Overview of Mediation

Are you interested in learning how mediation may be used to resolve conflicts you, your family or friends may be having with spouses, ex-spouses, neighbors, contractors, businesses, homeowners’ associations, etc? Or are you thinking of becoming a mediator, but want to find out more before committing to a 40-Hour Basic Mediation course? If so, this 2-hour online course may be right for you. Topics covered include a definition of mediation, where mediation is used, how it works, an overview of the 7 Step Facilitative Mediation Process, positions vs. interest and importance of reflective listening. Short lectures, discussions and exercises will be used throughout the course to make sure the session is both educational and entertaining.

Note: This course is delivered via Zoom. To fully participate, students must have access to a computer (desktop, laptop, or iPad) with a camera and microphone.

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