artists and how they incorporate narrative in their art. Examine major movements in modern art. Visit Glenstone Museum, Ratner Museum, and the Strathmore Mansion. Class will meet at the sites for private tours of the collections. Students are responsible for their own entrance fees if any. Moderate walking. TWA (60+ pay fee only)

Course: LLI778 8 Hours
$59 + $79 fee = $138; NMR add $120

Off Campus Location
CRN#: 37747 4 Sessions S
3/26-4/16 11 a.m.-1 p.m.
Instructor: Evan Goldman

ROOM NUMBERS
Room numbers will be printed on your registration receipt for classes held on our campuses. Please be sure to keep the receipt for your records.
The Triumph of Vision—Paintings of the Early Northern Renaissance  NEW
A survey of the Flemish primitives of the 15th-century Northern Renaissance. Examine paintings from the 1420s until 1500, a period of an unprecedented artistic revolution started in the Burgundian Netherlands. Explore such major Netherlandish painters as Robert Campin, Jan van Eyck, Rogier van der Weyden, Petrus Christus, and Hans Memling. Discuss their most celebrated and influential works and learn to decipher their symbolic language. TWA (60+ pay fee only)

Course: LLI773  10 Hours
$65 + $89 fee = $154; NMR add $120

Location Changed: Structured Remote / Zoom
CRN#: 37745  5 Sessions  M
3/7-4/4  1:30-3:30 p.m.
Instructor: Irina Stotland

Vocabulary of Art
How do you approach a work of art? You have to understand its vocabulary. Learn how to describe and analyze a work of art based on its look, place, and time of origin. Explore what formal elements are and how artists use them to construct a painting. Discuss how to gain insight into the reason for creating the work of art and its possible meaning. TWA (60+ pay fee only)

Course: LLI681  6 Hours
$45 + $72 fee = $117; NMR add $120

Online: Structured Remote
CRN#: 37735  3 Sessions  W
4/6-4/20  6:30-8:30 p.m.
Instructor: Irina Stotland

Brain Fitness Institute

Cultivating Compassion through Meditation
Do you want to learn how to be calm during even the most heated moments? Explore the process of RAIN (Recognize, Allow, Investigate, Nurture)—a powerful tool used in calming meditation. Examine the role of meditation in cultivating compassion for self and others. Learn new ways to meet life’s many challenges with more openness, equanimity, and compassion through reading, discussion and meditation practice. Recommended book: Radical Compassion by Tara Brach (2019). TWA (60+ pay fee only)

Course: LLI534  6 Hours
$45 + $72 fee = $117; NMR add $120

Online: Structured Remote
CRN#: 37729  4 Sessions  W
2/2-2/23  10 a.m.-11:30 a.m.
Instructor: Carol Moore

How Your Brain Acquires Knowledge: Sharpen Your Smarts  NEW
Do you want to learn how the brain acquires knowledge, as well as unique study skills to help you do the same? Play fun brain games and identify how to decode clues from game shows, word games, and general trivia. Take a qualification test to see if you could make it on Jeopardy! Study basic brain physiology, and most importantly, have fun while building grey matter! This class is being taught by a former Jeopardy contestant. TWA (60+ pay fee only)

Course: LLI764  10 Hours
$65 + $89 fee = $154; NMR add $120

New Location: Structured Remote/Zoom
CRN#: 37742  5 Sessions  M
2/21-3/28  10:30 a.m.-12:30 p.m.
No class 3/14
Instructor: Nicole Andrea Porcaro

Meditation Practices—Heart, Brain, Body Connections
The many benefits of meditation range from decreased stress, anxiety and depression to improved memory and attention. It even reduces inflammation, boosts immune function, and increases empathy and compassion. This course weaves together lecture, discussion, and meditation practices to offer a survey of a variety of approaches including guided meditations, Heart Rhythm Meditation (HRM), walking meditation and more. TWA (60+ pay fee only)

Course: LLI185  12 Hours
$69 + $92 fee = $161; NMR add $120

Online: Structured Remote
CRN#: 38169  8 Sessions  T
3/1-4/19  1:30-3 p.m.
Instructor: Phil Bender

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NMR=Non-Maryland Resident
Stress Management & Resiliency Through Mind-Body Techniques

Would you like to learn how to manage stress better and become more resilient? Explore a variety of mind-body principles and self-care interventions. Discuss how nutrition, sleep, meditation, and physical activities such as yoga affect stress. Learn coping skills, distress tolerance, and ways to enhance physical and emotional health. TWA (60+ pay fee only)

Course: LLI501  4 Hours
$35 + $49 fee = $84; NMR add $50

Rockville Campus (121 PE)
CRN#: 37789  3 Sessions  M
4/4-4/18  2-3:30 p.m.
Last class on 4/18 meets 2-3 p.m.
Instructor: Monica Byrd

Careers and Employment for 50+

Career Exploration Boot Camp

What are you good at? What are your natural and work-related strengths? Discover and match them with career areas in which you would be most successful. Choose to apply your skills to your career or volunteering and other life opportunities. Engage in a series of insightful individual and group exercises and conduct research into career areas of interest to you. Draft your career plan while being supported through your career exploration stage by your classmates and career coach. TWA (60+ pay fee only)

Course: CRP013  12 Hours
$45 + $59 fee = $104; NMR add $120

Online: Structured Remote
CRN#: 37786  6 Sessions  M W
1/31-2/16  6:30-8:30 p.m.
Instructor: Mary Pat Brennan

How to Be Organized and Efficient at Work and Home

How do you value your time? Learn about scheduling and task organization tools as well as software applications to help you manage your projects, big or small, avoid scope creep, and remember your schedule. Practice vision shaping activities to help you organize your priorities and apply changes, inclusive of family and professional goals. Outline a project plan, prepare and monitor a weekly schedule, and keep track of details and important data. TWA (60+ pay fee only)

Course: LLI032  6 Hours
$25 + $35 fee = $60; NMR add $50

Online: Structured Remote
CRN#: 37876  3 Sessions  R
2/3-2/17  6:30-8:30 p.m.
Instructor: Marcy Jackson

How to Land Your Job

Learn innovative and traditional proven job search techniques to help you land the job you want. This class provides a comprehensive approach to employment search, including resume writing, LinkedIn, and the latest self-marketing and networking techniques. Explore how to distinguish yourself from others competing for the same jobs and how to impress employer with your interviewing skills. Learn how to use career and job search resources, such as Career Coach, and networking and employment resources, such as social media. TWA (60+ pay fee only)

Course: CRP535  10 Hours
$10 + $35 fee = $45; NMR add $30

Online: Structured Remote
CRN#: 37787  4 Sessions  M
2/21-3/14  6:30-9 p.m.
Instructor: Sean Wright

Registration Alert!

For on-campus classes, you will have to upload proof of COVID vaccination record prior to class start date. For information on how to upload proof and information regarding COVID vaccination requirements for on-campus classes, please visit us online.

https://www.montgomerycollege.edu/coronavirus/vaccines.html#student.

Find Us on Facebook!

Learn about free events, new course offerings, registration information, special announcements, and more.


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Innovation and Creativity: Move Your Ideas to Action, With IMPACT®

Do you have ideas in your head and heart that you want to turn into a business or non-profit and you’re struggling to get moving on them? Creativity and innovation do not happen by accident; you must be intentional to achieve the results you seek. Learn a process and receive resources that will help you get out of your head and into action to start a business, promote a cause, or chart the career you want to pursue.

Course: LLI727  2 Hours
$10 + $15 fee = $25; NMR add $30

Online: Structured Remote
CRN#: 37896  1 Session  R
4/7  6:30-8:30 p.m.
Instructor: Sylvia Henderson

Computers and Technology

Cloud Technology For Beginners (For people with a non-technical background) NEW

What is the cloud? Define what cloud computing is, what it supports, and how it’s delivered. Explore the benefits and key concepts of cloud computing. Discuss when and where to use it, using appropriate industry models. Examine how hackers access your information and best practices to protect your personal information while using the internet. No prior experience needed.

Course: LLI785  2.5 Hours
$20 + $10 fee = $30; NMR add $30

Online: Structured Remote
CRN#: 37916  1 Session  W
2/2  6:30-9 p.m.
Instructor: Jasmeet Kaur

Cybersecurity for Beginners (For people with a non-technical background)

Develop a basic understanding of Cybersecurity to protect yourself from Online Frauds and prevent Identity Theft. Examine how hackers can steal your personal information. Analyze types and motives of cyber-attacks. Learn the best practices that are important to protect your information while using the internet. Explore the history of Cybersecurity. Learn key terminology, basic system concepts, and an introduction to the Cybersecurity field. TWA (60+ pay fee only)

Course: LLI759  4 Hours
$20 + $39 fee = $59; NMR add $50

Online: Structured Remote
CRN#: 37904  2 Sessions  W
2/9-2/16  6:30-8:30 p.m.
Instructor: Jasmeet Kaur

Classes marked with this code CoL are co-listed. They are offered so that students may register either for credit or continuing education (noncredit) status. See more details on page 29.
Using Instagram and YouTube Like a Pro

There’s no better time than now to get started with Instagram and YouTube. Find and follow Instagram accounts. Learn how to share photos and videos to create stories with special effects. Explore how to browse your feed and interact with posts. Discuss how to go live to connect with your friends at the moment or message your friends in private. Examine the Explore tab and IGTV. Create a YouTube Channel. TWA (60+ pay fee only)

Course: LLI482  4 Hours
$20 + $39 fee = $59; NMR add $50

Online: Structured Remote
CRN#: 37883  2 Sessions  M
3/28-4/4  6:30-8:30 p.m.
Instructor: Vicki McGill

History and Current Events

“The Best Poor Man’s Country”: Poverty in American History  NEW

None of us is a stranger to poverty. We may see it, even if we've been fortunate enough to avoid it ourselves. Then there’s the poverty we may not see, in substandard housing or homelessness, hunger and malnutrition, and untreated medical and mental problems. Examine the developments that transformed America into a place marked by growing contrasts in wealth: slavery, industrialization, immigration, tax and financial policy, and more. Discuss the measures taken over time by various levels of government, supported by organized religion and the voluntary sector, to mitigate poverty and address the structural weaknesses that prevent millions from achieving economic security. TWA (60+ pay fee only)

Course: LLI779  6 Hours
$45 + $72 fee = $117; NMR add $120

Online: Structured Remote
CRN#: 37911  3 Sessions  F
2/4-2/18  10:30 a.m.-12:30 p.m.
Instructor: Jesse Stiller

African History from 1800  NEW  Co-L

Examine African societies in the first half of the 19th century, the impact of New Imperialism, and the scramble for Africa by Europeans at the end of the century. Discuss colonial states and societies, African nationalist and independent movements, the impact of decolonization, and Africa in the modern world. Analyze case studies, which focus on individual areas such as South Africa and Nigeria. Note: You will be joining credit students in this co-listed credit class. TWA (60+ pay fee only)

Course: LLI748  37.5 Hours
$396 + $136.20 fee = $532.20; NMR add $871.20

Online: Structured Remote
CRN#: 37903  26 Sessions  T R
1/25-5/12  2-3:15 p.m.
No class 3/15, 3/17
Instructor: Kelly Rudin

Please check the MC Bookstore for details regarding textbooks. Use credit HIST266 CRN36402.

