



MC MONTGOMERY
COLLEGE

Student Orientation for In-Person Activities

On-Campus Guidelines for Students

#MCStrong

Montgomery College prioritizes the health and safety of our students, faculty, and staff. The College has implemented a variety of procedures to keep members of our community safe while on-campus.

This orientation will provide students with the knowledge they need to be caring and responsible members of the MC community.

It is important to remember that Montgomery College is open remotely and access to all campuses remains restricted

Most classes are fully online until further notice, either in distance learning or structured remote format.

Learning Outcomes

Upon completion of this orientation, students will be able to do the following:

Demonstrate knowledge of how COVID-19 spreads and apply prevention practices to help stop the spread.

Demonstrate understanding of the MC Return to Campus Guidelines when participating in on-campus activities.

Perform required steps prior to, and upon arrival at an MC location

Perform the required reporting actions if after being on campus they, or someone who has been in close contact with them, tests positive for COVID-19



Information about COVID-19

How Did COVID-19 Get its Name?



In February 2020, the World Health Organization declared a public health emergency due to the outbreak of respiratory illness COVID-19 caused by the novel coronavirus, and on March 11 declared it a pandemic.

Coronavirus (COVID-19) is an illness caused by a virus that can spread from person to person.

The virus that causes COVID-19 is a new coronavirus that has spread throughout the world.

COVID-19 symptoms can range from mild (or no symptoms) to severe illness.

How Does COVID-19 Spread?



COVID-19 spreads easily from person to person, mainly by the following routes:

- Between people who are in close contact with one another (within 6 feet).
- Through respiratory droplets produced when an infected person coughs, sneezes, breathes, sings or talks.
 - Respiratory droplets cause infection when they are inhaled or deposited on mucous membranes, such as those that line the inside of the nose and mouth.
- People who are infected but do not have symptoms can also spread the virus to others.

Return to Campus Guidelines a Video



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COLLEGE

Daily COVID-19 Symptom Self-Assessment

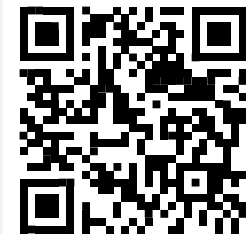
Do a self-assessment every day.

Before coming to MC, assess your own health for new symptoms: fever (100.4 F or higher), chills, cough, sore throat, muscle aches, headache, loss of taste or smell, congestion or runny nose, or new GI Symptoms (diarrhea, vomiting, stomach pain).

If you are experiencing any symptoms, or if you have been in contact in the past two weeks with someone diagnosed with COVID-19 or showing symptoms, DO NOT come to campus.



**QR Code for MC COVID-19
Symptom Self-Assessment**



On-Campus Check-in

- You must check-in with Public Safety at the building entrance
- Make sure you have your face covering (face covering that covers the nose, mouth, and chin at all times) and have completed the required [COVID-19 Symptom Self-Assessment](#) prior to check-in. You will be asked to show the results of your self-assessment.
- Unauthorized students and visitors will not be permitted to enter.
- Allow yourself extra time ahead of the start of your class at the check-in area.

Face Coverings and Physical Distancing



No Large Gatherings

No large gatherings together in a room or building area

On-campus classes will be broken down into small groups



Physical Distancing

Maintain physical distancing (a minimum of 6 feet).

Read posted signage to ensure you are abiding by established physical distancing in each space on campus.

Face Coverings and Vulnerable Populations



Face Coverings

Wear face coverings in public.

Cloth face covers must be worn in all MC buildings.

Face covers must fully cover the nose, mouth, and chin.



Vulnerable Populations

Vulnerable populations are encouraged to stay at home

If you or someone in your home are in a vulnerable population, stay home by taking fully online courses

Handwashing

Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.

If soap and water are not readily available, **use a hand sanitizer that contains at least 60% alcohol**. Cover all surfaces of your hands and rub them together until they feel dry.

Avoid touching your eyes, nose, and mouth with unwashed hands.

Effective Handwashing Technique



On-Campus Precautions

- Physical distancing requirements per the Centers for Disease Control and Prevention Guidelines will be marked appropriately and enforced in all areas of campus, including classrooms, labs, common areas, restrooms, and office areas.
- To accommodate physical distancing, seating has been reduced in classrooms, labs, and common areas and available fixtures (commode, urinal, sink) have been reduced in all restrooms
- Elevators are restricted to single person occupancy. Meaning only one person may use the elevator at a time.
- Hand-sanitizer dispensers are available at building entrances, high traffic areas, and all classrooms.

On-Campus Precautions

- Facilities staff will clean, disinfect, and sanitize frequently touched objects and surfaces in public and common areas at minimum every two hours.
- Facilities staff will clean, disinfect, and sanitize classrooms after every class; signage will indicate the classroom/lab has been cleaned, disinfected, and sanitized.
- CDC “Stop the Spread” information fliers are posted in all classrooms, restrooms, common areas and office suites.



Guidance for Sick Students

MC MONTGOMERY
COLLEGE

Experiencing Symptoms?

