

MONTGOMERY COLLEGE

COACHING CERTIFICATION PROGRAM

Workforce Development and Continuing Education | Spring 2024

Coaching Practicum

After taking the Coaching Essentials, Competencies, and Practices course, you must coach practice clients under the guidance of a faculty member through a practicum class.

Prerequisites: Coaching-Introduction to; Coaching Clinic-Introduction; and Coaching Essentials, Competencies, and Practices. TWA

Course: MGT581 15 Hours

\$300 + 385 fee = 685; NMR add \$300

Online: Structured Remote

CRN#: 33661 5 Sessions T
1/23-2/20 6:30-9:30 p.m.

Coaching Mastery

Demonstrate your coaching knowledge and skills in a safe and supportive class environment. Feedback from a facilitator during a coaching interaction session clarifies strengths and identifies areas that require continued practice. The Coaching Certificate Program's emphasis on realworld practice and experience is reflected in this review of coaching core competencies.

Prerequisites: Coaching-Introduction to; Coaching Clinic-Introduction; Coaching Essentials, Competencies, and Practices; Coaching Practicum. TWA

Course: MGT625 15 Hours

\$300 + 499 fee = \$799; NMR add \$350

Online: Structured Remote

CRN#: 33668 5 Sessions T
3/26-4/23 6:30-9:30 p.m.

Coaching-Introduction to

If you seek to inspire and motivate others, then coaching may be the skill set for you. This emerging field draws on numerous communication approaches and techniques you can use to support others in achieving short and long-term goals by developing a positive approach to all areas of their lives. In this experiential 3-1/2 hour introductory session, we will discuss what coaching is- and isn't- distinguishing coaching from mentoring, consulting, therapy, training and athletic development, coaching core beliefs, qualities of an effective coach and the essential components of all coaching interventions.

Additionally, the Montgomery College Coaching Certificate Program, the International Coaching Federation (ICF) coach credentialing process and the latest trends in the coaching industry will be addressed. (This is the first course in the Coaching Certificate Program. TWA

Course: MGT714 3.5 Hours

\$50 + 59 fee = \$109; NMR add \$120

Online: Structured Remote

CRN#: 33667 1 Session RS
3/7 6-9:30 p.m.

*TWA – Tuition Waiver Applies

*NMR – Non-Maryland Residents

For more information contact:

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Mentor Coaching

Mentor coaching involves a student being coached on their coaching skills rather than on practice building, life balance or other topics unrelated to the development of a participant's coaching skill. Mentoring is intended to serve as a development process for the participant that takes place in a repetitive cycle of receiving feedback regarding participant coaching, reflecting on this feedback, and practicing new skills. The focus must be on the development of skills using the ICF Core Competencies. This class is required for those who need to fulfill the 10-hour mentor coaching requirement for the ICF ACC Level1 credential, the ACC ACSTH Portfolio Path applications, or the ACC credential renewal. Under the guidance and instruction of a qualified Mentor Coach, you will review all (8) updated ICF Core Competencies for deeper learning in a group setting and work one-on-one with the Mentor Coach to refine your individual coaching skills in preparation for the Performance Evaluation (if needed). Resources will also be provided to prepare for the ICF Credential Exam and to complete the ICF ACSTH or Level 1 credential application or for ACC credential renewal application. Per the ICF's requirement, the program must take place over a minimum of a 3-month period. TWA

Course: MGT767 **10Hours**
\$325 + 950 fee =\$1275; NMR add \$650 **Online:**
Structured Remote
CRN#: 34110 7 Sessions R
1/25-4/25 7-8:30 p.m.



Montgomery College is accredited by the International Coach Federation to offer Level 1 Accreditation for the Coaching Certification Program. All courses are compliant for coach specific training hours.

Elective Courses

Coaching Skills for Everyday Life

Course: MGT717 **6Hours**
\$170 + 89 fee =\$259; NMR add \$140
Online: Structured Remote
CRN#: 33669 2 Sessions S
3/9-3/16 9 a.m.-12 p.m.

Listening for Deeper Connection

Course: MGT728 **2Hours**
\$50 + 59 fee =\$109; NMR add \$120
Online: Structured Remote
CRN#: 33672 1 Session R
3/14 7-9 p.m.

Asking Powerful Questions

Course: MGT726 **2Hours**
\$50 + 59 fee =\$109; NMR add \$120
Online: Structured Remote
CRN#: 33673 1 Session R
3/28 7-9 p.m.

Coaching Certification Program

Required Courses (Must be taken in this order):

1. Introduction to Coaching
2. Coaching Clinic—Introduction
3. Coaching Essentials, Competencies, and Practices
4. Coaching Practicum
5. Coaching Mastery
6. Mentor Coaching