An Insight Into Politics and Current Events

NEW CONTENT: Join fellow students to discuss the current events of the late winter and spring of 2022 with a particular emphasis on political issues. Examine the status of the coronavirus pandemic and the maybe-new definition of normal. Discuss national issues - President Biden’s ambitious agenda and Congress, the Supreme Court’s potential decisions on abortion and gun rights, the House January 6 Committee, and President Trump’s potential civil/criminal legal issues. Explore local matters - likely nominees of each party for Governor of Maryland. Discuss international politics - the Iran Nuclear Deal, Russia, and China’s growing economic influence. All discussion will be conducted in a rational manner, accommodating all political views, and treating all students with respect. Note: The on-campus and Zoom section are running at the same time. Please register for the section you prefer. TWA (60+ pay fee only)

Course: LLI511  12 Hours
$69 + $92 fee = $161; NMR add $120

Rockville Campus (102 MK)

CRN#: 37886  6 Sessions  W
2/23-5/4  10:30 a.m.-12:30 p.m.
Instructor: Joel Cockrell
Class meets 2/23, 3/9, 3/23, 4/6, 4/20, 5/4

Online: Structured Remote
CRN#: 37887  6 Sessions  W
2/23-5/4  10:30 a.m.-12:30 p.m.
Instructor: Joel Cockrell
Class meets 2/23, 3/9, 3/23, 4/6, 4/20, 5/4

MC Email Access—Claim Your Account

Claim your MyMC account. Go to MyMC and click on “Claim Your Account.” Enter your MC Student ID along with your M# (nine characters including the M). Once you are logged into MyMC, set up your Montgomery College email account by clicking on the email icon. This is the way MC will communicate with you.
Asia-Pacific, China, and a New Regional Order

The foundations of the regional order in the Asia-Pacific are undergoing tectonic shifts. Examine how, in 2010, China overtook Japan as Asia’s largest economy, becoming second only to the United States in terms of gross domestic product (GDP). Analyze how other countries such as India, South Korea, Indonesia, and Vietnam are also becoming more active and influential in regional affairs. Discuss how, with the rise of China and other Asian powers, the Asia-Pacific region seems to be transforming into a new regional order with a new configuration of power and interests that also challenges established relations with the United States. Explore this transformation and its regional and global consequences.

Course: LLI733 10 Hours
$65 + $89 fee = $154; NMR add $120

Online: Structured Remote
CRN#: 37898 5 Sessions T
2/1-3/1 10:30 a.m.-12:30 p.m.
Instructor: Naomi Daremblum

Eastern Europe—History and Culture

This course is an overview of the turbulent history of what used to be called Eastern Europe. This semester we will focus on Poland and The Czech Republic. Identify their geographical, historical, political, and cultural boundaries. Examine, in-depth, the rise of nationalism and modernization leading into the World Wars. Discuss the Communist experience and the revolutionary transformations that followed it. Describe the transformations of Poland and the Czech Republic after the fall of the Berlin Wall. Explore the contemporary rise of ethno-nationalism as a consequence of reintegration with the rest of Europe. TWA (60+ pay fee only)

Course: LLI446 12 Hours
$69 + $92 fee = $161; NMR add $120

New Location Structured Remote/Zoom
CRN#: 37880 6 Sessions T R
3/8-4/19 1:30-3:30 p.m.
No class 3/15, 3/17
Instructor: Naomi Daremblum

European History: 17th Century to the Present

Trace the accumulated experience of Western civilization and its worldwide relationships. Explore the changes in thought, social, economic, and political structures from the Copernican revolution and the Enlightenment through the American and French revolutions, the traumas of economic depressions, world wars, and the upheavals of the contemporary world. Examine the tensions between individual liberty and traditional powers of state and society, the rise of ideologies, pressures of industrialism and national identity, the role of women in society, the rise of masses, and the disenchantment with traditional liberalism and totalitarian alternatives. Note: You will be joining credit students in this co-listed credit class. TWA (60+ pay fee only)

Course: LLI469 37.5 Hours
$396 + $136.20 fee = $532.20; NMR add $871.20

New location: SR
CRN#: 37882 30 Sessions T R
1/25-5/12 9:30 a.m.-10:45 a.m.
No class 3/15, 3/17
Instructor: Kurt Borkman
Please check the MC Bookstore for details regarding textbooks. Use credit HIST148 CRN35090.

History of Enslavement in the District of Columbia: Virtual Tour

Examine the history of enslavement in the original Federal City (the District of Columbia.) Analyze how the District of Columbia would become the center of the domestic traffic in enslaved blacks, under support of law and Constitution. Take a virtual tour of the buildings and locations, in which enslaved persons, adults and children, were penned, ahead of auction and sale. Explore the constructions—White House, Capitol, Washington Monument, the Underground Railroad, among others - that were built with enslaved Africans and indigenous peoples of the Potomac. Discuss current events related to racial inequality. TWA (60+ pay fee only)

Course: LLI660 8 Hours
$59 + $79 fee = $138; NMR add $120

Online: Structured Remote
CRN#: 37894 4 Sessions R
2/3-2/24 10:30 a.m.-12:30 p.m.
Instructor: Ed Ingbretsen

Classes marked with this code [Co-L] are co-listed. They are offered so that students may register either for credit or continuing education (noncredit) status. See more details on page 29.
History of the United States, a Survey Course: from 1865 to the Present [Co-L]

This course will survey United States history from Post-Civil War Reconstruction to the present day. Learn about the industrial revolution and rise of the city; the new immigration; and the social, cultural, and political responses to these changes. Explore the emergence of the United States as a more active world power. Examine American society in the 1920s, the Great Depression, the Cold War, and the controversies over the American role in world affairs. Discuss new developments in modern American society and culture. Note: You will be joining credit students in this co-listed credit class. TWA (60+ pay fee only)

Course: LLI121  37.5 Hours
$396 + $136.20 fee = $532.20; NMR add $871.20

Germantown Campus (167 HS)
CRN#: 38242  45 Sessions  T R
1/25-5/12  11 a.m.-12:15 p.m.
No class 3/14, 3/16
Instructor: Joe Thompson
Please check the MC Bookstore for details regarding textbooks. Use credit HIST201 CRN36093.

Jews of France [NEW]
Survey French Jewish history from the early Middle Ages to the present. Explore the diversity of Jewish life throughout France's regions, showing how Jewish identity constantly redefined itself in a country known for the Rights of Man, Jewish Emancipation, the Dreyfus Affair, and Vichy. Chart the migrations of Jews into France and trace their fortunes through the making of the Kingdom of France, the French Revolution, the rise of modern antisemitism, the renewal of interest in Judaism, and the challenges of the 21st century. TWA (60+ pay fee only)

Note: The on-campus and Zoom section are running at the same time. Please register for the section you prefer.

Course: LLI734  10 Hours
$65 + $89 fee = $154; NMR add $120

New Location: Structured Remote/Zoom
CRN#: 37899  5 Sessions  M
2/21-3/28  2-4 p.m.
No class 3/14
Instructor: Naomi Daremblum

Online: Structured Remote
CRN#: 37900  5 Sessions  M
2/21-3/28  2-4 p.m.
No class 3/14
Instructor: Naomi Daremblum

Political Ideologies [Co-L]
Survey and analyze leading ideologies of the modern world such as anarchism, nationalism, fascism and national socialism, classical liberalism and conservatism, Fabian socialism, Marxism-Leninism, and liberal democracy. Explore current extremist ideologies of both left and right. Examine the nature and function of ideologies in political movements and in governance. Note: You will be joining credit students in this co-listed credit course. TWA (60+ pay fee only)

Course: LLI468  37.5 Hours
$396 + $136.20 fee = $532.20; NMR add $871.20

Germantown Campus (401 HT)
CRN#: 37881  30 Sessions  T R
2/8-5/12  11 a.m.-12:30 p.m.
No class 3/15, 3/17
Instructor: Kurt Borkman
Please check the MC Bookstore for details regarding textbooks. Use credit POLI206 CRN37515 for textbook information.

Public Service Leadership and the Future of American Democracy [NEW]
Explore the concepts of public service and public service leadership together with a consideration of the future of American democracy. Learn about the Greek and Roman foundations of American democracy. Study the leadership actions of Presidents like Abraham Lincoln and Franklin Roosevelt in times of crisis, and the leadership in today’s military. Examine the question of whether authoritarianism could supplant democracy in the United States. Books include two by Thomas Ricks, First Principles and The Generals, a book by Doris Kearns Goodwin, Leadership in Turbulent Times, and a book by Heather Cox Richardson, How the South Won the Civil War. TWA (60+ pay fee only)

Course: LLI774  10 Hours
$65 + $89 fee = $154; NMR add $120

Rockville Campus (103 MK)
CRN#: 37908  5 Sessions  R
3/31-4/28  1:30-3:30 p.m.
Instructor: Joel Cockrell

Please register early!
Class cancellations are processed at least a week before the start date due to low enrollments.

TWA=Tuition Waiver Applies; Maryland Resident Age 60+ Pay Fee Only.
NMR=Non-Maryland Resident
Rise in Extremism and Hatred Movements \textit{NEW}

According to the American Defamation League, 2020 was the third-highest year on record for antisemitic incidents since they began tracking in 1979. The ADL also reported, that by the summer of 2021, they had seen an exponential rise in all forms of extremist hatred and violence (ex. the rise in anti-Asian attacks). Discuss how this rise in extremist hate is not limited to the United States, that it is instead a world-wide phenomenon of greatest concern. Explore the historical roots of extremist and hate movements, their characteristics, their organizational strengths and weaknesses, and of the threat they pose in the midst of the enduring pandemic crisis. TWA (60+ pay fee only)

Course: LLI783 6 Hours
$45 + $72 fee = $117; NMR add $120

Online: Structured Remote
CRN#: 37914 3 Sessions  F
3/4-3/25 10:30 a.m.-12:30 p.m.
No class 3/18
Instructor: Naomi Daremblum

The Biden Administration’s Agenda and Trade Policy \textit{NEW}

Examine the current administration’s views on trade and how trade fits into its Build Better agenda. How will the administration’s approach impact relations between the United States and China and other key US trading partners? Discuss what the current approach could portend for US global leadership and the US economy. This class is offered by Barbara Weisel, Managing Director, Rock Creek Global Advisors and former Chief U.S. Negotiator for the Trans-Pacific Partnership Agreement.