- If you are experiencing symptoms prior to coming to campus, **stay home**, notify your professor and contact a healthcare provider.
- If you start to experience symptoms while on campus, notify your professor, leave immediately and contact a healthcare provider. Then notify Public Safety at 240-567-3333 or by email at publicsafety@montgomerycollege.edu.
- In either case, we ask that you consider the health of those around you and follow CDC guidelines to decide if you should self-initiate quarantine or isolation procedures while you wait to consult with a healthcare provider.

Students will not be penalized for missing on-campus sessions due to illness. Professors will work with students to help them complete their course requirements.

Quarantine

CDC Guidance

Quarantine is used to keep someone *who might have been exposed to COVID-19* away from others. Quarantine helps prevent spread of disease that can occur before a person knows they are sick or if they are infected with the virus without feeling symptoms.

People in quarantine should stay home, separate themselves from others, monitor their health, and follow directions from their state or local health department.

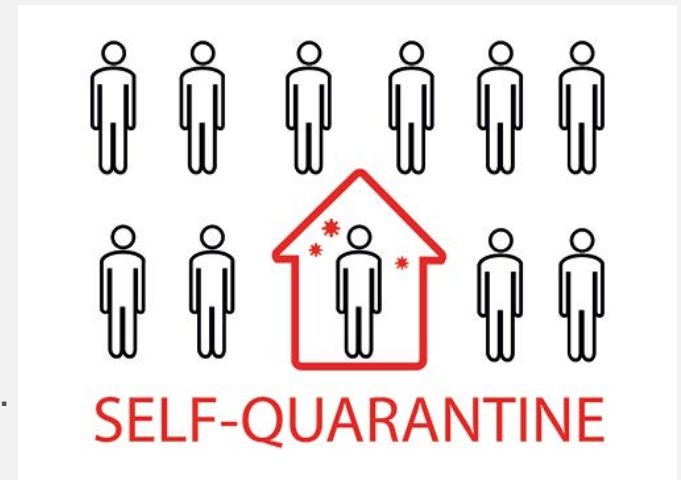
Quarantine

CDC Guidance

People who have been in close contact with someone who has COVID-19 should quarantine.

What counts as close contact?

- You were within 6 feet of someone who has COVID-19 for a total of 15 minutes or more
- You provided care at home to someone who is sick with COVID-19
- You had direct physical contact with the person (hugged or kissed them)
- You shared eating or drinking utensils
- They sneezed, coughed, or somehow got respiratory droplets on you



Isolation

CDC Guidance

Isolation is used to separate people infected with COVID-19, from people who are not infected.

People who are in isolation should stay home until it's safe for them to be around others.

In the home, anyone sick or infected should separate themselves from others by staying in a specific "sick room" or area and using a separate bathroom (if available).





Testing, Tracing, and Reporting Guidelines

MC Dashboard and Testing Information

Since March 2020, the College has monitored and reported cases of COVID-19 on our campuses and other MC locations in the form of a dashboard.

The College has also provided links to help students access COVID-19 testing in the County, State and nationwide.

This information can be found on the Testing, Tracing, and Reporting [page](#).

Reporting Requirements



Students who **have been on campus**, must report a positive COVID-19 test result, possible exposure to COVID-19, or other concerns to Public Safety at 240-567-3333 or publicsafety@montgomerycollege.edu.

All reports are confidential.

Response actions will be initiated by Environmental Safety, and follow-up with the student will be made by a Dean of Student Affairs.

What to Expect When Reporting

Montgomery College understands that students may feel overwhelmed if they have been diagnosed with, or possibly exposed to COVID-19.

We want students to feel assured that MC's intention for tracking cases is only to keep the community safe by identifying areas that need to be cleaned, disinfected and sanitized, and by informing people of possible exposure so they can take steps to prevent spread.

When a student calls Public Safety to report a confirmed or possible case of COVID-19, they are asked a series of questions. These questions include things like:

- Where were you on campus?
- What dates and times were you on campus?
- Are you experiencing symptoms? If yes, when did they start?
- Did you have close contact with anyone while on campus?

The reporting student will then be contacted by the Dean of Student Affairs who will ask similar questions and provide guidance and support.

What Happens after a Case is Reported

When a possible COVID-19 case is reported at an MC location, the affected courses and/or activities are immediately suspended for 72 hours.

Only those individuals who the College knows or reasonably believes were in close proximity with the person reporting a positive case will be directly notified.

During this 72-hour period, the College completes cleaning protocols and conducts a thorough case review. This review includes consultation with the Montgomery County Department of Health and Human Services.

What Happens after a Case is Reported

After the case review is complete, additional guidance will be provided to all students who received the first notification informing of the 72-hour pause to activities.

Each reported case is unique, and this is why MC has implemented a 72-hour review window. This approach allows MC to quickly alert our community so personal decisions can be made with health and safety in mind.

Montgomery College's Response Plan is based on CDC guidance and established best practices. The plan is updated as guidance changes.

Review Video



COVID-19 Vaccination

CDC Guidance

Studies show that COVID-19 vaccines are effective at keeping you from getting COVID-19. Getting a COVID-19 vaccine will also help keep you from getting seriously ill even if you do get COVID-19.

COVID-19 vaccination is an important tool to help us get back to normal. Learn more about the [benefits of getting vaccinated.](#)





Thank you for completing this
orientation.

Concerns or questions about this orientation can be
communicated to SCT@montgomerycollege.edu.