Course: LLI791 2 Hours
$15 + $10 fee = $25; NMR add $30

Rockville Campus (101 MK)
CRN#: 38175 1 Session  F
4/8 1-3 p.m.
Instructor: Barbara Weisel

The Civil War: A Military History

Did you know that many of the major battles of the Civil War were fought in the DC Metro area? Learn why the Union won the war. Analyze the military strategies and campaigns. Discuss the major battles and their outcomes. Examine military leaders who made the outcome of the war a victory for the North. TWA (60+ pay fee only)

Course: LLI730 10 Hours
$65 + $89 fee = $154; NMR add $120

Rockville Campus (101 MK)
CRN#: 37897 5 Sessions  W
3/23-4/20 2-4 p.m.
Instructor: Eric Gartman

The History of Italy from the Renaissance to Present \textit{NEW}

Explore the history of Italy from the Renaissance until present day. Begin with the transformation of the Italian peninsula into a modern state from a region of city states through the wars of independence leading to Italy’s unification. Discuss the ‘economic miracle,’ social unrest, terrorism, the passage from the First to the Second Republic, and the European Union. Examine emigration, colonialism, the transformation of the Italian family, and the role played by women in Italian society over time. TWA (60+ pay fee only)

Course: LLI766 12 Hours
$69 + $92 fee = $161; NMR add $120

New Location: Structured Remote/Zoom
CRN#: 37905 6 Sessions  R
2/24-4/7 10:30 a.m.-12:30 p.m.
No class 3/17
Instructor: Naomi Daremblum

\textbf{Would you like to teach for the Lifelong Learning Institute?}

Please contact Natasha Sacks for details.

240-567-1828

natasha.sacks@montgomerycollege.edu

\textbf{TWA=Tuition Waiver Applies; Maryland Resident Age 60+ Pay Fee Only.}

\textbf{NMR=Non-Maryland Resident}
The Whole World Was Watching: Sports Confrontations During the Cold War

In the Cold War era, the confrontation between capitalism and communism played out not only in military, diplomatic, and political contexts, but also in the realm of culture - and perhaps nowhere more so than in sports. Examine Cold War rivalries through the lens of sporting competitions across the globe. Discuss some of the most memorable encounters: the USSR vs Hungary Water Polo Match of 1956, which happened right after the brutal repression of that country; the USSR vs Chile 1973 soccer match, which was to be held in the stadium where hundreds of political prisoners were held, tortured, and killed, and the famous miracle on ice, US vs USSR hockey game of 1980. TWA (60+ pay fee only)

Course: LLI735 8 Hours
$59 + $79 fee = $138; NMR add $120

Online: Structured Remote
CRN#: 37901 4 Sessions R
1/20-2/10 6:30-8:30 p.m.
Instructor: Naomi Daremblum

World History: A Comparative Survey from A.D. 1500 to Present

Explore contemporary life in terms of the accumulated cultural experiences of the world, and learn to appreciate the growing interdependence of modern nations. Examine autonomous local developments in various parts of the world as well as the settling of the New World. Discuss scientific and industrial revolutions and their diffusion, Western dominance of the non-Western world and its decline, and the rise of mass societies. Discuss Marxism and worldwide revolutions, the effects of two world wars, and the struggles to modernize. Note: You will be joining credit students in this co-listed credit class. TWA (60+ pay fee only)

Course: LLI643 37.5 Hours
$396 + $136.20 fee = $532.20; NMR add $871.20

Germantown Campus (177 HS)
CRN#: 37890 30 Sessions T R
1/25-5/12 9:30 a.m.-10:45 a.m.
No class 3/15, 3/17
Instructor: Kelly Rudin
Please check the MC Bookstore for details regarding textbooks. Use credit HIST1116 CRN35595.

World War II—The Western Front

Examines the Second World War from the Invasion of North Africa to the defeat of Nazi Germany. Analyze the American Forces and their activities during the conflict. Discuss the North African Campaign, Italian Campaign, D-Day, the Falaise Encirclement, Battle of the Bulge, Crossing the Rhine, Gotterdammer, and other topics. The class will feature lectures, photographs, and class discussion. TWA (60+ pay fee only)

Course: LLI789 8 Hours
$59 + $79 fee = $138; NMR add $120

Gaithersburg Business Training Center (404)
CRN#: 37917 4 Sessions R
4/7-4/28 10:30 a.m.-12:30 p.m.
Instructor: Harry Cawood
XX Marks the Spot: Female Spies Throughout History

Are you fascinated by intrigue, seduction, and espionage? Discuss women’s increased role in espionage throughout history. Examine how and why these women were successful in their roles as spies. Demonstrate knowledge on lesser-known female spies and detail their contributions. Utilize primary and secondary source documents to dispel the stereotype of female spies as only “sexual seductresses.” Discuss the current relevance of these female spies’ accomplishments. TWA (60+ pay fee only)

Course: LLI767  10 Hours
$65 + $89 fee = $154; NMR add $120

Online: Structured Remote
CRN#: 37906  5 Sessions  W
1/26-2/23  10:30 a.m.-12:30 p.m.
Instructor: Nicole Andrea Porcaro

Decorative Trees and Shrubs
Do you know which trees and shrubs are successful in Mid-Atlantic garden spaces? Learn how to select woody ornamentals and plan a Mid-Atlantic region garden. Discuss deer resistant shrubs and the challenges of bamboo and other invasive plants in the landscape. Analyze which trees and shrubs to avoid. Explore general maintenance techniques. TWA (60+ pay fee only)

Course: LLI078  4 Hours
$35 + $49 fee = $84; NMR add $50

Online: Structured Remote
CRN#: 37878  2 Sessions  W
2/2-2/9  6:30-8:30 p.m.
Instructor: Janet Johnson

Easy Care Houseplants
Bring beauty and nature into your home. Learn how to choose the right houseplant for your home and space. Discuss pot size, watering schedules, and types of light. Determine when to divide, how to take cuttings, and how to reproduce plants in your home. Analyze nutrition levels and when to fertilize. Identify common pests and learn how to control them. TWA (60+ pay fee only)

Course: LLI618  4 Hours
$35 + $49 fee = $84; NMR add $50

Online: Structured Remote
CRN#: 37891  2 Sessions  T
2/15-2/22  6:30-8:30 p.m.
Instructor: Janet Johnson

Floral Arrangements for Home and Office
Learn how to purchase, process, and care for fresh flowers purchased from the supermarket, farmers market, and florist. Discuss the basic tools and containers available to create beautiful floral arrangements. Demonstration of four to six floral designs using supermarket purchases with simple tools and techniques.

Course: LLI028  4 Hours
$35 + $20 fee = $55; NMR add $50

Online: Structured Remote
CRN#: 37875  2 Sessions  W
3/23-3/30  6:30-8:30 p.m.
Instructor: Janet Johnson

XX Marks the Spot: Female Spies Throughout History

Are you fascinated by intrigue, seduction, and espionage? Discuss women’s increased role in espionage throughout history. Examine how and why these women were successful in their roles as spies. Demonstrate knowledge on lesser-known female spies and detail their contributions. Utilize primary and secondary source documents to dispel the stereotype of female spies as only “sexual seductresses.” Discuss the current relevance of these female spies’ accomplishments. TWA (60+ pay fee only)

Course: LLI767  10 Hours
$65 + $89 fee = $154; NMR add $120

Online: Structured Remote
CRN#: 37906  5 Sessions  W
1/26-2/23  10:30 a.m.-12:30 p.m.
Instructor: Nicole Andrea Porcaro

Landscape and Horticulture

Annuals and Perennials for Your Garden
Learn how to select plants, where to purchase annuals and perennials, and plan a blooming garden for this growing zone. Explore vines and climbers-where to use them and how to maintain them. Discuss deer resistant plants, repeat blooming options, and support/structure in an annual and perennial garden. Identify which garden items to avoid, what species make viable substitutions, and compatible plants. Determine how often to divide and how to maintain annual and perennial plants. Examine shade and sun loving plants as well as tropical species that can add special interest to a garden. Discuss which annuals are viable to winter over and how to integrate annuals and perennials into a full season of blooming color and design. TWA (60+ pay fee only)

Course: LLI579  8 Hours
$59 + $79 fee = $138; NMR add $120

Online: Structured Remote
CRN#: 37888  4 Sessions  W
4/6-4/27  6:30-8:30 p.m.
Instructor: Janet Johnson

Easy Care Houseplants
Bring beauty and nature into your home. Learn how to choose the right houseplant for your home and space. Discuss pot size, watering schedules, and types of light. Determine when to divide, how to take cuttings, and how to reproduce plants in your home. Analyze nutrition levels and when to fertilize. Identify common pests and learn how to control them. TWA (60+ pay fee only)

Course: LLI618  4 Hours
$35 + $49 fee = $84; NMR add $50

Online: Structured Remote
CRN#: 37891  2 Sessions  T
2/15-2/22  6:30-8:30 p.m.
Instructor: Janet Johnson

Floral Arrangements for Home and Office
Learn how to purchase, process, and care for fresh flowers purchased from the supermarket, farmers market, and florist. Discuss the basic tools and containers available to create beautiful floral arrangements. Demonstration of four to six floral designs using supermarket purchases with simple tools and techniques.

Course: LLI028  4 Hours
$35 + $20 fee = $55; NMR add $50

Online: Structured Remote
CRN#: 37875  2 Sessions  W
3/23-3/30  6:30-8:30 p.m.
Instructor: Janet Johnson

TWA=Tuition Waiver Applies; Maryland Resident Age 60+ Pay Fee Only.
NMR=Non-Maryland Resident
**Garden Design**
Do you ever wish you could have a beautiful home garden? Garden enthusiasts and homeowners will examine the basics of garden design. Discuss current garden trends, and how to integrate the architecture of your home/buildings into the landscape for a cohesive overall design. Learn about using plants and materials that are suitable for the Mid-Atlantic region to create a garden design suitable for your own home. TWA (60+ pay fee only)

**Course:** LLI370  
8 Hours  
$59 + $79 fee = $138; NMR add $120

**Online: Structured Remote**  
CRN#: 37879  
4 Sessions  
2/16-3/9  
6:30-8:30 p.m.  
Instructor: Janet Johnson

**Introduction to Organic Vegetable Gardening**
This course provides gardeners a way to produce vegetables for their household while using sustainable gardening practices. This class will cover what to plant, when to plant, and how to plant vegetable crops that are well suited to Maryland. In addition, how to organically control pest and diseases will be discussed. Furthermore, guidance will be provided on designing vegetable gardens. TWA (60+ pay fee only)

**Course:** LLI825  
5 Hours  
$40 + $69 fee = $109; NMR add $120

**Online: Structured Remote**  
CRN#: 37919  
2 Sessions  
3/24-3/31  
6:30-9 p.m.  
Instructor: Terri Valenti

**Orchids: How to Grow and Bloom**
Discover how to be successful with orchid selection in the home environment. Learn how to purchase, care, transplant, and water your orchids. Discuss how to rebloom your orchid, when to fertilize, and when to root prune.

**Course:** LLI022  
3 Hours  
$15 + $15 fee = $30; NMR add $30

**Online: Structured Remote**  
CRN#: 37874  
1 Session  
1/26  
6:30-9:30 p.m.  
Instructor: Janet Johnson

**Human and Natural Science**

**Forensic Psychology: Learn to Decipher Complex Behavior**  
When you hear the term forensics, do you think of CSI or Criminal Minds? Forensic psychology is more than just fingerprints and a quick resolution to a case. Discuss an overview of the science of psychology. Analyze complex and challenging cases to improve your logical reasoning and critical thinking skills. This course will use film and readings in the criminal justice and abnormal psychology field to encourage discussion and to debate the intersection of psychology and criminal justice. TWA (60+ pay fee only)

**Course:** LLI642  
8 Hours  
$59 + $79 fee = $138; NMR add $120

**New location: Structured Remote/Zoom**  
CRN#: 37892  
4 Sessions  
2/4-2/25  
10:30 a.m.-12:30 p.m.  
Instructor: Courtney Johnson

**From Satellites to Cell Phones: Using Smart Phone Technology to Help NASA Researchers**  
NEW  
Did you know that NASA researchers are seeking citizen scientists to help monitor various parts of the Earth's systems from the ground, to help compare these to their satellite data? Explore how and why NASA wants to use personal smartphone technology to observe clouds, identify potential disease-transmitting mosquitoes, measure tree height, and classify land cover. Engage with NASA scientists, learn how to collect and submit data, and discover a realm of resources to share across multiple generations. TWA (60+ pay fee only)

**Course:** LLI780  
8 Hours  
$59 + $79 fee = $138; NMR add $120

**New Location: Structured Remote/Zoom**  
CRN#: 37913  
4 Sessions  
3/7-3/28  
10:30 a.m.-12:30 p.m.  
Instructor: Dorian Janney

*TWA=Tuition Waiver Applies; Maryland Resident Age 60+ Pay Fee Only. NMR=Non-Maryland Resident*
How to Plan and Travel to Other Planets

Ever wanted to explore how missions to other planets are formed? What goes into planning for a rover to land on Mars? Learn how we map the surface of the Moon and what scientific instruments would be good to send into space. Explore behind the scenes as to how planetary missions are formulated and executed, while learning some awesome planetary explorations—past, present, and future—along the way! TWA (60+ pay fee only)

Course: LLI746 6 Hours
$45 + $65 fee = $110; NMR add $120

Online: Structured Remote
CRN#: 37902 3 Sessions W
4/6-4/20 6:30-8:30 p.m.
Instructor: Caitlin Ahrens

Introduction to Philosophy Co-L

Introduction to philosophical analysis of the problem of knowledge, the problem of reality, and the problem of the good. Major philosophical attitudes of Western civilization are introduced. Special attention is paid to some of the philosophical implications of contemporary natural and social science. The basic themes of the course are that the major questions philosophy deals with are present in the lives of all persons; that we must clarify the questions, if possible, before we try to answer them; and that the basic questions are always concerned with the nature and meaning of human existence. Note: You will be joining credit students in this co-listed credit class. TWA (60+ pay fee only)

Course: LLI600 37.5 Hours
$396 + $136.20 fee = $532.20; NMR add $871.20

Germantown Campus (215 HS)

CRN#: 37889 30 Sessions M W
1/24-5/11 11 a.m.-12:15 p.m.
No class 3/14, 3/16
Instructor: Eli Moore
Please check the MC Bookstore for details regarding textbooks. Use credit PHIL101 CRN34445.

The Invisible Female Scientists of History NEW

If one relied on historical fiction they might think female scientists did not exist before the 20th century. Explore the true history of female participation in science from the late middle ages to the modern era. Examine the brilliant early scientists who have remained invisible to general history until recently. Discuss prior limitations for female education and scientific education, and the way gender and power intersected to limit female scientific recognition. TWA (60+ pay fee only)

Course: LLI784 8 Hours
$59 + $79 fee = $138; NMR add $120

New Location: Structured Remote/Zoom
CRN#: 37915 4 Sessions R
2/24-3/24 1:30-3:30 p.m.
No class 3/17
Instructor: Naomi Daremblum

Using DNA to Reveal the Hidden Stories of Human Diversity, History, and Migration

Learn what DNA is, how is it inherited, and what is its function. Examine how different parts of the DNA tell different stories. Learn what is a mutation, and how they advance and influence evolution. Analyze DNA results from an ancestry, paternal, or medical genetic test. Discuss how DNA informs us about ancestry, geographic origin, race, and identity. TWA (60+ pay fee only)

Course: LLI684 8 Hours
$59 + $79 fee = $138; NMR add $120

Online: Structured Remote
CRN#: 37895 4 Sessions R
4/7-4/28 2-4 p.m.
Instructor: Miguel Vilar

Help Us Spread the Word About Lifelong Learning!

Would you be willing to help spread the word about Lifelong Learning Institute by placing a link on your Facebook page or an ad in your neighborhood/community newsletter? If yes, please email Natasha Sacks at natasha.sacks@montgomerycollege.edu.
Literature and Writing

“Nobody Does It Better:” The American Film Institute, 100 Top Films

The American Film Institute’s list of the 100 Greatest American Films of All Time serves as a survey of seminal moments in America’s history. Explore common themes among AFI’s top 100 films and their importance to America’s history. Analyze sections of the texts upon which certain films are based. Compare “reel-life” vs. real life in the film industry. Discuss when films began to talk and who controlled what they could say. Examine some of the biggest cinematic treasures of the United States, such as: Citizen Kane’s Rosebud, Singin’ in the Rain’s iconic dance, All About Eve’s “bumpy night”, and Ben Hur’s chariot race. TWA (60+ pay fee only)

Course: LLI628 8 Hours
$59 + $79 fee = $138; NMR add $120

New Location: Structured Remote/Zoom
CRN#: 38094 4 Sessions F
3/4-4/1 10:30 a.m.-12:30 p.m.
No class 3/18
Instructor: Courtney Johnson

60 for 30: The Films of 1970-2000 NEW

Explore 60 films from 1970-2000 covering some events of the time, movie genres grounded in journalism, as well as gangster movies and big budget science fiction films. Discuss modern teen films based on famous historical novels and the decline in the western genre. Study the characteristics of directors like George Lucas, Steven Spielberg, and Spike Lee. The instructor will select 30 films and the students will select the remaining 30 films. Everyone registering a month before the first class will have at least one of their films included on the list. TWA (60+ pay fee only)

Course: LLI768 12 Hours
$69 + $92 fee = $161; NMR add $120

Rockville Campus (101 MK)
CRN#: 38108 6 Sessions T
3/22-4/26 10:30 a.m.-12:30 p.m.
Instructor: Joel Cockrell

Creative Writing: An Introduction Co-L

Have you ever thought about practicing creative writing? Explore the forms and techniques of short story writing, in particular: point of view, plot, characterization, setting, and atmosphere in standard and experimental modes. Establish a personal style and expression. Discuss fiction of proven merit and student writing. Designed for students who have fully mastered basic writing skills and who are literate writers but who have written little or no fiction previously. One college-level literature course or extensive previous outside reading of fiction is desirable. Note: You will be joining credit students in this co-listed credit class. TWA (60+ pay fee only)

Course: LLI466 37.5 Hours
$396 + $136.20 fee = $532.20; NMR add $871.20

Rockville Campus
CRN#: 38090 30 Sessions M W
1/24-5/11 12:30-1:45 p.m. (201 SB)
No class 3/14, 3/16
Instructor: John Wang
In this section, students will have opportunities to read and write in both fiction and nonfiction. Please check the MC Bookstore for details regarding textbooks. Use credit ENGL264 CRN34361.

CRN#: 38091 14 Sessions T R
1/25-3/10 12:30-3:15 p.m. (107 HU)
No class 3/15, 3/17
Instructor: Jarvis Slacks
Please check the MC Bookstore for details regarding textbooks. Use credit ENGL264 CRN36115.

Fairytales and Legends—History and Literature

Did you know that the European Famine of the 14th century inspired many of our most beloved Fairy Tales: Hansel & Gretel and The Pied Piper of Hamelin to name a few? Even Little Red Riding Hood has historical inspiration in the legends of werewolves in medieval Europe. Examine the relationship between history, literature, and folklore. Analyze instances of novels/short stories that are based on or involve historical events, myths, tales, and rituals. Trace the historical grounding of these folk narratives and their transformation into popular literature, transporting ancient myths, fears, and superstitions into our more modern context. Reading list is available on the LLI website. TWA (60+ pay fee only)

Course: LLI006 10 Hours
$65 + $89 fee = $154; NMR add $871.20

Rockville Campus (101 MK)
CRN#: 38084 5 Sessions R
3/31-4/28 1:30-3:30 p.m.
Instructor: Naomi Daremblum

TWA=Tuition Waiver Applies; Maryland Resident Age 60+ Pay Fee Only.
NMR=Non-Maryland Resident
Film and Literature **Co-L**

This course is a comparative study of films and literature with special attention given to the practical and theoretical problems of adapting literature to film and the basic differences between the two. Explore how character development, plot, narrative, symbols, and language are translated from literary texts to film, and considers the limitations of film adaptation. Read, analyze, and respond critically to texts in class discussions, examinations, and essays. Note: You will be joining credit students in this co-listed credit class. TWA (60+ pay fee only)

**Course: LLI984**  
37.5 Hours  
$396 + $136.20 fee = $532.20; NMR add $871.20

**Rockville Campus (214 SB)**  
CRN#: 38105  
15 Sessions  
1/26-5/11  
2-4:40 p.m.

No class 3/16

Instructor: Megan Howard

Please check the MC Bookstore for details regarding textbooks. Use credit ENGL235 CRN34362.

**Italian Noir: Mysteries & Crime Stories of the Italian Peninsula** **NEW**

Explore a literary map of the Italian crime novel from its origins to the present day. Begin with an introduction of historical-political character to Italian detective fiction. Examine the different styles of Italian mysteries, which range from philosophical to socially engaged narratives. Examine how Italian noir reflects unresolved historical issues from the post-war period to the present day and extends beyond the facile stereotype of mafia crime stories. Read classic authors such as Andrea Camilleri, Donna Leon, Antonio Mazzini, and others. TWA (60+ pay fee only)

**Course: LLI688**  
10 Hours  
$65 + $89 fee = $154; NMR add $120

**Online: Structured Remote**

CRN#: 38107  
5 Sessions  
4/14-5/12  
6:30-8:30 p.m.

Naomi Daremblum

**International Short Stories**  
**NEW CONTENT!** Read and engage in spirited discussion over classic and contemporary short fiction from writers such as Albert Camus, D.H. Lawrence, Elizabeth Bowen, Ha Jin, Jhumpa Lahiri, Alice Munro and others. Text: *The Art of the Short Story*, edited by Dana Gioia and R.S. Gwynn, plus supplemental reading provided by the instructor. TWA (60+ pay fee only)

**Course: LLI933**  
16 Hours  
$76 + $97 fee = $173; NMR add $120

**New location: Structure Remote/Zoom**

CRN#: 38102  
8 Sessions  
2/28-4/18  
10:30 a.m.-12:30 p.m.

Instructor: Ann Stephenson

**Literary Café**  
**NEW CONTENT!** Join a group of insightful readers in a relaxed setting for engaging discussions about different literary genres and pieces of literature. Together we will focus on examples of memoir, the novel, poetry, the short story, and drama. Some will be familiar, old favorites and others may be new. Readings include: 1957 Nobel Prize winner Albert Camus’s, *The First Man* (1994) together with Camus’s acceptance speech, 2017 Nobel Prize winner Kazuo Ishiguro’s, *Klara and the Sun* (2021), selection of Shakespeare’s Sonnets, student-selected poetry, James Baldwin’s essay, “On Being White...And Other Lies,” (1984), Franz Kafka’s, “The Metamorphosis,” (1915), and selected scenes from Shakespeare’s *Antony and Cleopatra*. Reading list is available on the LLI website for additional information. TWA (60+ pay fee only)

**Course: LLI070**  
12 Hours  
$69 + $92 fee = $161; NMR add $120

**Online: Structured Remote**

CRN#: 38085  
6 Sessions  
2/10-4/21  
2-4 p.m.

Instructor: Adele Seeff

Class meets 2/10, 2/24, 3/10, 3/24, 4/7, and 4/21

**Registration Alert!**

For on-campus classes, you will have to upload proof of COVID vaccination record prior to class start date. For information on how to upload proof and information regarding COVID vaccination requirements for on-campus classes, please visit us online.

https://www.montgomerycollege.edu/coronavirus/vaccines.html#student.
Literary Fathers and Sons NEW
Explore literature in the context of father/son relationships. Examine strong and loving bonds, cold or absent fathers, and wayward sons in fiction, drama, poetry, and memoirs. Discuss the ways in which authors turn their personal experiences or ideas into formal literary structures. Student should read Turgenev’s Fathers and Sons before coming to the first class. Reading list is available on the LLI website for additional information. TWA (60+ pay fee only)

Course: LLI775 12 Hours
$69 + $92 fee = $161; NMR add $120

New Location: Structured Remote/Zoom
CRN#: 38110 6 Sessions T
3/22-4/26 1:30-3:30 p.m.
Instructor: Bob Shoenberg

Literature of the 1960s NEW
Read and discuss several of the most important literary works of the 1960s and analyze the way that these works both influenced and reflected the revolutionary change that occurred in America and across the world. Discuss writers such as Ken Kesey, Sylvia Plath, James Baldwin, Thomas Pynchon, Joseph Heller, and others. Explore key biographical events that shaped their lives. Identify major themes found in their works. Analyze some of the most significant historical events of the 1960s. Reading list available on the LLI website. TWA (60+ pay fee only)

Course: LLI786 12 Hours
$69 + $92 fee = $161; NMR add $120

Online: Structured Remote
CRN#: 38112 6 Sessions F
2/4-3/11 1-3 p.m.
Instructor: Robert Jacobs

Take Me Out to the Movies: Baseball on Film NEW
Watch clips from your favorite baseball films while examining the backstories behind them and the influence of America’s pastime on cinema. Discuss baseball in the context of its representation in various films: drama, comedy, rom-com, biopic. Analyze overarching themes in baseball films. Utilize film clips, interviews, photos, and books to understand the impact of baseball movies. TWA (60+ pay fee only)

Course: LLI769 10 Hours
$65 + $89 fee = $154; NMR add $120

Online: Structured Remote
CRN#: 38109 5 Sessions R
3/24-4/21 7-9 p.m.
Instructor: Nicole Andrea Porcaro

The Lives and Literature of F. Scott Fitzgerald and Ernest Hemingway
Explore both the literary achievements and the complicated real-world friendship of these two modernist masters—F. Scott Fitzgerald and Ernest Hemingway. Examine Fitzgerald’s portrayal of, and profound exploration into, The American Dream. Learn about Fitzgerald’s deep familial roots in Rockville, MD and his passionate yet troubled relationship with his muse/wife Zelda Sayre Fitzgerald. Analyze the way that Hemingway’s spare yet innovative prose style changed the way people thought about writing and helped define the “Lost Generation” of the 1920s. Discuss Hemingway’s extraordinarily rich and event filled life. Reading list is available on the LLI website for additional information. TWA (60+ pay fee only)

Course: LLI744 12 Hours
$69 + $92 fee = $161; NMR add $120

Online: Structured Remote
CRN#: 38099 6 Sessions W
2/2-3/9 7-9 p.m.
Instructor: Robert Jacobs

The Short Story Co-L
A study of the short story in world literature with emphasis on the literary form. Examine the basic elements of fiction as they appear in short stories. Discuss content, structure, and literature techniques used. Analyze short stories from a variety of critical perspectives. Note: You will be joining credit students in this co-listed credit class. TWA (60+ pay fee only)

Course: LLI239 37.5 Hours
$396 + $136.20 fee = $532.20; NMR add $871.20

Rockville Campus (004 SB)
CRN#: 38087 26 Sessions T R
2/8-5/12 11 a.m.-12:30 p.m.
No class 3/15, 3/17
Instructor: David Lemmond
Please check the MC Bookstore for details regarding textbooks. Use credit ENGL233 CRN34363.

TWA=Tuition Waiver Applies; Maryland Resident Age 60+ Pay Fee Only.
NMR=Non-Maryland Resident
Thomas Merton: A Man for All Seasons and All Religions
Catholicism, Judaism, Islam, and Buddhism  Who was the real Thomas Merton? Learn about Merton’s struggle with celibacy and his falling in love. Explore Merton’s love relationship with Buddhism, his prayer life, and his life as a monk and world figure. Discuss Merton’s life as a social critic, friend of beat poet Lawrence Ferlinghetti, publisher Robert Giroux, and musician Joan Baez. TWA (60+ pay fee only)

Course: LLI540  12 Hours
$69 + $92 fee = $161; NMR add $120

Online: Structured Remote
CRN#: 38092  4 Sessions M
3/21-4/11  1-4 p.m.
Instructor: Sally McClean

Music

Beethoven’s Piano Sonatas—Listening to the Music  NEW
No composer before or since has had as profound and lasting an effect on classical music as has Ludwig van Beethoven. Discuss how, throughout his lifetime Beethoven’s principal instrument was the piano, for which he wrote 32 sonatas; each one a jewel, a showpiece, a stroke of genius, and distinct. Examine, through lecture, discussion, and musical selections these musical gems as well as Beethoven’s life and times. No prior musical training is required. TWA (60+ pay fee only)

Course: LLI464  8 Hours
$59 + $79 fee = $138; NMR add $120

Online: Structured Remote/Zoom
CRN#: 38139  4 Sessions W
3/2-3/9  6:30-8:30 p.m.
Instructor: Jesse Parker

Guide to the Orchestra: From Page to Stage
Have you ever wondered what goes into bringing symphonic music to the stage? This class will take you behind the scenes to explore what makes up a modern orchestra. Explore the structure of an orchestra including: types of instruments; seating arrangements; the role of the conductor; the preparation process for public performances; and the formatting of an orchestral score.

A.S.K. in a Nutshell
New Content! Are you intellectually curious? If so, then A.S.K. (Adults Seeking Knowledge) is for you! A.S.K. offers an array of weekly programs and lectures, including invited experts who present lectures covering a wide range of topics. Past topics have included current events, science, history, world travels, mediation for seniors, opera, alternative medicine, and fitness and health. TWA (60+ pay fee only)

Note: The on-campus and Zoom section are running at the same time. Please register for the section you prefer.

Course: LLI841  7.5 Hours
$30 + $62 fee = $92; NMR add $50

Online: Structured Remote
CRN#: 38171  6 Sessions W
3/30-5/4  1-2:15 p.m.
Instructor: Jeff Miller
Bridge for Beginners
Bridge is by far the greatest card game of all. It provides immense challenges and enjoyment for the rest of your life. This course is intended for newcomers to the game and players who haven’t played in years. The 6-week course will cover the fundamentals of modern bidding, play of the hand, some defensive principles, and more.

Course: LLI942  12 Hours
$30 + $79 fee = $109; NMR add $120

Rockville Campus (101 MK)
CRN#: 38103  6 Sessions  W
2/23-3/30  7-9 p.m.
Instructor: David Dong

Bridge: Intermediate
The game of bridge is as challenging as it is enjoyable. This course is appropriate for all players with a solid grasp of bridge basics who wish to improve their games. Lessons will focus on modern bidding system 2/1 game force, sound competitive judgment, in-depth hand evaluation, and card play strategies for declarers and defenders. Prerequisite: Bridge for Beginners or equivalent experience.

Course: LLI958  12 Hours
$30 + $79 fee = $109; NMR add $120

Rockville Campus (102 MK)
CRN#: 38104  6 Sessions  W
4/6-5/11  7-9 p.m.
Instructor: David Dong

Paths to a Fulfilling and Successful Retirement
Are you nearing retirement and are not sure what to do at this stage of life? Are you searching for ways to have a more fulfilling retirement? Identify and set your path in the right direction. Discuss your goals and preferences, examine successful retirement models; learn about resources in the community that can keep you engaged with civic, cultural, and learning opportunities. Examine the steps to positive emotional adjustment with self-satisfaction and personal growth. Some options discussed might include: entrepreneurship; pursuing the Dreams Deferred; returning to school or enhancing transferrable skills to transition to a new career, travel, or volunteer. No financial information is covered in this course. TWA (60+ pay fee only)

Course: LLI199  6 Hours
$59 + $69 fee = $128; NMR add $120

New Location: Structured Remote/Zoom
CRN#: 38241  3 Sessions  R
2/24-3/10  6:30-8:30 p.m.
Instructor: Natasha Sacks

Culinary Arts and History
A Taste of Maryland NEW
Learn about the history of Maryland’s most iconic food traditions and food businesses, such as Maryland beaten biscuits, hominy, crab cakes, terrapin, muskrat, stuffed ham, coddies, lemon sticks, Smith Island Cake, the Baltimore fish pepper, McCormick Spices, and Old Bay, including some lesser-known fare, white potato pie and Jewish Apple Cake. Explore notable facts, including Maryland’s history as the leading producer in the US of both peaches and strawberries. Presentation is based on research for the State of Maryland permanent exhibit at the Southern Food and Beverage Museum in New Orleans, LA.

Course: LLI787  2 Hours
$15 + $15 fee = $30; NMR add $30

Online: Structured Remote
CRN#: 38113  1 Session  W
1/26  10:30 a.m.-12:30 p.m.
Instructor: Joyce White

Bread Baking 101
What is better than the smell of fresh bread coming out the oven? Fill your house with the enticing smell of fresh baked bread while you fill your mouths with the unbeatable taste of real homemade bread. Learn how to make a variety of breads while learning the basic principles of bread making. Some breads might include: Focaccia and Pizza, Tuscan Wheat Sourdough, Challah, and wholesome quick breads and muffins. The class is presented by a professional chef/baker. You will be able to observe and ask questions. TWA (60+ pay fee only)

Course: LLI593  6 Hours
$59 + $89 fee = $148; NMR add $120

Online: Structured Remote
CRN#: 38093  4 Sessions  W
2/2-2/23  7-8:30 p.m.
Instructor: Matt Finarelli

Interested in receiving the Lifelong Learning Institute e-newsletter with class updates and free events?
E-mail: marquis.lee@montgomerycollege.edu
or visit our website to sign-up to be placed on our mailing list.
International Cuisine—Cooking with a Chef
Do you miss enjoying the delectable cuisine offered while travelling? Now you can feel like you are on vacation from the safety and comfort of your own home. Learn how to prepare a variety of appetizers, entrees, and desserts from different countries and continents. Explore ingredients and flavor profiles from different cultures. Discuss international cooking techniques. This class is taught by a professional chef. TWA (60+ pay fee only)

Course: LLI629 6 Hours
$59 + $89 fee = $148; NMR add $120

Online: Structured Remote
CRN#: 38095 4 Sessions R
3/10-4/7 7-9 p.m.
No class 3/17
Instructor: Patricia DeGeorge

The Great British Baking Show: Novice Edition
Are you a fan of The Great British Baking Show? Learn how to create some of the delicious recipes from the series Mary Berry’s Scones with Cream and Lemon Curd; Paul Hollywood’s Almond Shortbread Biscuits; and view the demonstration and taste of Mary Berry’s Mincemeat Streusel Tray Bake. Explore baking terms, ingredients, equipment, and tools. Employ safe food handling practices using contemporary guidelines. Understand how to read a recipe in metric measurements. This is a hands-on class. The class will take place at MC Marriott Hospitality Kitchen. Online module with recipes and videos will be provided.

Course: LLI761 2.5 Hours
$25 + $30 fee = $55; NMR add $50

Rockville Campus—Marriot Hospitality Kitchen
CRN#: 38100 1 Session T
3/29 1-3:30 p.m.
Instructor: Samantha Nelson

Valentine Chocolate Desserts  NEW
Celebrate this Valentine’s Day by making special chocolate desserts. A professional chef will demonstrate and lead you through the creation of sumptuous and decadent chocolate desserts—lava miniature cake, chocolate covered fruit, and chocolate, gooey, scrumptious cookies. Take your creations home and surprise someone special in your life. The class will take place at MC Marriott Hospitality Kitchen. This is a hands-on class. Tuition includes the cost of ingredients.

Course: LLI788 2.5 Hours
$25 + $30 fee = $55; NMR add $50

Rockville Campus (215 SB)
CRN#: 38138 1 Session T
2/8 6-8:30 p.m.
Instructor: Samantha Nelson

Personal Finance Academy

Health Care Insurance for Retirement
This course will address the major components of retiree health care: Medicare, Medicare Advantage Plans, and Long-Term Care. Health care costs typically rise at twice the inflation rate, so the course will also address ways to fund this expense through tax-advantaged plans. Determine the cost of supplemental coverage, evaluate your ability to pay for health care not covered by federal or state programs, and be able to project your health care expenses. The target audience for this course are those who are newly retired and those who plan to retire within 2 years. TWA (60+ pay fee only)

Course: PRF139 6 Hours
$30 + $69 fee = $99; NMR add $50

Online: Structured Remote
CRN#: 37843 3 Sessions M
1/31-2/14 6:30-8:30 p.m.
Instructor: Mark Gottlieb

TWA=Tuition Waiver Applies; Maryland Resident Age 60+ Pay Fee Only.
NMR=Non-Maryland Resident

Become a Lifelong Learning Ambassador!
Stay active and engaged by becoming a volunteer—LLI Ambassador. As an ambassador you will help with community outreach by finding online, and in the community, distribution points for LLI marketing materials: catalogs, brochures, and online ads. Your responsibilities may also include interacting with community members via phone and marketing the LLI program with our team at community events (when face-to-face events resume).

If you would like to become a LLI Ambassador, please contact Natasha Sacks at natasha.sacks@montgomerycollege.edu
Investing in the Thrift Savings Plan When Working and Retired
Are you a Federal Government employee or retired from federal service? Do you understand the ins and outs of the Thrift Savings Plan (TSP)? Learn about the differences in TSP investment funds, tax considerations, the Roth TSP option, short-term and long-term considerations, and withdrawal options. Discuss required minimum distributions and the Life Annuity option. This course is only relevant to TSP participants or Federal employees considering participation.

Course: PRF155 3 Hours
$20 + $20 fee = $40; NMR add $30

Online: Structured Remote
CRN#: 37847 1 Session M
2/21 6:30-9:30 p.m.
Instructor: Jamie Ingoe

Making Smart Investment Decisions
Making smart investment decisions can make a big difference in your retirement years. With some basic understanding of investment products and risk and return, you can take steps to grow your retirement nest egg. Discuss investment products, risk and return, volatility, and how fees can impact your portfolio. Learn the questions to ask before you invest, the red flags of fraud, and how to use the free resources on Investor.gov, the SEC’s online portal for individual investors.

Course: PRF178 1.5 Hours
$10 + $10 fee = $20; NMR add $30

Online: Structured Remote
CRN#: 37862 1 Session M
1/24 6:30-8:30 p.m.
Instructor: Alan Sorcher

Maximizing Social Security Benefits
Social Security is a cornerstone of retirement income for most Americans. Yet the nuances of how/when to receive benefits are often overlooked and can lead to missed opportunities. This course will address individual and couple’s benefits, special situations for widows and ex-spouses, reductions due to federal pensions, and taxation of benefits. The target audience for this course are those who are newly retired and who plan to retire within the next few years.

Course: PRF159 3 Hours
$20 + $20 fee = $40; NMR add $30

Online: Structured Remote
CRN#: 37849 1 Session M
2/28 6:30-9:30 p.m.
Instructor: Neal Seagle

Maximizing Your College Funding NEW
Did you know the cost of college is increasing by an average of 6% per year? Will you have enough savings to fund college or will paying for college offset your ability to retire? Learn how to maximize financial and merit-based aid from colleges so you can fund college while setting yourself up for retirement. TWA (60+ pay fee only)

Course: PRF176 4 Hours
$10 + $35 fee = $45; NMR add $30

Online: Structured Remote
CRN#: 37860 2 Sessions R
1/13-1/20 6:30-8:30 p.m.
Instructor: Angelique Ayala

Mutual Funds
Content: Mutual Funds and Exchange Traded Funds (ETFs)
Learn how to read a mutual fund prospectus and shareholder reports, and discuss how to compare mutual funds. Examine exchange-traded funds (ETFs) and understand how they differ from mutual funds. Discuss how to research and compare mutual funds using free resources and the importance of understanding your investment objectives and risk tolerance. Learn about free resources on Investor.gov, the SEC’s online portal, and tips to avoid fraud.

Course: PRF175 2 Hours
$15 + $10 fee = $25; NMR add $30

Online: Structured Remote
CRN#: 37859 1 Session R
2/3 6:30-8:30 p.m.
Instructor: Andrea McGovern

Probate in Maryland: An Overview for Executors-To-Be
An overview of the probate process in Maryland, and more specifically in Montgomery County, including: a review of determining whether a probate is necessary; how to open a probate estate; how the estate is administered; and how the estate is closed. Explore the documents used by the Register of Wills; learn how to determine if an asset is a ‘probate asset’ or a ‘non-probate’ asset; and how to deal with claims and debts against the estate. Discuss the costs of probate, including the fees owed to the personal representative (executor) and attorneys. TWA (60+ pay fee only)

Course: PRF150 4 Hours
$40 + $59 fee = $99; NMR add $50

Online: Structured Remote
CRN#: 37846 2 Sessions R
4/7-4/14 6:30-8:30 p.m.
Instructor: Lindsey Sarowitz
Rejuvenate Your Retirement

How long will your retirement income last? This course provides a fresh look at important financial topics relevant to adults entering, or already enjoying, retirement. Making your money last throughout retirement has never been more challenging. People are living longer and fewer retirees have traditional pensions, while interest rates are at all-time lows. Learn about important financial topics such as reducing taxes, assessing investment risk, exploring retirement income sources and investment options, planning for health care needs, and preparing your estate. TWA (60+ pay fee only)

Course: PRF165  
4 Hours  
$25 + $57 fee = $82; NMR add $50

Rockville Campus (104 HU)
CRN#: 37853  
2 Sessions  
3/24-3/31 1-3 p.m.  
Instructor: Jamie Ingore/Don Chomas

Takoma Park/Silver Spring Campus
CRN#: 37854  
2 Sessions  
3/3-3/10 1-3 p.m.  
CRN#: 37855  
2 Sessions  
3/8-3/15 1-3 p.m.  
Instructors: Allison McCarty/Perry Lazerus

Retirement Planning Today

Learn about the many ways to save for retirement as well as the advantages and disadvantages of each. Discover how to save money on taxes, manage investment risks, and protect your assets from potential long-term health care expenses. Fee includes a course workbook and study aids. TWA (60+ pay fee only)

Course: PRF119  
6 Hours  
$25 + $57 fee = $82; NMR add $50

Germantown Campus
CRN#: 37694  
2 Sessions  
3/24-3/31 6:30-9:30 p.m.  
CRN#: 37695  
2 Sessions  
4/11-4/18 6:30-9:30 p.m.  
CRN#: 37840  
2 Sessions  
4/13-4/20 6:30-9:30 p.m.  
Instructor: John Gracyalny/Grant LaGasse

Rockville Campus
CRN#: 37825  
2 Sessions  
3/9-3/16 6:30-9:30 p.m.  
CRN#: 37826  
2 Sessions  
3/15-3/22 6:30-9:30 p.m.  
Instructor: John Gracyalny/Grant LaGasse

Online: Structured Remote
CRN#: 38240  
2 Sessions  
2/17-2/24 1-3 p.m.  
Instructor: Jamie Ingore/Don Chomas

Retirement Distribution Strategies

Retirement Plans have many complicated rules. Rules regarding how you can access your money, how much you can contribute, and different tax rates for withdrawals. Learn 13 retirement strategies including the rules surrounding IRAs, 401ks, TSPs, Roths, etc. Discuss the optimal Social Security claiming strategies for married and single participants that will maximize retirement income. TWA (60+ pay fee only)

Course: PRF174  
6 Hours  
$60 + $69 fee = $129; NMR add $120

Rockville Campus (103 MK)
CRN#: 37858  
2 Sessions  
4/6-4/13 6:30-9:30 p.m.  
Instructor: Neal Seagle

Takoma Park/Silver Spring Campus
CRN#: 37839  
2 Sessions  
4/11-4/18 6:30-9:30 p.m.  
CRN#: 37840  
2 Sessions  
4/13-4/20 6:30-9:30 p.m.  
Instructor: John Gracyalny/Grant LaGasse

Sherwood High School
CRN#: 37832  
2 Sessions  
2/10-2/17 6:30-9:30 p.m.  
CRN#: 37834  
2 Sessions  
2/15-2/22 6:30-9:30 p.m.  
Instructor: Allison McCarty/Perry Lazerus

Online: Structured Remote
CRN#: 37823  
2 Sessions  
2/9-2/16 6:30-9:30 p.m.  
Instructor: Jamie Ingore/Russell Rifkin

CRN#: 37824  
2 Sessions  
2/12-2/19 6:30-9:30 p.m.  
Instructor: Jamie Ingore/Russell Rifkin
**Stocks, Bonds, Mutual Funds, and ETFs Explained**

Whether you manage your own investments or someone manages them for you, it is important to understand the different types of investments. In this course, an experienced investment advisor and Certified Financial Planner explains advantages and disadvantages of different investments, risks, ways to own investments, asset allocation, tax considerations, historical performance, and more. For instance, are Exchange Traded Funds (ETFs) better than mutual funds? TWA (60+ pay fee only)

**Course: PRF138** 5 Hours
$50 + $65 fee = $115; NMR add $120

**Online: Structured Remote**
CRN#: 37841 2 Sessions  M
2/28-3/7  6:30-9 p.m.
Instructor: Jamie Ingoe

**Stocks: An In-Depth Look**

This course will provide students with tools to understand and evaluate stocks and review multiple strategies for using stocks in a personal portfolio. Topics include: understanding U.S. and global economic cycles, how to evaluate a company's financial health, and how to use stocks for personal finances. Instructor cannot make stock recommendations. TWA (60+ pay fee only)

**Course: PRF147** 8 Hours
$50 + $75 fee = $125; NMR add $120

**Online: Structured Remote**
CRN#: 37844 4 Sessions  M
new date 3/14-4/4  6:30-8:30 p.m.
Instructor: TBA

**Wills and Estates**

Take a deep dive into personal estate planning. Learn about the real differences between wills and revocable trusts; why everyone always needs a power of attorney and health care directives; and what it really means to go through Maryland probate (and how to avoid that if appropriate). Topics include the use (and misuse) of revocable living trusts, the pros, cons and dangers of joint ownership, the right way to make and receive gifts (and why there is a very wrong way), and the impact of the Federal estate tax and Maryland’s two separate death taxes on your estate. TWA (60+ pay fee only)

**Course: PRF160** 6 Hours
$60 + $75 fee = $135; NMR add $120

**Rockville Campus (102 MK)**
CRN#: 37852 2 Sessions  W
3/23-3/30  6:30-9:30 p.m.
Instructor: Lindsey Sarowitz

**Online: Structured Remote**
CRN#: 37850 2 Sessions  R
2/10-2/17  6:30-8:30 p.m.
Instructor: Angelique Ayala

**Wellness**

**Building Bone and Muscle Strength**

Learn ways in which to strengthen your bones and muscles and keep them healthy. Explore proper posture and exercising techniques to help avoid injuries. Practice balance exercises, using low hand and leg weights, and resistance training to increase muscle strength and bone density. This course is taught in a controlled environment with expert supervision.

**Course: LLI369** 10 Hours
$30 + $49 fee = $79; NMR add $50

**Rockville Campus (121 PE)**
CRN#: 38174 12 Sessions  R
2/3-4/28  10 a.m.-10:50 a.m.
Last class on 4/28 is 10-10:40 a.m.
No class 3/17
Instructor: Christine Harrison
Gentle Yoga for Mood and Strength
Learn postures that strengthen muscles to support joints while creating stronger bones. Explore postures to balance strength with flexibility and create more energy. Practice breathing techniques to calm the nervous system and decrease anxiety. Bring awareness to alignment in the spine and body to achieve improved balance. Understand the interconnectedness of the body’s systems to treat the body as a whole.

Course: LLI723  6 Hours
$34 + $35 fee = $69; NMR add $50

New Location: Structured Remote/Zoom
CRN#: 38172  5 Sessions  F
2/11-3/11  11 a.m.-12:15 p.m.  (121 PE)
Last class on 3/11 will take place from 11 a.m.-12 p.m.
Instructor: Shannon Phelan

Rockville Campus: CRN#: 38173  5 Sessions(F)F
3/25-4/29  11 a.m.-12:15 p.m.  (121 PE)
No class 4/15
Last class on 4/29 will take place from 11 a.m.-12 p.m.
Instructor: Shannon Phelan

Gentle Water Fitness for Muscle Tone and Cardio
Former Water Exercise, now LLI class for 50+
Gentle exercises providing for optimum fitness. Learn how to use water resistance to develop muscle tone and flexibility, as well as increase endurance. Practice techniques using water buoyancy to aid in relaxation, stress reduction, and mood enhancement. Apply gentle water exercise to increase cardio health and help with chronic conditions. This course will be presented at several different difficulty levels and is not a swimming course.

Course: LLI280  19.2 Hours
$30 + $69 fee = $99; NMR add $50

Germantown Campus (Pool PG)
CRN#: 38089  23 Sessions  T R
2/1-4/26  12-12:50 p.m.
No class 3/15, 3/17
Instructor: Christine Harrison

Rockville Campus (Pool PE)
CRN#: 38088  23 Sessions  M W
1/31-4/25  9 a.m.-9:50 a.m.
No class 3/14, 3/16
Instructor: Christine Harrison

Wellness Supply List!
Material lists for LLI Wellness classes are available at www.montgomerycollege.edu/lifelonglearning/

Improving Balance, Posture, and Core Strength
Have you noticed that your ability to balance is not as good as it used to be? Examine the two factors that can cause decreased ability to balance: poor posture and decreased muscle strength. Learn exercises that improve core and lower body muscle strength, posture, and balance. Discuss tips for maintaining good posture throughout your daily activities. This class will include standing, sitting, and exercises on the floor. Please bring a yoga mat.

Course: LLI676  7.5 Hours
$50 + $39 fee = $89; NMR add $50

Rockville Campus (121 PE)
CRN#: 38098  9 Sessions  M
2/21-4/25  10 a.m.-10:50 a.m.
No class 3/14
Instructor: Christine Harrison

LaBlast® Ballroom Dance Fitness
Do you want to work out and have fun at the same time? Dance your way to a healthier mind and body with LaBlast® Dance Fitness. Practice skills of ballroom dance with the calorie blasting properties of interval fitness. Experience carefully curated music playlists from all eras and genres to help you stay engaged and entertained while learning the Tango, Rumba, Jive and more! The multi-level learning approach makes LaBlast® Fitness perfect for everyone, from the absolute beginner to the advanced dancer. No partner is required and adults of all ages can participate. TWA (60+ pay fee only)

Course: LLI659  4.2 Hours
$34 + $59 fee = $93; NMR add $50

Rockville Campus (121 PE)
CRN#: 38412  5 Sessions
3/14-4/11  11-11:50 a.m.
Instructor: Gizelle Merced

Tai Chi for Physical and Mental Well-being
T’ai Chi is an ancient Chinese exercise for health and conscious relaxation. Learn a series of quiet, slow, and connected movements from the Cheng Man-Ching Yang Style short form, which cultivate the spirit and nurture the body. Practice low impact movements that put minimal stress on muscles and joints while improving body awareness and balance. Experience the benefits of t’ai chi, which include increased energy, building strength with flexibility and mental and physical resilience.

Course: LLI188  12 Hours
$45 + $54 fee = $99; NMR add $50

Rockville Campus (121 PE)
CRN#: 38086  12 Sessions  W
2/9-4/27  10 a.m.-11 a.m.
Instructor: TBA

TWA=Tuition Waiver Applies; Maryland Resident Age 60+ Pay Fee Only.
Services for Students with Disabilities

Montgomery College complies with the provisions of Section 504 of the Rehabilitation Act of 1973, the Americans with Disabilities Act (ADA) of 1990 and the Americans with Disabilities Act Amendments Act (ADAAA) of 2009. The college provides accommodations, access to facilities, programs, activities, and services for qualified students with documented disabilities. Accommodations are determined on a case-by-case analysis based on information provided by a qualified professional.

If you need support services due to a disability, please contact Natalie Martinez, WDCE Disability Support Services Counselor, to schedule an appointment, phone 240-567-4118, e-mail natalie.martinez@montgomerycollege.edu, Fax: 240-567-5163 at least two weeks prior to the start of the classes to ensure timely services. If necessary and appropriate, students may register for courses or activities prior to or while going through the support services process but are expected to comply with required deadlines to ensure that appropriate accommodations can be secured.

Any student who may need assistance in the event of an emergency evacuation must identify to Disability Support Services; guidelines and procedures may be directed to Dr. Brenda Williams, Director of Employee & Labor Relations.

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Instructions for Parking Permits: Students parking a vehicle on any Campus of the College (Rockville, Germantown and Takoma Park/Silver Spring) while attending a program will receive a temporary (15 day) parking permit with their class confirmation materials. If you register via the web, your printed confirmation or registration history will serve as a parking permit until you can print out the WDCE Student Temporary Parking Permit. The parking permit is free to students but you must register your vehicle.

All Students registered for WDCE classes spanning greater than 15 days from start to end date MUST obtain a parking permit following steps 1 to 4 below.

1. In order to obtain the permit, students need to log into MyMC the day after they register for the class.
2. Click on the “Order MY Parking Permit/ Pay Parking fines” link on the “MyMC Quick Links” tab.
3. Put in the start date and the end date of your class(es).
4. Print the permit.

Be sure to click the print link on the confirmation page as the permit will not be mailed.

Information about vehicle registration and parking, and how to pay or appeal a citation is available at www.montgomerycollege.edu/parking. The Montgomery College Motor Vehicle Regulations are available at www.montgomerycollege.edu/verified.

Parking Regulations

Each person associated with the College who parks a vehicle on any Campus of the College or any property owned, leased, maintained, or operated by the College must register the vehicle regardless of its ownership. Students, faculty, staff and visitors must abide by college traffic regulations. The College reserves the right to issue a citation or tow, at the owner’s risk and expense, any unregistered vehicle parked in violation.

Co-Listed Classes

Classes marked with this code [Col] are co-listed. They are offered so that students may register either for credit or continuing education (noncredit) status. Co-listing gives students an option to choose the best path for their educational needs. Each section includes both credit and noncredit students. For students seeking credit classes, please consult the credit course schedule. The expectations for attendance, participation, and effort are the same for all students. Instructors will announce policies concerning class activities.

If you have registered as a noncredit student in a co-listed course and you wish to change from noncredit to credit status, you will have one day after the class has begun to do so. After that, you are committed to your path as a noncredit student for the remainder of the course. If the course has a required assessment level to be a credit student, you must first complete the assessment testing and meet the appropriate assessment level before you can change to credit status. Please check the day on your calendar for the actual start date of your class.

Scholarship Opportunities

For detailed information regarding scholarship opportunities and how to apply, visit https://www.montgomerycollege.edu/workforce-development-continuing-education/wdce-scholarships/index.html

Room Numbers

Room numbers will be printed on your registration receipt for classes held on our Campuses. Please be sure to keep the receipt for your records. Room numbers can also be found online.

Textbooks and Materials

Textbooks/course materials: Purchase textbooks and/or course materials at the Campus where your class will be held. For classes held at the Gaithersburg Business Training Center, Distance Education and Learning Technologies (DELT), and off-Campus MCPS locations, please use the Rockville Campus MC Books & More; for classes at Westfield South use the Takoma Park/Silver Spring Campus MC Books & More. You do not need to go to a Campus store to make your purchase. You may purchase your textbooks/course materials online to have your purchases mailed to you. To order online or to find out more details about purchases, buybacks, returns, contact information, ebooks, rentals, and more, visit the College’s MC Books & More website at www.montgomerycollege.edu/bookstore or call the main number 240-567-5302. MC Books & More and the Cafritz Art Store & More are the Official Montgomery College Bookstores.

For information specific to WDCE, please visit our reference page at http://www.bkstr.com/montgomerycollegestore/home/

A USB flash drive/memory stick (at least 512 MB) is required for ITI classes unless otherwise specified. Please bring to first class.

Day Designation

M Monday
t Tuesday
W Wednesday
r Thursday
F Friday
s Saturday
u Sunday

Key to Codes

TWA Senior Tuition Waiver Applies
NMR Non-Maryland Resident
Colisted

Montgomery College is an academic institution that is committed to equal opportunity and fostering diversity among its student body, faculty and staff. Inquiries regarding Montgomery College’s nondiscrimination compliance policies and procedures may be directed to Dr. Brenda Williams, Director of Employee & Labor Relations, Workforce Diversity and Inclusion, 240-567-5367.
**Registration Options**

Regardless of which registration option you select, registrants will be enrolled in the order that registration and payments are received (to avoid disappointment, register early); payment is required at the time of registration. All students must register prior to attending the first class.

**Payments**

Payment MUST be made IN FULL at the time of registration to avoid being deleted from the course. Complete information is required to process all registrations and payments. Further instructions for WEB, FAX, or MAIL-IN payments can be found at: www.montgomerycollege.edu/wdce/registerops.html.

Registration will not be processed without appropriate payment.

**Option 1: In-Person Registration**
A completed form with payment may be submitted in person at any of these Montgomery College Campus registration areas:

- Gaithersburg Business Training Center Room 400 (Reopening January 2022)
  - 8:30 a.m.–9 p.m. (M–R)
  - 8:30 a.m.–4:30 p.m. (F)
  - 8:30 a.m.–4 p.m. (S)

- Germantown Campus
  - Humanities and Social Sciences Building Room 241 and/or 243
  - 8:30 a.m.–5 p.m. (M–R)
  - 8:30 a.m.–4:30 p.m. (F)

- Rockville Campus
  - 220 Campus Center
  - 8:30 a.m.–5 p.m. (M–F)
  - 8:30 a.m.–12 p.m. (S)

- Takoma Park/Silver Spring Campus
  - 230 CF, Customer Service
  - 8:30 a.m.–5 p.m. (M–R)
  - 8:30 a.m.–4:30 p.m. (F)

***Cash payments can only be made at the Cashier’s Offices at the Germantown, Rockville, or Takoma Park/Silver Spring Campuses.

- **Option 2: Online (Web) Registration**
  - Go to montgomerycollege.edu/wdce
  - Click on “How to Register” in the left navigation bar.
  - Click on “Register by Web.”
  - Follow the appropriate directions depending on if you are a new or returning student.

- **Option 3: Mail Registration**
  - Send completed form with payment for total due to Montgomery College, WDCE, 51 Mannakee St., Rockville, MD 20850. **Note:** Fax completed form with payment information to WDCE at 240-683-6945.

- **Option 4: Fax Registration**
  - Fax completed form with payment information to WDCE at 240-683-6945.

**Residential Policy**

The following are general guidelines taken from the College policy on residency for tuition purposes. A complete copy of the policy is available in the Montgomery College Catalog.

A. Students attending Montgomery College will pay tuition according to their residency classification.
   - To qualify for in-state tuition, a student must be a U.S. Citizen, Permanent Resident or have a qualifying Visa status.

B. To qualify for tuition purposes, as a resident of the state of Maryland, legal domicile must have been maintained for a period of not less than three months prior to the first regularly scheduled class for the semester; unless you are a member of the Military covered under HB935.

C. The domicile of a person registering in a noncredit course at Montgomery College shall be considered as a person’s permanent place of abode, where physical presence and possessions are maintained, and where he/she intends to remain indefinitely.

**Refund Policy**

Refunds are paid at 100% for classes canceled, dropped online, or in person (using a Drop Form), prior to the start date of the class. Refunds are also paid at 100% if class is dropped prior to the Refund Date printed on your registration confirmation. DO NOT drop classes online on or after the day the class begins; you will not receive a refund.

APPE students must call 240-567-7262 for refund/withdrawal instructions. Refunds for open enrollment classes will go to the registered student of record. For the Drop Form and more information, visit www.montgomerycollege.edu/wdce/register/refundpolicy.html.

**Transfer Policy**

To transfer from one CRN to another CRN of the same course, a letter must be received in the Admissions, Records, and Registration Office, Montgomery College, 51 Mannakee Street, Rockville, MD 20850 before the beginning date of both CRNs of the course. If you have enrolled in a co-listed course you will have only one day after the class has begun to transfer. After that, you are committed to your path for the remainder of the course. If the course has a required assessment level to be a credit student, you must first complete the assessment testing and meet the appropriate assessment level before you can change to credit status.

**Tuition Waiver**

Only noncredit courses designated “tuition waiver applies” in each publication will be available for tuition waiver. This statement appears in each applicable course description. Only tuition is waived; required fees must be paid by the student. Documents must be received at time of registration.

**Senior Tuition Waiver (TWA):** Maryland residents 60 years or older by the start date of the class may have tuition waived.

**Disability Tuition Waiver:** Please go to montgomerycollege.edu/wdce/register/disabilitywaiver.html for information.

**National Guard Tuition Waiver:** if you are currently a member of the Maryland National Guard and are enlisted for at least a 24-month period, you are eligible for a 50 percent tuition waiver. You must submit proof of such from the adjutant general's office.

**VA-Approved Course:** Courses indicated with this [VA]. code are approved for VA educational benefits under Title 38, U.S.C., Section 3676. (Post 9/11 GI Bill). For more information, visit www.montgomerycollege.edu/wdce/registerops.html.

**Registration Alert!**

For on-campus classes, you will have to upload proof of COVID vaccination record prior to class start date. For information on how to upload proof and information regarding COVID vaccination requirements for on-campus classes, please visit us online.

https://www.montgomerycollege.edu/coronavirus/vaccines.html#student.
REGISTRATION FORM
Workforce Development and Continuing Education
Please Print Clearly

All information is required. Incomplete forms will be returned to the student unprocessed. For registration assistance call 240-567-5188.
FAX completed registration form with credit card information to 240-683-6945.
Mail completed registration form with payment to WDCE Registration, 51 Mannakee Street, CC 220, Rockville, MD 20850.

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I certify that the information on this registration is correct and complete. I am aware of and will adhere to College policies as published in the Student Handbook. I understand that non-attendance and/or failure to file all registration changes in writing with the Admissions and Records Office does not relieve me of responsibility for tuition and fee charges incurred. I agree to abide by the policies and procedures of the College, including without limitation, the Student Code of Conduct and any payment liabilities. I hold the College harmless for any errors I have made that may affect a request for a subsequent refund or academic appeal.

Student Signature Required __________________________ Date ____________

Please indicate payment by: ☐ Check (payable to Montgomery College)
Credit Card Information:
Credit Card Number __________________________
Expiration date on card 3 or 4 digit Security code on your card __________________________ Date ____________

Credit card information will be detached and disposed of promptly and properly after payment is approved.

Montgomery College is an Equal Opportunity Affirmative Action Title IX institution.

6/13/2020
We are continuing to support our 50+ Learners with Online classes during COVID-19.

The Lifelong Learning Institute is committed to creating intellectually stimulating educational opportunities for Montgomery County residents age 50 and over. Adults of any age may register for these classes. Maryland residents age 60+ pay fee only.

For more information, please visit: www.montgomerycollege.edu/lifelonglearning.